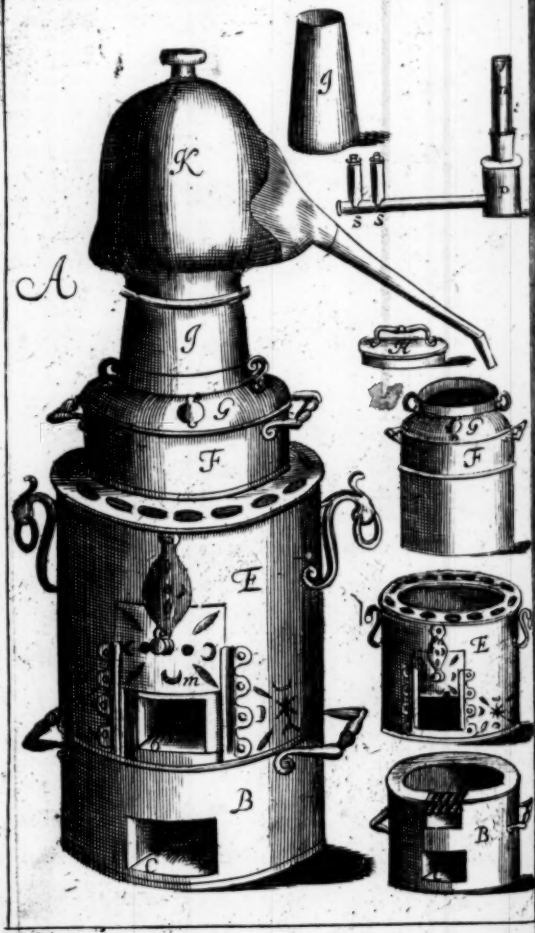
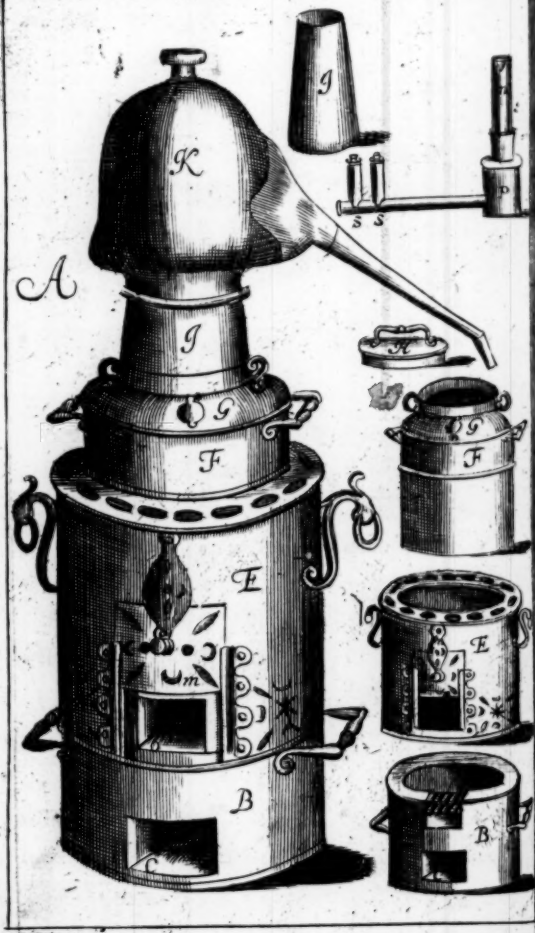
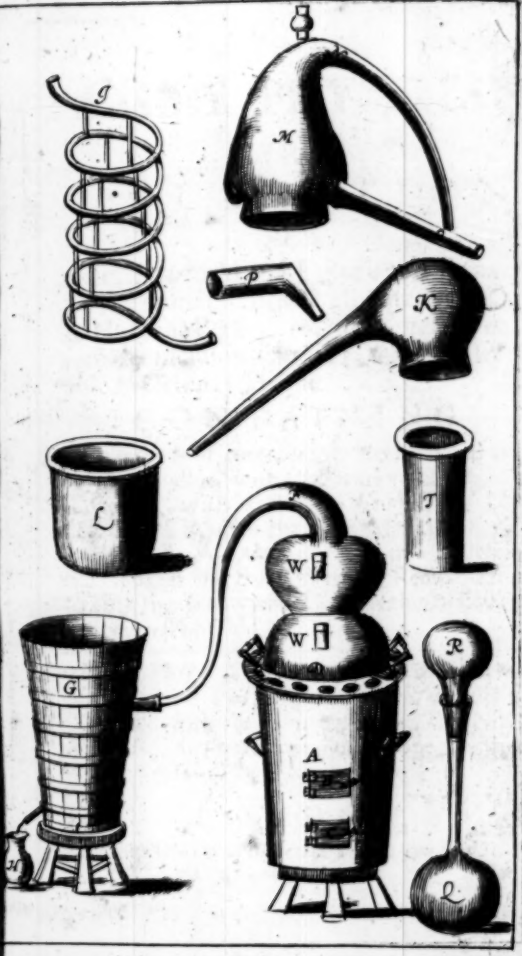


Place this before



Place this before



the Tittle Page

L1 K.17.33

THE FAMILY PHYSITIAN,

OR A COLLECTION OF

Choice, Approv'd and Experienc'd Remedies, for the Cure of Almoſt all Diſeaſes incident to Humane Bodies, whether Internal or External; uſeful in Families, and very ſerviceable to Country People.

CONTAINING

Some hundreds of conſiderable Receipts and Secrets of great Vallue, with Obſervations of great Cures. Together with the true Engliſh WINE-CELLER, and the right Method of making *Engliſh-Wines*, or *Metheglin*: With a Collection of the Choiceſt and Safeſt *Coſmetick* Remedies for preſerving the Beauty and Complection of Ladies, never before Publiſh'd.

By GEO. HARTMAN, Phylo Chymiſt, Author of the *Preſerver and Reſtorer of Health*, who liv'd and Travell'd with the Honourable Sir KENELM DIGBY in ſeveral parts of Europe, the ſpace of Seven Years till he died.

LONDON,

Printed for *Richard Wellington*, at the *Lute* in St. *Pauls-Church-Yard*. 1696.

Where is likewiſe ſold variety of Phyſical Medicines, incerted at the end of this Book.

144:11

To the Right Honourable William *Lord* Paſton, *Baron of* Paſton, *Vicount and Earl of* Yarmouth.

My Lord,

I Should not have preſum'd to inſcribe ſo great a Name in the Front of ſo mean (tho uſeful a Book) had not your Lordſhips Innate Candor, Goodneſs, Signal Bounty and Favour lately to me conſpir'd to incorrage the Attempt.

For, having ſome years ago taken the boldneſs to make a Dedication to your Right Honourable and Illuſtrious Father, of a Book of Chymical and Phyloſophical Receipts and Proceſſes; your Lordſhip was pleas'd to Patroniſe it, and ſignifyed to me that there were many good and conſiderable Receipts in the ſaid Book which pleas'd your Honour; and when I acquainted your Lordſhip that I was about to put this Book in Print, you Honour was pleas'd to promiſe me ſome Manuſcripts and Secrets of

your Illuſtrious Father, which his Lordſhip had of the learned Sir *Theodore Mayern*; but ſince they being at your Lordſhips Country Houſe, and I could not have them in time, I muſt reſerve them (with other choice things which I have by me) for my Second Volume.

My Lord,

Since you are Heir to your Noble Fathers Virtues as well as Title and Eſtate——*Sanguinis & Morum Filius*; I ſhall not be guilty of ſo unaccountable a vanity as to Imagine any Panagyrick can ſpeak lowder than that Illuſtrious Name, only congratulate to my ſelf and all the World that

——*Uno avulſo non deficit alter Aurerus*——

That your Lordſhip and your Noble Family may enjoy the Bleſſings both of this Life, and of that which is to come, is the earneſt Prayer of

(*My Lord*)
your Lordſhips
very Humble and
Obedient Servant
George Hartman.

To the Courteous READER.

FOr the Publick Benefit of the Community, I have handed this my fourth Book into the Press: which in truth is so Choice a Collection, and so profitable and useful a piece, that I made it a matter of Conscience to recommend it to the Publick; for I may with Modesty assert, the like was never Printed of its kind. It may well be call'd the Marrow of Collections; for there are no little Receipts in it, nor things taken upon trust, but such as are Experienc'd and Approv'd of, and they have all been perus'd and approv'd of by an able Physitian and Chyrurgion before I deliver'd them to the Printer; and here are many considerable Receipts, and some Secrets of great vallue, and many Observations of Famous Cures. The kinds of Receipts and Observations are two fold, viz. *Medical and Chyrurgical: which though they are not Publish'd for any Man exactly to follow; but to be as a Light and Guide to him in the way of his Practise, which who so has wisdom prudenly to use, will make a special advantage of. They may also be of good use to other Persons affected with the Noble Art of Physick and Chyrur-*

gery, to wit, well dispos'd worthy Ladies and Gentlewomen, that take delight in the Charitable Contributing to the Health as well as Sustenance of their Poor Neighbours and Domestical Servants, and in the Country may be and are often times serviceable to their Poor Neighbours, who without their help would many times otherwise inevitably perish, living in places where Physitians and Chyrurgions are scarce, if at all to be had. I have been often times inform'd by worthy Persons, that many good Cures have been perform'd both in City and Country by Receipts in my last Book intitul'd, The Preserver and Restorer of Health, *which hath been very well accepted of, for Thousands of them have been sold.*

There are likewise very useful and profitable instructions for making all sorts of English *Wines, and the right Method of making* Metheglin, *&c.*

Besides, here are excellent Receipts of safe Cosmetick Remedies, for curious Ladies and others that are Nice in preserving their Beauty and Complexion, keeping the Skin fair; where out of Conscience I have given caution to shun the use of those things that are not safe but dangerous and hurtful.

Reader, I have no more to acquaint you with, but to beg thy kind acceptance of these my Endeavours to serve the Publick in my Sphere; and recommending you to the Physitian of Soul and Body, I remain

Yours to my Power,

Geo. Hartman.

An explanation of the Figures of the First Copper-plate.

A. Is the whole Still with all the parts put together. *B.* The lower furnace with a Fireſtone and a Grate. *C.* The Aſhhole. *D.* The Fire-place. *E.* The Secod Furnace. *F.* The Balneum. *G.* The firſt Cover. *H.* The ſecond Cover. *I.* The Body or Cucurbite. *K.* The Glaſs-head. *L.* A pipe of Tin to be put on the beak of the Head. *M.* The ſhutter of the Fire-place. *N.* The little Glaſs-bottle Inverted containing the Spirit. *P.* The Lamp made of Tin to burn with Spirit of Wine. *S S.* The two pipes for the Weigs.

THis Engine or Still I did invent to diſtil with it in Balneo Mariæ, and gave a Deſcription of it in my laſt Book Intitul'd, *The Preſerver and Reſtorer of Health*; and there hath been a great Number of them made, by my Direction, ſome of Copper, and ſome Braſs; but the moſt part of Tin. The Workman that makes them now is Mr. *Edward Peet*, Tin-plate Worker, at the *Sun* in *Fleet-ſtreet*, *London*.

It ſerves alſo for Boiling and Stewing of Meat, either with Charcoal, or with the Lamp.

The Lamp ſerves alſo to warm Meat, or to boil Coffee; It may be put under a Plate or Diſh ſet upon a little Threfoot; when you uſe it put ſome of the Spirit into the Lamp firſt, then fill the bottle, and put the noſe of it into the hole of the Lamp, then having put the Cotten wiegs into the Spouts *SS*. light the ſame, and as you have occation, make uſe either of one wieg, or both: This Lamp is better than thoſe round flat Lamps which when are ſet with all the Spirit under the Diſh, Plate, or Coffeepot will grow ſo hot in a little time that the Spirits will evaporate and

waſt exceedingly; this inconvenience is prevented by the uſe of this Lamp, for it ſtanding without the little Furnace of your Coffeepot the Spirit remains cool: Beſides you can ſee what quantity of the Spirit is conſum'd out of the glaſs, which you cannot do with the other Lamp.

An Explanation of the Second Copper-plate.

A. The Furnace or Stove made of Iron. *B.* The Fireplace. *C.* The Aſh-hole. *D.* The Copper Viſica or Limbeck. *E.* The Head. *F.* The Swan-Neck made of Piuter. *G.* The Worm-tub. *H.* The Receiver. *I.* The Worm out of the Tub. *K.* Another Copper-head without a Swan-neck. *L.* A Sand-pan made of Iron to be put into the Stove. *Q.* A Matraſs or Bolt-head to digeſt and extract Tinctures. *R.* A leſſer Matraſs to join into the firſt to make a duble veſſel. *T.* A Body or Cuburbite made of either Tin or Copper, which is to be put into the Viſica or Limbeck to diſtil with in Balneo ſome choice Cordial-waters in ſmall quantity, when you have occaſion. *WW.* The Pipes with a ſcrew to pour liquor thro' with a funnel.

For example! IF you would diſtil in Balneo with the ſaid Body or Cucurbite, put the ſame into the Viſica or Limbeck; which ſuppoſing the ſaid Viſica contain ſix Gallons, let the Diametre of the Mouth of it be made ſix Inches wide; then let the Body or Cucurbite be made fit to go into the ſame, into which having put your materials you deſign to diſtil, and plac'd the ſame into the Limbeck or Viſica, fill the Viſica up with fair Water thro' the Pipe *W.* and cloſe it with its ſcrue. Then put on the Head, the top of the Cucurbite being made ſo that the ſame Head *E.*

may

may fit it also. Then Lute it well with a Lute made as shall be taught afterwards, and distil according to Art. If you have more liquor then your Body or Cucurbite (*T.*) will contain, pour the same into it by the Pipe (*W.*) with a funnel, and to that end put in all your solid ingredients at first, keeping only the liquor out, for so you need not unlute it to take off the Head, but to put the said liquor in after you have distil'd off somuch of the Water that there be room for what liquor is left. And thus in *Balneo* you may distil to dryness, for there is no fear your Waters should taste of burning.

If you will not be at the Charge to have an Iron Stove or Furnace for your Visica, you may put the same in Brick-work.

Directions for Luting.

The best and strongest Lute for your Visica is thus made. Take a ball of Whiting, scrape of it with a knife, take of this Pouder one spoonful and a half, of Wheat or Rye flower one spoonful, make a soft past of it with brine or water and a little Salt; put of this with your Finger no more then will close or cover the Junctures of the Head and Visica the less the better, and if you see that in distilling, any fumes pierce thro' put on some of the Lute.

For Luting a Glass head to a Body or Cucurbite, take a Bladder, and cut it in slips about the breadth of two Fingers, put them in fair water to soak a little; then put them upon the Junctures of the Head and Body. Or if you have no Bladder, then cut some slips of Paper, and spread some of the paste upon them with a Knife, and so apply them.

To Lute and mend the cracks in Glasses; take of Bole Armenick, Whitelead, and Redlead of each equal parts, grind them with *Linseed* oyl as Painters do their Colours; apply this with a Pensil, or spread

it

it on ſlips of Linnen, lay it over the craks, 'twill be ſo ſtrong as to hold any kind of liquor. The ſame you may do with quick Lime and Linſeed oyl ground together.

Note, That if you have an Iron Furnace or Stove for your Veſica or Limbeck, the lower part of it ſhould be lin'd with a Lute (made of Clay and Sand, or pouder of Tiles) from the Grate upwards to the bottom of the Viſica, and this will preſerve and keep your Furnace from burning. The Lute may be alſo made of quick Lime, Sand and fair Water.

And becauſe there are ſome diſtillations that are to be made in a common Still, there being a great inconveniency in the Heads of thoſe; I thought it good to give the deſcription of a Head, by which you may draw a great deal more liquor at the ſame time, and with the ſame fire than with the common Head. For the liquor or water which is diſtil'd in the common Still riſes (being forc'd by the heat of the fire) into the piramidical head in a vapour, where inſtead of Condencing and reſolving into liquor, running down into the Current, finding the head very hot below is forc'd up again, and finding no vent upwards does but Circulate and waſte; that is the Reaſon why ſo little water is drawn from the Materials in ſo long a time in the common Stills.

M. Is the Head which I have invented.

N. Is the Neck which goes into the Spout *O.*

P. Is a Pipe to put on the end of the Pipe *O.*

And thoſe that have a Worm and Tub, they may put the end *O.* into the Worm, and then they may diſtil faſter, taking care they do not burn the materials.

If any one ſhall deſire to have the Copper Still with the Tub and Worm, and the Body or Cucurbite made, If they pleaſe to ſend to me at my Houſe, at the lower end of *Cherry-garden-ſtreet* near the *Jamaica-houſe*, I ſhall be careful to get it made for them to their ſatisfaction.

THE

THE INDEX.

A

Apoplexie. Chap. III. Page 16. *to* 22.
Abortion or Miscarrage to prevent Ch. LIII. 385. *to* 391.
Agues and Intermitting Fevers Ch. XXIX. 222. *to* 228.
Astmah or Shortness of Breath, see Consumption
Afterbirth to bring away or a dead Child 394
After pains in Childbed 395
Ague in a Womans Breast 396

B

Barrenness, see Conception
Bloodyflux Chap. XLIV. Page 349, 353.
Bleeding at the Nose to stanch Ch. LXV. 421, 424.
Beating of the Heart 462
Brake or Burstenness 445. 446.
Balsams to make 436. 440.
Burns 433.
Bruises and Swellings 431. 432.
Back weak to strengthen 450, *to* 457.
Breasts in Women swell'd hard and painful, cur'd Chap. LVII. 396, *to* 400.
Balsam Lucatella 436.

Balsam

Balsam Arceus 438.
Green of Metz 439.
Of my Lord Craven ibid
For Poor People 438.
Of St. Johnswort 440.

C

Conception to procure Ch. LII. Page 383, 391.
Cancers in Womens breasts 454.
Consumption of the Lungs Ch. XVIII. 95. 114. 460.
Cramp Chap. V. 30, 32.
Coma and the Carus Chap. IX. 50, 51.
Collick Chap. XXIII. 180, 186, 452.
Convultion fits in Children Chap. LVII. 402, 405.
Childbed Women Chap LVI. 394, 402.
Cancker in the Mouth, see Mouth Diseases.
Cordial Juleps and Cordials to make 322, 326.
Cordial waters to Distil Ch. XXXVIII. 274, 294.
Cordial waters of the shops call'd strong Waters Chap. XXXIX. 294, 316.
Childblains to Cure 435, 446.
Courses stopt Chap. XLVIII. 371, 375.
Contusions or Bruises 431, 432.
Corns on the Feet to take away 463.
Cosmetick or Beautifying Remedies 511.

D.

Dropsy Chap. XXI. Page 154, 165.
Deafness Chap. XIV. 66, 74.
Delivery safe in Travel Chap. LV. 393, 394.
Diseases Incident to Children Ch. LVII. 402, 405.

E.

Eye Medicines Chap. XV. 74, 84.
Erisipelatous or red Swelling Fever Chap. XXX. 229, 232, 454.
Emplasters to make 441.
Emulsion for heat in the Reins, Kidneys and sharpness of Vrin 428.

F.

Falling Sickness Chap. VI. 32, 43.
Frency Chap. X. 51, 54, 454.
Fistula's and Ulcers Chap. XXXIII. 239, 242.
Fever chap. XXXIX. 221, 229.
In Children from breeding Teeth. 412.

G.

Gout chap. XXIV. 186, 196.
Green Sickness chap. XLIX. 375, 377.
Gellies of Hartshorn 455. 485.
Ising Glass 457.
Glister 453.

H.

Head-ach chap. I. page 1, 10.
Hemicranea 8, 9.
Hysteric Collic 452.
Hectic Fever in Children 413.
Horse Medicines 68, 470.
Hypochondreac affects 369, 370.

I.

Itch chap. XXXI. 232, 236.
Jaundice, see yellow Jaundice
Impostums and Boils to ripen 431.

K.

Kings Evil chap. XXVIII. page 211, 222.
Kibi, see Chilblanes

L.

Lethargy chap. VIII. page 48, 51.
Looſneſs or Flux chap. XLIII. 347, 349.
Lime water ſimple to make 459.
Lime water Compound ibid.

M.

Mania or Madneſs chap. XI. page 54, 58.
Melancholy chap. XIII. 60, 65.
Meaſles 414.
Mouth Diſeaſes chap. XVI. 85, 93.
Motherfits chap. XLVII. 360, 371.
Methoglin to make the right method, ſee the true Engliſh Wine-Celler
Meaſl'd Hogs to cure 470.

N.

Night Mare chap. VII. 43, 44.

O.

Ointment for the Gout page 430.
for Burns and Scalds 433.
Familier of Dr. Bate 435.

P.

Palſy chap. IV. page 22, 30.
Pleureſy chap. XXVI. 198, 202.
Piles and Hem. chap. XXXVI. 255, 259.
Plague or Peſtilence chap. XXXVII. 259, 273.
Purging Medicines chap. XLI, 330, 343.
Pains and Aches 451, 452.
Pouder of the Counteſs of Kent 326.
of the Lord Abbingdon 427.
Preſerving 498.

Q.

Quinsy, page 90.

R.

Rickets chap. LIX. page 432. 433.

S.

Stone chap. XXII. page 165, 171.
Strains and Bruises 432, 433.
Stupidity or Folly chap. XII. 58, 60.
Sciatica chap. XXV. 196, 198, 429, 430.
Stomaticks or Medicines for the Stomach ch. XIX. 114, 121.
Scurvy chap. XX. 121, 154.
Scurf or Scabs chap. XXXII. 236, 239.
Sweat to promote chap. XLV. 453, 358.
Sweat excessive to Cure chap. XLVI. 358, 360.
Scalds or burns 433.
Small Pox 415.
Sleep to induce 454, 458.

T.

Tooth-ach chap. XVII. page 93.
Teeth and Gums to preserve 85.
Thrush 90.
Throats sore ibid.
Teeth to Whiten ibid.
Tetter, Herps and Ringworms chap. XXXV. 242, 245.
Terms over flowing chap. L. 377, 379.
Tincture of Amber 460.
Tincture of Hony ibid.
Tincture Cordial 461.

Tincture

L.

Lethargy chap. VIII. page 48, 51.
Looſneſs or Flux chap. XLIII. 347, 349.
Lime water ſimple to make 459.
Lime water Compound ibid.

M.

Mania or Madneſs chap. XI. page 54, 58.
Melancholy chap. XIII. 60, 65.
Meaſles 414.
Mouth Diſeaſes chap. XVI. 85, 93.
Motherfits chap. XLVII. 360, 371.
Methoglin to make the right method, ſee the true Engliſh Wine-Celler
Meaſl'd Hogs to cure 470.

N.

Night Mare chap. VII. 43, 44.

O.

Ointment for the Gout page 430.
for Burns and Scalds 433.
Familier of Dr. Bate 435.

P.

Palſy chap. IV. page 22, 30.
Pleureſy chap. XXVI. 198, 202.
Piles and Hem. chap. XXXVI. 255, 259.
Plague or Peſtilence chap. XXXVII 259, 273.
Purging Medicines chap. XLI, 330, 343.
Pains and Aches 451, 452.
Pouder of the Counteſs of Kent 326.
of the Lord Abbingdon 427.
Preſerving 498.

Q.

Quinsy, page 90.

R.

Rickets chap. LIX. page 432. 433.

S.

Stone chap. XXII. page 165, 171.
Strains and Bruises 432, 433.
Stupidity or Folly chap. XII. 58, 60.
Sciatica chap. XXV. 196, 198, 429, 430.
Stomaticks or Medicines for the Stomach ch. XIX. 114, 121.
Scurvy chap. XX. 121, 154.
Scurf or Scabs chap. XXXII. 236, 239.
Sweat to promote chap. XLV. 453, 358.
Sweat excessive to Cure chap. XLVI. 358, 360.
Scalds or burns 433.
Small Pox 415.
Sleep to induce 454, 458.

T.

Tooth-ach chap. XVII. page 93.
Teeth and Gums to preserve 85.
Thrush 90.
Throats sore ibid.
Teeth to Whiten ibid.
Tetter, Herps and Ringworms chap. XXXV. 242, 245.
Terms over flowing chap. L. 377, 379.
Tincture of Amber 460.
Tincture of Hony ibid.
Tincture Cordial 461.

Tincture Royal of Metal with Antimony and Gold 465.

V.

Vertigo chap. II. Page 10, 16.
Vrin ſtopt 169, 170, 447.
Vrin flowing in exceſs 448.
Ulcers and Fiſtula's chap. XXXV. 245, 255.
Vomitting to ſtop chap. XLII. 343, 347.

W.

Watching Evil chap. XIV. page 65, 56.
Worms chap. LVIII. 405, 408.
Warts to take away 463.
Wound Drink 427.
Whites in Women chap. LI. 370, 383.
Wines Engliſh to make 471.

Y.

Yellow Jaundice chap. XXVII. 202, 210.

A COLLECTION OF

Choice, Approv'd and experienc'd Remedies for the cure of moſt Diſeaſes, incident to Human Bodies, whether Internal or External.

CHAP. I.

Of Cephalik Remedies.

I. *Pills for the cure of the Head-ach.*

TAKE Pills of Amber half a dram, Roſin of Jalap four grains, Balſam of Peru what ſuffices, make four Pills, take three at Night Bed-ward, and if they do not work, early in the Morning take the fourth. Dr. *Willis.*

Or take Scammony ſulphurated ten grains, Antimony Diaphoretick fifteen grains, Cream of Tartar eight grains, mix and make a powder, give it in the Morning in a ſpoonful of

warm Ale, Broth or Panado. This is that which is call'd *Cornachini*'s Powder, and is an excellent Medicine in any case where purging is requir'd.

Other Pills Excellent for the Head-ach.

Take of Pill-Cochiæ, Alœphangine of each a dram, *Tartarum Vitriolatum* a scruple and half with syrup of Bettony what suffices, make twenty Pills, take two at Night, and three in the Morning early; they are not only good for the Head and Eye-sight, but also for the Scurvy. Take them twice a week.

II. *A Medicine much Experienc'd for the cure of the Head-ach.*

Boil a good handful of the leaves of Ground Ivy in a quart of Ale to a pint, take half of it in the Morning fasting warm, and half at Night when you go to Bed: It admirably cures all Head-achs, Pains, Inflamations and Defluxions in the Eyes, Jaundice, Coughs, Consumptions. The Herb stamp'd and appli'd to a Fellon like a Pultis cures it speedily. An Ointment made of it is admirable to cure old Sores and Ulcers, and if they need cleansing you may add a little Coperas and Honey. Sir *K. Digby.*

III. *To ease the Pain of the Head and cause rest.*

Take a Rose-cake, fry it in Vinegar; then grate

grate upon it a Nutmeg, powder of Zedoary half a dram, Camphir two ſcruples, apply it to the Fore-head and Temples; you muſt moiſten it with Vinegar as often as it dries.

IV. *Another much Experienc'd.*

Take red-Roſe-leaves dri'd, mix them with Wheatflower, Vinegar and oyl of Roſes, and ſome Houſleek; boil them together until it be thick, ſpread it upon a linen Cloth and apply it to the Fore-head and Temples.

V. *Another for the Head-ach and Megrim often try'd.*

Take of the Ointment call'd *Vnguentum deſiccativum rubrum*, or the red drying Ointment one dram, Maſtick powder'd two drams, mix them and make them into a Plaſter; which ſpread upon Leather, and lay it to the Temples, and renew it every other day.

VI. *A moſt Excellent Pill for the Head-ach, Megrim, Vertigo, &c.*

Take Extractum Rudij two ſcruples, Quercetans Pill of Tartar half a dram, Amber Pills one Scruple, ſalt of Tartar, Roſin of Jalap, of each fifteen grains with ſyrup of Mugwort, make ſixteen Pills, take three or four early in the Morning two hours before you riſe, and ſleep after them if you can.

VII. *A purging Whey of Excellent use to cure the Head-ach in Persons of a Hot and Bilious Constitution.*

Take two quarts of new Whey, roots of Succory, Fennel, and Parsly of each a handful, the pith being taken out, and the Roots slic'd or bruis'd, of Damask-Rose-leaves a pugil, twelve leaves of red-Sage, three tops of Rosemary and Fumitery; boil it to a quart, then clarify it with the whites of two Eggs beaten and put on the Fire, which will make a curd that will rise with the Ingredients, scum all these off; then take half a dram of Saffron, ty it in a clean Rag, and let it boil a little in it, then squees it into the Whey, Strain it. It must be made over Night, and to be taken the next Morning cold, divide it into three Equal parts, and take them in three hours time, staying an hour between every draught, and walking after it as much as you can; continue it for three days together. It purges and sweetens the Blood.

VIII. *A Drink to cure the Head-ach.* Dr. *Willis.*

Take roots of butchers-Broom, the great Burdock, Chervil, Avens, of each an ounce an half; roots of Florentine Oris three drams, dry'd leaves of Bettony, Sage, Vervain, Fluellin of each half a handful, Galingal a dram and half, Raisins slic'd two ounces; boil them in

two

two quarts of Water till a third part be consum'd; then add half a point of white-Wine, strain it and sweet'n it with Syrup of the five opening Roots, the dose is six ounces warm three times a day, *viz.* in the Morning fasting, at four a Clock in the Afternoon, and at Night bedward. For such as are of a cold constitution and Flegmatick, add *Lignum vitæ*, Sassafras and Sarsaparilla. Dr. *Willis.*

IX. *An Effectual Remedy for the Head-ach which has prov'd very Successful.*

Make a Decoction of the dry'd leaves of either, Sage, Bettony, Vervain or Rosemary in Fountain-water, and with the Liquor make Coffee with the powder of Coffee-berries, an ounce to a quart.

X. *A cruel and Inveterate pain in the Head cur'd in a young Lady.*

Take white Hoarhound dry'd, boil it in water as you do Tea, drink it hot three times a day.

XI. *A Chronical and Inveterate pain of the Head in a Lady cur'd.*

Take Conserve of Wormwood, Maidenhair, Elicampane of each an ounce, Salt of Wormwood, Tamerisk of each a dram, with

Syrup of Maiden-hair make an Electuary, whereof she took two drams every Morning, fasting two hours after it, and every fifth day she took two scruples of Extractum Rudii. By which she was cur'd in ten days time. *Riverius.*

XII. *An Excellent Broth to cure the Head-ach.*

Take a Cock-chicken, stuff it with French-barly, Currans and Capers wash'd from the Salt, sew it up and boil it with a piece of Veal, and in due time put into it Agrimony, Pimpernel, Borage, Bugloss, wood-Sorrel, being boil'd, strain it and dissolve in it a dram of Cream of Tartar, and the Infusion of three drams of Sena made in Endive water for twenty four hours, with half a dram of Cloves bruis'd, Drink half a Pint or Pint of it at a time two or three times a day; forbear all Salt and Sharp things, Pepper, strong Wines and Strong-waters; let Sleep and Watching be moderate and at convenient hours, forbear Sleeping soon after Eating, for that duls the Head; let the Head be shav'd. Sir *Theodor Mayern.* A Blister drawn in the Neck, often cures the Head-ach.

XIII. *The Head-ach cur'd in a Bishop of* Chester, *who was grievously afflicted with it for a long time, and had used many Remedies in vain.*

Take Linen Cloths, wet them in cold Water, and lay them over the whole Head, and renew

renew it some times, dipping them again. Sir *Theodor Mayern.*

The Juice of Ground Ivy (vulgarly call'd Ale-hoof) snuft up in the Nose, do's purge the Head, and oftencures a very great and old Head-ach. Sir *K. Digby.*

XIV. *A Periodical Head-ach cur'd in an Honourable Lady.*

Take Conserve of the flowers of Cichory, and Fumintery of each three ounces; compound powder of Aron-roots two drams and half, Ivory a dram and half, yellow Sanders, Lignum Aloes of each half a dram; salt of Wormwood a dram and half, Vitriol of Mars a dram, Syrup of the five opening Roots what suffices, make an Electaury; of which she took the quantity of a Chestnut twice a day for fifteeen days, by which she grew perfectly well. Dr. *Willis.*

XV. *An Experien'd outward Remedy for the Head-ach.*

Take white Poppy-seeds, powder them and mix them with the Yolk of Eggs, and apply it as a Plaster to the Temples and Forehead; it gives ease in the greatest pain of the Head, as I have many times Experienc'd. Dr. *Sermon.*

XVI. *Another for the greateſt pain of the Head.*

Take a little Saffron, Gum-Arraback, Euphorbium and Myrrh, of each a like weight, reduce them to a fine powder, which temper with the white of an Egg and lay it like a plaſter to the Forehead and Temples.

To cure the *Hemicrania*, which is a painful affection in one part of the Head; ſometimes in the Right ſide, and ſometimes in the Left, ſometimes before and ſometimes behind.

XVII. *A Cliſter for the* Hemicrania.

Take Mallows, Violet leaves, Endive Lettice, water Lillies of each a handful, Damask Prunes twelve, boil them in fountain-Water, what ſuffices: To one Pint of the ſtrain'd Liquour add Lenitive Electuary half an Ounce, Electuary Diachatholicon five drams, Oyl of Violets two ounces, mix and make a Cliſter.

XVIII. *A purging Potion for the* Hemicrania.

Take Rhubarb thin ſlic'd one dram, infuſe it in Endive-water, what ſuffices for a Night, in the Morning ſtrain it, and add Electuary of the Juice of Roſes half an ounce, Laxative ſyrup of Roſes half an ounce, mix and make a Potion to be taken in the Morning.

Or

Or take pills of Rhubarb, one ſcruple, pill Aggregative four grains, with ſyrup of Rhubarb ſolutive, make ſeven or nine Pills to be taken at one Doſe.

XIX. *A Cordial Electuary for the* Hemicrania.

Take Conſerve of Bettony-flowers, Borage, Bugloſs of each an ounce and half, Conſerve of Roſes one ounce, ſpecies Diamoſc. dulc. half a dram, Letific. Gal. one ſcruple with ſyrup of Clove-Gilly flowers, make an Electuary, take often of it, eſpecially Morning and Evening, the quantity of a Cheſtnut.

XX. *A Cap or Quilt for the Head-ach, coming of Flegm or Melancholy.*

Take Bettony, Stæchados, Marjoram, flowers of Mellilot, Chamomile of each half a handful, Cloves, Nutmeg of each two drams, Galingal, Calamus Aromaticus, Cipreſs of each two drams, mix and make a powder, let it be quilted between red Cloth, but not Callico.

The Tincture of white Amber is excellent in all the pains of the Head and *Hemicrania*, take from one dram to three drams in black-Cherry-water, Tea, Decoction of dri'd Sage, Bettony, or Roſemary.

When the Stomach is the cauſe of the Head-ach, Elixir Proprietatis, and *Minſicht*'s Elixir of Vitriol, are of Excellent uſe. Dr. *Willis*.

CHAP.

CHAP. II.

Of the Vertigo and Scotomia.

This Diſeaſe is call'd in Greek σχοτομια; in Latin *Vertigo ex vertendo, quod Caput vertere videtur*; for the party that has this Diſeaſe thinks all things turn round.

I. *Pills for the Vertigo or Swiming in the Head.*

TAKE of *Crato*'s Amber pills twenty five grains, roſin of Jalap ſix grains, balſam of Peru what ſuffices, make four Pills to be taken bed-ward or early in the Morning.

Or take Sulphur of Antimony five grains, Cream of Tartar ten grains, Caſtoreum two grains, make a Powder to be taken about three or four a Clock in the Afternoon with Governance expecting a Vomit.

To weak Perſons, after the Stomack being fill'd with light food, let Wine and Oximel of Squils be given to two or three ounces, and after let Poſſet-drink with Cardus leaves boil'd in it be drank in great quantity, and preſently be thrown up again with a free or forc'd Vomiting: To others give ſalt of Vitriol, or of the Infuſion of *Crocus Metallorum*.

II.

II. *A drink for the Vertigo, Dizzineſs or Swimming in the Head.*

Take Small-Ale-wort, boil in it inſtead of Hops, freſh leaves of Miſſletoe of the Apple-tree, in four Gallons of this hang in a bag half a pound of the freſheſt Peacocks dung, and of Cloves bruis'd three drams, let it be for conſtant drink.

III. *A Powder which hath prov'd very effectual in curing the Vertigo.*

Take roots of Male-Peony two ounces, flowers of the ſame bruis'd and dri'd in the Sun one ounce, the white dung of a Peacock half a pound, double refin'd Sugar two ounces, make a fine Powder. The doſe is a Spoonful, drinking after it a draught of the Decoction of dri'd Sage or Roſemary. Dr. *Willis.*

IV. *A purgative Potion for the Vertigo.*

Take of choice Rhubarb two ſcruples, Agarick one dram, Sena three drams, Fennel-ſeed one ſcruple, Carraway-ſeed half a dram, Ginger ten grains, Camels-hay ſeven grains, Bettony, and Balm of each two pugils, infuſe them all Night in water of Bettony, the next morning boil it to an ounce and half, wherein diſſolve ſyrup of Roſes laxative half an ounce, *Extract. Rudij*

Rudij five grains, water of Cubebs one dram, mix and make a Potion.

V. *A Masticatory for the Vertigo.*

Take Raisins of the Sun ston'd two ounces, Hysop, *Origanum* of each a dram, Acori condit. Mustard-seeds of each a dram and half, Pepper, Mastick of each one dram, Hony what suffices make a Masticatory.

VI. *An Electuary for the Vertigo.*

Take Galingal, Zedoary of each four scruples, Sage two drams, Ginger preserv'd in the Indies one ounce, Nutmeg, Cinamon of each one dram, seeds of Peony a dram and half, Juniper berries one dram, Mint a dram and half, syrup of Stæchados what suffices; make an Electuary, take of it Morning and Evening the quantity of a Chest-nut.

Or take Mace two drams, Cinamon one dram, leaves of Euphrage one ounce, Stæchados, Lavender flowers of each two drams, white Sugar the weight of them all, mix and make a Powder; the Dose is a dram.

VII. *Another Electuary for the same.*

Take Conserve of red-Roses an ounce and half, Conserve of Bettony, Rosemary-flowers of each half an ounce, Conserve of Quinces one ounce,

ounce, red-Coral prepar'd half a dram, Species *Aromaticum Rosatum* a dram and half, with syrup of Quinces what sufficies, make an Electuary, take often of it especially after meat.

VIII. *Another Electuary of great vertue for the Vertigo.*

Take Conserve of the flowers of Male Peony six ounces, powder of its Roots an ounce, of its Seeds two drams, white-Amber, Coral, Pearl, all prepar'd of each two drams and half, syrup of Coral what suffices, make an Electuary; the Dose is a dram and half or two drams, in the Evening and early in the Morning, drinking after it three ounces of the following distil'd Water.

IX. *The Water for the same.*

Take fresh Misletoe of the Appletree six handfuls, Peacocks dung two pounds, Cardamom bruis'd two ounces, *Castoreum* three drams, prepare and distil them with four quarts of Whey or Posset drink made with white Wine.

X. *A Powder for Poor People for the same.*

Take of Misletoe of the Appletree dri'd in the Sun and reduc'd to a fine Powder; the Dose is a dram twice a day, in a Decoction of dri'd Sage, Rosemary or Bettony.

The

The Tincture of white Amber, and ſpirit of Sal Armoniack or Harts-horn are of Excellent uſe in this caſe, and ſo are the Royal Cephalick drops or Eſſence which exceed them all, it will be ſet down in the Chap. of the Apoplexie.

XI. *An Excellent Sneezing Powder for the ſame.*

Take of Tabacco one ounce, flowers of Lillies of the Vally, Marjorum of each two drams flowers of Roſemary, Lavender, Bettony, the Line tree of each a Dram, white Hellebore, ſalt of Vitriol of each half a dram, ſeeds of Nigella one dram, Muſk ſix Grains, Amber greaſe three grains, Oyl of Rhodium fifteen drops, mix and make a ſubtil Powder; It is excellent in Catarrh, Rheum, and ſtoppage in the Head. *Junckins.*

XII. *Another for a cold Rheum, and ſtoppage in the Head.*

Take an Orange, and pare of very thin the yellow Rind; roul it up conveniently to put up into the Noſtrils, turning the innermoſt ſide outward, to be next the Fleſh within your Noſe; put a roul into each Noſtril, It provoks Sneezing, and comforts and ſtrengthens the brain. Sir *K. Digby.*

XIII. *Other Pills of Excellent uſe for the Vapors and Vertigo, &c.*

Take Galbanum, Opoponax, and Bdellium of

of each two drams, of the Maſs of Pill Maſtick one dram, Oyl of Amber eight drops, mix and make a Maſs for pills, out of each dram make nine pills, whereof take three every Night when you go to Bed.

XIV. *An Excellent Cordial againſt the Vertigo, or Scotomia vulgarly call'd Vapores.*

Take of black Cherry-water four ounces, Pennyroyal-water, Hyſterick-water, and of the compound Peony-water of each two ounces, ſyrup of Lavender one dram, ſyrup of Balm an ounce and a quarter, mix them, and take thereof ſix Spoonfuls whenſoever you are troubl'd with the Vapores of Swimming in the Head.

XV. *Excellent Pills for the ſame.*

Take of *Extractum Rudij* two ſcruples, pills of Tartar of Quercetan half a dram, of *Crato's* Amber pills one ſcruple, Roſin of Jalap and ſalt of Tartar of each fifteen grains, with ſyrup of Mugwort make ſixteen Pills. The Doſe is three or four very early in the Morning, and ſleep after the taking of them if you can. They cure the Vertigo, Dizzineſs or Swimming in the Head, ſtrengthen and clear the Eye-ſight.

XVI. *Other Pills for the ſame.*

Take Hiera Picra ſimple, make it up into Pills

Pills as big as a grey Pea with syrup of Bettony or Mugwort. Take three at a time every second or third Night when you go to bed; they are very profitable for the Head and Stomach.

XVII. *The Vertigo cur'd.*

Dr. *Glisson* being grievously afflicted with the Vertigo for the space of seven Weeks, his Head being shav'd he apply'd the following Plaster: Take flower of Sulphur, and with the white of Eggs make it into a Plaster and apply it; by which he was cur'd, as he himself related to Dr. *Bates.*

XVIII. *A Balsam of great Vertue for the same.*

Take Deers Tallow, and with the Chymical Oyl of Sage, Majoram, Rosemary, and Amber make a Balsam, wherewith anoint the inside of the Nostrils, the Nape of the Neck, and the Suturs of the Head; Its profitable also against the Apoplexie. *Majorn.*

CHAP. III.

Of the Apoplexie.

The Apoplexie in Greek and Latin is call'd *Apoplexia Sideratio*; or *Morbus attonitus*, because those that are taken with this Disease, lye without

without sense and motion, as if they were stricken with Thunder.

I. *A purging Medicine proper for Apoplectick Persons.*

TAke extract of black Hellebore from ten grains to fifteen, Rosin of Colochynthis three grains, or its Tincture two drams, spirit of Sal Armoniack six drams, Tartar Vitriolate, powder of Castor of each ten grains, with Sage water what suffices, make a Potion, which the Patient may take every third Morning if need require.

II. *Pills for the same.*

Take Pills of *Euphorbium Cochia minori Auriâ* of each fifteen grains, Troches alhandal three grains; with the distil'd water of Marjerom make seven Pills, of which take three at Night and four in the Morning early, especially near the full and change of the Moon.

III. *A Drink for the same.*

Take midling Ale-wort, boil therein leaves of white sweet smelling Hoarhound dri'd six handfuls; Then take four Gallons of the said Ale where the Hoarhound was boil'd in, and put it in a Runlet and hang in it the following ingredients: Take Anacardium, Cardemoms of each an ounce and half, slice and bruise them and put them in a Bag in the said Ale.

IV. *A Chocolate for the same.*

Take powder of the Roots of Male-Peony, Mans-scul prepar'd of each half an ounce, species Diambræ two drams, make a powder to every paper of which add Cocao-nut-kernels a pound, Sugar what suffices, make a Confection or Chocolate. Take half an ounce or six drams of it every Morning in a draught of a Decoction of Sage, Peony flowers or the like.

V. *A Cordial powder very profitable for the same.*

Take powder of the roots of Male-Peony, Mans-scul prepar'd of each an ounce and half, roots of Zedory, bastard Dittany, Angelica, Contrayerva, of each two drams, make a subtile powder, to which add the yellow rinds of Oranges and Lemons preserv'd of each two ounces, pound them very small and mix them with the powder; Take thereof half a dram or a dram an hour before or after meal.

VI. *A Clister for the same.*

Take Hyssop, Penny royal, Sage, Rue, Herb-mercury, Centory, Calaminth of each half a handful, Polypody half an ounce, Aniseed, sweet Fennel-seed bruis'd of each two drams, make of all a Decoction, to a pint of which add of Hyera picra compos'd two drams, Elect. Indi half

half an ounce, Hony of Roſes two ounces, Salt two drams, oyl of Rue three ounces, make a Cliſter.

VII. *Conſerve of Rue which is of great vertue for the Head and Brain, preſerving againſt Apoplexie, Palſie, Vertigo and the like.*

Beat two parts of fine Sugar with one of Rue into a fine Conſerve; eat thereof in the Morning faſting, about the bigneſs of a large Nutmeg, drinking after it a little glaſsful of the following water, or a Decoction of dry Sage or Roſemary. Sir *K. Digby.*

VIII. *An Excellent Cephalick water againſt the Apoplexie, &c.*

Take tops of Marjerom, flowers of the Line-tree, Lillies of the Vally, flowers of Roſemary, Primroſes, Cowſlips, Lavender of each three handfuls; you muſt gather theſe things every one in their ſeaſon, and put them in three pints of ſpirit of Wine rectifi'd, or two quarts of the beſt Brandy, and a pint of Hungarion water, keep it cloſe ſtopt till you have all the reſt of the ingredients, and when you put in the laſt, power into them three pints of Orange-flower-water, or of the beſt Roſe-water, let them Infuſe eight days longer, then Diſtil it in Balneo Mariæ.

This Water is highly commended and eſteem'd by the Nobility in *Frantz*, to fortify

the Brain and the Noble parts to prevent as well as cure the Apoplexie, Vertigo, and all Diſeaſes of the Head and Brain, ſweeten it with Loaf-ſugar to your taſt, and Drink a little wine-glaſsful of it at a time. 'Tis profitable alſo againſt the Palſie.

IX. *A choice Electuary to comfort and ſtrengthen the Head and Brain.*

Take Conſerve of Sage-flowers, Roſemary-flowers, Marjerom, Stæchados, Lavender-flowers of each half an ounce, preſerv'd Calamus aromaticus, confection of Anacardina of each two drams, powder of Diambr. Diamoſc. of each half a dram, ſeeds of Rocket, Rue of each one dram, with Oxymel of Squils, or Hony of Anacardina make an Electuary; the Doſe is the quantity of a Nutmeg every other day, there may be alſo added a few grains of Caſtor.

X. Quercetans's *Elixir of Life for the Apoplexie, Palſie, Vertigo, &c.*

Take Nutmegs, Mace, Cinnamon of each an ounce, Cloves half an ounce, Orange peels and Citrons of each three drams, Saffran two ounces, rectifi'd ſpirit of Wind three pints, mix and digeſt them in warm Sand in a Matraſs cloſe ſtopt for ſome days, ſhaking it ſome times; then ſtrain it and keep it cloſe ſtopt.

It is a great Cordial, revives the Spirits, cheers the

the Heart, ſtrengthens the Head and Brain, the Nerves and all the other principal parts, and comforts the whole body; the Doſe is from one dram to two drams in either black Cherywater, or Lavender-water ſimple.

XI. *Lozenges very Cordial and profitable againſt the Apoplexie.*

Take ſpecies Diambræ two drams, powder of the roots of Male Peony, Zedoary of each a dram and half, Pearls prepar'd a Dram, powder of Amber half a dram, duble refin'd Sugar diſſolv'd in Peony-water, and boiled to the conſiſtancy for Lozenges ſix ounces; make Lozenges of half a dram, eat one or two of them often in a day at pleaſure. Dr. *Willis.*

Spirit of Sal Armoniack, ſuccinated, coralliated, or impregnated with Mans-ſcul or Caſtoreum, are of excellent uſe againſt the Apoplexie, and ſo is the Elixir of Vitriol, and the *Mixtura Simplex*, and above all the Royal Cephalick Eſſence, all which you will find in their proper places.

XII. *A Plaſter for the ſame.*

Take Galbanum, Opopanax, Pirethrum, Muſtard-ſeeds, Caſtor, Pepper of each two drams, flower of Sulphur, one dram, Turpentine half an ounce, oils of Rue and Sage

ten drops, powder what is to be powder'd, and make a Plaster, which apply warm to the Head.

XIII. *A Sneezing-powder for the same.*

Take Marjerom, Bittony, Castor of each one dram, make a Powder, blow up part of it into the Nostrils with a quil.

CHAP. IV.

Of the Palsie.

The Palsie is call'd in Greek παράλμσις & πάρεσις in Latine *Resolutio vel Relaxatio, remissio, seu actionis defectio.* The Palsie is a prevation of sense and motion; not of the whole body, but of half the body; as of the Right side or of the Left, or some particular part, as the Hand, Arm or the like.

The parts affected are the Brain, and the *Spinalis Medulla.*

The Palsie is caus'd by reason of many thick and gross humours, stopping the Nerves, and hindring the animal faculty.

I. *Purging pills proper for the Palsie.*

TAke Pill Cochiæ, Alæphangin. Hieræ composit. Agaric trochiscate of each one scruple, mix them and with syrup of Stæchados, what suffices make Pills. II.

II. *A purging Potion for the ſame.*

Take flowers of Bettony, Cowſlips or Primroſes, Stæchados, Sage of each three drams, flowers of Borage, Bugloſs of each half a pugil, Cichory, Groundpin, Fumitery of each one pugil, Sena three drams, Fountain water what ſuffices, boil it two nine ounces, for three times, of which take for one time four ounces, ſyrup of Roſes ſolutive with Agarick half an ounce, mix them and make a Potion. If need requir this Potion may be given two or three times.

III. *Other Pills for the Palſie.*

Take of the pills of Aſſaiereth, Cochiæ Troches of Agarick of each two ſcruples, with a ſufficient quantity of the diſtill'd water of Sago make ten Pills, whereof take two at Night and three in the Morning.

The next day take Muſtard made with Elder Vinegar, and often chew of it in your mouth, in the ſame manner you may uſe Pellitory of *Spain*, Muſtard-ſeed, or hold in your mouth half an ounce of ſpirit of Lavender, mixing therewith one or two grains of the powder of *Euphorbium*, all which have been known of wonderful effect. Dr. *Sermon.*

For the Palſie, after a Vomit and a Purge duly order'd, the learned Dr. *Willis* adviſes to be preſcrib'd after the following forms.

IV. *An Electuary.*

Take Conserve of Garden Scurvy-grass, and Rocket, made with an equal part of Sugar of each three ounces, Ginger preserv'd in the Indies an ounce, the yellow Peels of Oranges and Lemons preserv'd of each six drams, powder of the Claws and Eyes of Crabs of each four scruples, Species Diambræ two drams, Winters-bark a dram and half, roots of Zedoary, Galingal, Cubebs, seeds of Garden-Cresses and Rocket of each a dram, spirit of Scurvy-grass and Lavender of each two drams, syrup of preserv'd Ginger what suffices, make an Electuary, whereof take the quantity of a Chestnut at eight a Clock in the morning, and at five in the afternoon, drink after it a pint of the following Decoction.

V. *A Decotion.*

Take Lignum Vitæ six ounces, Sarsaparilla, Sassafras of each four ounces, red and yellow Sanders, shavings of Ivory and Hartshorn of each half an ounce; pour upon them two Gallons of Fountain water, make it boiling hot, then let it stand close cover'd all Night, the next Morning boil it to one half, adding crude Antimony powder'd and ti'd in a rag four ounces, roots of the lesser Galingal, *Calamus Aromaticus* of each half an ounce, Florentine Oris

an

an ounce, Cardemom six drams, Coriander-seed bruis'd half an ounce, six Dates, Liquoris an ounce; make a Decoction and let it be us'd for ordinary drink. At Night when you go to Bed, and early in the Morning, take a Dose of spirit of Hartshorn or of Sal Armoniack succinated in three ounces of the following distil'd water.

VI. *A Cordial-water for the Palsy.*

Take of the leaves and roots of Aron a pound, garden Scurvy-grass, leaves of the greater Rocket, Rosemary, Sage, Savory, Tyme of each four handfuls, flowers of Lavender three handfuls, the peels of ten Oranges and six Lemons, Winters-bark three ounces, Cubebs, Cloves, Nutmegs of each an ounce, being bruis'd puor to them of white Wine and Brunswig-Mum of each two quarts; distil it and mix the first and last water together. After every Dose of the Electuary the Patient may take six ounces of Coffee, with the leaves of dri'd Sage boil'd first in the Liquor a good handful in a quart.

Sometimes instead of the Electuary for fifteen or twenty days give a Dose of the Tincture of sulphur Terebinthinated, the Tincture of Antimony, or the Tinture of Amber; some times give the Elixir *Propietatis* or the Elixir of Peony in a spoonful of the distil'd water aforemention'd, and drink after it three ounces of the same. Dr. *Willis.*

VII.

VII. *Lozenges of Excellent use for the Palsie.*

Take roots of Zedoary, Gallingal of each a dram and half, species Diambræ a dram, Mustard-seed and seed of Rocket, Scurvy-grass and water-Cresses of each half a dram, make a fine powder of all, add oyl of white Amber half a dram, with six ounces of Sugar dissolv'd in Peony-water, and boil'd to the Consistency for Lozenges, make Lozenges each weighing half a dram, let three or four be taken twice a day, drinking after it a Dose of some one of the Liquors before mention'd.

VIII. *The Lady* Barington's *rare Balsamick-spirit for the Palsie, Apoplexie, Cramp, weak Sinews and old Strains.*

Take two quarts of strong English Brandy, put into it a pound of the roots of Masterwort, Sarsaparilla, and Castoreum of each half an ounce being bruis'd a little; of Lavender flowers, and Sage flowers of each half a handful, put them in a fit vessel of Glass, stop it close and set it in warm Sand or in the Sun for four days, shaking it sometimes; then take Camphir one dram, dissolve it in half a pint of rectifi'd spirit of Wine, put the vessel in a cold place to let it cool, then put into it the dissolution of the Camphir, then pour of the Spirit into a glass bottle and keep it close stopt. Bathe the part affected with it cold,

cold, rubbing it well in; for the Palsie rub the mould of the Head and nape of the Neck; It is good for shrunck Sinews, it strengthens the Nerves, is good for the Gout, any Crick or Aches, any distemper that proceeds from cold. For the Head-ach rub the Temples and Forehead with it: and in other cases use it twice a day rubing it well in: and that you may seldom open it, keep some in little glasses for your daily use: you may also digest it in an earthen or stone Jug or Pitcher glas'd within, which you may set in a Kettle of warm water.

IX. *Dr.* Willis's *syrup of Steel for the Palsie.*

Take duble refin'd Sugar, dissolv'd in black-Chery-water boil'd to the consistency for Lozenges eight ounces, adding of Dr. *Willis*'s Steel powder'd three drams, stir them well together on the fire, and then pour to them by degrees Rosemary-water warm'd twelve ounces, let them boil gently for a quarter of an hour, taking off the Froath; then pour it out warm through a Flannel-bag; the Dose is a spoonful in three ounces of the following Palsie water.

X. *The Palsie water.*

Take roots of Aron, male-Peony, Angelica, Master-wort of each half a pound; leaves of Sage, Rosemary, Marjerom, Brooklime, Watercresses of each four handfuls, flowers of Prim-

Primroſes, Cowſlips, Marygolds of each three handfuls, the Peels of ſix Oranges, and four Lemons; all being duly prepar'd pour to them new Milk three quarts, Malaga-wine two pints, diſtil them in a common ſtill.

Hartman, Becauſe you cannot get all theſe things at one time, therefore in my opinion you would do better to gather them every one in their ſeaſon, and keep them in ſtrong Brandy a quart, and then inſtead of Milk to take ſo much fair Water; for if you diſtil it with Milk your Water will ſoon grow ſower and be ſpoil'd.

XI. *An Electuary for the ſame.*

Take Conſerve of the flowers of Lillies of the Vally, Primroſes, Cowſlips, flowers of Sage of each two ounces, Mithridate one ounce, the Brain of a Hair roſted and dri'd, ſeeds of Peony, Juniper berries of each two ſcruples, with ſyrup of Stæchados make an Electuary; the Doſe is half an ounce every day.

XII. *A drink for the Palſie experienc'd by Dr.* Poleman.

Take of Guaiacum four ounces, Bark of the ſame and Saſſafraſs of each two ounces, Cowſlip flowers dri'd, Bettony flowers, Sage flowers and Caſſedonia of each three ounces, Juice of the roots of Pompions two ounces, Raiſins and

and Figs ſlic'd of each two ounces, boil them in three pints of Water for half an hour, then let it ſtand twelve hours, then boil it again for an hour and half; the Doſe is three ounces three times a day.

XIII. *An Ointment for the Palſie.*

Take of white Pepper, Pyrethrum of each two drams, Caſtoreum, Euphorbium of each ten grains, oyl of Chamomil, oyl of Fox of each an ounce, mix and make an Ointment, anoint the Back-bone with it hot before a fire and the parts affected.

I knew a Gentlewoman that was afflicted with the Palſie in both her hands, ſo that ſhe could not feed her ſelf, nor handle any thing; ſhe was perfectly cur'd by Dr. *Moor* a German Phyſician by the following means:

Take Unguentum Nervinum, and of the Fœtid oyl of Tartar, or Hartshorn of each equal parts, mix them well together, with this ſome of it being warm'd the Back-bone was anointed, and the ſame well rub'd in before a fire, from the Neck down to the Reins, and the Arms and Hands to the Fingers end; this was done twice a day, *viz.* Morning and Evening, ſhe wore Flannel ſhifts; her ordinary drink was eight ſhilling beer with Sage and Roſemary put in the Cask half a peck of each into four Gallons of drink; by theſe ſhe was perfectly cur'd in the ſpace of half a year, as ſhe her ſelf related to me. *Hartman.*

CHAP.

CHAP. V.

Of the Cramp, or Convulsion.

The Cramp, or Convulsions is call'd in Greek σπασμὸς, in Latin *Convulcio.* It is an involuntary contraction of the Nerves and Muscels.

I. *Pills for the Cramp.*

Take of the Fœtid pills, and Sagapen pills of each a scruple and half, Troches of Agarick ten grains; mix and with syrup of Stæchados, or Bettony make Pills.

II. *An Electuary for the same.*

Take of the Conserves of Bettony and Rosemary flowers, Cowslip-flowers of each one ounce, syrup of Stæchados what suffices, and spirit of Castor two drams, make an Electuary. Give of this Morning and Evening asmuch as a Nut.

III. *A Julep for the same.*

Take Cinnamon-water, water of the flowers of the Linetree of each one ounce, oyl of Juniper Berries, four drops, oyl of Amber ten drops, spirit

ſpirit of Vitriol two drops, mix and make a Julep.

IV. *A Maſticatory for the ſame.*

Take Ginger preſerv'd an ounce and half, Muſtard, Pyrethrum of each half an ounce, Pepper one dram and half, Caſtor, Maſtick of each one dram, Calamus Aromaticus two drams, mix and make Lozenges to be chew'd in the Mouth.

V. *An Ointment for the Cramp.*

Take oyl of Bricks an ounce, oyl of Turpentine, half an ounce, Juniper berries two drams, Cloves one dram, Nutmeg, Mace of each half a dram with oyl of Wax what ſuffices, make an Ointment.

VI. *An other Ointment for the Cramp.*

Take of the Ointment of Populeon two parts, oyl of Spike one part; mix them, and with the mixture anoint well or chafe the part affected.

VII. *A Sneezing Powder for the ſame.*

Take Marjetom, Euphorbium, Pellitori of *Spain* of each two ſcruples.

CHAP.

CHAP. VI.

Of the Epilepsie or Falling-sickness.

The Epilepsie has many names; in Greek 'tis call'd ἐπιλήψια, from ἐπιλαμβάνω, *Retineo apprehendo*: for this Disease doth suddenly surprise the mind and senses, and Epileptick persons many times fall down when their fits come upon them.

Hence in Latine 'tis call'd *Morbus Caducus*, *à Cadendo*, the Falling-sickness.

Those that are taken with the Falling-sickness before ripeness of Age may be cur'd; but they that are taken with it after twenty five years of Age, for the most part it doth accompany them unto death.

I. *A Vomit for Infants and Children that are Epileptick.*

TAke salt of Vitriol from ten grains to a scruple, mix it with a little Conserve of Roses, or in a spoonful of Canary, or give Wine of Squils with fresh oyl of Sweet Almonds.

II. *Other Vomits for the Epilepsie.*

Take Crocus Metalorum, or Mercurius Vitæ from

from four grains to six, Mercurius Dulcis from sixteen grains to a scruple, grind them together, mix it with the pap of an Apple, or a dram of Conserve of Borrage, make a Bolus:

Or give from half an ounce to an ounce and half of the Infusion of Crocus Metallorum, or Mercurius Vitæ made in Sack. Or take *Mynsicht*'s Emettick Tartar from four grains to six; Those that are of a more tender constitution may take salt of Vitriol from a scruple to half a dram, and after half an hour let them drink upon it store of Ale-posset-drink, then a quill or the finger being put into the throat, let Vomiting be provok'd, and sometimes repeated.

III. *A Specifick powder for the Falling-sickness.*

Take roots of Male-Peony, dri'd and powder'd, from a dram to two or three drams, give it twice a day in the following Tincture.

IV. *A Tincture for the same.*

Take Misletoe leaves of the Oak, (and if that cannot be had, of that of the Appletree) two drams, Peony roots slic'd half an ounce, Castoreum a dram, put them in a close vessel with Bettony-water, or simple Peony-water and white Wine, of each a pint, salt of Misletoe of the Appletree two drams, digest in warm Sand for two days; the Dose is three ounces with a dose of the powder before prescribed. These things

experience hath prov'd to be very efficatious. Dr. *Willis.*

V. *Another powder for the same, greatly commended by some Authors.*

Take Castoreum, Opopanax, Sanguis Draconis, Antimony, Peony-seeds of each a like quantity make a powder. Dose from half a dram to a dram, every Morning in Wine or an appropriated Decoction, or in black Cherry-water.

VI. *An Electuary for the same.*

Take Conserve of Male-Peony-flowers, of Lillies of the Vally, of each three ounces, seeds and Roots of Male-Peony powder'd of each two drams, Coral and Pearl prepar'd and Mans-scul of each two scruples, salt of Mistletoe of the Appletree a dram and half, with syrup of Coral make an Electuary. The Dose is the quantity of a Nutmeg Morning and Evening.

VII. *A Confection for the same.*

Take roots of Male-Peony an ounce, seeds of the same half an ounce, Mistletoe of the Oak or of the Appletree, Elks-hoof, Mans-scul prepar'd of each two drams, roots of Angelica, Contrayerva, Virginia Snak-root of each a dram, white Amber, Coral calcin'd of each a dram,

salt

ſalt of common Miſſletoe two drams, Sugarcandy diſſolv'd in a ſufficient quantity of the Antiepileptick-water of Langius eight ounces, make a Confection. The Doſe is the quantity of a Nutmeg twice a day.

VIII. *An Excellent Elixir for the Falling-ſickneſs.*

Take Hungarion Vitriol ſix pounds, put it in a glaſs Retort, and diſtil it in Sand for twenty four hours; then Lute the ſame Retort and put it into a Reverberatory Furnace, and having adapted a large Recepient, force over all the acid ſpirits by a ſtrong fire; Rectifie the whole liquor diſtil'd by a Sand heat in a leſs Retort, and keep it in a Glaſs cloſs ſtop'd.

Then take roots of Male-Peony four ounces, ſeeds of the ſame an ounce, Mars-ſcul prepar'd, Elks-hoof, red Coral of each half an ounce, Miſſletoe of the Oack two drams, reduce them all to powder, put them in a Matraſs and power upon them the diſtil'd ſpirit, ſtop it cloſe, and digeſt it in Sand with a gentle heat for many days, ſhaking it ſome times till the Tincture is extracted; then pour of all the Liquor, put it in a Retort and diſtil it till only a third part remain, keep that which is diſtil'd by it ſelf: To what remains in the Retort pour an equal quantity of ſpirit of Wine highly rectifi'd and impregnated with the ſame ingredients by digeſtion; digeſt them together for ſix days in Horſdung or in a gentle heat of Sand, ſo will

you have a Excellent Elixir. The Dose is from ten to twenty drops, and of the distil'd Liquor from half a spoonful to a whole one.

IX. *A Distil'd water and Julep.*

Take common Vitriol six pounds, roots of Male-Peony six ounces, Milletoe of the Oak or of the Appletree an ounce, green Walnuts stamp'd half a pound; distil these in a glass Cucurbite with a glass-head in a Sand furnace: Take of this Liquor a pint, water of black-Cherries, and Linetree-flowers of each half a pint, double refin'd Sugar four ounces, mix and make a Julep. The Dose is two or three ounces twice a day.

X. *A Sneezing powder.*

Take Marjerom dri'd two scruples, Caster ten grains, Euphorbium two grains, mix and make a Powder.

XI. *A purging Potion for the same.*

Take Troches of Agarick four scruples, infus'd in Oximel of Squils and press'd out strongly, Castoreum three grains, syrup of Roses Solutive with Agarick an ounce and half, Balm water what suffices, mix and make a Potion to be taken in the Morning.

XII.

XII. *A Powder for the ſame.*

Take of the roots of Peony two drams, Oris, Elks-hoof, Miſſletoe of the Oak, ſeeds of Peony of each half a dram, red Coral prepar'd two ſcruples, of the green Emerald prepar'd ten grains, white Amber half a dram, make a powder.

XIII. *An other Powder.*

Take the Bladders of Boars with the Urin in it, number two, put them in a Glaz'd-pipkin and dry them in an Oven after the Bread is drawn, ſo that they may not be burnt, make of them a fine powder, whereof give a dram for a Doſe with Peony-water, prov'd effectual.

XIV. *Pills for the ſame.*

Take of pills Fœtid one ſcruple, black Hellebore prepar'd, Caſtoreum of each ten grains, with ſyrup of Stœchados make five Pills.

XV. *A Bolus for the ſame.*

Take of Mans-ſcul prepar'd a dram and half, ſeeds of Peon half a dram, Mitheridate two drams, powder what is to be powder'd, make a Bolus, give of this every Morning.

Alphonſus Ferrius ſays he has cur'd a great

many Epileptical Persons by a simple decoction of Guaicum, being taken twice a day from six ounces to eight, and a second Decoction of it being taken instead of ordinary drink. If to such a Decoction the roots of Peony and other Specificks be added, haply it will be more efficacious. It seems probable that a Salvation powerfully rais'd by Mercury, and afterwards follow'd by a sweating Diet drink, will infallibly cure this Disease. Dr. *Willis.*

XVI. *An Experienc'd Anti-Epileptick powder of the Liver of green Frogs.*

Take the Livers of forty green Frogs that are in the Water, taken a live in the month of *May*, *June* and *July*, until the midst of *August*; lay the Livers upon Colewort-leaves, on the under side of the Leaves, lay them one by one, then dry them in an Oven after the Bread is drawn, then separate them from the Leaves, and reduce them to a fine powder, which divide into five equal parts; give the Patient one part in the Morning fasting, in any appropriated Liquor, another at Night two hours after Supper, the third part the next Morning, and the other two parts, one at Night and the other the next Morning, and neither Eat nor Drink till two hours after the taking it.

With this Remedy was cur'd *Frederick* the 4*th* Elector Palatine, who was Epileptick from the 15*th* to the 26*th* year of his Age. Dr. *Hartmannus* in his Practical Chymistry.

XVII.

XVII. *An Amulet for the Falling-ſickneſs.*

Take a young ſhoat of Elder found in a Willow-tree, cut it into ſhort pieces not ſlit, but whole about half an Inch long; take Nine of them and run them through with a thread, which ty in a Knot and hang it about the Patients Neck, ſo that it hang at the Pit of the Stomach upon the bear Scin, ſome alſo ty it about the Neck and wear it as a Neck-lace: It may be gather'd at any time of the year, but it is beſt in the month of *September* and *October*, when the Berries are ripe. It is ſaid that when the Thread breaks, and the Amulet falls down, it ſhould not be toucht with hand but with Iron, and be buried deep in the ground and a new one be put on. Dr. *Hartmanns* ſays that many have been cur'd by it, that had labour'd a long time under this Diſeaſe. An Honorable Lady lately told me that ſeveral Epileptick Perſons in *Kent* had been cur'd by it. *Hartman.*

XVIII. *A Corrected Anti-Epileptick Swallow-water.*

Take twelve Swallows yet in their Neſts, caſt them whole into a glaſs Cucurbite, adding ſhavings of Mans-ſcul three ounces, Caſtor one ounce and half, powder of Miſſetoe of the Oak or of the Appletree, juice of the roots and leaves of Male-Peony ſix ounces, water of the flowers

of the Linetree and Lavender of each a quart, Vinegar of Squils half a pint digeſt them in a gentle ſand heat for forty hours, then diſtil it with a moderate heat in Sand, and keep the Water for uſe.

This Water has particular vertues againſt the Epilepſie, Vertigo, *&c.* the Doſe is a ſpoonful in the fit; and may be continu'd every day, as occaſion requires, after the uſe of General Remedies. Dr. *Charras* in the Royal Diſpenſetory.

XIX. *An Excellent Anti-Epileptick Oyl.*

Take the ſhavings of Mans-ſcul that died of a violent Death four ounces, Amber pulveriz'd half a pound; mix them and put them in a Glaſs-Retort, and diſtil them in Sand with a gradual fire, take the Oyl, ſpirit Flegm and Volatil ſalt and rectify it.

This Oyl is highly eſteem'd for the cure of the Falling-ſickneſs, being given every Morning for a month together, in ſome Cephalick-water from three to four, five or ſix drops; you may alſo anoint with it the inſide of the Noſtrils, Temples and the Sutures of the Head. Dr. *Charras.*

XX. *A famous Anti-Epileptick powder.*

Take the After-birth of a Woman brought to bed of her firſt Child (being a Boy) drid and cleans'd from the ſcins one ounce, roots of Male-

Male-Peony and seeds of the same of each half an ounce, shavings of Mans-scul, Elks-hoof, Misletoe of the Oak, roots of wild Valerian, Perls and Coral prepar'd, Contrayerva-stone, white Amber, and seeds of Goats-rue of each two drams, mix and make a powder; the Dose is from half a scruple to a dram in Cephalick-waters, or it may be mingl'd with solid Electuaries, and continu'd as occasion requires. Dr. *Charras.*

XXI. *A Sneezing Powder for the same.*

Take white Hellebore a dram, Castoreum, Euphorbium of each half a dram, sweet-Marjerom, and Rue of each two drams, mix and make a Powder.

Untzerus highly commends the Gall of a sucking Whelp, that the whole Gall-bladder be taken forth and given in some Cephalick liquor.

A dram of the dung of a Peacock newly made and Infus'd in a Glass of white Wine over Night; then strain'd and given fasting every Morning from the New to the Full of the Moon.

XXII. *An experienc'd Remedy against the Falling-sickness, wherewith Sir* K. Digby *cur'd a Ministers son at* Franckfort *in* Germany *in the year* 1659.

Take of the Scull of a Man that died of a violent

violent Death; of the parings of Nails of a Man of each three drams; reduce this to a fine Powder, and grind it upon a Marble ſtone; then take Polypody of the Oak, dri'd two drams, Miſletoe of the Oak gather'd in the wane of the Moon half an ounce, Miſletoe of of the Tile-tree two drams, Male-Peony roots half an ounce; reduce all into a ſubtile powder, then take ſix ounces of Sugar, boil it to the conſiſtence of Sugar of Roſes; then mix all the powders with it, and ſtir them well together over the fire to make them well incorporate; then make it up into Lozenges about a dram a piece; whereof give one in the Morning faſting, and another at four in the afternoon, and another at bed time; Continue this till the Lozenges are all ſpent. By the uſe of theſe he was perfectly cur'd to which I was an Eyewitneſs, helping to prepare the ſaid Remedy with my own hands. *Hartman.*

XXIII. *Another Experienc'd Remedy for the ſame.*

Take true Miſletoe of the Oak, the Leaves, the Berries, and all the tender branches, dry it gently in an Oven after the Bred is drawn, reduce it to a fine Powder; of which give aſmuch as will ly upon a ſhilling for one of ripe-years; for midle Age a ſix-pence; for a Child a groat, give it Mornings and Evenings in Cowſlip-water, three days before and three days after the Full of the Moon. By

By this only Remedy was cur'd the Lord *Herbert*'s ſon, and many other Perſons of quality. Sr *K. Digby* relates, that the Daughter of the Earl of *Warwick*'s elder Brother had the Falling-ſickneſs in the greateſt extreamity; ſo that ſhe fell like a logg ſeven or eight times a day without motion: They had put her into the hands of the ableſt Phyſitians in *England*, who in effect could do her no good. A Gentleman, one of their Neighbours, under took the cure, and perform'd it by this Remedy.

The beſt time to gather the Miſſetoe, is in the month of *September* and *October* when its berries are ripe, and in the waning of the Moon.

CHAP. VII.

Of the Incubus or Nigh-Mare.

THe learn'd Dr. *Willis* has given us an ample deſcription of the Nature of this Diſeaſe; but every one has not his Works; I though it would not be a miſs to inſert it here.

That the Nature of this Diſeaſe may be the better known, in the Firſt place let us conſider its *Phænomena*. A fit of the *Incubus* or Night-Mare moſt commonly, and in a manner only ſeazing us whilſt we are a ſleep; is wont to be rais'd for the moſt part after the ſtomach's being loaded with food of ill digeſtion, and laying on

on the Back in the Bed; those that are troubl'd with it, seem to perceive themselves chiefly affected within the Breast, and about the *Præcordia*: For respiration being suppress or very much hinder'd, they think themselves oppress with a certain weight laying heavily on the *Thorax*, which weight cheats their imaginations, sometimes with one Aparition, sometimes with another, and when they think to shake it off, or put it from them, by the motion of the Body or Limbs, they are not able to stir either their Body or Limb any way; but after a long strugling in the *Præcordia* and sometimes almost to the loss of Life, at length they awake; and being fully come to themselves from their sleep, the imaginary weight vanishes on a sudden, and the moving force of the Body is restor'd; there remaining never the less for the most part a trembling of the Heart, and often a very quick and violent viberation of the *Diaphragm*; afterwards the fit being ended, the deception of the Fancy apprehending the dreadful species of an *Incubus* or Night-mare comes to be known. Now, tho we allow the monstuous species, (which is conceiv'd) of the *Incubus* to be a meat dream, yet it is manifest that the *Præcordia* are really affected, and that the motions of the Puls and respiration are in a manner suppress and letted, *viz.* In as much as that oppression of the Breast is plainly perceiv'd by many whilst they awake; Nay, as they are freshly stir'd from sleep, and when that is remov'd, trembling of the

the Heart and *Diaphragm* enſue; whence it follows, that theſe parts are cumbred and undergo a great damage. Wherefore, whatſoever others may think, I judge that a fit of the *Incubus* is caus'd, in ſomuch as in ſleeping a certain Incongruus matter is diſtil'd into the *Cerebellum* together with the Nervous Juice, which cauſing a heavineſs or certain Stupefaction to the ſpirits in their firſt force, forces them preſently to forbear a little from the performance of their Functions; ſo that by a ſecond Lethargy, as it were, rais'd within the *Cerebellum* the vital Action ſuffer a ſhort eclips; during which, partly from the ſtriving of the over charg'd *Præcordia*, and partly from the blood being very much kept together, and ſtagnating within them the oppreſſion, and ſenſe of an Incumbent weight, as it were, is caus'd: Moreover, becauſe all the other faculties of the whole body depend on the motion of the Heart, Therefore this being hindr'd and ſuppreſt, thoſe preſently fall into faintings and diſorders.

Tho it be ſeldom that any Perſon dies of this diſeaſe alone, yet thoſe that are frequently obnoxious to it, if at any time they are ſeiz'd with other Cephalick affects, as the Lethargy, Carus, Apoplexie, or Epilepſie, they are in a very dangerous condition, becauſe the Morbifick matter, ſent from the Blood into the Brain, eaſily invades the *Cerebellum* alſo, being ſo diſpos'd; ſo that the Diſeas'd ſuffering an Eclips of the vital Function together with the Animal,

mal, are brought into a greater danger of Life: Hence it is a common obſervation, that thoſe that are wont to be frequently troubl'd with the *Incubus* often dy Apoplectical.

An other Iſſue of the *Incubus* or Night-mare is wont to be leſs pernicious, that it often leads to the paſſions of the Heart, and other affects commonly accounted for Hypocondriacal. I have known many troubl'd with the *Incubus* in their youth, who, as they grew farther in years, being free from that, were affected with a trembling and panting of the Heart, and with other griefs about the *Præcordia*, and Hypochondres, and very ſorely with Convulſions; we judge the cauſe of this Morbid change to be, that the Morbiſick matter, after having been often wont to be ſet the circumference of the *Cerebellum*, at length, making a violent aſſault, penetrats deeper into ſome private place, and paſſing its texture, Ruſhes into the Nerves appointed for the *Præcordia*. As to the cure of this Diſeaſe, for as to its fits, becauſe they ſoon paſs away of their own accord, there is no need oft: The Therapeutick method after a proviſion to be made for the whole, by blooding (where it is proper) and a gentle purge, ſuggeſt to us the chier uſe of thoſe Remedies which are vulgarly accounted Cephalicks: Therefore the powders of white-Amber, Coral, Pearl, Roots of Male-Peony, baſtard Dittany, Contrayerva, alſo Electuaries, Lozenges, diſtil'd Waters, Tinctures, Elixirs, and other things wont to be

be p rescrib'd in the Lethargy and Apoplexcie, are good here; but in the first place a due form of Diet being order'd; let food that is gross, and of an ill concoction, puls and hoary fruits be a voided, nor must the Person indulge himself to sleep, studying, or reading presently after slee : Let large and late suppers, and laying on the back be forbidden.

Because Infants and Children are often troubl'd with this Disease (a sign of which is, that they are shaken in their sleep, and upon their awake cryout terribly) and having undergone frequent fits of it, often fall into Convulsive affects: Therefore as soon as they seem affected with it, let a due method of cure be us'd to them: Let it be inquir'd concerning the milk they suck, whether of it self being without fault, and laudable, it agrees well with their Stomachs? let them not be permited to sleep presently after having suckt their fill: Let the Nurse, using a good form of Diet, take also Morning and Evening a Dose of a Cephalick powder, or Electuary, drinking after it a draught of posset drink with the leaves of Sage, or Bettony, or the roots or seeds of Peony boild in it: Let the Infants take twice a day a spoonful of an appropiated distil'd water: Let it have an Issue in the nape of the Neck, let it lay sometimes on the one side, sometimes on the other, but seldom or never on the back. Let it wear about the Neck, or on the pit of the Stomach, Coral, or Bracelets made of the seeds or roots of

of Male-Peony. If at any time in ſleeping being often and ſorely ſhaken, they ſeem to be dangerouſly affected with this diſtemper, let bliſters be appli'd to the Neck, or behind the Ears: Evening and Morning let a Doſe of the powder of Gutteta, or ſome other that is Appropiated be given in a ſpoonful of diſtil'd water or Julep.

A Purging Potion proper for Perſons troubl'd with the Incubus or Night-Mare.

Take Polypody of the Oak, Senna of each half an ounce, Angelica one pugil, Peony ſeeds bruis'd one dram, Ginger one dram, Anyſeeds and Carraway of each make an infuſion, and gentle decoction in Fountain-water what ſuffices, in four ounces of the ſtrain'd liquor diſſolve Electuarium Diaphenicon half an ounce, or ſix drams, make a Potion.

CHAP. VIII.

Of the Lethargy or Sleepy-Feaver.

The Lethargy is nam'd in Greek λήθαργος, in Latine 'tis call'd *Veternus*.

The Lethargy is an Oblivious diſeaſe, in which there is a neceſſity of ſleeping that poſſeſſes the party, joyn'd with a gentle Feyer, and many

many times adepravation of ſenſes, eſpecially of the memory.

Dr. *Willis* in this diſeaſe, for the firſt thing he orders a ſmart Cliſter, and preſently after the Jugular vain to be open'd rather than a vain in the Arm, becauſe by this means the Blood very much heap'd together, and haply ſtagnating within the Sinews of the Head, will be more eaſily reduc'd to an even circulation.

After bleeding, other Remedies are preſently to be apply'd of every kind; let a large Bliſter be drawn in the Neck, and Leggs; the Face and Temples anoint with oyl of Amber, let Volatil ſalt or ſpirit of Sal Armoniack be frequently held to the Noſtrils, or little bits of Papers or Rags rould up and dipt in it and put up into the Noſtrils.

I. *A Pultice for the Lethargy.*

TAke Rue, Pepper-wort, Crow-foot well pounded together with black-Soap and Sea-ſalt, apply it all over the Feet. Let the Limbs be well rub'd.

II. *A Julep for the ſame.*

Take Water of Peony-flowers, black-Cherries, Walnut-ſimple of each three ounces, Compound Peony-water two ounces, Caſtoreum tied in a rag and hung in the glaſs two drams,

Sugar three drams, mix and make a Julep, the Dose is four or five spoonfuls, every third or forth hour, with twelve or fifteen drops of spirit of Sal Armoniack, Harts-horn, or Amber in every dose, or a Dose of the following Powder.

III. *A Powder for the same.*

Take Male-Peony-roots, Mans-scul, Virginia Snak-roots, Contrayerva of each a dram, Bezoar, Pearl of each half a dram; all prepar'd and made into a subtil powder, divide it into twelve parts.

CHAP. IX.

Of the Coma and the Carus.

The Coma and the Carus are Certain sleepy affects, *viz.* a Continual sleepiness.

An Excellent Pill for the same.

TAke a Dose of Amber pills, or pill Cochiæ with Rosin of Jalap, once or twice a weak. At other times going to Bed, and early in the Morning take a Dose of a Cephalick Electuary, or the spirit of Sal Armoniack, or of the Royal Cephalick Essence, or the Tincture of Amber, in a Cephalick Julep, such as you have in the foregoing Chapter of the Lethargy.

At eight a Clock in the Morning and at five in the Afternoon take a draught of Coffee, having

having firſt boil'd in the Liquor, leaves of dri'd Sage or Roſemary till it aquires a green Tincture, an handful of either in a quart of Water, ſmell often to the Volatil ſalt, ſpirit of Sal Armoniack or to our Royal Cephalick Eſſence. Bliſters are proper in this caſe, not only to be appli'd to the Neck but to the Leggs and Arms, and to other parts of the Body by turns.

CHAP. X.

Of the Dilireum, or Phrenſie.

The Phrenſie is call'd in Latine *Phrenitis*, and *Phreneſis*, in Greek φρενῖτις.

The Phrenſie is an Inflamtion of the brain, or the meninges thereof, with a continual Feaver, bringing a Delirium.

I. *A Julep for the ſame.*

TAke of the Waters of Apples, black-Cherries, and Cowſlips of each four ounces, of whole Citrons two Ounces, Pearl prepar'd a dram, ſyrup of the juice of Citrons an ounce, mix and make a Julep; the Doſe is three ounces three or four times a day.

II. *A Drink for the ſame.*

Take of Wood-ſorrel two handfuls, of Bo-

rage four handfuls, two Pippins pounded to mash, Sal Prunella two drams, the pulp of one Orange, duble refin'd Sugar an ounce, being bruis'd and pounded together, pour to them of Fountain-water two or three pints, press it out strongly, and put it in a bottle; the Dose is six or seven ounces, to be taken at pleasure often in a day.

II. Palmarius's *Divine drink for the Phrensie, for Squenching of thirst is*:

Take Fountain-water with Sugar and Juice of Lemon; Water, or Whey with the leaves of Meadow-sweet, or Burnet infus'd or boil'd in them; an Emulsion of a Decoction of the Roots and Flowers of Water-Lillies, with the seeds of Mellons, Fountain or distil'd waters, with the pulp of boil'd Pippins dissolv'd in them.

Medicines that induce sleep are often necessary in this disease (saith the learned Dr. *Willis*) but such as are strong are not proper presently at the beginning, nor may they be frequently us'd, because sleep caused by Opiats brings the matter more to the brain, and fixes the more deeply.

III. *A Cordial draught to induce Sleep in the Phrency.*

Take water of Cowslip-flowers four ounces, syrup

ſyrup of Meconium half an ounce, Pearl a ſcruple, mix and make a draught to be taken at Night bedward, or take white-Poppy-ſeeds two drams, Sugarcandy a dram and half, being bruis'd together pour to them of white-Poppy-water ſix ounces, preſs it out and give it after the ſame manner.

IV. *The Lady* Luſons's *Remedy to cauſe Sleep in the Phrenſie and Madneſs,*

Take the Gall of a Hare, boil it in white-Wine and let the Patient drink it, and it will make one Sleep till you give him Vinegar.

Outward Remidies which provoke Sleep, are often apply'd to the Temples and Forehead with ſucceſs; make a Liniment with the oyl of Nutmeg by expreſſion, and ointment of Populeon, to which you may add five or ſix grains of Opium; or take a Roſe-cake, or of Poppies, with Vinegar and powder of Nutmeg.

V. *A Purge proper in the Phrenſie.*

Take choice Rhubarb two drams, of the Cordial-flowers of each a pugil, Cinnamon, Spike of each ten grains; Infuſe them in Endive water what ſuffices in the ſtrain'd Liquor diſſolve Electuary of Roſes two or three drams, ſyrup of Roſes Laxative one ounce, mix and make a Potion to be given the day after Phlebotomy.

VI. *A Cordial Potion to induce Sleep.*

Take of Lettice and Purslain of each one handful, a white-Poppy-head, Violets, and flowers of water-Lillies of each a pugil, make a Decoction in three ounces whereof being strained dissove syrup of water-Lillies compound, syrup of red-Poppies of each half an ounce, mix and make a Potion to be given at the hour of Sleep.

CHAP. XI.

Of the Mania, or Madness.

Madness in Latine *Mania*, is an alienation of the mind, or a vehement *Delerium*, without a Feaver.

I. *A Vomit for the same.*

TAke sulphur of Antimony from eight grains to ten, Cream of Tartar half a scruple; mix them by grinding them together, and make a Powder to be taken in a spoonful of Broth, or Panada, or if it must be given craftily, and the Person not knowing it, put it in a crust of white-Bread to be taken in Broth or Milk: Let it be repeated once in four days.

II.

II. *An other for the ſame.*

Take *Mercurius Vitæ* ſix or ſeven grains, give it after the ſame manner, the Emetick Tartar of Mynſicht, Hercules Bovij, may be given after the ſame manner, Aurum Vitæ or the Solar, and alſo the Lunar precipitat, are accounted by Chymiſts Specifick Remedies againſt Madneſs, and indeed Mercurial medicines (ſays Dr. *Willis*) in aſmuch as they work by Vomit and Stool, and often alſo by Sweat, Urin or Salivation prove egregiouſly beneficial: A Copious Spitting and long continuance has perfectly cur'd ſome mad Perſons; Dr. *Willis.*

III. *A Purging Bolus for the ſame.*

Take Extract of black-Hellebore, *Calomelanos* of each a ſcruple, make a Bolus.

IV. *An other for the ſame.*

Take *Calomelanos* a ſcruple, Diagridium, from twelve grains to fifteen make a Powder.

V. *An other for the ſame.*

Take Confection of Hamech, or the Electuary of the juice of Roſes from half an ounce to ſix drams, give it in Broth.

VI. *A Purging Draught.*

Take of *Gereons's* Decoction of Sena, or the Decoction of Epythymum, (with two drams of the Roots of black-Hellebore) six ounces, make a draught, or take *Pulois Diasena*, two drams, give it in Whey.

The spirit of Allum is far better in Mania and Phrensie, then the spirit of Vitriol; as also in burning Feavers; for it is a great cooler.

Sir *Theodor Mayern* relats, that *Angelus Sala* told him, that in Mania and Melancholy he had the Tincture of St. Johns-wort for a great secret, and some times when the Tincture could not be had, he us'd to boil the Tops of St. Johns-wort in Rhenish-wine and small beer, and found it Effectual.

VII. *The Tincture of black-Hellebore for the same, Dr.* Bates.

Take of the Fiebers of black-Hellebore one ounce and half, *Calamus Aromatic.* two ounces, Galengal half an ounce, Saffran a dram and half, Cardamoms three drams, Canary or Spanish-wine three quarts, pound the ingredients a little, and digest them in a Vessel close stopt for twenty hours in a warm place, afterwards in a cold place for five or six days; then press it out and filter it; the Dose is two spoonfuls at the time of going to Rest or Sleep, and three spoon-

ſpoonfuls in the Morning for ſome days. It is of great uſe for ſuch as are Melancholy, or troubled with Madneſs, eſpecially that kind of Madneſs which proceeds from a deep Melancholy; for which and all Obſtructions and Oppreſſions of the Spleen: It is a very excellent thing. It is alſo of ſingular uſe for the Headach, Megrim and Hemicrania.

Another Author prepares it thus.

The Ingredients being pounded a little, with a little ſpirit of Wine, put them in a Cucurbite, and pour upon them ſo much ſpirit of Wine that overtops them the breadth of four fingers, diſtil of the ſpirit to dryneſs, in Balneo Mariæ, or in Sand. And while the ingredients are yet warm, beat them well in a Mortar, ſo will they eaſily yeild a Tincture; then pour upon them the ſame ſpirit which you diſtil'd off and digeſt it in a gentle heat till the Tincture is extracted, which pour off; and pour upon the Ingredients ſomuch Canary as to make up three quarts with the ſpirit of Wine which you put on at firſt; digeſt it for ſome days, then ſtrain it, and mix this laſt Tincture with the firſt; the uſe and Doſe is the ſame with the other.

Sir *Theodor Mayern* relates that Dr. *Cadman* told him, that if white Helebor be infus'd, two drams of it in ſix ounces of Muſcadel-wine, and of the infuſion a ſpoonful being given, gives a gentle Vomit,

Vomit, and evacuats the ſlimy and tough humors, and looſſens the Belly, operats with much ſafety; and that which is remarkable, is, that when the firſt Infuſion is taken, if you pour freſh Wine upon the remaining Roots it will have the ſame Operation as before; as it is with the Crocus Metallorum.

VIII. *A Linement for the ſame.*

Take ſeeds of Henbane, of white-Poppies of each two drams, roots of Mandrake one dram, Opium ten grains, Saffran ſix grains, make them into fine powder; then take oyl of Roſes an ounce, of Chamomil half an ounce, Oyntment of Populeon three drams, mix and make an Oyntment apply it to the Temples and Sutures of the Scul.

IX. *An Experienc'd Remedy for Phrenſie and Madneſs.*

Take the juice of Sage, of Burnet, and of ground-Ivy, and give the Patient a good glaſsful of it. Sir *K. Digby*.

CHAP. XII.

Of Choice Remidies for Stupidity or Folly.

Take ſpirit of Sal Armoniack ſuccinated, from fifteen to twenty drops in the Evening and early

early in the Morning, in three ſpoonfuls of the following Cordial-water, drinking after it ſeven ſpooonfuls of the ſame.

A Cephalick Cordial water, for Stupedity or Folly.

TAke freſh leaves of Miſſletoe, growing on Appletree ſix handfuls, Sage, Roſemary, Savory, wild-Tyme, Calamint, Peny-royal, Marjoram, the greater Rocket of each four handfuls, roots of Angelica, Maſter-wort of each ſix ounces, Cloves, Nutmeg, Mace, Cinnamon, Ginger of each an ounce, Zedoary, Galingal, *Calamus Aromaticus*, Winters-Bark of each two ounces, Cubebs, Cardamums, grains of Paradice of each ſix drams; all being ſliced and bruiſed, pour to them of the beſt Canary-wine ſix quarts, Stop the Veſſel cloſe and let it ſtand cold for three days, ſhaking it now and then; then diſtil it, and mix the firſt and laſt running together, and ſweeten it with loaf Sugar to your taſt.

After the uſe of ſpirit of Sal Armoniack ſuccinated for fifteen days, let other Medicines have their turns, for about the ſame ſpace of time; ſuch as are the ſpirit of Soot, Harts-horn, Mans-ſcul, the Tincture of Coral, Antimony, Caſtoreum, Amber, *Quercetan's* Elixir of Life, Elixir Proprietatis, ſpirit of Lavender, *&c.*

CHAP.

CHAP. XIII.

Choice and Approv'd Remedies against Melancholy.

I. *A Vomitory for the Melancholy.*

Take Oxymel of Squils an ounce and half, wine of Squils an ounce, syrup of Tobacco two drams, mix them; If it works not at all or very slowly, provoke Vomiting by drinking plentifully of Posset drink, having the leaves of Carduus boild'd in it.

Or take of the Decoction of middle-bark of the Elder four ounces, salt of Vitriol from one to two scruples, Oxymel simple three drams, mix them, give it after the same manner.

II. *A Purging Potion for Melancholy Persons.*

Take Sena three drams, Epythymum, Rhubarb of each a dram and half, yellow Sanders half a dram, Coriander-seeds two scruples, salt of Worm-wood half a dram, Celtick-spick a scruple, Infuse them for a Night in white-Wine and water of Apples of each four ounces; then strain it, and to five ounces of the strain'd Liquor add syrup of Epithymum six drams, Aqua Mirabilis two drams, mix and make a Potion.

Potion. In Bodies hard to be wrought on, add a dram or two of Fibres of black-Hellebore beaten and ſteept in Vinegar.

III. *Pills for the ſame.*

Take *Jercetan*'s pills of Tartar, or *Crato*'s pills of Amber half a dram, Roſin of Jalap, or of Scammony ſix or eight grains, Tartar Vitriolate ten grains, Gum Ammoniacum diſſolved in Aqua Mirabilis what ſuffices, make five Pills take four at Night, and if they do not work early take the other.

IV. *Other Pills for the ſame.*

Take Calomelanos, Extract of black-Hellebore of each a ſcruple, Roſin of Jalap ſix grains, Gum Ammoniacum diſſolv'd what ſuffices, make four Pills, take them in the Morning with Governance.

The Powder call'd Haly, is greatly commended by *Valeſcus de Terrenta*, *Bareda* and others, and indeed this ſeems to be a pretty fit Cathartick in Robuſt bodies.

Take Lapis Lazuly, Agarick of each three drams, Epythymum half an ounce, Scamony a dram, Cloves in number thirty, make a fine powder; the Doſe is from half a dram to a dram in a drought of Poſſet drink, or in a ſingle Decoction of four or five ſcruples of Epythymum.

V.

V. *A Cordial Electuary against Melancholy of Mrs.* Rutherges.

Take of the Conserves of Roses, Borage-flowers, Cowslip-flowers, Clove Gillo-flowers of each one ounce, preserv'd Citrons two ounces, Alkermes half an ounce; preserv'd Nutmegs, preserv'd Mirobolans of each half an ounce, Bezoar fifteen grains, Tincture of Saffran half a dram, mix and make an Electuary, with syrup of Clove Gillo-flowers, adding two or three drops of oyle of Cinnamon; the Dose is the quanty of a Nutmeg three times a day; drink after it a Glass of the distil'd Cordial-water following.

VI. *A Cordial distil'd water against Melancholy.*

Take Baum, Borage, Bugloss, Fumitory, Water-Cresses, Brooklime of each four handfuls, Clove Gillo-flowers, flowers of Marygolds, Borage, Cowslips of each three handfuls, the peels of six Oranges and four Lemons, being all slic'd and bruis'd, Infuse them in four quarts of Whey made with Cider, then distil them, and mix the first and last runnings together and sweeten it with loaf Sugar to your taste. Dr. *Willis.*

VII. *Another Cordial Electuary against Melancholy.*

Take Conserves of Clove Gillo-flowers, and

of

of Borage-flowers of each two ounces and half, Myrobolan Rinds condited ſix drams, Coral prepar'd and Pearl of each a dram and half, Ivory and Crabs-eyes prepar'd of each a dram, Confection of Hyacinth two drams, ſyrup of Coral or red-Popies, what ſuffices, make an Electuary; the Doſe is two drams, or the quantity of a large Nutmeg Morning and Evening, drinking after it three ounces of the following Julep, or a Glaſsful of the aforeſaid Cordial-water. It revives the Spirits, chears the Heart, fortifies Nature, and ſweetens the whole Maſs of Blood.

VIII. *A Cordial Julep againſt Melancholy.*

Take Water of Cowſlip-flowers, black-Cherries of each ſix ounces, of Baum four ounces, Dr. *Steven's* Water two ounces, Sugar ſix drams; mix and make a Julep. Dr. *Willis.*

IX. *A very good Powder againſt Melancholy.*

Take Vitriol of Mars, Cream of Tartar, Crabs-Eyes repar'd of each a dram; mix and make a Powder, which divide in nine parts, take one every Morning in the diſtil'd Water or Julep before mention'd.

Whey if it agrees with the Stomach, being drank plentifully for many days is often us'd with good effect, by waſhing away the Salt, and Sulphurous particles of the Attrabilious Blood; Whey

Whey with Epythymum boil'd in it is egregiously comended by learned Physicians.

X. *A Chicken-broth against Melancholy.*

Make a Chicken-broth, with the roots of Polypody, Chervil, Fennel, Butchers-broom, Ceterach, Hartstongue, Scolopendre, *&c.* boil'd in it: Take a draught of it in the Morning, and at five of the Clock in the afternoon, with six grains of Vitriol of Mars dissolv'd in it; salt of Worm-wood and Cream of Tartar of each a scruple. Dr. *Willu*

XI. *A Bottle drink against Melancholy.*

Take Leaves of Borage, water-Cresses of each six handfuls, two Pippins, the Pulp of two Oranges, pound them together, and pour to them of the best Cider a pint and half; press it out strongly, and dissolve in it an ounce of loaf-Sugar; put it in a Bottle; the Dose is two ounces or more Morning and Evening. It egregiously contributes to the taking away of the discrasy of the Blood.

XII. Take Dr. *Willis*'s Steel prepar'd three ounces, Infus'd in a quart of the Cordial distilled Water at Sect. VI. aforegoing; the dose is three or four ounces twice a day, by it self or with some other solid Medicine.

XIII.

XIII. *An other Drink againſt Melancholy.*

Take filings of Steel turn'd to ruſt an ounce; put them in a Glaſs, and pour upon it two ounces of the juice of Oranges, let it ſtand for twelve hours, ſhaking it ſometimes; then pour it to water of Apples, and white Porto, or black-Chery-wine if you have it, or good mild Cider a quart; take three ounces of it twice a day.

Wine made of black-Cherries is accounted egregiouſly good againſt Melancholy.

CHAP. XIV.

Of the Watching Evil.

FOr the cure of this diſeaſe opening of a Vain is proper, alſo Bliſters drawn; let Diacodium and Laudanum in caſe they agree well, be frequently taken, and mean while that the Opiats give truce, from the violence of the diſeaſe, let the cauſe of it be eradicated, by the uſe of other Remedies as much as may be: Wherefore day after day, at the Phyſical hours let things be given that take away the ſharpneſs of the Blood and Nervous juice and reſtore them to ſweetneſs: In which rank are accounted *Teſtaceous*'s powders, as Pearl, Coral, Crabs-Eyes, and the like Apozems and altering

diſtil'd waters, of temparate Antiſcorbutick, gentle preparations of Steel, ſpirit of Harts-horn, and above all, Tincture of Antimony, or the Tincture of Metals.

Again as to the removal of the Morbifick cauſe of this Watching Evil, we have given it you in the foregoing Chapter of Melancholy; mean while for the immediat removal of that ſymptom, as often as it ſorely preſſes, we obſerve (ſays Dr. *Willis*) that Opiats will not do, for being given in a good large doſe, they ſeldom cauſe ſleep, and render the affected more faint and weak: It often ſucceeds better, if going to Bed they take ſome gentle and pleaſant drink, as eſpecially our Ale being clear and mild, or alſo Poſſet drink with dr'd Cowſlip-flowers boil'd in it, or an Emulſion of the ſeeds of Mellons, and Almonds, in a great quantity, Namely a quart or three pints.

CHAP. XIV.

Of Deafneſs, Sound and Noiſe in the Ears. &c.

I. *To cure the Pains of the Ears caus'd through cold.*

TAke the oyl of Rue and bitter Almonds of each equal parts; being mixt together, warm a little of it in a ſpoon and drop it warm into

into the Ears, and ſtop them with black-Wool dipp'd in the ſame.

II. *An other Excellent remedy for Noiſe in the Ears.*

Take Womans Milk, oyl of Roſes of each three drams, diſſolve in it Opium two grains, drop thereof into the Ears.

III. *An other for the ſame.*

Take of the juice of ſweet Marjerom, two drams, oyl of Cloves one ſcruple, mix with it two grains of Musk, or Civet, drop it warm into the Ears, and ſtop them with black-Wool dipt in the ſame.

IV. *An other for the ſame..*

Take Roſemary and make a ſtrong Decoction of it in Spring-water, and let the Fume thereof go up into the Ears through a Funnel, and alſo ſering the Ears therewith.

V. *An other for the ſame.*

Make a ſtrong Decoction of Sage in the Urin of an healthy-Man, or of a Boy and with that ſering the Ears, after which put into the Ear a ſmall piece of the middle of a roſted Onion, and ſtop them up with black-Wool; re-

peat this sometimes if need requires.

VI. *An Excellent Electuary for Noise in the Ears.*

Take Species Diambræ, Aromaticum, Rosatum of each half a dram, with syrup of Citron Rinds make an Electuary; the Dose is the quantity of a Nutmeg in a Morning and before Supper. This cur'd when all other means fail'd.

VII. *For Deafness.*

Take Bees four ounces, Hony one pound, Milk a quart, mix and distil them in a common still. Drop of this into the Ears and stop them with black-Wool dipt in it.

'Tis said that it wonderfully hinders the falling of the Hair.

VIII. *A Remedy for Deafness that cur'd a Gentlewoman.*

Take Origanum, Rue, Marjerom, Celtick-Spick, Bay-berries, Juniper-berries, seeds of Fennel, Carraway, Cummin, bruise them and boil them in Wine, let the fume be receiv'd into the Ears by a Funnel Morning and Evening, and after stop them with black-Wool with a little Musk at Night; but in the Morning put Garlick pierc'd through and steept in Hony. In

the

the day time alſo was drawn up in the Noſe the juice of Pimpernel, Burnet, and Beets of each a like quantity being mixt.

IX. *An Injection for Deafneſs.*

Take Hony of Roſes three drams, Sack two ounces, make an Injection to be injected warm twice a day.

X. *An other for the ſame.*

Take a green Aſhen ſtick, put one end of it in the fire, and out of the other end will iſſue a water which muſt be receiv'd; of which drop in four or five drops into the Ears, ſtopping them after with black-Wool and a little Civet. And every tenth day take the following Pills.

XI. *Pills for Deafneſs.*

Take Pill Cochiæ a dram and half, Roſin of Jalap eight grains, ſyrup of Roſes ſolutive what ſuffices, make twelve Pills. Dr. *Willis.*

XII. *An Ear Tent for Deafneſs.*

Take Aſſa Fœtida diſſolve it in ſpirit of Wine in a braſs-Ladle, add to it Caſtor in powder, and Cumminſeeds powder'd of each half a dram, Saffran in powder one ſcruple, ſtir them well together till they be well mix'd

adding a little oyl of bitter Almonds to Malax it, make a Mass, take a bit of it at a time, and form it so as that it may be put into the Ear a pritty way; let it abide there three days and Nights or longer, when you take it out stop the Ear with black-Wool dipt in oyl of bitter Almonds.

Note, you must ty it up in a fine Sarcenet, or Crape to which fasten a thread, which fasten about the Ear, and by the same you may pull it out. Dr. *Willis.*

XIII. *Another for the same, by which a Person was cur'd of a Deafness of two months Continuance.*

Take Pill Lucis Majores a dram and half, Rosin of Jalap eight grains; with syrup of Stæchados what suffices, make twelve Pills: Take four of them at Bedtime, every other or every third Night: The Hair being shaven from the Coronal Sutur, it was anointed with the following Ointment. Take Aqua Vitæ three ounces, pure Sal-Nitre two drams, oyl of Almonds one ounce; boil them to the Consumption of the Brandy; then add water of water-Lillies one ounce, then beat them well with a Spattula till they be reduc'd to the Consistence of a Liniment, with which was anointed once a day especially at Night going to Bed. Dr. *Willis.*

XV.

XIV. *Another Ear Tent which hath prov'd Excellent.*

Take Civet two grains, Burgundy pitch the quantity of a great Pea, as much white Helebore in fine powder as will make them into a ſtiff-paſte; work them well in your hands, and make it in the form of a Clove, ty it up in Sarcenet, put it into the Ear, leave the ſtring to go about the Ear; take it out and wipe it, and put it in again and continue it three or four days or longer.

If Deafneſs be from the ſtoppage of the Ear, or by the Ear-wax, then uſe firſt an Injection of white-Wine warm'd with a little ſpirit or Tincture of Caſtor.

XV. *Excellent Pills for Deafneſs, Dr. Mayern.*

Take of the Maſs of Pill Sinequibus, Cochiæ Agragativæ of each two drams, mix them well together; the Doſe is a dram, to be taken after the firſt Sleep, having eaten a light Supper take them in two or three days.

XVI. *For Deafneſs that proceeds from Cold.*

Take an Onion, make a hole in it and fill it with the powder of Cumminſeed, roſt it under hot Aſhes, or put it in an Oven, then put out the juice of it, of which drop three or

four drops into the Ear, and ſtop it with black-Wool, with Muſk and Civet of each three grains.

XVII. *An Oyl againſt Deafneſs.*

Take juice of Leeks, oyl of Bitter Almonds, and Laurel of each two ounces; Spicknard, Caſtoreum, Coloquintida ſhred of each one dram, juice of Rue and white-Wine of each an ounce and half; put all theſe in a Matraſs cloſe ſtopt, digeſt them twenty four hours, in a gentle heat, or in warm Water; then boil them to the Conſumption of the moiſture, then ſtrain and preſs them out; keep the Oyl for uſe, mixing with it ſix grains of Muſk.

This Oyl put luke-warm into the Ears, wonderfully helps Deafneſs in them that were not born deaf. Dr. *Charras.*

XVIII. *Another much approv'd Remedy for Deafneſs.*

Take a large Eele, cut it into three pieces, ſtick them with Roſemary and Sage and bake them in an Oven; take of the pure Oyl ſtrained and ſeparated from the gravy, of the beſt Hungarian-water of each four ſpoonfuls, ſhake them well together, take of this Liquour two ſpoonfuls; juice of Onyons and of the white ends of Leeks of each one ſpoonful; put all into a Vial, ſtop it cloſe and ſhake them for half

half an hour to incorporate them well; pour two or three drops of it warm into the Ear, and ly upon your Bed with that Ear upwards that you intend to drop in, ly still for a quarter of an hour; then drop into the other if it require it. It is to be continu'd a month, two or three as you find benefit.

This I had of a worthy Gentleman at *Paris*, who assur'd me had cur'd with it the Governor of *Callais*'s Secretary who had been Deaf near twenty years, his Deafness comming of a Sickness.

XIX. *An other Remedy for Deafness that cometh of Cold.*

Take a ranged loaf of Bread of a mean scantling, well Leaven'd and Bak'd, cut it a sunder in the Middle, and lay both the parts very hot to both the Ears, first laying a linnen cloath double next to the skin as thin as the Patient can endure the heat, and bind them on fast with a Cloth fasten'd to the head, and let it continue as long as the Patient feels any warmth, and then he may take another; If the Cold be great you must use it for two or three Mornings together; take heed of taking cold when you leave them of.

XX. *An other Ear Text to help the Hearing.*

Take Galbanum, Ship-pitch of each two drams,

drams, white-Hellebore in fine powder five ſcruples, Civet ſix grains, mix them; divide the Maſs into eight or ten parts, making each into the form of a Clove; which wrap or ty up in a very thin piece of Lawn, fixing a thread to the greater end thereof, for the more eaſy pulling it forth again out of the Ear. It is accounted one of the beſt of Remedies againſt Deafneſs. Dr. *Bates.*

CHAP. XV.

Of Remedies againſt all Maladies and Infirmities of the Eyes.

I. *Pills for the Eye-ſight.*

TAke pill Cochiæ, and Auriæ of each one ſcruple and half, with oyl of Fennel make ſeven Pills, take three at Night and four in the Morning.

II. *An Incomparable Water to ſtrengthen and preſerve the Eye-ſight, which a Biſhop us'd, who by the uſe of it, could read without Spectacles, whereas at fifty he could not.*

Take the white of a New laid Egg, beat it in a little Baſon that hath a round bottom until it be all in a froath; then let it ſtand, (leaning the

the baſon to one ſide) for ſix hours; then pour of the clear Liquor, and put it into a little Viol; and put to it as much clear running Hony as there is Liquor, and as much of the juice of Ground Ivy, or Ale-hoof ſtamp'd and ſtrain'd through a new linnen Cloth; ſhake them well together, then ſtrain it through the ſame Cloth, and put it up, and when 'tis clear, put one, two or three drops in your Eyes, every Morning and Night.

III. *An other Incomparable Water for the Eyes, call'd break-Spectacle water, in* France.

Take of the blew Corn-flowers, call'd blew-Bottles; gather'd with their cups, and bruis'd, what quantity you pleaſe, Infuſe them in a ſufficent quantity of Snow-water, which for that purpoſe you may provide in the Winter and keep it, after twenty four hours Infuſion diſtil it and keep the water for uſe.

It is wonderfully effectual, not only to cure moſt Infirmities of the Eyes; but to clear ſtrengthen and preſerve the ſight, eſpecially of old People; for that reaſon it is call'd (in *France*) the break-Spectacle water; becauſe they that uſe it, need not uſe ſpectacles. Some drops of it are to be put into the Eye, Morning and Evening or at any other time. Dr. *Charras*. You may gather the Flowers in their ſeaſon and keep them dry.

IV.

IV. *Another Excellent Eye-water.*

Take an ounce of Lapis Tutia in fine powder, steep it three hours in Womans Milk, then drain off the Milk and put on fresh; do thus three times, then steep it three times in white Rose-water as before: Then take Aloes-Succotrine, white Vitriol of each an ounce, both in fine Powder, Camphir half an ounce, cut and beaten small with two blanch'd Almonds; put all these into a quart of Sherry-Sack in a Bottle, let it stand for three days, shaking it some times; then filter a little of it, which put in a little Vial; put two or three drops in the Corners of both Eyes, tho one Eye be only soar, do thus when you go to Bed, and once or twice before you rise, opening the Eyes as much as you can that the water may get in.

It cures all heat and Inflamation, Eyes red and Blood shot, Running or Rheumatick Eyes or Weeping; it must be us'd for a week or two. It also strengthens the sight cures and prevents the Pin or Web. Being snuft up in the Nostrils it opens stoppage of the Nose and purges the Head; It will keep good seven Years, and when 'tis half spent pour a Pint of Sherry-Sack to it, and shake it well together and it will be as good as the first.

V. *Another Excellent Eye-water.*

Take white Vitriol two drams, Barberries husk'd

husk'd three drams, Roſe and Fennel water each one pint, boil them with a gentle fire to the conſumption of half, then add Camphir three drams, filter it through gray paper; and keep it for uſe. It takes away Films, Spots, Pea's, and other things which dim the ſight.

VI. *An other Water againſt Heat, Inflamation, and ſharp Rheum of the Eyes.*

Take Roſe, Plantin and Fennel water of each two ounces, Tutia prepar'd two drams, Fennelſeeds beaten half an ounce; mix them and keep it in a Glaſs cloſe ſtopt; when you uſe it ſtrain a little of it, and waſh their Eyes with it two or three times a day.

VII. *An other precious Water for the Eyes.*

Take ground-Ivy, Celandine, and Daſies of each one handful, ſtamp them with a little Sugar-Candy; then add half a pint of Roſe-water; then preſs it out, put it in a Bottle, and keep it for uſe.

It is commended to be one of the beſt Eye Medicines that can be made; It takes away heat and Inflamation, Spots, Webs, Itchings, and Smarting in the Eyes; it ſtrengthens the Sight.

VIII.

VIII. *An other Remedy to draw back Rheum from the Eyes.*

Take a red Colewort leaf, as much in quantity of red Sage, and a little bay-Salt, ſtamp them together, and put it in a linnen Cloth, and lay it in the Nape of the Neck; uſe it two or three Nights together.

IX. *An other.*

Take Roſe-water one ounce, of white-Wine a Spoonful, Tutia one dram, Aloes Hepatic, and white-Sugarcandy of each twenty grains, all in fine powder; put all into a Bottle, ſhake them well together; drop thereof into the Eyes.

X. *For a Stroak or Blow in the Eye.*

Take juice of Smallage, juice of Fennel, and the white of a New laid Egge; beat them well together, and apply it to the ſore Eye.

XI. *An other for the Stroak or blow in the Eye*

Stamp Wormwood with the white of an Egg, and apply it warm three days together; then waſh with Plantain water.

A ſome what ſharp but often tri'd Medicine to take off the Pearl on the Eye.

Take of the juice of Celendine, and mix it with about an equal part of pure Hony; and of this mixture imploy a drop, or at moſt two at a time, letting it fall upon the part affected Morning and Evening.

XII. *For Heat and Inflamation of the Eyes.*

At Night when you go to Bed anoint the Eyes with a drop of the oyl of Fennel; then take Pills of Cochiæ, and Auriæ of each one ſcruple and half with three or four drops of the water of Fennel, make ſeven Pills, whereof take three at Night and four in the Morning.

XIII. *An other for the ſame.*

Take of the Pills call'd Alæphanginæ, and Extract of Rudi) of each one ſcruple, with two or three drops of the oyl of Fennel, make five Pills, whereof take two at Night and three in the Morning: Repeat either of them as need ſhall require. Dr. *Sermon.*

XIV. *An other for the ſame.*

Take the White of a New laid Egg, and as much Roſewater, beat them together with one grain

grain of Camphire, ſpread it upon fine Tow and apply it to the Eyes, and when it is dry, make it moiſt again with the aforeſaid Medicine.

XV. *Another for the ſame, of wonderful vertue.*

Take white Vitriol half an ounce, white Sugarcandy one ounce, Camphir two drams being beat to powder, add thereto of the diſtil'd water of Eyebright, and Fennel of each one pint; boil them in a New Pipkin to the Conſumption of the forth part, when cold put it in a Glaſs, and keep it cloſe ſtopt for uſe; dip a Linnen rag in it and apply it to the Eyelids, being ſhut.

XVI. *To cure the Cataract or Pearl in the Eyes.*

Take white Vitriol two drams,; one race of white Ginger; Camphir, one ſcruple, diſolv'd in one Spoonful of Aqua Vitæ; put them altogether in ſix ounces of Roſewater in a Glaſs well ſtopt and ſo let it ſtand for three weeks, then drop of it into the Eyes Morning and Evening; and you will find it a very good remedy to take away the Cataract.

XVII. *Another for the Cataract, and Pin and and VVeb.*

Take one dram of the fineſt powder of Li-

quoris;

quoris, of Ginger half a dram; being mixt well together, blow a ſmall quantity thereof into the Eyes with a quill.

XVIII. *An other for the ſame.*

Take good ſtore of Creckets, which commonly are in Bakehouſes; bruiſe them well, and ſtrain out the juice; drop one drop of it into the Eye three times a day; and tho the Patient be almoſt blind he ſhall be reſtor'd.

XIX. *A Drink which cures all Pains, Inflamations, ſoreneſs and Deſtructions in the Eyes: and much experienc'd by,* Sir *K. Digby.*

Take a Good handful of Ground-Ivy, leaves and ſtalks, waſh it and ſwing it in a Cloth; then ſhred it and ſtamp it a little; then boil it in a quart of Ale to a pint; then ſtrain it, and take half a pint of it in the Morning faſting, and the other half at Night going to Bed. It is admirable alſo to cure the Head-ack, Coughs of the Lungs, Conſumptions, ſmall Stones, Sand or Gravel, Jaundice, Obſtructions of the Liver and ſpleen. You may make proviſion of this Herb when it is in the Flower, and keep it dry.

XX. *An Excellent Eye water of Dr.* Maxius.

Take a pint of Lime water, put it in a clean

Copper Pan or Kittle that is not tinn'd, put into it one dram of Sal Armoniack in powder, ſtir it well together; and let it ſtand twelve hours till it be of a Saffarn colour; in this Liquor diſſolve fine Aloes two drams, filter it and then diſſolve in it Virgin Hony half an ounce, and keep it cloſe ſtopt. 'Tis one of the beſt Remedies yet known for Dimneſs of the Sight, Weakneſs of the Eyes, Pin and Web, Pearls, and other Infirmities of the Eyes, as Red and Bloodſhot, Heat and Inflamations, Rheums and Cataracks.

The Lime-water how to make it right, will be ſet down in the Chapter of the King's Evil.

XXI. *An Excellent Eye-water of Dr. Willis.*

Take Camphir one dram, cut it very ſmall, put it in a Bottle with the juice of a Lemon, let it ſtand all Night cloſe ſtopt, the next Morning put to it phlegm of Vitriol half a pint, ſhak them well together, and keep it cloſe ſtopt for uſe; when you uſe it ſtrain a little of it and warm it in a Spoon, dip a Linnen Cloth in it and wet the Eye-lids with it, and the Temples a prity while Night and Morning. 'Tis alſo good in Burns.

XXII. *A Pultis for a Stroak, Contuſion or Bruiſe about the Eye: Often prov'd.*

Take the white of an Egg, and beat it to an Oyl;

Oyl; then take green Rue ſtript and beaton like a Conſerve, mix them together and apply it on Tow.

XXIII. *A moſt Approv'd Ointment for the Eyes.*

Take Ointment of Roſes two ounces, Virgin Hony an ounce, choice Aloes, and Satcocol, three days Infus'd in Womans Milk without ſtiring, but changing the Milk once a day, of each two drams, powder of white Troches of Rhaſis, Bol-Armenic, and Tutia prepar'd, of each four ſcruples, white Vitriol and Sugar-candy of each one dram, powder of Saffran, Myrrh and Olibanum of each two ſcruples, choice Opium fifteen grains, grind all theſe together upon a Marbelſtone to a moſt ſmooth and impalpable Ointment.

It is Excellent for all infirmities of the Eyes; put a large drop of it into the Eye when you go to Bed, and let it melt and ſleep upon it; in the Morning waſh with Plantin, or Roſe water. Dr. *Charras.*

XXIV. *An Incomparable Water for the Eyes, compos'd by the learned Monſieur* D' Aquinchiet, *Phyſician to the preſent King of* France.

Take Tutia of Alexandria thrice quencked in Roſe water, and ground upon a Porphir, Cloves Powder'd of each one ounce and half, white-

Sugarcandy one ounce, Camphir, Aloes of each a dram and half; put them in a Glass, and pour to them two quarts of Sack, white Rose water half a pint, waters of Celandine. Fennel, Eye-bright, and Rue of each two ounces, shake them well together, stop it close, and set it in the Sun for fifteen days shaking it now and then.

This Water is very Effectual against all Infirmaties of the Eyes; use only the clear water pouring out a little of it for the present use, and leaving the rest upon the setlings.

XXV. *An other Excellent Water for the Eyes, which is accounted the Lady* Ivees *Receipt.*

Take one pound of well burnt quick-Lime in whole lumps, put it in a large Earthen pan, and pour upon it clear Rain-water three pints, stir it well together after the Lime is slack'd; then pour off the clear and filter it, and add thereto two spoonfuls of wood-Lice bruis'd alive, let it stand twelve hours close stopt; then filter it again. If you do it in a clean Copper-pan not Tinn'd within, the Water will be more Effectual to the purpose then if you do it in an Earthen pan.

CHAP.

CHAP. XVI.

Of the Effects of the Mouth and Throat.

I. *A Mouth-water for ſwell'd Gums, and other Diſeaſes of the Mouth.*

Take of the midle Bark of Elder, and Elm of each half an handful, Savory, Sage, hedge-Muſtard, garden-Creſſes of each a handful, Roots of Pellitory of *Spain* two drams; chopp them and bruiſe the Roots, and boil them in three pints of Lime-water to a quart, ſtrain it and add Hony of Roſes two ounces, mix and make a Gargile.

II. *An other for the ſame.*

Take Broom aſhes, the prunings of the Vine, Tartar Calcin'd with Nitre, of either which you pleaſe; make a ſtrong Lixivium of them by boiling in water, take thereof three pints, in which boil Sage, Savory, Tyme, and Roſemary of each a handful, ſtrain it and pour it hot on two handfuls of Scurvy-graſs, cover it cloſe, and let it ſtand three hours, waſh the Mouth with it warm, and Gargle with it.

III. *A famous and long tri'd Medicine for the Scurvy and other Diseases in the Mouth.*

Take powder of the Leaves of Columbines, and of Spearmint, Sage, Nutmegs, Myrrh of each two drams, burnt Allum half an ounce, virgin Hony four ounces or what suffices, make an Ointment, with this anoint the Gums when you go into your Bed. Dr. *Willis.*

IV. *A Mouth-water to prevent the Flesh of the Gums to grow loose and fall from the Teeth.*

Take tops of Bramble and Cypress-leaves, Sanicle, and Cuckoe-flowers of each a handful, boil them in Smiths-forge-water three pints to a quart; then strain and filter it through a Flannel-bag; then add Hony two ounces, and wash the Mouth with it often warm.

V. *An other to prevent the falling out of the Teeth.*

Take Bark of the Roots of the Sloe-shrub an ounce, Tormentil-roots and Bistort of each a handful, Pomgranat-rines and Ballaustians of each half an ounce, boil them in three pints of Fountain water; then strain it and add Allum three drams and Hony two ounces.

VI.

VI. *A Liniment or Ointment to prevent the falling out of the Teeth.*

Take powder of the Roots of Florentine Oris, Leaves of Sage and St. John's-wort of each two drams, Bol Armenec, Sal Prunellæ of each a dram, warm vergin Hony what ſuffices, incorporate them well by ſtiring; Anoint your Gums with it as directed in Sect. III. aforegoing.

VII. *A Liquor much Experienc'd to faſten looſe Teeth and preſerves the Teeth and Gums,* &c.

Take of Roch-Allum one dram, Bol-Armenec two drams, Myrrh half a dram, pulveriſe them and put them in a Bottle, and pour upon them a pint of Claret-wine; waſh the mouth with it three times a day.

VIII. *An other for the Teeth and Gums.*

Take Vitriol Camphorate (vulgarly call'd Capt. *Grean*'s Powder) an ounce, put it in a bottle and pour upon it a quart of Fountain-water, ſhake them well together; then being ſetled uſe it.

IX. *An Opiate made with the ſaid Powder.*

Take Vitriol Camphorated, burnt Harts-

horn of each a dram, Nutmeg half a dram, Hony what ſuffices, mix and make an Opiat.

X. *Another Opiate to cleanſe and whiten the Teeth us'd by the Nobility and Gentry in* France.

Take Pumice-ſtone burnt, white-Coral, Cuttle-fiſhbone, burnt-Harts horn, Florence Oris-roots of each an ounce, Sal Armoniack two drams, reduce them to a fine Powder; then grind them upon a Marble-ſtone, with ſomuch Hony of Roſes as will make it into an Opiate wherewith rub the Teeth: Ths Powder may alſo be us'd dry; and you may aromatiſe either of them with a few drops of oyl of Rhodium.

XI. *Another Powder for the Teeth, call'd the Ladies Dentifrice.*

Take Chryſtal Glaſs prepar'd, a dram and half powder of Bricks, or rather of burnt Oyſter-ſhells, of Pumice-ſtone of each half an ounce, Coral red and White, Cuttle-fiſhbone of each two drams, Pearl (or rather raw clean Oyſterſhels) Cloves of each one dram: To which add Hony of Roſes what ſuffices, and make a ſoft Paſt. If the Teeth be very foul the Medicine muſt be us'd five or ſix times in a day, and afterwards every time after Eating, waſh the Mouth with Wine.

A learned Author ſays that thoſe that delight in white Teeth, ought always after Meals to waſh

waſh their Mouth with fair water, and once or twice a Week to rub them with the following Powder:

Take white Coral, and fine clean Oiſter-ſhels both in fine Powder, and rub your Teeth therewith, they will be very White.

XII. *A Gargle for the Scurvy in the Gums.*

Take Crab-verjuice, and Scurvy-graſs-water of each equal parts; add a little Hony and Allum and Gargil therewith.

XIII. *An other waſh againſt the Scurvy in the Teeth and Gums.*

Take Biſtort-roots, ſeeds of Scurvy-graſs of each two drams, Allum one dram, Maſtick three drams, boil in fair water what ſuffices to a quart, ſtrain it and add Hony of Roſes, two ounces, mix and make a Lotion, Gargel the Mouth and Throat therewith, and waſh the Teeth with it; if the Gums be Ulcerated four or five times a day or oftner.

Note, that before you uſe this Waſh you ought to rub your Teeth with the following powder.

XIV. *A Powder for the Scurvy in the Gums.*

Take ſalt of Scurvy-graſs, or Wormwood, Mace of each a dram, dry Sage ſix ſcruples, burnt-

burnt-Allum two drams, ſalt decrepitated two ſcruples, mix and make a ſubtile powder, to which add Hony of Roſes what ſuffices, mix them and rub your Teeth with it, and then waſh with the Liquor before you ſet down.

The Aſhes of Tobacco or of the Stalks is of Excellent uſe to cleanſe the Teeth and to make them White.

XV. *A Waſh to preſerve the Teeth, Sound, Cleen and White.*

Take a pint of Hony, a pint and half of Vinegar, Sage-water half a pint, boil them together and there with waſh the Mouth and Teeth every day, chiefly after eating.

XVI. *A Remedy for a ſore Mouth, or Cancker.*

Take of Grocers Treacle a Saucerful, burnt Allum, and Bay-ſalt of each the quantity of a Nutmeg, boil them a little together and then diſſolve of it in Water, and waſh with it.

XVII. *An Excellent Gargle againſt Inflamations of the Mouth and Throat, deſparate Quinſies, Thruſh,* &c.

Take Poppy-water, Plantin-water of each an ounce, Clarified juce of Self-heal two ounces, Hony of Mulberries ſix drams, Saltpetre, half an ounce, mix them and Gargariſe with it often warm.

XVIII.

XVIII. *Another for the ſame often tried.*

Take *Album Græcum* two drams, Liquorice ſcrapt one ounce, Rock-Allum one dram, boil them a little in Roſe, Poppy, and Self-heal water of each what ſuffices, then ſtrain it, take of this Decoction a pint *Diamoron*, and *Dianucum* of each half an ounce, mix and make a Gargle to be us'd often in a day.

XIX. *Another Excellent Remedy againſt Ulcers of the Mouth and Throat.*

Take the diſtil'd water of Elder-flowers, Plantin and white-Thorn-flowers of each equal parts, diſſolve therein as much *Venice* Soap as a Walnut, ſweeten it with a little ſyrup of Mulberries, and Gargle the Mouth often therewith; If theſe take no effect, add thereto a little *Egipſiacum.*

XX. *Another for the ſame.*

Take Plantain-water eight ounces, Hony of Roſes, and ſyrup of Mulberries of each two ounces, Sugar of Lead ſix drams, Roman Vitriol one dram, mix them and Gargle the Mouth often withit.

XXI. *An Experienc'd Remedy againſt the Quinſy and ſoar Throat.*

Take the powder of *Album Græcum*, Wheat-flower

flower of each equal parts, oyl of Camomile half an ounce with a ſufficient quantity of Hony, make them up into a Plaſter and apply it. Dr. *Sermon.*

XXII. *A Deglutination for a ſore Throat.*

Take Quince Kernals, Damask-roſe-leaves, boil them in fair water what ſuffices, make a ſyrup which uſe with a Liquorice-ſtick.

XXIII. *A moſt Excellent Gargariſm againſt all Diſtempers of the Mouth and Throat.*

Take the inner Bark of the Elm-tree new gather'd four ounces, Fountain water three pints; cut the Bark ſmall and boil it to one half, ſtrain it and add ſyrup of Rasberies and Mulberries of each an ounce and half, mix them.

It is good againſt Roughneſs, and ſoreneſs of the Tongue, Thruſh, Inflamations and Ulcers, Gargle the Mouth often with it.

XXIV. *An affect of the Mouth call'd a water-Cancker, in a Child of two years of age cur'd.*

My Author being call'd to ſee this Child, he found betwixt his upper Lip and the Gum, an Ulcer, which had begun there about four days before, it paſſing prity high upwards, being hollow, hard, paining, black and ſmelling ill: He matters not whither this affect be call'd a Gan-

Gangreen, with *Hildanus*, or a Caneer with *Battus*, on the Ulcer *Nonna*, with *Cornelius Vander VVarden*: But he says that this Evil runs on very quick, and may kill the Diseased in a short time, as he hath found by Experience; for the cure of it he prescrib'd the following Ointment, for resisting the corrosive acid:

Take Venice Treacle two drams and half, *Ægiptiacum* a dram and half, Gum-Lac, spirit of Sal-Armoniack of each two scruples, spirit of Scurvy-grass two drams, mix them and make a Liniment, and with it a little spirit of Wine; being warm'd the part affected was wash'd with it six times a Day, and lint dipt in it was put on the sore; by this final Remedy, he cur'd not only this little Child, but hath cured many others, and that in a short time.

CHAP. XVII.

Of the Tooth-Ach.

I. *An approved Medicine for an aking Tooth that is Hollow.*

TAke black Pepper in fine powder two parts, double refin'd Sugar powder'd one part, mix them, and melt them in a Brass-Ladle over a gentle heat; make it into pills of the bigness fit for your purpose, and when they are cold they will harden, and may be imploy'd when you please to the part affected. II.

II. *Another Experienc'd Remedy against the Tooth-ach.*

Take Roots of Pelytory of *Spain* two drams, Ginger, Olibanum of each half an ounce, red Sage, Henbane-seeds bruis'd of each one dram, Pepper, Opium of each a scruple; boil these in a pint of Vinegar, strain it, and hold thereof in your Mouth: It gives present ease in all pains of the Teeth.

III. *An often try'd Remedy for the Tooth-ach.*

Take a little Cotten, and imbibe it with Lucatella's Balsam melted in a Spoon and put it in the hollow Tooth.

IV. *Another for the same.*

Take of Roman Vitriol one dram; dissolve it in a pint of spring-Water, and hold thereof in the Mouth.

V. *Another for the same.*

Take the bone of the left-fore-leg of a Toad, and hold it against the aking Tooth; It aswages the pain thereof in an instant.

VI. *A Past or Opiate to aswage the Tooth-ach.*

Take Camphir two drams, Opium one dram,

dram, Castor half a dram, powder them, mix them with syrup of Clove Gilly-flowers and make a past, whereof put a little in the hollow Tooth, and leave it there; renewing it as often as need requires. Dr. *Charras.*

VII. *A famous and Effectual Tincture for the Tooth-ach.* Dr. Bates.

Take Guaiacum two ounces, Pelitory of *Spain*, Pomgranate-shels, Gall, seeds of Henbane, and Staves acre of each half an ounce, Cloves, Ginger, Long-Pepper, Olibanum of each one dram, Tobacco, Sage, Horsemint of each two scruples, Brandy three pints, mix and digest them in warm Sand, then strain it; a little of this is to be held in the mouth, and kept in for a while, then spit out, and take a fresh.

CHAP. XVIII.

Of Destempers of the Breast and Lungs, as Hoarseness, Asthma's, Coughs, and Consumption of the Lungs.

I. *An approv'd Remedy for a Hoarseness.*

TAke one leaf of Virginia Tobacco, cut it small, and infuse it in a pint of fair water for twelve hours, then strain it and boil it up with

with brown Sugar candy to a Syrup; the Dose is a spoonful in the Morning fasting, and at Night: 'Tis also good for Coughs and shortness of Breath.

II. *Another for the same prescrib'd by Dr.* Barksdale *for an Eminent Lord, which prov'd very effectual.*

Take Gum Ammonicum dissolv'd in Vinegar of Squils two drams, Myrrh so prepar'd, purifi'd Galbanum, Sulphur vive of each one dram, Millepedes prepar'd, Fæcula of Aron-roots, Oris of each one dram, Saffran five grains, Balsam of Peru and Tar of each equal parts, what suffices, make a Mass of Pills of each two scruples, make six Pills; which quantity was taken first in the Morning, again at four after-noon, and last at Night, after which every time he dranck two ounces of the following water.

III. *A Water for Cold and Hoarseness.*

Take Marsh-mallow-roots, Briony, Oris of each two ounces, Liquoris bruis'd one ounce and half, leaves of Hoar-hound, Arsmart, Ground Ivy of each two handfuls, Cinnamon one ounce, Saffran two drams, heat them altogether and Infuse them in a quart of Milk, add Hony two ounces, let it stand twelve hours, then distil it in an ordinary still: The same course hath cured others besides the said Lord.

IV.

IV. *A Pectoral Drink for a Cold, Hoarſneſs and Cough.*

Take roots of Marſh-mallows, Fennel and Gout-wort of each an ounce, leaves of Mullen, Colts-foot, Bettony, Maiden-hair, Scabious of each one handful, twenty fat Figs ſlic'd, Raiſons of the Sun ſlic'd four ounces, ſeeds of Anis and ſweet Fennel beaten of each two ounces; Liquorice bruis'd five drams, boil them all in three quarts of Water to two quarts, to the ſtrain'd Liquor add Hony four ounces, boil it again till it be perfectly ſcimm'd: Of this was taken ſix ounces warm thrice a day. Dr. *Barkſdale.*

V. *A Pectoral Ale for a Cold, Hoarſneſs and Cough, &c. preſcrib'd for a Lord.*

Take Sarſa Parilla half a pound, Infuſe it in warm water two gallons for twelve hours, boil it to ſix quarts; then take Roots of red Fennel and Gout-wort of each two ounces, Roots of great Fig-wort four ounces, leaves of Bittony Mullen, Scabious, Agrimony, Maiden-hair of each four handfuls, Raiſons ſlic'd one pound, boil them together in the ſame Liquor till there be waſted five pints and ſtrain it, to which add three Gallons of new Ale, and when tun'd up, hang in the Veſſel, Liquoris, ſeeds of Anis, ſweet Fennel and Angelico of each two ounces

bruis'd, when 'tis fit to tap, let it be for ordinary drink.

VI. *A Pectoral drink for a Cough prescrib'd for an Eminent Lord.*

Take leaves of Maiden-hair, Mullen of each three handfuls, Hyssop one handful, Aniseeds beaten three drams, Raisons slic'd four ounces, boil them in three pints of Barly-water to a quart; to the straining add Sugarcandy four ounces; Clarify with white of Eggs, and take three ounces of it warm, three times a day.

VII. *Pectoral Lozenges for the same.*

Take Lohoch *Sanum & Expertum* an ounce and half, Sugarcandy six ounces, Species Diatragacant. Frigid. a dram and half, fine powder of Liquorice two drams, Florence Oris-roots, a dram and half, Mucilage of Quince-seeds sufficient to make Lozenges each weighing a scruple, keep one always in the Mouth.

VIII. *Other Pectoral Lozenges good also in Catarrhs.*

Take Liquorice two ounces, *Calamus-Aromaticus*, Roots of Florentine Oris, Galingal of each one dram, Ginger two scruples, Carraway seeds two drams, Elecampane one scruple, Sugarcandy one pound, reduce all to a very subtil Powde

Powder, to which add Chymical oyl of Aniſeed twenty drops, mix it well and with Mucilage of Gum Tragant made with Hyſop-water, make Lozenges.

IX. *Other Lozenges againſt Cough of the Lungs, Hoarſneſs, Shortneſs of breath, and Conſumption.*

Take a pound and half of Sugarcandy, boil it in a ſufficient quantity of Spring-water, till it will ſtick to the end of your fingers, then add to it of the powder of Liquorice, Elecampane, Aniſeed, Angelicaſeeds of each half an ounce, powder of Florentine Orice, and flowers of Sulphur of each two drams, Chymical oyl of Aniſeeds fourty drops; make Lozenges according to Art. Dr. *Sydenham* who calls them Family Lozenges.

X. *An Excellent Pectoral ſyrup againſt a Conſumption of the Lungs, order'd by an able Phyſician for an Eminent Lady.*

Take Ceterach, Maiden-hair, Colts-foot, Aniſeeds, Liquorice of each an ounce, Scolopendre, Lung-wort, Knot-graſs of each one handful, Elecampane half an ounce, thirty large Raiſons ſlit, fifteen fat Figgs ſlic'd, two Radiſhes cut ſmall; ſhread the Herbs ſmall, and bruiſe the Roots and ſeeds, put them all in a large Pipkin, and pour thereon five quarts of Spring-water, let it boil gently until two quarts

be consum'd, to the straining put a pound and half of duble refin'd Sugar, clarify it with whites of Eggs and make a Syrup; whereof take a spoonful by it self three or four times a day; let it run easily down your Throat, you may take of it also at any time in the Night when the Cough urges.

XI. *An other Excellent Pectoral Syrup for Asthma's, or difficulty of Breathing and Coughs.*

Take of Raisons slic'd half an ounce, Polypody of the Oak two drams, Liquorice, seeds of Carraway, Anis, sweet Fennel, and Tobacco of each two drams, Oaken-moss one pugil; leaves of Hore-hound, Hyssop of each one ounce, Garlick bruis'd one Head tied in a ragg, and hung in the vessel; boil all these in a pint and half of Barly-water to a pint, toward the end add of the best Vinegar three ounces, strain it and add Hony and Sugar of each half a pound and Oxymel of Squils four ounces. The Dose is one spoonful three times a day, *viz.* in the Morning fasting, at four a clock in the afternoon, and at Night going to Bed; you may also take it in the Night time when there is need, letting it go easily down your Throat, or take it with a Liquorice-stick.

XII. *A Pectoral distil'd Water against Consumptions.*

Take Scabious, Pauls-Bittany of each two hand-

handfuls, Maiden-hair, Sage, Hyſop, Horehound, Liver-wort of each one handful, flowers of Borage and Bugloſs of each one handful Elecampane, Florence Oris, Roots of Parſly of each half an ounce, Aniſeeds, ſweet Fenneſſeeds, Nettle-ſeeds, Cinnamon, Saffran of each a dram; being cut and bruiſ'd pour to them three quarts of good old Wine, let it ſtand cloſe ſtopt for a week, then diſtil it, to the Water diſtil'd add Sugarcandy what ſuffices, Spaniſh-juice of Liquorice one ounce, ſalt of Tartar ſix drams, drink thereof two or three times a day one ounce; It not only opens Obſtructions of the Lungs, helps Coughs and ſpitting of blood, but alſo gives eaſe in all pains of the Stone.

XIII. *A Pectoral ſyrup for thoſe that ſpit-Blood, Mr.* Boil *to Sir* K. Digby.

Take Comfry-roots ſix ounces, leaves of Plantain two handfuls; beat them well together, then preſs out the juice, which ſtrain and let it ſettle, then boil it up to a ſyrup with Sugar, and clarify it with the white of an Egg.

XIV. *Another Remedy for ſpitting of Blood.*

Take leaves of Colts foot half a handful, ſhred it very ſmall and fry it with a little Bacon; then put to it the yolk of an Egg, and ſtir it well together; eat it in the Morning faſting, continuing it for ſome time.

XV. *A rare Medicine againſt a Conſumption, tho much decay'd therewith.*

Take two quarts of new red Cows-milk, the more ſtroakings the better; put it in an Earthen veſſel of three quarts, with ſyrup of Roſes and brown Sugarcandy of each two ounces, ſtop it cloſe and ſet it in an Oven with Houſhold-bread, take of this twice or thrice a day warm: If you add to it ſyrup of ground-Ivy two ounces it will be better.

XVI. *An Electuary for the Cough, and Rheum falling upon the Lungs.*

Take Conſerve of Roſes, half an ounce, ſyrup of Violets one ſpoonful, Hony three ſpoonfuls Olibanum in fine Powder, and flower of Sulphur of each one dram, beat and mix them well to an Electuary, of which take often in the day upon the bruis'd end of a Liquorice ſtick.

XVII. *The excellent Snal-water againſt Conſumptions and Hectick Feavers, Dr.* Harvy.

Take of Garden-Snails with their ſhells, eſpecilly thoſe that are about Vines a pound, waſh them well with Water and a little Salt, then waſh them once or twice more with fair Water to waſh of the Salt, bruiſe them with their ſhells in a ſtone Mortar to a Maſh, add to them

them ground-Ivy, Speedwel, Lung-wort, Scabious, Burnet, Colts-foot, and Nettletops of each a handful; Liquorice half an ounce, Dates ſton'd twelve; of the greater Coldſeeds, and Marſhmallow-ſeeds of each one dram and half, Saffran a ſcruple; put them into a new glaz'd Pipkin, and pour on them a quart of Spring-water, faſten the cover cloſe to the Pipkin by paſting it round with Dowe; let it ſtand twelve hours in a Kettle of hot Water over the fire; then ſtrain and preſs out the Liquor, and diſſolve into it while it is warm, a quarter of a pound of Clarfi'd Hony; put it in a bottle, and keep it in a Celler. The Herbs muſt be ſhred, the ſeeds and Liquorice bruis'd ſmall.

XVIII. *To make the ſyrup of Turnips againſt Coughs and Conſumptions.*

Take a quantity of Turnips par'd, bake them in an Oven with Houſhold bread, then preſs out the Liquor, which ſtrain through a Flannel bag, to a quart of this Liquor put a pint of Hyſop water, and with two pound and half of broun Sugarcandy make a ſyrup.

Dr. *Salmon* orders it thus: To a quart of the Liquor of Turnips put half a pint of Brandy, and two pounds and half double refin'd Sugar, make a ſyrup by diſſolving only: I judge it would be better inſtead of the Brandy to take ſo much Aniſeed water.

XIX. *To make the ſyrup of Garlick againſt Cough, Hoarſeneſs, difficulty of Breathing and Conſumption.*

Take Cloves of Garlick ten or twelve in number, peel them and cut them in Slices, Aniſeeds bruis'd half an ounce, Elecampane ſlic'd three drams, Liquorice two drams; put them in a Matraſs, and pour to them a pint and half of good Brandy, digeſt them in warm Sand for two or three days; then ſtrain it and put the Liquor in an Earthen Pan Glaz'd, put into it double refin'd Sugar a pound and half, put the Baſon upon a chafendiſh of Coals, and when the Liquor is warm ſet it on fire, and whil'ſt it burns ſtir it; then ſtrain it through a Flannel-bag, and keep the ſyrup for uſe.

XX. *The ſyrup of Dia Sulphur of* Dr. *Willis.*

Take Sulphur prepar'd after Dr. *Willis's* manner, afterwards ſet down, half an ounce, the beſt Canary wine a quart; digeſt them in a Matraſs cloſe ſtopt in warm Sand for twenty eight hours, then take double refin'd Sugar, two pounds, diſſolve and boil it in water diſtil'd of Elder-flowers, to the conſiſtency for Tablets; then pour to it by little and little the wine ting'd with the Sulphur whil'ſt warm, let it boil a little on the fire ſcimming it; then ſtrain it through a Flannel bag, you will have a moſt delicate Syrup of a Gold colour, and of great efficacy

efficacy againſt the Cough and other affects of the Lungs, ſo there be no Hectick Feaver.

XXI. Dr. *Willis's preparation of Sulphur.*

Take Flower of Sulphur four ounces, melt them and add to them pure ſalt of Tartar one ounce and half, ſtir and mix them well with a Spatula; then take it from the fire and let it cool and keep it for uſe. It ſerves for making the ſyrup of Sulphur before mention'd, and alſo the following Tincture of Sulphur.

XXII. *To make the Tincture of the ſaid Liver of Sulphur.*

Take of the aforeſaid Liver of Sulphur two ounces, ſpirit of Wine rectifi'd one pint, digeſt them together, then filter it. It is a very great pectoral, cures moſt diſeaſes of the Breaſt and Lungs, as Coughs, Colds, Wheeſings, Shortneſs of Breath, difficulty of Breathing, Ulcers of the Lungs, Conſumptions, *&c.*

Take of the aforeſaid ſyrup of Sulphur, three ounces, Water of Earth-worms an ounce, Tincture of Saffran two drams, make a Cordial and Pectoral mixture; whereof take a ſpoonful going to Bed and early in the Morning.

Take Tincture of Sulphur two drams, Liquid Laudanum Tartariz'd a dram, ſyrup of the juice of ground-Ivy two ounces, Cinnamon-water

water two drams; the Dose is a spoonful at bed time, and if the Person does not sleep, another towards Morning, Dr. *Willis*.

XXIII. *An Excellent Pectoral drink for Coughs and Colds us'd by an Eminet Lady.*

Take Hyssop, Raisons slic'd, and Figgs of each a handful, Aniseeds bruis'd two spoonfuls, Coltsfoot a good handful cut small, boil them in one Gallon of Spring-water to two quarts, towards the latter end put in a good stick of Liquorice bruis'd, then strain it and dissolve in it four spoonfuls of Hony, drink thereof warm four or five spoonfuls at a time in the Morning, in the afternoon and at Night.

XXIV. *An Excellent Pectoral mead for the Breast and Lungs.*

Take Hony one Gallon, Water four Gallons, boil them together for two hours with the following ingredients: Take Reasons slic'd four ounces, Elecompane-roots two ounces, roots of Fennel, and Marsh-mallows, Polypody of the Oak of each one ounce, Maiden-hair, Coltsfoot, Sage, Bittony, Scabious, and Hyssop of each one handful, Aniseeds bruis'd one ounce; when it is cold Tun it and 'twill work of its own strength.

XXV.

XXV. *A Pectoral distil'd water against a Cough.*

Take ground-Ivy, Colts-foot, Oak of *Jerusalem* of each three pound, Hyſop, Roſemary, Pennyroyal, Horehound of each a pound and half, Elecampane, Liquorice of each a pound and half, Florentine Orice twelve ounces, Figs ſlic'd three pound, Saffran, Aniſeed, ſweet-Fennelſeed of each half an ounce, Brandy five quarts, Fountain-water three Gallons, digeſt them a while, and then diſtil by a Veſica with a Worm and Tubb. This Water ſerves for making the Magiſtral ſyrup of Balſam de Tolu.

XXVI. *A Pectoral Milk-water.*

Take Garden Snails bruis'd one pound, Hogs-blood two pound, Maiden-hair, ground Ivy of each three handfuls, Harts-tongue two handfuls, Liquorice, Aniſeeds bruis'd of each three ounces, Raiſons and Figs ſlic'd of each four ounces, Milk warm from the Cow ſix quarts, mix and diſtil them. It is profitable againſt Coughs, Colds, obſtructions of the Lungs, and ſhortneſs of Breath.

XXVII. *Another Pectoral water of great vertue.*

Take roots of Elecampane, of round Birth-wort

wort of each three ounces, Roots of Flour de Luce an ounce and half, Florentine Oris, Parſly, Fennel-roots, Liquorice of each one ounce, green Tobbacco, four handfuls, Paul-bittony, Scabious, Colts-foot, Hyſop, Maiden-hair, Hore-hound, Carduus Ben. of each one handful, Jujubes, Sebeſtens of each thirty in number, Figgs and Dates ſlic'd of each ſixteen, ſeeds of Tobacco three drams, Nigella one dram, Nettles, garden-Creſſes, Muſtardſeed, Linſeed of each two drams, Bayberries ſix drams, powder of Guaiacum eight ounces, *Venice* Turpentine diſſolv'd in the yolks of Eggs two ounces and a half, white-Wine four Gallons; digeſt three days, then diſtil and ty in a rag ſixty Hoglice bruis'd and hung by a thread in the Recipient.

All the Ingredients are to be gotten green that can be; It is very powerful for Aſthma's Coughs, and Tartarous Diſeaſes of the Lungs and Reins, *&c.* Doſe two ounces twice or thrice a day. Note that you ought to draw only four quarts ſo will you have a fine and Spiritous Liquor.

XXVIII. *A thickning Lobech for a Cough.*

Take oyl of ſweet Almonds one ounce, ſyrups of red Poppy, Purſlain, Jujubes, and *Lobech Sanum* of each half an ounce, Flowers of Sulphur three drams, Sugarcandy what ſuffices, mix them in a Marbel Mortar for the

ſpace

ſpace of an hour, keep it in a Gally-pot for uſe. It is to be taken freqently with the bruis'd end of a Liquorice ſtick: Note that if you have not a Stone Morter, you may do it as well in a Baſon with the back of a Silver Spoon.

XXIX. *A Lohoch in a thin Rheum, or Diſtillation.*

Take Conſerve of red Roſes two ounces, ſyrup of Poppies and Jujubes of each an ounce, Olibanum, Maſtick, and Amber of each a dram, expreſs'd oyl of Nutmegs ſix grains, mix them and make a Lohoch, which is to be lick'd often with a Liquorice ſtick.

XXX. *A Medicine for Aſthma's or a difficulty of Breathing.*

Take blew Corrans one pound, tops of Nettles two handfuls, boil them in two quarts of Water to a quart, and let the Patient drink often thereof.

XXXI. *An other for the ſame.*

Take a ſea-Onion roſted, beat it well with a ſufficient quantity of Hony, give of it to the Patient the quantity of a Nutmeg at a time. It is of excellent uſe.

XXXII. *A Remedy for ſhortneſs of Breath or difficulty of Breathing. Dr.* N.

Take of the Maſs of Stomach-Pills with Gum

Gum one ſcruple, make three Pills to be taken early in the Morning, ſleeping after them, and two hours after take three ounces of the Pectoral Decoction warm, in which half an ounce of Manna hath been diſſolv'd; Repeat this two or three times, ſtaying two or three days between every time.

Afterwards take Aniſeeds powder'd one ſcruple, ſalt of Amber ten grains, Gum Ammoniacum one dram, Balſam of Peru what ſuffices, make Pills of a middling ſize; whereof take three every Night in a ſpoonful of Balſamick ſyrup.

XXXIII. *An other for the ſame.*

Take ſyrup of Hore-hound and Garlick of each an ounce an half, Tincture of Saffran and Caſtor of each two drams, mix them and take about a ſmall ſpoonful at a time.

Or take Tincture of Gum Ammoniacum, three drams; the Doſe is from fifteen drops to twenty in a ſpoonful of ſyrup of ground Ivy, or of the Balſamick ſyrup.

Or take Tincture of Sulphur three drams; the Doſe is from ſeven drops to twelve or twen- the ſame manner.

XXXIV. *An excellent Remedy againſt a Conſumption.*

Take white Roſe-water one ounce, white Sugar-

sugarcandy six drams, the Yolk of a new laid egg, new Milk warm from the Cow, or made so, a quarter of a pint; being beaten and well mixt together, let the Patient drink it all at once, repeating the same Morning and Evening for some time together.

XXXV. *Another Excellent Remedy against a Consumption.*

Take all the blood that will be had fourth of a Swine in his full strength, stir it as it is drawn forth, that it may not congeal; To which add powder of Cloves, Cinnamon, Mace and Ginger of each an ounce, Saffran, Rosemary flowers of each two drams, and forthwith distil it in a glass Cucurbite, with a very gentle fire; the Dose is from three spoonfuls to six or eight, sweeten'd with Sugarcandy or Sugar of Roses.

XXXVI. *Another for the same.*

Take Flower of Brimstone and Olibanum of each one scruple, Saffran three grains, put them into a Pippin the coar being cut out; then roast it and let the Patient eat it with white Sugarcandy for ten or twelve days together.

XXXVII. *Another for the same.*

Take white Wine three pints, Sugarcandy four

four ounces, Elecampane one ounce, Colts-foot two ounces, Violet flowers one ounce and half, Roots of Angelica ten drams, all being cut and bruis'd very ſmall, boil them in a ſtone Bottle cloſe ſtopt (the Cork being ty'd down with a piece of ſtrong linnen Cloth) for three hours in a Kettle of water, and open it not till it be cold, then ſtrain it; the Doſe is three or four ſpoonfuls firſt and laſt and in the afternoon.

With this very Medicine after I had gently purg'd a Painter, I perfectly cur'd him in a few days, tho he was ſo far gone in a Conſumption, that he was look'd upon as a dead Man by all his friends. Dr. *Sermon.*

Sugar of Roſes drunk in new Milk is alſo of admirable uſe.

XXXVIII. *A kind of Marmalet againſt a Conſumption.*

Take nine Cloves of Garlick, boil them in a pint of Mead till they be tender, then take twelve Pippins, Coddle them till they be tender, then make a ſyrup of the Liquor you boil'd the Garlick in, with one pound of Sugar; make pulp of the Pippins which mix with the ſyrup: 'Tis a kind of Marmalet, of which take the quantity of a Nutmeg, Morning and Evening, and often in the day.

XXXIX. To a Perſon in a Conſumption, the learned Dr. *Sydenham* adviſes to take ten drops

drops of *Balsam* of Sulphur anisated in a spoonful of powder of Sugarcandy twice or thrice every day; and often keep in the Mouth one of the Lozenges at *Sect.* IX. of this Chap.

XL. *A Lohoch against a Consumption.*

Take of Oyl of sweet Almonds two ounces, syrup of Maiden-hair and Violets of each one ounce, Sugarcandy a sufficient quantity; make a Lohoch by a long mixing and beating of it in a Basin of white-ware.

For ordinary Drink in a Consumption, the ingenious Dr. *Salmon* commends fair Water to be always drank (even at Meals) where the Constitution will bear it, or Milk and Water, or a distill'd Milk-water, all fermented Liquors being absolutely nought: Now and then the Patient may take the quantity of a Chesthut of this Electuary.

Take Indian green Ginger preserv'd eight ounces, cut it very small with a Knife, and beat it very small into a Mass in a stone Mortar, add to it flower of Sulphur two ounces, fine powder of Elecampane roots one ounce an half, clarifi'd Hony enough to make it up into an Electuary; take of it as often as the violence of the Cough returns. This likewise is a thing of good use. Take of subtile powder of Elecampane roots one ounce, syrup of Elecampane roots four ounces, pure oyl of Olives five ounces, mix them well together; the Dose one

ſpoonful in the Morning faſting, and at four in the Afternoon.

Or this, Take of ſubtile powder of Elecampane, flower of Sulphur of each one ounce, ſyrup of Aniſeed, pure Florence oyl and Olive of each eight ounces, mix them well together by ſhaking; the Doſe a ſpoonful now and then. Dr. *Salmon* upon Sydenham. In a thin Catarh, Rheum or Diſtillation upon the Lungs you may preſcribe thickning Lohoch. Of this kind is the following: Take of ſyrup of Poppies and of Lettice of each eight ounces, ſyrup of Purſlane two ounces, Liquorice, Elecampane, Jeſuits Bark, Catechu, all in fine powder of each two ounces, ſpirit of Wine two ounces, Nutmegs in powder one ounce and half, mix and make a Lohoch, of which let the Patient take a little often in a day upon the bruis'd end of a Liquorice ſtick. *Salmon* in Sydenham.

CHAP. XIX.

Of Affects of the Stomach.

1. *Pills for the pain in the Stomach.*

TAke of the Pills of Hiera with Agarick two drams, oyl of Nutmegs and Juniperberries of each five drops, mix them together and make thereof

thereof fifteen Pills, of which let the Patient take two at Night, and three in the Morning, until they are all ſpent.

II. *Another for the ſame.*

Take Species Hiera picra one ounce, ſalt of Tartar, or Tartar Vitriolate two drams, Cochineele one ſcruple, infuſe them in Sherry-ſack a pint, for ſome days, ſhaking it often in a day; filter it; the Doſe is an ounce and half to two ounces, or two or three ſpoonfuls before eating. It is excellent againſt crudity and pain of the Stomach. If you give three ounces of it half an hour before the fit of a Tertian Ague it cures it, and ſometimes alſo a Quartan.

III. *Dr.* Lower's *Excellent Stomatical Tincture.*

Take tops of the leſſar Centory, Cammomile flowers, leaves of Agrimoni of each one handful, ſeeds of Citron and of Cardus ſeeds of each three drams, flowers of Marygolds four pugils, Jentian roots half an ounce, filings of Iron turn'd to Ruſt four ounces; being cut and bruis'd pour to them of the Alecluary Milk-water three pints, of the compound Wormwood water one pint, mix them and let them ſtand for two or three days, ſhaking the Veſſel often in a day; the Doſe three ounces Morning and Night. It ſtrengthens the Stomach, takes away the pain thereof, cauſes a good appetite

and a good Digestion, cures the Green-sickness and provokes the Terms, if taken for eight or ten days together.

IV. *An Electuary to comfort and strengthen the Stomach, and sweeten the Breath.*

Take Sage 12 handfuls, Rosemary flowers an ounce an half, Cloves six drams, Cinnamon a dram, Nutmegs one scruple, all in powder clarified Hony what suffices, make an Electuary; Dose the quantity of a Nutmeg in the Morning, drinking after it a glass of burnt Claret, or of the following Stomatical Claret-water: 'Tis good also for the Head and Brain.

V. *A Stomach and Cordial Claret-water.*

Take Cinnamon bruis'd four ounces, Cloves, Ginger, Cardamoms, Galingal, all bruis'd of each half a dram, put them in a Glass-bottle, and pour upon them two quarts of Brandy, Rose-water a pint and half, let them stand cold for six hours or longer, then strain it and sweeten it with Loaf-Sugar: It is very pleasing to the taste, and fortifies the Stomach and the Noble parts, expels and dissipats Wind, and causes a good Apetite and a good Digestion; Dose a spoonful or two.

VI.

VI. *The Lord* Chester-field's *Excellent digestive Powder, to comfort and strengthen the Stomach.*

Take of the best sweet Fennel seed well clens'd half an ounce, Coriander seeds one ounce, shaving of Harts-horn and Ivory of each half a dram, Cinnamon and Pearl prepar'd, or Crabs-Eyes of each half a dram, reduce them all into a subtile Powder; then mix with them Sugar of Roses two ounces, white Sugarcandy three ounces also in fine Powder, mix them well together; Dose so much as will lay upon the point of a Knife: Keep it in a box in a warm place.

VII. *A Cordial and Stomachical Drink for weakness of the Stomach, and want of Digestion.*

Take three pints of good Claret Wine, half a pint of Mint-water; Cinnamon and Nutmeg of each half a dram, Loaf-Sugar four ounces; bruise the ingredients, and put all in a Stone-bottle, stop it close, and ty down the Cork with a strong Linnen cloath, set it in a Kettle of hot Water for twenty four hours, but let not the Water boil, then strain it, Drink of it warm a sick glassful at a time.

VIII. *A Cooling Stomachal Mint-water of my Lady* Newport.

Take Angelica one part, Mint and Cardus

Ben of each four parts, Wormwood two parts ſhread ſmall and bruiſe them a little, and put them in an ordinary ſtill, and pour upon them enough new Milk to ſoak them, but not to have the Milk ſwim much over them; diſtil this as you do Roſe-water, ſtirring it ſometimes with a ſtick to keep the Milk from growing to a Cake, ſweeten it with fine Sugar to your taſte, and drink a Wine glaſs full of it at a time. It is an Alexitary Milk-water.

IX. *Another digeſtive Powder for the Stomach of Dr.* Bates.

Take chips of Oranges (that is the yellow thin Rind) candi'd, and cut ſmall four ounces, ſeeds of Anis, Carraways and Fennel of each two ounces, *Aromaticum Roſatum*, half an ounce, ſalt of Wormwood one dram, powder of Spearmint, two ſcruples, Sugarcandy the weight of them all, mix and make a Powder not to fine; the Doſe is one dram after every Meal. It warms and ſtrengthens the Stomach, and cauſes a good digeſtion, expelling wind, preventing crudities, and withal cauſes a ſweet Breath.

X. *The Stomical Elixir of Vitriol of Quercetan.*

Take Cinnamon, Ginger, Cloves of each three drams, Calamus Aromaticus one ounce, Galingal an ounce and half, leaves of Sage and Spearmint dry'd, of each half an ounce, Cubebs

and

and Nutmegs of each two drams, wood of Aloes, Citron peels of each a dram, make all into a fine Powder, and put it into a Bottle, and pour upon it a pint and half of ſpirit of Wine, a pound of oyl of Vitriol, and Sugarcandy three ounces; extract a Tincture by digeſting in the Sun for twenty days; the Doſe is from ten to twenty drops in any proper Liquor.

It wonderfully comforts and ſtrengths the Stomach and Bowels, creats an Appetite, causes a good digeſtion: It preſerves from the Epilepſy, and Apoplexie, and other cold Diſeaſes of the Brain.

XI. *An other Stomach Elixir.*

Take the diſtil'd oyls of Cinnamon, Cloves, Wormwood, Citron and Orange peels of each ſix drops, mix them well with refin'd Sugar ſix ounces, put this in a Bottle, and pour upon it ſpirit of Wine rectifi'd, Mint and Orange-flower-water or Roſe-water of each ſix ounces, ſhake it well and make an Elixir. It is very profitable to warm, comfort and ſtrengthen a weak and cold Stomach, as alſo to fortifie all the noble parts; the Doſe is half an ounce, or a ſpoonful in proper Liquors.

XII. *A choice Stomichal Tincture of Worwood compound.*

Take *Calamamus Aromaticus*, Orang-peels,

of each three drams, Citron-rinds two drams, Cinnamon one dram, Cloves half a dram, common Wormwood three handfuls, Cardus Ben. two handfuls, tops of the leſſer Centory, half a handful; being cut and bruis'd, pour to them in a Matraſs ſpirit of Wine, a quart and four ounces, digeſt for eight days, then ſtrain it and keep it for uſe.

This is a noble Stomatick, Cordial and Cephalick, It is admirable to correct the weakneſs, coldneſs, and windineſs of the Stomach, want of Apetit and in digeſtion; It cures the Vertigo, Megrim, Head-ach, (from a cold cauſe) preſerves againſt Apoplexie, Palſy, Convulſions; It cheers the Heart, revives the Spirit, repreſſes Hypochondriack Melancholly, is good againſt Vapours, and fits of the Mother. It rectifies the cold and moiſt diſtemper of the Womb and the weekneſs thereof, which are commonly the cauſe of Barrenneſs, the Doſe is from twenty drops to half a ſpoonful in Wine, Ale or Beer. The Author directs to take it at Meals as well as at other times; It may alſo be taken in the Morning in warm Ale or Purle, eating a piece of bred and butter, either before or after it. *Juncken.*

XIII. *A Cordial Water for the Stomach, and to expel Wind.*

Take leaves of the beſt Tobacco, outward rind or peels of Oranges of each ſix ounces, Winter-Cinnamon ſix drams, Aniſeeds an ounces

ounce and half, Sack a point and half, Brandy a pint; digeſt and diſtil in Balneo Mariæ with great care. It is excellent in the Colick, pains of the Stomach, want of Apetite and digeſtion; the Doſe is one ſpoonful before eating, and gives eaſe upon the ſpot.

CHAP. XX.

Of choice, Anti Scorbuticks, or approv'd and experienc'd Remidies againſt the Scurvy.

I. *A purging Apozem againſt the Scurvy.*

TAke of Polypody of the Oak, Elecampane of each one ounce and half, Wall-fern, Agrimony of each one handful and half, tops of Wormwood one pugil, Currens one ounce, Sena ſix drams, Agaric a dram and half, white Tartar one dram, Ginger two ſcruples and half, boil them in Fountain-water what ſuffices; in a pint of the ſtrain'd Liquor diſſolve ſyrup of Roſes ſolutive an ounce and half, mix and make an Apozem; divide it in three Doſes for three Mornings. Dr. *Harvy.*

II. *A purging Powder againſt the Scurvy of the ſame Author.*

Take Cream of Tartar two ſcruples, flower

er of Sal Armoniach chalibeated ten grains, Scammone six or eight grains, mix and make a Powder to be taken in the Morning fasting, in two or three spoonfuls of warm Ale or Broth.

III. *Pills against the Scurvy.*

Take Sena two drams, Niter Tartaris'd one dram, Rosin of Scammony one scruple, oyl of Cloves ten drops, syrup of Buchthorn-berries what suffices, mix and make a Mass for Pills; the Dose is one dram in the Morning early. Dr. *Harvy.* The preparation of the Niter Tartaris'd will be set down afterwords.

IV. *Others of great vertue of the same Author.*

Take of our Aloes prepar'd, or of Aloes Rosat. half a dram, Tartar vitriolate one scruple, Rosin of Jalap five grains, oyl of Cloves two drops, syrup of Roses solutive what suffices, mix and make seven Pills, let them be guilded and taken in the Morning early in Bed.

V. *The form of a Decoction of little trouble, and less charge, but of great virtue against the Scurvy.*

Take Guaiacum two ounces, Sassafras one ounce, salt of Tartar one dram, boil them in Fountain-water two quarts to one quart, in the strain'd Liquor infuse leaves of Scurvy-grass four handfuls, Brook-lime two handfuls, Worm-

wood

wood half a handful, Orang-peels two drams, ſtrain it and put it in a Glaſs-bottle; the Doſe is four ounces three times in a day at the Phyſical hours.

VI. *In the Winter when herbs are ſcarce, I have frequently recommended this following with good ſucceſs.*

Take leaves of Scurvy-graſs four handfuls; juniper-berries one ounce, ſtamp them together in a ſtone-Mortar, pouring upon them by little and little a pint of ſmall-white-Wine, then preſs it out hard, and put the Liquor in a Glaſs-bottle, which will be clear when ſetl'd; the Doſe three or four ounces twice or three times a day. Dr. *Harvy.*

VII. *An Anti Scorbutick Liquor by expreſſion of Juices.*

Take leaves of Scurvy-graſs what quanty you pleaſe, water-Creſſes, Brook-lime of each half the quantity, ſtamp them in a ſtone-Mortar, then preſs it out ſtrongly, in this Liquor, in two pints of it infuſe Winters-bark half an ounce, Orang-peels two drams, Saffran half a dram, digeſt in a Matraſs cloſe ſtopt for twelve hours in warm Sand or warm Water; then being cold ſtrain it and put the Liquor in a Glaſs-bottle for uſe; the Doſe four ounces twice a day.

VIII.

VIII. *An Anti Scorbutick Liquor by Infusion.*

Take roos of Horſ-radiſh one ounce, Jention two ounces, water-Creſſes two handfuls, leaves of Germander, Soap-wort of each one handful, roots of Zedoary one dram, tops of Centory one pugil, make an Infuſion in Water of Saſſafraſs and white Wine of each one pint for twelve hours, then ſtrain it; the Doſe three or four onnces.

IX. *An Excellent Anti Scorbutick Spirit.*

Take Horſ-radiſh-roots three ounces, Saſſafras, Winters-bark, Orang-peels of each half an ounce, Wormwood one pugil, Sal Armoniac two ounces, cut and bruiſe them and pour to them a pint of white-Wine, digeſt for twenty four hours, then diſtil it in a Glaſs body, putting half an ounce of quick Lime at the bottom; you muſt firſt put at the bottom ſome of the ingredients, and then put the quick Lime upon that, and then put in the reſt; the Doſe twenty or thirty drops in any convenient Liquor.

X. *Another Excellent Anti Scorbutic Spirit.*

Take Juniper-berries, Elder-buries of each four pounds, ſeeds of Scurvy-graſs, Carduus

and

nd garden-Cresses, all bruis'd of each two ounds, Juice of Scurvy-grass, water-Cresses, rook-lime, Arsmart, Mony-wort, Celandine and Fumitory of each two pounds, Horseradish roots bruis'd one pound, put them all in a fit vessel, and mix with them a pint of Ale-yest, set them in a warm place to ferment for two days; then distil it and keep the first spirit by it self, and the second Water that shall follow the Spirit, by it self. This Spirit is excellent for the cure of Scorbutic Diseases, for it sweetens the Blood, procuring its due Circulation; it opens Obstructions, is good against small Stones, Sand and Gravel, whether in the Kidneys or Bladder; the Dose is a spoonful in the Morning in Ale or Beer, or in the second Water that follows the Spirit. Dr. *Charras.*

XI. *Another Anti Scorbutic Spirit.*

Take bark of Fraxinel, roots of Tamarisk, and Capers of each an ounce and half, Polypody of the Oak two ounces, Horseradish three ounces, Scurvy-grass, water-Cresses, Brooklime, Sorrel, Scolopender of each three handfuls, Lorrel-berries, Juniper-berries of each six drams, tops of Centory, one handful, Goos-dung an ounce, seeds of Citron, Cardus, and Hemp of each half an ounce, Cloves, Ginger, Cinnamon, Nutmeg of each three drams, being slic'd and bruis'd digest them with Wine of Elder-berries, or white-Wine one gallon,

and

and three pints of good Englisſh ſpirit for three days, then diſtil it.

A certain practitioner was very ſucceſsful in his practice, in mixing all his Medicines with this Spirit: 'Tis an excellent Menſtrum to make Elixir Proprietatis with, as ſhall be taught hereafter.

XII. *To make the plain ſpirit of Scurvy-graſs.*

Take Engliſh Brandy, call'd proof ſpirit, put it into your Still, then put into it ſomuch Scurvy-graſs (when it is in the flower) ſpeedily bruis'd it, as it can contain; put on the ſtill head and lute it cloſe, and let it ſtand three hours, then diſtil it with a refregeratory, ſaving the firſt half of your ſpirit which you put on, and that is call'd the plain ſpirit of Scurvy-graſs; then continue the diſtilation ſo long as it runs with any ſtrength, and keep that by it ſelf till you diſtil the ſame again. You will do better not to bruiſe it, but to put it whole, becauſe in the bruiſing of it it looſes its Volatil-ſalt.

XIII. *To make the Purging ſpirit of Scurvy-graſs, call'd the Golden ſpirit of Scurvy-graſs.*

Take of the plain ſpirit of Scurvy-graſs a pint, put it in a Matraſs, to which add Jalap groſly powder'd three ounces, ſtop it cloſe and digeſt it in warm Sand, for twenty four hours,

or

r till you see it is of a Golden colour; then being cold, strain it, and put it in a bottle for use. The Dose either of the Plain, or of This is from twenty to thirty or sixty drops in Ale, Beer, or Wine, in the Morning; But it ought to be cautiously given to such as are of a hot and dry constitution, or a Cholorick habit. In gross bodies and where humours abound, give the purging Spirt. Some make this purging Spirit with the Rosin of Jalap, but the Root it self is better; the way to make it with the Rosin is thus: put one ounce of the Rosin of Jalap into a pint of the Spirit, and digest them together.

XIV. *To make a purging Spirit of Scurvy-grass with Gumme Gutte, or Cambogia and Jalap.*

Take of the Golden spirit of Scurvy-grass a pint, put it into a Matrass with an ounce of Cambugia in powder, shake them well together; but the Cambugia will never dissolve in the said Golden Spirit nor in the Plane, altho you should keep them a long time in digestion, now to make it dissolve put in a few drops of good spirit of Sal Armoniac, which will cause it to dissolve speedily.

This is a secret known but to few, and is an excellent Remedy against the Dropsie; the Dose is from twenty to sixty drops in any proper Liquor.

XV.

XV. *An excellent Anti Scorbutic Liquor by expression of Juices.*

Take the Juice of both sorts of Scurvy-grass, white-Wine, and Juice of Oranges of each one pint, mix them and put it in a Bottle, it will be clear when settled; take three or four spoonfuls of it Morning and Evening.

XVI. *An other.*

Take Juice of Lemonds, Sorrel, Brook-lime, water-Cresses, Fumitory, and white-Wine of each an equal quantity; put it in Bottles and when 'tis clear drink of it as before directed.

XVII. *An other excellent Drink against the Scurvy.*

Take Brook-lime, water-Cresses, the lesser Celendine, Wormwood, and Fumitory of each one handful, red-Dockroots one pound, Horse-radish four ounces; being cut and bruis'd boil them in a sufficient quantity of small Ale, and a quart of white-Wine, to the Consumption of a third part, strain it, and when cold put it in Bottles; the Dose a quarter of a pint Morning and Evening.

XVIII

XVIII. *An Anti Scorbutic Wine with Juices, &c.*

Take Juices of Scurvy-graſs, water-Creſſes, Brook-lime, Sorrel of each a quarter of a pint, Rheniſh-wine two quarts, put it in a Bottle, add roots of Horſ-rediſh, Elecampane, and red-Dock, all cut in thin ſlices of each an ounce and half, two Nutmegs bruis'd; put all into a Bottle, ſtopt Cloſe, and keep it Cool. This is commended to be an Infaliable experiment to purefy the Blood and perfectly cure the Scurvy; the Doſe is a quarter of a pint at a time. *Sezoderus.*

XIX. *An Anti Scorbutic bottle Drink.*

Take leaves of Scurvy-graſs one handful, Raſpins of Horſ-rediſh-roots half a handful, winters-Bark bruis'd two drams, Infuſe them in a quart of Cider, or Cider and Scurvy-graſs-each a pint, ſtop the Bottle cloſe; the Doſe from ſix to eight ounces, twice a day.

XX. *An other:*

Take of Horſe-rediſh-roots raſp'd two drams, leaves of Scurvy-graſs twelve in number, Raiſons ſlit ſix in number, half an Orange cut in ſmall bits; put them in a Glaſs-bottle, and pour on them a quart of ſmall Ale, ſtop it cloſe,

let it be your ordinary and constant Drink, and therefore at the same time you may prepare other six Bottles in the same manner for your use; and after some days six others.

XXI. *An Anti Scorbutic Liquor which may be us'd in stead of this bottle Drink.*

Take roots of Horse-radish, and seeds of Scurvy-grass of each half an ounce, leaves of garden Scurvy-grass two handfuls, the pulp of half an Orange; pound them together, pouring upon them by little and little half a pint of white-Wine or white Porto, then press it out gently, and put it in a Bottle; the Dose three or four spoonfuls in every draught of ordinary drink. Pound it with as much speed as you can.

XXII. *Pills Excellent against the Scurvy.*

Take Aloes Succotrinæ, Gum Ammoniacum of each two drams, dissolve them in Tincture of Jentian what suffices, adding Philosophical spirit of Vitriol twenty drops, strain it and evaporate to the thickness of Hony, then add the compound powder of Sena three drams, of our Chalibeat Salt two drams, Niter Tartarisate a dram and half, Bezoard Jovial, two scruples and half, oyl of Amber fifteen drops, Elixir Propietatis what suffices, mix and make a Mass for Pills; the Dose from a scruple to a dram,

dram. Dr. *Harvy* says he hath several times prescrib'd them, with a success suitable to the excellency of its Ingredients, they may be continued for eight, ten or fourteen days together.

XXIII. *An Excellent preparation of Aloes. Dr.* Harvy.

Take Aloes Succotrinæ grosly powder'd one ounce, of red-Roses dry'd a dram and half, spirit of Salt fourty drops, spirit of Wine not rectifi'd, somuch as will over top it the breadth of four fingers, digest in warm Sand for twelve hours, then strain it, and evaporate to the consistance of an extract; to which add oyl of Cloves twenty drops; the Dose from fifteen to sixty grains. The Dr. has this preparation in his Book call'd, the Disease of *London*, or a new discovery of the *Scurvy*. He says, that this preparation he hath frequently experienc'd to exceed all others.

XXIV. *The preparation of the* Franckfurt *Pills, invented by Dr.* Hartman Byer, *which to this day are accounted of great vertue against Scorbutic Distempers.*

Take Aloes Succotrinæ half a pound, Burtage-water a pint and half, digest for twenty four hours, then strain it and evaporate to a due consistence; to which put purifi'd Juice of Carduus Ben. eight ounces, digest again for six

hours, ſtrain and evaporate to the Conſiſtence of a Maſs for Pills: They are to be taken before a light Supper, from fifteen to thirty grains or a dram. Some inſtead of the Burrage-water, diſſolve them in the Juice of Violets. And thus I prepare them.

XXV. *Prince* Ruper's *Receipt to prepare the ſaid* Franckfurt *Pills.*

Take Violets pickt, beat them to maſh in a ſtone-Mortar, then preſs them out in a preſs, pull the dry Maſs to pieces, upon which pour Roſe-water, ſtir them well about, then preſs it again; repeat this till you have a pint of Liquor, in which diſſolve Aloes Succotrinæ one pound by a gentle digeſtion, ſtiring it ſome times, then ſtrain it and evaporate to the Conſiſtence for Pills.

They gently purge and carry off all Offenſive humors, as Choler, Phlegm and Melancholy, and that not only from the Head and Stomach, but from all parts of the Body, they open Obſtructions of the Liver, Spleen, Meſentary Womb, excite an appetite, and cauſe a good digeſtion; they Operate without the leaſt perturbation of Humors, alteration of Body, change of Countenance, impair of ſtrength, or any its attendance; they render the Body vigorace and prompt to Motion; but they are prejudicial to all hot and dry Temperaments, lean and thin habits of Body, and ſuch as are

ſub-

ſubject to bleeding at the Noſe, or the Hæmerhoids, or exceſſive Menſtrua.

XXVI. *The manner to prepare the Elixir Proprietatis, as it is directed by the College of Phyſicians of the* Hage *in their* Diſpenſatory, *Fol.* 106.

Take Aloes Succotrinæ, choice Myrrh, Engliſh Saffran of each an ounce, powder them groſly, and put them in a bolt Head with a long Neck, pour upon them ſpirit of Wine rectifi'd, a pint and half of oyl of Sulphur rectified ſix drams, ſtop it up cloſe, and digeſt in *Balnio Mariæ* for fourteen days, ſhaking the veſſel ſometimes, then ſtrain it, and keep it in a glaſs for uſe. It is beyond all objections a great Anti Scorbutick; the Doſe is from fifteen to twenty or thirty drops in Wine.

XXVII. *To prepare the Elixir Propietatis, Dr.* Harvy's *way.*

Take Aloes Succotrinæ, choice Myrrh of each an ounce, bay-Salt well dri'd four ounces, diſtil in a glaſs Retort in Sand; to the Liquor diſtil'd put ſpirit of Wine rectifi'd a pound and half, ſpirit of Salt rectifi'd one ounce, Engliſh Saffran an ounce, digeſt in warm Aſhes for four days, then pour it off.

XXVIII. *To make an Anti Scorbutic Elixir Proprietatis. Dr.* Charras's *way.*

Take Aloes Succotrinæ, choice Myrrh, Engliſh

lish Saffran of each four ounces, Powder them grosly, and put them in a Matrass with a long Neck, and pour upon them of the Anti Scorbutick spirit at Sect. X. of this chap. four pints, stop the Matrass close and set it in digestion in warm Sand for eight days; then pour off the tincted spirit, and pour upon the remaining Mass one pint of new spirit, digest as before, then strain it out and press it hard, mix both the Tinctures together, and then draw off the spirit in a Sand-bath with a moderate fire, till a third part only remain, and when the vessels are Cool preserve the Elixir: When 'tis to be us'd mix with it a third or fourth part of the Volatil spirit of Harts-horn.

This Elixir is highly esteem'd in all diseases that proceed from corruption of Humors; but it is chiefly us'd for the cure of the Scurvy; for it purifies the Blood, and quickens the sloath of its Circulation; the Dose from ten to twenty drops in Wine or some other proper Liquor.

XXIX. *A purgin Elixir Proprietatis with Rhuburb of Junckins.*

Take Aloes Succotrinæ an ounce and half, choice Myrrh one ounce, Englig Saffran half an ounce, Rhuburb thin slic'd three ounces, Mallaga-wine or Canary two pints, spirit of Sulphur rectifi'd half an ounce, powder the ingredients grosly, and digest them for fourteen days, shaking the vessel from time to time, then strain it and keep it for use.

It

It is an Excellent Anti Scorbutick, and profitable in all Malignant Feavers, and Contagious Diseases, yea in the Plague it self there cannot be given a better purgin Medicine; and also in Hypochondriack affects in Men, and Hysterick in Women it is greatly prevailing, and is a Medicine of great Vertue.

Note, That instead of Malago-wine you may make use of either of the Anti Scorbutick spirits at Sect. X. or XI. of this chap. *Harrman.*

Note, That if you make the Elixir Propetatis as is directed at Sect. XXVII. aforegoing, *Charras* advises to digest it in a very gentle heat for two months, during that time the accidity of the spirit of Sulphur, will mortifie and correct the most part of the bitterness of the Aloes and Myrrh, and will bring the Elixir to perfection, and make it proper for the use for which the Authors commend it, and particularly *Crollius* who calls it the Balsom of the Antients, and says it contains all the vertues of Natural Balsom, necessary for the preservation of Humain Bodies, especially of old Men and Women; he commends it as a wonderful Remedy against all Diseases of the Lungs, against Malignant, and Pestilencial Feavers, and Contagious Distempers, and pestilent Airs, to strengthen and cure the pain of the Stomach, to cure the Head-ach and the Virtigo, to strengthen the Memory, to be a preservative from the Gout, Stone and Palsy, to cure Quartan-

Agues, to prefere Youth and lengthen out old Age, to cure and consolidate Wounds and inward Ulcers; and in a Word by an occult quality to overcome all Scorbutick Diseases, Hypochondriack melancholy in Men, and Hysterick affects in Women by suppressing, and carrying off the Vapours. You may mingle with one part of it, a third or fourth part of good spirit of Harts-horn highly rectifi'd, which will qualify the sharpness of the spirit of Sulphur by uniting with it, and so to be administr'd to patients whose distempers are to be imputed to the excess of Acids, as is practis'd by Judicious Physicians well scill'd in the grounds of diseases.

XXX. *An Excellent Menstruum to make Magisterial Anti Scorbutic Tinctures and Elixirs withal, Dr.* Willis.

Take rectifi'd spirit of Wine alcholiz'd a pint, spirit of Vitriol rectifi'd six ounces, mix and distil them in a glass Retort in Sand, with three cohobations, that is pouring the spirit distil'd again into the said Retort, and distilling again twice; then keep it for use well stopt.

Elixir Propietatis is more easily and better prepar'd with this compound Menstruum, than the vulgar way. says Dr. *Willis.*

XXXI. *To make an Excellent Anti Scorbutic Elixir with the aforesaid Menstruum.*

Take winters-Bark, Lignum-Aloes, Galin-

gal

gal of each two drams, Cinnamon, Cloves, Cubebs of each a dram, ſeeds of Biſhops-weed and water-Creſſes of each half a dram, being bruis'd put them in a bolt Head with a long Neck, and pour upon them of the aforeſaid *Menſtruum* enough to cover them three fingers over, digeſt in warm Sand for three days; then ſtrain it, and keep it in a Glaſs cloſe ſtopt. It is good alſo to fortify and ſtrengthen the Stomach; the Doſe is twenty drops more or leſs in a glaſs of Wine or any other proper Liquor ſet down in this chap.

XXXII. *An other Anti Scorbutic Elixir.*

Take white-Amber, gum-Ivy, Carranna, Tacca-mahacca of each a dram, Saffran half a dram, Cloves, Nutmeg of each two ſcruples, being bruis'd put them in a bolt Head, and pour to them of the aforeſaid Menſtruum, and extract a Tinture as before; the Doſe twenty drops, the Tincture of ſalt of Tartar is likewiſe a fit Menſtrum to extract Tinctures, and make Elixirs withal.

XXXIII. *A comfortable, ſtrengthening Stomachical Electuary againſt the Scurvy.*

Take Conſerve of Roſemary-flowers, Sage-flowers, Roman Wormwood of each an ounce, *Quercetan's* Stomical powder of Aron one dram, Zedoary, winters-Bark of each half a dram, Elixir Propietatis forty drops, ſyrup of Citron-peels what ſuffices, mix and make an Electuary, whereof take the quantity of a Cheſtnut every day two hours before eating. 34.

XXXIV. *Another Anti Sorbutic Electuary.*

Take Ceruse of Antimony four ounces, double refin'd Sugar twelve ounces, mix them and make a Powder, to which add syrup of Eringo-roots four ounces, or what suffices to make a white Electuary; the Dose is two or three drams twice a day, increasing the Dose daily to six drams at a time. It is also good against the Dropsy and Jaundice, and purifies the Blood; Drink after every Dose some of any of the Anti Scorbutick Liquors. 'Tis good also against a Gonorea and the Whites.

XXXV. *Another easy prepar'd Electuary against the Scurvy.*

Take leaves of Brook-lime six ounces, wood-Sorrel two ounces, double refin'd Sugar eight ounces, pound them, adding powder of sweet Fennelseeds half an ounce, Ivory in fine powder two drams, Sal Prunnelle a dram and half, with syrup of the juice of Brook-lime, make an Electuary; the Dose the quantity of a Chestnut. Dr. *Willis.*

XXXVI. *A Excellent purging Scurvy-grass Ale.*

Take Sena eight ounces, roots of red-Dock, Burdock, Moncks-Rhubarb of each four ounces,

choice

choice Rhubarb two ounces, winters-Bark six drams, Saſſafraſs two ounces, Liquorice four ounces, ſeeds of Anis, Fennel and Carraway of each ſix drams, Juniper-berries an ounce and half, Bittony, Marjerom, Roſemary, Fumitory, Sage of each two handfuls, Agrimony, Harts-tongue, Liver-wort, Ground-pine of each one handful, Raiſons ſlit half a pound, two Oranges ſtuck with Cloves; being duely prepar'd, hang them in ſix Gallons of Ale and ſmall beer, to which add the juice of Scurvy-graſs, and water-Creſſes of each a pint and half to be put in after it hath done working.

XXVII. *Another Scurvy-graſs Ale of great vertue againſt the Scurvy.*

Take five Gallons of ſmall Ale-wort, before it is boil'd, boil in it Tops of the Pine tree, Firr, or the raſpings or ſhavings of either of their Woods, then after it hath wrought put into the veſſel the Roots of ſharp pointed Dock (vulgarly call'd red Dock) dri'd and bruis'd two pounds, (than which) certainly there is no Remedy more Excellent againſt the Scurvy (ſays the learned Dr. *Willis*) leaves of Brook-lime, water-Creſſes and Horſ-rediſh, in the boiling of it add leaves of Carduus dri'd.

XXXVIII.

XXXVIII. *The Earl of* Linſy's *Scurvy-graſs Ale, whereby he was cur'd both of the Scurvy and Dropſy.*

Take of Sea-Scurvy-graſs, half a Peck, Sage eight handfuls, Horſ-radiſh-roots raſp'd one handful, Wormwood two handfuls, ſeeds of Scurvy-graſs two ounces, Raiſons ſlit two pounds, Bittony one handful, the peels of two Oranges, cut the Herbs ſmall and bruiſe the ſeeds, and put all into a thin bolter-Bag, and hang it in twelve Gallons of new ſmall Ale; when it hath done working and hath ſtood a week, drink of it. The ſaid Lord took a good draught of it in the Morning faſting, at leaſt two hours before eating, and an other at Night, and ſometimes alſo at Meals; It caus'd a good digeſtion of his Meat, fortifi'd his Stomach, and made him more vigorous. Sir *K. Digby.*

XXXIX. *An other purging Scurvy-graſs Ale good alſo againſt Melancholy, and Vapours.*

Take Polypody of the Oak two ounces, roots of Sparragraſs, Burrage, Bugloſs, Sorrel, Cichory, and of red-Dock-roots, Elecampane and Graſs-roots of each half an ounce, the inward Bark of the young ſprouts of Aſh, Bark of Capers, and Tammarisk of each three drams, Liquorice, Epithymum of each a dram and half, Maiden-hair, Agrimony of each two

two good handfuls, Flowers of Broom, Burrage and Bugloſs of each a handful, the four greater and leſſer cold ſeeds of each four drams, Figs eight ounces, Rhubarb one ounce, Mechoacan roots and ounce and half, ſeeds of Anis, ſweet Fennel and Carraway of each ſix ounces, ſhavens of Ivory and Harts-horn, yellow Sanders, Saſſafraſs of each half an ounce, Ginger two drams, one Nutmeg grated, prepare them all duly and hang them in ſix Gallons of ſmall Ale, and when it hath wrought you may put in the Juices of the following Herbs: Take both ſorts of Scurvy-graſs, Fumitory, Agrimony, Cichory, Burrage, Baum, Mugwort, Liverwort of each a handful, ſtamp them together and preſs out the Juice.

XL. *Another purging Scurvy-graſs Ale of Dr.* Butlers.

Take Sea and Garden Scurvy-graſs of each a Peck, Sena Polypody of the Oak of each four ounces, Sarſaparilla ſix ounces, ſeeds of Anis and Caraway of each half an ounce, Liquorice two ounces, Agrimony-Maiden-hair of each two handfuls, being all prepar'd, hang them in four Gallons of new Ale, after four or five days you may drink of it, and when it begins to grow ſtail, bottle it, and keep it in a Celler: You may prevent its growing ſtale by putting into it ſhavings of Harts-horn and Ivory.

XLI.

XLI. *An Excellent Scurvy-grass Ale order'd by Dr.* Willis *for Madam* Ducke.

Take of red-Dock-roots two pounds, of Sea and Garden Scurvy-grass, half a Gallon, Brook-lime, water-Cresses half a Gallon together, twelve Oranges cut in pieces, Heath such as grow on Commons two handfuls, bruise the Roots, stamp the Herbs speedily and hang them in six Gallons of new Ale, so soon as it hath wrought drink of it.

XLII. *A Chalk-water to correct sharp and Scorbutic humors, order'd for Madam* Ducke *by the aforesaid Dr.*

Take of the whitest Chalk in Powder two ounces, put it in a Glass or Jugg, and pour upon it two quarts of Water, three Figgs slic'd, and Liquorice bruis'd one dram, stir them well together, and let it stand twenty four hours, then drink of it three times a day, a quarter of a pint at a time.

XLIII. *Another Scurvy-grass Ale much approv'd.*

Take Succory-roots, yellow-Dock-roots of each three ounces, leaves of Agrimony, Tammorisk, red-Sage of each three handfuls, Graden Scurvy-grass four handfuls, Tops of Pine and

an Firr-tree, or the shaving of their Woods of each two handfuls, Juniper-berries, and wild Dancus seeds bruis'd of each two ounces; bruise the Roots, cut the Herbs small, and hang them in three Gallons of Ale, when it hath done working drink of it.

XLIV. *A Diet drink to Cool and Clear the Blood, and to correct sharp humors.*

Take Figgs, Raisons slic'd of each four ounces, seeds of Anis and sweet Fennel bruis'd of each three ounces, Liquorice two ounces, Cinquefoil two handfuls, Mallow-roots and Fennel-roots of each three ounces, boil them in four quarts of Water, for a quarter of an hour, then strain it and sweeten it with six ounces of Sugar-candy, when 'tis cold put it in Bottles, Drink of it three times a day.

XLV. *A very profitable Medicine against the Scurvy.*

Take roots of Scorzonera, and Ground-pine of each half a handful, burnt Harts-horn two drams, Raisons slic'd half a handful, boil them in three points of Water, till a third part be Consum'd: To the strain'd Liquor (when cold) add Rhenish-wine half a point, and put it into a Bottle, put into it leaves of Scurvy-grass and Brook-lime of each half a handul, preserv'd Orange-peels slic'd small or stampt half

half an ounce, make a close and warm infusion for six hours; then strain it and keep it close stopt for use; the Dose is a glassful twice a day, after any of the Anti-Scorbutick Electuary, or Lozenges. Dr. *Willis.*

XLVI. *An Infusion by it self of Excellent use against the Scurvy.*

Take leaves of Scurvy-grass a handful, Horse-radish-roots rasp'd half a handful, winters-Bark bruis'd two drams, put them in a vessel of Glass, and pour to them white-Wine two pints, or Cider and water of Scurvy-grass of each a pint, let them Infuse in a Celler for three days; the Dose is from six ounces to half a pint after a solid Anti Scorbutick Medicine, as Electuaries or Lozenges. Dr. *Willis.*

XLVII. *A Whey against the Scurvy.*

Take leaves of Scurvy-grass, and water-Cresses of each four handfuls, Succory and Sorrel of each twelve handfuls, stamp them, and add Corrianderseeds bruis'd an ounce, pour to them common Whey of Milk five quarts, stir them well together, and let them stand close cover'd in a Cool place for six hours; then strain it and press it out, and add to this Liquor juice of Civil Oranges a pint, then clarify it with the whites of Eggs, and while it is warm Sweeten it with double refin'd Sugar; the Dose is a pint

twice

twice or thrice a day, *viz.* In the Morning faſting, at four in the afternoon and at Night. If the Patient refuſe it in ſo large a Doſe, let him take only three quarters of a pint.

XLVIII. *Another Anti-Scorbutic Whey good alſo for Diſtempers of the Liver.*

Take Fumitory, Succory, Endive of each three handfuls, Liver-wort two handfuls, Agrimony, Sorrel, Harts-tongue, Burrage, Bugloſs of each a handful, Carrawayſeeds bruiſ'd one dram, ſtamp the Herbs, and pour upon them Whey made the common way, almoſt three quarts, ſtir them well together, and then preſs it out hard, Clarify it with whites of Egg: 'Tis not only a ſingular Anti-Scorbutick; but 'tis good for ſuch as are troubled with Blotches, Boyls, Itches and other breakings out in a hot conſtitution of Body, 'tis good to give to young People, and Children in the Spring time, and helps ſuch as have the Rickets.

XLIX. *A Wine of the Juices of Anti Scorbutic Herbs.*

Take of the Juices of both ſorts of Scurvy-graſs, Brook-lime and water-Creſſes of each a pint, Juice of Oranges a pint and four ounces, ſingle refin'd Sugar twelve ounces, put this into a Gallon runlet, with a tap in it, laying it in a Celler keeping the little bunghol open, or ſlight-

ly stopt that the Liquor may ferment a little, when it hath done working draw it into Bottles: It will be of a grateful taste; the Dose is a spoonful in every draught of Ale, or four ounces of it at a time by it self, twice a day. When you bottle it put into every Bottle a little lump of Sugar, and a Clove slit in two.

L. *Excellent Anti Scorbutic Lozenges for nice Persons.*

Take Winters-Bark finly powder'd, Crabs-Eyes prepar'd of each a dram and half, Pearl prepar'd half a dram, double refin'd Sugar dissolv'd in a sufficient quantity of Water of Earth-Worms, and boil'd to the Consistency for Lozenges six ounces, spirit of Scurvy-grass two drams, make Lozenges of half a dram each; take one of them twice in a day, drinking after it an appropriated Liquor.

LI. *Cordial, stomachal and Anti Scorbutic Lozenges, as they are prepar'd and sold by the* Oxford *Appothecaries.*

Take rinds of Oranges, Lemonds, Citrons, all preserv'd of each one ounce, preserv'd Eringo-roots, half an ounce, Pine-nut-Kernals, Pistick-nuts of each twenty, sweet Almonds blanch'd ten, Aniseeds powder'd half an ounce, Ginger preserv'd two ounces, Species *Aromaticum Rosatum*, Nutmegs of each a dram and half,

Roots

Roots of Galingal a dram, Cloves ten, Amber-greice four grains, Musk and Civet of each two grains, double refin'd Sugar diſſolv'd in Roſe-water and boil'd to a Conſiſtency for Lozenges a pound and half, make Tablets. They are alſo prevailing againſt Wind in the Stomach.

LII. *An Electuary for the Scurvy, eſpecialy, in a cold habit of Body.*

Take of Conſerve of Garden Scurvy-graſs, two ounces, Conſerve of Wood-Sorrel one ounce, Compound powder of Aron ſix drams, ſyrup of Oranges a ſufficient quantity to make an Electuary, of which let him take as much as a large Nutmeg in the Morning, and as much at five a Clock in the afternoon, and the like quantity at Night, drinking after it ſix ſpoonfuls of the Horſ-rediſh-water Compound at Sect. LV. following, or that at Sect. LVI.

Or diſtil a Water of freſh Garden Scurvy-graſs by it ſelf for the ſame purpoſe. A handful of freſh Scurvy-graſs being waſh'd, and dri'd in a cloth and chew'd in the Mouth, the juice ſwallow'd and the remainder ſpit out, will cure the Scurvy and any Itching or ſharp humor in the Blood, and cure the Scurvy in the Mouth, If uſ'd every Morning faſting, an continued for ſome time.

Diſtil'd Anti Scorbutick waters, becauſe they are a neat and Pleaſant Remedy, are in a man-

ner all in all amongst Anti Scorbutick prescripts: I shall here give you three or four forms of such as are commonly us'd by learned Physicians.

LIII. *An Excellent distil'd Anti Scorbutic-water.*

Take leaves of both Scurvy-grass, Brook-Lime, Water-Cresses, Tops of Broom of each four handfuls, leaves of Germander and Ground-Pine of each two handfuls, Roots of Horse-radish a pound, Aron-roots, Angelica and Master-wort of each four ounces, the Peels of four Civil Oranges, and as many Lemonds, *Calamus Aromaticus* an ounce, Cinamon, Cloves of each half an ounce; being slic'd and bruis'd, pour to them of the best Cider eight pints; let them infuse in a vessel close luted, for 24 hours, then distil them in a Limbeck, with a refrigratory. You may also do it in a Comon Still, if you have such a one as I have given the description of.

LIV. *Another Anti Scorbutic distil'd water, which may be made in the Winter season, when Herbs are scarce.*

Take leaves of Scurvy-grass four handfuls, tops of Brooms, of the Pine tree and Juniper of each three handfuls, the middle Bark of Elder and Ash of each four ounces, Roots of Horse-radish and Polypody of the Oak of each three ounces,

ces, the Peels of four Oranges and as many Lemonds, Winters bark four ounces, slice and bruise them, and pour to them of white-Wine, Cyder, Whey, or Elderberry-Wine, either of them eight pints; after two days infusion distil it.

LV. *Another Anti Scorbutic-water, call'd the compound Horse-radish-water.*

Take Garden and Sea Scurvy-grass of each three pounds, stamp them and press out the Juice of them with as much speed as you can; to which add juice of Water-Cresses and Brook-lime of each three quarters of a pint, to this mixture add two quarts of white Porto, six Lemonds cut into small slices, fresh Briony-roots two pound, Horse-radish roots one pound, Winters-bark four ounces, Nutmegs two ounces, steep them all for three days, then distil it in a Limbeck with a Refrigeratory, Bucked-head, or a Worm.

Hartman, Instead of white Porto you may take Wine made of Elderberries, which is of it self an Anti-Scorbutick.

LVI. *Another Anti-Scorbutic distil'd water.*

Take Roots of Horse-radish rasp'd or bruis'd two pound, Scurvy-grass twelve handfuls, Aron-roots one pound, Spearmint, Sage, Water-Cresses and Brook-lime of each six handfuls,

ſeeds of Scurvygraſs a little bruis'd half a pound, white Port Wine ſix quarts, (or Ederberry wine) diſtil it in a Common ſtill, and reſerve only the firſt three quarts. Dr. *Bates.*

Note, that if you have a Common ſtill you may have the Head of it alter'd and made as I have given the Deſcription, with which you may draw two quarts whilſt you can draw but one in the Common. *Hartman.*

Theſe Waters are not only previlent againſt the Scurvy, and all Scorbutick Caſes; but they are alſo very profitable for the Dropſy, ſmall Stones, Sand and Gravel in the Reins or Bladder, Stranguary and Stopage of Urin; they are ſome times ſucceſsfully preſcrib'd and us'd in the Palſy, they are good againſt the Green-Sickneſs, open obſtructions of the Liver, Spleen and Lungs, and purify the Blood; the Doſe two or three ſpoonfuls in Reniſh-Wine, or Goosberry, Corrans, Cherry or Elderberry-Wine; for they are all of them Anti Scorbutick, and much cheaper.

LVII. *Dr.* Harvy's *Nitrum* Tartariſatum.

Make Antimony Diaphoretick the common Way, with three parts of Salt-Peetre to one of Antimony, both powder'd and mixt exactly, and caſt into a red-hot Crucible by little Ladlesful covering the Crucible after every injection of the ſaid Mixture; having injected all, cover the Crucible, and having fill'd the Furnace

nice with Coals, ſtop it up cloſe, and let the matter Calcine till the Coals be burnt out. The Maſs being yet warm, powder and put it in a large Baſon, on which ſuppoſing the Maſs to be a pound in weight, pour about a quart of warm-Water and ſtir it well about; then let it ſtand four or five hours, that the powder may ſettle; pour off the Water into an evaporating glaſs, adding to it half a pint of diſtil'd Vinegar, evaporate it to a Pellicle, and ſet it in a Cool place to Cryſtallize for three or four days, gather the Cryſtals, and evaporate the remaining again to a Pellicle; then ſet it again to Cryſtallize as before, repeat this ſtill as is ſhot into Cryſtals that will ſhut; and this is the Dr.'s Nitrum *Tartariſatum*, whereof he gives from half a ſcruple to two ſcruples, and ſays it hath perform'd affects in the Scurvy and ſome other Chronical Diſtempers, which could never be expected from the *Arcanum-Duplicatum Tartatum Vitriolatem*, or ſuch Heamaphroditick preparations; for beſides its Penetrative, Inciſive, Detergent, and deopilative qualities, it does retain a proportion of Antimonial Salt, Centrical Sulphur, and a true Idea of what ever excellent Faculties *Antimony* in its beſt preparations is enricht with, ſo that there is ſcarce any impurity (whether Manifeſt or Latent) in the Blood or Bowels, that can eſcape its Energie; but when you have made uſe of as many ounces of this *Nitrum Tartariſatum* as I have: I doubt not but you will have cauſe to give the ſame

Charracter of it I have expreſt. Dr. *Harvy* in his book call'd the Diſeaſe of *London* or a new diſcovery of the Scurvy.

LVIII. *Anti Scorbutic Pills of Dr.* Juncus.

Take of the Mellagoge Pill of Quercetan a dram and half, Extract of the leaves of Sena half a dram, Roſin of Jalap one dram and ſix grains, Tartar vitriolate thirteen grains, volatil ſalt of Amber one ſcruple, ſeeds of Garden Creſſes, Scurvigraſs and of Muſtard of each half a dram, and with the Elixir Proprietatis what ſuffices, make a Maſs for Pills; the Doſe is from a ſcruple to half a dram.

LIX. *An Excellent Anti Scorbutic Phyſical VVine. Dr.* Silvius.

Take Garden Scurvy-graſs, water-Creſſes, Wall-Rue of each one handful, Roots of Horſ-rediſh, and Polypody of the Oak of each two drams, Sena one ounce, the Yellow Peels of Oranges two drams, beatten Cinnamon a dram and half, crude Tartar three drams; being cut and groſly bruis'd, put them in a ſtone Jugg, and pour upon them four pints of French and Reniſh-Wine. Drink a Glaſsful of it in the Morning.

LX.

LX. *Sir* John Micletwait's *Anti Scorbutic Elixir.*

Take Sena four ounces, Roots of Jalap, Scamony of each an ounce and half, Rhubarb, Hermodactils, Galingal of each two drams, Aniſeeds, Carrawayſeeds, Juniperberries of each four ſcruples, Turpeth ſix drams, ſpecias *Aromaticum Roſatum* two drams two ſcruples, ſalt of Wormwood, ſalt of Steel of each two drams, Bark of Saſſafraſs, ſix drams, Saffron four ſcruples, ſalt of Tartar, and Scurvy-graſs of eauh four ſcruples, ſpirit of Scurvy-graſs one pint, and ſpirit of Wine rectifi'd three pints, Diſſolve the Salts in a little fair Water, for they will not diſſolve in the ſpirit of Wine, digeſt and make an Elixir according to Art; the Doſe is from thirty drops to half a ſpoonful.

It is excellent in the Collick, opens obſtructions of the Liver and Spleen, provokes the Courſes, prevails againſt ſmall Stones, Sand and Gravel, Dropſy, Gout, yellow Jaundice, Vapours and Fits of the Mother, It ſweetens the Blood.

LXI. *An excellent Anti Scorbutic Ale.*

Take Succory-roots, yellow Dock-roots of each three ounces, leaves of Agrimony, Tammariſh, red Sage of each three handfuls, Garden Scurvy-graſs four handfuls, the Tops of Pine and Firrtree of each two handfuls, Juni-

per-

perberries bruis'd two ounces, put them all in a thin Bag, or a close Net, and hang them in three Gallons of Ale, when it hath done working drink of it, you must bruise the Roots, and cut the Herbs small.

CHAP. XXI.

Of Choice approv'd and experienc'd Remedies for the Cure of the Dropsy.

I. *Excellent Pills for the Dropsy. Dr.* Bates.

TAke Rosin of Jalap, Scammony, Rhubarb, Cambogia, Calomelanos of each half an ounce, Ammoniacum (prepar'd with our blew Flower de Luce) three drams, Tartar vitriolate two drams, Mastick one dram, Saffran two scruples, spirit of Turpentine fourty drops, with syrup of Buckthorn-berries what suffices, make a Mass for Pills; the Dose is two scruples, or more in strong People: They work briskly and strongly, and may be given in the Morning fasting, twice a Week with observations as in other purges; but because that such melting purges, much weaken the Bowels, it is necessary in the intervals to exhibit strengthners, some times a Dose of Lawdanum at Night going to Bed, at other times a Dose of Tincture of Mars, which things admirably fortify the Bowels; as the Ingenious Dr. *Salmon* well observes.

II.

II. *A Powder for the Dropſy.*

Take the ſeeds of Cichory, Aſh-Keys, Burdock, red-Nettles, Paſly, Fennel, Alexander of each half an ounce, Pellitory of *Spain* three drams, Salt Prunella Juniperberries of each one ounce, reduce them to Powder; the Doſe is one dram in four ounces of white-Wine, or Elderburry Wine if you can have it, take it every Morning and Night.

III. *An Excellent Drink for the Dropſy.*

Take of the Innerbark of Elder, red-Sage, Ground Ivy, Smallage, roots of Fennel, Aron, Polypody of the Oak, Scurvy-graſs, and Brook-lime of each half a pound, the beſt Juniperberries bruis'd one pound, Ginger ſlic'd thin an ounce, bruiſe the Roots and ſtamp the Herbs with as much ſpeed as you can, and hang them preſently in four Gallons of Ale when it hath done working, ſuch as are able may then add ſome white-Wine, Reniſh-Wine, or Elder-wine (which is better) if you can have it. Drink of it conſtantly.

IV. *A Decoction for the Dropſy.*

Take of the Bark of the Roots of Elder, two handfuls, Saſſafras, and Sarſa Parilla of each two ounces, Winters-bark, Winter Cherries of

of each an ounce and half, ſeeds of Alexander beaten one ounce, being cut and bruis'd, boil them in ſix quarts of white-Wine to the conſumption of two quarts, when 'tis half cold ſtrain it; the Doſe is four ounces Morning and Night.

V. *An other very good Diet drink for the Dropſy.*

Take Polypody of the Oak ſix ounces, Bark of *Lignum Vitæ* three ounces, Saſſafraſs four ounces, Sena ſix ounces, Aniſeeds bruis'd three ounces, Epithymum, Stechados of each half an ounce, Raiſons ſlit half a pound, Hermodactils three ounces, Agarick, Rhubarb, Chinaroots of each half an ounce, prepare them all, and infuſe them in two Gallons of Ale, and ſix quarts of white-Wine, let them infuſe all Night, then boil it with a gentile fire for two hours and half, when tis cold ſtrain it; let the Patient drink of it three times a day at the Phyſical hours, half a pint at a time. Boil the remaining ingredients in Ale, and drink of this ſecond Liquor at Meals, and when you are thirſty drink no other Liquor but the two.

Let your Diet be Roſt-meat of Mutton, Fowel, and Rabit, but not Veal, eat often Raiſons of the Sun with Biskets inſtead of a Supper. Sir *K. Digby.*

VI. *An other Experienc'd drink for the Dropſy.*

Take of the Inner green rind of Elder, and of

of the young ſhouts of Aſh of a years growth of each two handfuls of Wormwood one handful ſhred them very ſmall, and put them in a ſtone Bottle, or Glaſs, and pour on them Ale and Beer of each two quarts, White-Wine or Elder-Wine two quarts, ſtop it cloſe and let it ſtand three or four days, ſhaking it now and then; then ſtrain it and bottle it up into quart Bottles, ſtop them cloſe, it will grow very quick and pleaſant. Drink of this at Meals, and all times when you have need to drink; Dr. *Williams* to Sir *K. Digby*. The mixture of the ſeveral Liquors will cauſe the Patient to make Water in a bundance.

VII. *A notable cure of a deſparate Dropſy perform'd by Dr.* Farrar *upon an Eminent Lord.*

Having well purg'd the Patient firſt, with ſome fit purge to carry off watery Humors, the Dr. order'd him the following Diet of Garlick: Make ſome moderate Broth of Mutton, Capen or Hen, but not Veal, it muſt not be too ſtrong of the meat, nor too weak, but ſuch as you may drink all the day, for you ſhould drink no other Liquor.

You muſt make but two quarts of Broth at a time, for it will not keep, and for this quantity, you muſt take a Gallon of Water, into which put above a handful of Garlick, Roſemary, Thyme, Penny-Royal, ſweet Marjerom, Fennel-roots, Parſly-roots, alſo Currans and ſome Salt.

And

And after ſome days taking the Broth, put into every draught you take of the Broth, a ſpoonful or more of the juice of raw Garlick ſtampt and preſt out: But if you cannot bear it always to tak this Broth, then uſe the following Diet drink or Decoction.

Take Sarſa Parilla twelve ounces, China-root five ounces, Saſſafraſs, three ounces; put them in a Pipkin, which ſet in a Kettle of hot Water for four hours, then through away this Water, and ſtamp the Ingredients, and boil them in ten quarts of Fountain-water in a veſſel cloſe cover'd till four quars be coſumed: Of this Decoction drink without any other Liquor but the Garlick broth, taking ſome times the one, and ſome times the other. Or take all the aforeſaid Ingredients in the ſame manner prepar'd and put them in a Bag, and hang them in a clean veſſel fill'd with Beer, to every ounce of the Ingredients you muſt take a quart of Beer. Either of theſe is only in caſe you cannot bear the uſe of the Garlick-broth; which alone will diſpatch the cure much the ſonner, if you can bear it.

This Garlick-broth is for all obſtructions and ſuperfluity of cold, raw humors (clogging the brain) as well as for the Dropſy.

Hartman. Sir *K. Digby* made the bargain between the ſaid Lord anc the Dr. which was Five hundred pounds; and I heard Sir *K. Digby* ſay, that after twelve or thirteen days the Patient began to Piſs in great abundance, and very

very Stincking, Noiſum, roaping matter; and continuing the Remedy, the ſaid Lord was perfectly cur'd

VIII. *An other experienc'd Remedy by which, both the Dropſy and the Scurvy has been cur'd.*

Take Wormwood, Maiden-hair, Bettony, Fumitory of each one handful, red Dock-roots, Madder-roots of each three ounces, Polypody of the Oak two ounces, Horſ-radiſh-roots half a pound, Sena five ounces, Rubarb ſlic'd thin two ounces, Mace, Nutmegs, Galingal, and Cloves of each two drams, Mechoacan-roots thin ſlic'd and Hermodactils of each two ounces, Sarſa Parilla four ounces, being ſlic'd and bruis'd, put them all into a Bag of bolter-cloth, or into a cloſe Net, and hang them in ſix Gallons of ſmall Ale, with a pint and half of juice of Water-Creſſes, and two pints of juice of Scurvy-graſs, after five or ſix days drink of it as oft as you pleaſe: Note, the veſſel muſt not be quite full leaſt it ſhould work over.

IX. *The Dropſy cur'd in a young Woman by the following.*

Take Elecampane, Liquorice, Pauls-Betony, Roman Wormwood, flower of Sulphur, ugarcandy, Conſerve of Roſes of each half an unce, and of the beſt fallet Oyl what ſuffices, take an Electuary; the Doſe is the quantity of

of a Chestnut three times a day. 'Tis good also for shortness of breath, Hoarsness, Cough and Consumption of the Lungs.

X. *A despar'd Dropsy cur'd in a Gentleman, by the following, after many Remedies taken in vain.*

Take Elecampane, Roots of Smallage, Fennel, Flag roots, or blew Fower de Luce of each an ounce and half, Jentian and Asarum-roots, Squils of each a dram, of the Inner-bark of Elder an ounce, Saffafras six drams, Rhubarb two ounces, Jalap half an ounce, Steel prepar'd with Tartar, tops of Wormwood, Agrimony, Ground-Pine, Maiden-hair, all dry'd of each two drams, Centory, Broom-flowers of each a dram and half, Cinnamon two drams, Spicknard half a dram; being all cut and bruis'd, infuse them in six quarts of white-Wine, or of Elder wine for three days, shaking the vessel often; whereof the Patient took a pint every Morning fasting, by this he was perfectly cur'd. Given me by this worthy Mr. *Parker* of *Gravesend*, who new the said Gentleman very well, his Belly and Leggs being prodigiously swell'd.

XI. *The Dropsy cur'd by Sir* George Wakman *and Sir* William Rook.

Take crude Antimony in powder, four ounces, Sea Wormwood cut small two handfuls, Garlick

Garlick stampt three handfuls, put them in a bag of bolter-cloth, and hang them in ten Gallons of very strong Ale. The proportion of Mault to make this Ale, was two Bushels to make ten Gallons.

XII. *An other Experienc'd Remedy for that Dropsy call'd Anasarca.*

Take of the Ashes of Broom, Wormwood, or of the Cuttings of Vines burnt to whiteness, and sifted four ounces, put them in a glass-bottle, and pour on them a quart of white Wine, stop it close and set it in a Kettle of cold Water, then hang it over the fire that the water may be warm, keep it so for three or four hours, strain it; the Dose is from six ounces to eight twice a day. If you have the conveniency of a sand Furnace, you may make the digestion in that.

XIII. *An other for the same.*

Take salt of Tartar made with Niter three ounces, melt it in a Crucible till it look blewish, powder it in an Iron Mortar whilst it is hot, put it speedily in a Matrass whilst it is yet warm, and pour upon it a pint and half of good strong English-Brandy, Water of Snails, and Earth-wormbs of each four ounces, stop it close, and digest in a warm Sand for two days, then pour of the clear Liquor; the Dose is two or three ounces, with four ounces of the Decoction of

Roots of Butchers-broom, and Burdocks made in Ale. For ordinary drink, take the Ashes of Broom, burnt to whiteness and sifted two pounds, Saffafras three ounces, Galingal one ounce, Juniper-berries, and Daucus seeds bruis'd of each an ounce and half, put them in a bagg and hang them in four Gallons of Ale, after seven or eight days begin to drink of it.

XIV. *A much approv'd Diet drink to be taken instead of Beer, by the constant use of which many Persons almost given over, have been perfectly cured of this kind of Dropsy.*

Take of Guaiacum, Saffafras of each four ounces, roots of Florentine Orris (*Calamus Aromaticus*, Gallingal, Elecampain of each an ounce and half, Juniper-berries, and Lawrel-berries of each two ounces, seeds of Anis, Carraway, sweet Fennel, and Coriander of each an ounce, Long Pepper, Cubebs of each an ounce and half, Cloves, Nutmegs, Ginger of each half an ounce, Jamaica Pepper two ounces, dri'd leaves of Sage-vertue, Wood-Sage, Calamint, Agrymony of each a handful, Liquorice four ounces, being slic'd and bruis'd, boil them in four Gallons of Fountain-water to half, then strain it, and when 'tis cold bottle it up in Glass-bottles for use. Dr. *Willis.*

XV.

XV. *A Medicine for the Dropſy, and Scurvy, which has had very good ſucceſs in ſome Perſons of Quality.*

Take of Sea-Scurvy-graſs half a Buſhel, Roman Wormwood, and common-Wormwood of each two handfuls, red-Sage three handfuls, tops of Roſemary one handful, pick them and waſh them in ſmall Beer, dry them with a Cloth, bruiſe them in a Mortar, then put them in a Jugg, with two quarts of Sherry-Sack, and four quarts of Reniſh-wine, or of Elder-wine if you can get it, put into it half a pound of filings of Iron turn'd to ruſt, and tied in a linen Rag, and of Horſ-rediſh-roots raſp'd, two handfuls, let it ſtand five days, then as you drink it ſtrain it, and drink a Wine-glaſs of it in the Morning faſting, and another at four a Clock in the afternoon.

XVI. *An Experimented Medicine for the Dropſy, ſaid to be an Infaliable cure.*

Take of the beſt Muſtardſeed bruis'd, ty'd up in a bagg, leaving room for the Swelling, ſteep it fourty eight hours in as much white-Wine (or Elderberry-wine) as will Cover it, then ſtrain it and put it in bottles, drink a quarter of a pint of it every Morning faſting, and you will ſoon find the good Effects of it.

XVII. *Another Medicine wherewith the Dropsy has been cur'd.*

Of a Bushel of Mault make eight Gallons of Wort, in which boil (instead of Hops) tops of Broom dri'd a convenient quantity, when it has done working let it be your ordinary drink.

XVIII. *An Efficatious purging Electuary for the Dropsy call'd Ascites, by Dr.* Silvius.

Take Rosin of Jallap, two drams, Tartar vitriolated a dram, extract of Rhubarb two drams, Esula a dram and half, Gallingal powder'd a dram, Conserve of English Oris-flowers four ounces, with syrup of Peach-flowers what suffices, make an Electuary; the Dose is from half a dram to a dram and half or two.

XIX. *Another admirable purging Medicine in the Dropsy.*

Take *Elaterium*, three grains, Rosin of Jalap six grains, or powder of the root of Jalap ten grains, *Pulvis Sancti*, or *Dia senæ* half a dram. mix it with white-Wine six ounces, and give it for a Dose in the Morning.

XX. *An Excellent Tincture of Scurvy-grass compound, for the Dropsy.*

Take clean filings of Iron four ounces, red-

Sage,

Sage, Agrimony of each three handfuls, leaves of Sea Scurvy-grass two pound, Garden Scurvy-grass three handfuls, Wormwood, Rosemary of each two handfuls, Horse-radish-roots four ounces, cut all small and add to them white-Wine and Cherry-Wine of each two quarts, let them infuse cold in a vessel close stopt for three days, then strain it. It has cured many sick of a deplorable Dropsy accompanied with the Scurvy, even when they have been past all hope, and after that many other Medicines had been us'd in vain; the Dose four ounces twice a day. Instead of white-Wine you may take Elderburry-wine if you can have it.

CHAP. XXII.

Of Choice Approv'd and Experienc'd Remedies for the Stone, Sand and Gravel, in the Kidneys or Blader, Strangury and Stoppage of Urin.

1. *An Excellent Clister, for the Stone in the Kidneys.*

TAke Pellitory of the Wall, Maiden-hair, Herb Mercury, Mallows and Marshmallows of each a handful, Fennel, Parsly, Linseed bruis'd of each three drams, Bran, Roots of Flower de Luce of each an ounce, boil them

in a ſufficient quantity of Water to the Conſumption of one third part, then ſtrain it, take of this Liquor one pint, to which add Hony of Roſes, Caſſia newly drawn of each an ounce, Hiera Piera half an ounce, oyl of Rue, Cammomil, and Dill of each an ounce, Sal Prunella one dram and half, mix and make a Cliſter. Dr. *Sermon.*

II. *A Remedy to help the Stone in the Bladder.*

Take the Stones of Hips dri'd, beat them to powder; the Doſe is two drams at a time in four ounces of white-Wine. It will provoke Urin much and bring away ſmall Stones and Gravel.

Or take the powder of Ivy-berries, red Nettle-roots of each an ounce, Sal Prunella half an ounce, mix them; the Doſe is four ſcruples every Morning in four ounces of white-Wine.

III. *Another for the ſame.*

Take of the diſtil'd Water of Onions two ounces, ſpirit of Juniper one ounce, the powder of Wood-lice one dram, ſyrup of Marſhmallows one ounce, mix them and make a Potion, which drink every Morning faſting for ſome time together.

IV.

IV. *An experinc'd Medicine of excellent uſe againſt the Stone.*

Take of Caſſia newly drawn, oyl of ſweet Almonds of each half an ounce, *Diaphœnicon* two drams, powder of Rubarb fifteen or twenty grains, powder of Liquorice half a dram, ſyrup of Violets one ounce, with a ſufficient quantity of diſtil'd Water of Mallows, make a Potion which let the Patient take all at once in the Morning warm.

V. *An other very good Remedy for the ſame.*

Take Holly-berries bruis'd, boil them in Wine or Ale, ſweeten it if you pleaſe with Hony and drink thereof. It ſmoothens the paſſage, and cauſeth ſmall ſtones, Sand and Gravel to come away to admiration. Dr. *Sermon.*

VI. *An other for the ſame very good.*

Take the Juice of Radiſhes, and Mouſear of each equal parts, mix them and take two or three ounces every day Morning and Night.

VII. *An other very good Remedy againſt ſmall Stones, Sand and Gravel in the Kidneys.*

Take of Mallows, and Pellitory of the wall of each a handful, ſweet Fenneliſeeds, Grumwelſeeds bruis'd, Raiſons ſlic'd of each an ounce,

Liquorice half an ounce, ten Figs ſlic'd, boil them in a quart of new Milk, then ſtrain it and make a poſſet of it with white-Wine and ſmall Ale of each three quarters of a pint, drink thereof at pleaſure, half a pint at a time with a ſpoonful of ſyrup of Marſh-mallows in every draught.

VIII. *A Remedy to brake and brink away the Stone, Sand and Gravel, Invented by the Empours Phyſician.*

Take the ſhels of an Eſtridg-egg pulveriſe it, and digeſt it in ſpirit of Salt until it be diſſolv'd, then filter it and keep it for uſe; the Doſe is twenty or thirty drops in white-Wine or Ale. It is good alſo againſt ſtoppage of Urin, it expels Water in the Dropſy, provokes the Terms, and ſome times purges by Stool.

IX. *The Lord Denbigh's Remedy againſt the Stone, unto which he attributed his cure, as he told Sir* K. Digby.

Take a good ounce of Mellonſeeds, and near a quart of ſmall quick-beer, and a little Rheniſh-Wine, brew the chief quanty of the drink with the yelks of ſix new laid Eggs, and draw the Milk out of the Mellonſeed with an other part of it, and a little ſpirit of Clary, and as much virgin Hony as will ſweeten it, then mingle and brew altogether, and drink a large draught thereof.

X. *A Remedy to expel ſmall Stones, Sand and Gravel, which the Lady* Digby, *Sir* K. Digby's *Mother uſually took and found the greateſt benefit by.*

Take the leaves of Golden-rod when it is in its greateſt vigor, dry them in the ſhade, and when you are troubl'd with the Stone and Gravel, take one ounce thereof (made into ſubtile powder) in a ſmall glaſs of white-Wine and Milk of each a like quantity; repeat this as often as there is cauſe for it.

When the Herb is freſh and green, you may boil a handful of it in Whitewine poſſet drink, and drink it in ſtead of the dried Herb, which is to keep all the year.

XI. *An other Remedy for the Gravel. Stangury and ſtoppage of Urin, which Sir* K. Digby *uſually took and found great benefit by.*

Take the white of a new laid Egg, beat it till it be all in froth, then let it ſettle, pour off the clear Liquor, and mix it with two ſpoonfuls of white Wine, and four ſpoonfuls of red Roſe-water, and one ounce of Sugarcandy in powder, take it in the Morning faſting, and an other at Night when you go to Bed, continuing it for ſeven days.

Hartman. I have often preſcrib'd this Remedy with great ſucceſs, for perſons troubl'd with the Gravel and ſtoppage of Urin.

XII.

XII. *An other Remedy for ſmall Stones, Gravel or Sand in the Kidneys.*

Make a poſſet of a quart of Milk, with Ale and white-Wine, then ſtrain it and boil in it parſlyroots, leaves of Pellitory of the Wall, and Mallows of each a handful, water-Creſſes half a handful, two ſprigs of Tyme, Liquorice bruis'd one ounce, boil it to a quart, ſweeten it with Sugarcandy, and drink a draught of it in the Morning and in the afternoon.

XIII. *An experienc'd Remedy for ſtoppage of Urin.*

Take a black Flint-ſtone make it red hot in a ſtrong fire, then put it in a pint of white-Wine, cover the pot and let it ſtand for a quarter of an hour; then let the Patient drink it clear off.

XIV. *A Remedy of great vertue againſt the Stone, Strangury and ſtoppage of Urin.*

Take the Stone of the Wild Hips, being well dri'd, make them into fine Powder; the Doſe is two drams, in four ounces of white-Wine.

XV. *An other of Great vertue.*

Take Stons of Hips, Snail-ſhells, and ſhells of Haſlenuts, Liquorice, and brown Sugarcandy of each a like quantity; make of them all a fine

fine Powder; the Dose is two drams twice a day drinking after it any convenient Liquor. *Junckins.*

XVI. *An other for the same.*

Take the powder of Ivy-berries, red Nettle-roots of each an ounce, mix them and take a dram or four scruples every Morning in four ounces of white-Wine.

XVII. *An other very profitable for the same.*

Take the distil'd water of Onions a pint and quarter, Juniper water one ounce, powder of *Millepedes* one dram, syrup of Marsh-mallows one ounce, mix them and make a potion; drink it in the Morning fasting, and continue it for some time together.

XVIII. *An other experienc'd Remedy for the Stone-Collick, Strangury and stoppage of Urin.*

Take Sena an ounce, Ginger, Aniseeds, Liquorice, Mace, Nettleseeds and bastard-Saffran of each a dram, Cinnamon a dram an half; reduce them all into a fine powder, and take a spoonful thereof in Posset drink, wine or Broth. 'Tis good also for the Droysy.

XIX.

XIX. *A Remedy for the Stone, which (as it is reported) did dissolve and bring away the Stone in the Bladder.*

Take *Millepedies*, vulgerly call'd Woodlice a good quantity, wash them with white-Wine, then put them in a good glaz'd pipkin, cover it and past it close, and set it in an Oven after the bread is drawn, then reduce them to powder, to which put as much white-Wine as it will drink up, put it in the Oven again, then inbibe it again with white-Wine, and put it in the Oven again; repeat this a third time, then mix it with Strawberry water, and twenty drops of oyl of Vitriol dry it once more in the Oven, and keep it in a glass close stopt. Of this powder the Patient took four scruples mix'd with one spoonful of Brandy, and a litte Broth made of Cisers, in the Morning fasting, the effect of it was thus: The Patient was in great pain for the space of two hours, and after five hours past, he made a little Urin but very thick, the Second day having taken this Medicine again, his Urin was much thicker than the First, the Third day he voided a great deal of Sand; but continuing taking the Medicine, the Seventh day he voided so much Sand that his Urin was full of it, and the Ninth day the Patient was perfectly cur'd. The cure was perform'd in a Printers son at Room. Sir *K. Digby.*

XX.

XX. *Another Remedy for the ſmall Stones, Gravel and Sand.*

Take the red berries of How-thorns (call'd Haws) when they are ripe; dry them and beat them to powder and ſearce them finely; take a ſpoonful of this powder in a glaſs of white-Wine in the Morning faſting, and you ſhall never be troubled with the Stone as long as you take it.

XXI. *A diſtil'd Water much Experienc'd and approv'd to be Excellent for the Stone and Gravel.*

Take Haws freed from their ſtalks two Gallons, bruiſe them well, and add to them roots of Philopendula and Saxifrage, Horſ-rediſh raſp'd, and Saſſafraſs of each a pound, put upon them ſo much white-Wine as will cover them, ſtir them well together and let it ſtand cold four hours ſtiring it now and then; then diſtil it in a Roſe ſtill, adding ſo much Milk to each Still as will cover the matterials; the Doſe is a Wine glaſsful ſweetn'd with ſyrup of Marſh-mallows. A Gentleman uſe to take a glaſsful of it and ride upon it. It brought a way many ſmall Stones.

XXII. *Another Water of Haws compound.*

Take ripe Haws, bruiſe them well, add to them

them roots of Mash-mallows, Liquorice of each eight ounces, Restharrow three ounces, leaves of Parietary, Winter Cherries of each twelve ounces, Mint two handfuls, seeds of Common Daucus four ounces, of Coriander two ounces, bruise the Roots and Seeds, pour upon them Milk warm from the Cow six quarts, distil it in a Common Rose still taking of the head, and stirring it some times, by reason the Milk Curds and Clods; the Dose is four ounces sweeten'd with syrup of Marsh-mallows. It is an excellent thing against the Stone, Sand and Gravel. You may take with this Water, the powder of Snail-shels and Bees a scruple, or of the powder of Woodlice a scruple, or the powder of Winter Cherries.

This Water will be yet better if you distil it with Parsly or Arsmart water instead of Milk; for if you distil it with Milk it will soon turn sower and be spoil'd.

XXIII. *A Powder much approv'd for the Stone, Strangury and stoppage of Urin.*

Take fresh shells of Snails (those that are of a redish colour are best) drie them in an Oven after the bred is drawn, reduce them to a fine powder; then take Bees, and drie them in like manner and reduce them also to a fine powder; take of this powder one ounce, the powder of Snails two ounces, mix them well together, and keep it in a vial close stopt for use;

the

the Doſe is ſo much as will ly upon a ſix pence in a quarter of a pint of Parſly or Arſmart-water, or in the diſtil'd water of Haws, take it in the Morning faſting, or at any time when there is a need, and faſt two hours after it.

XXIV. *A very remarkable cure of Stoppage of Urin.*

A Man having been grievouſly afflicted with ſtoppage of Urin, for ſeveral days, ſo that he could neither make Water nor go to Stool, he had taken many Medicines for it preſcrib'd by ſeveral Able Phyſicians, which all remain'd in his Body and ſwell'd him, adding but more to his miſery; ſo that he was in great danger of his Life.

He was adviſ'd at laſt to ſend for a plain Country-Man, who us'd to cure Horſes and Cattle, when they could not ſtall; who, when he came to him took Nine live Bees and put them in a draught of Beer, and after the Bees were drown'd in the Beer, he gave it the Patient to drink, who with in a little time after he had taken it, made Water in a bundance, and alſo went to Stool.

XXV. *The Queen Mothers Appothecarry's ſecret for ſtoppage of Urin.*

Take the thin yellow rind of Lemonds, dry them and powder them finely, take of this powder

powder ſo much as will ly upon a ſhilling in a glaſs of white or Reniſh-Wine or in Ale. This was told me by one who was himſelf cur'd with it. *Hartman.*

XXVI. *Another experienc'd Remedy to expel ſmal Stones and Gravel, Obſtructions and ſtoppage of Urin.*

Take Crabs Eyes prepar'd, Egg-ſhells prepar'd (thoſe after Chichens are hatch'd are beſt) aſhes of a Hare or the Bones burnt and powder'd, Wood-lice, Sal Prunella of each ſixteen grains, Opium one grain, mix them for a Doſe, and take it at Night going to bed, drinking after it a glaſs of warm Reniſh-Wine, or fair water ſweeten'd with Hony, or the Water diſtil'd from Bean ſhells, and ſweeten'd with ſyrup of Violets which is alſo excellent to temper the ſharpneſs of Urin.

XXVII. *Another for the ſame.*

Take the little gray bird call'd Wagtail, the whole bird Calcin'd, and the Aſhes Bones and all powder'd and drank in any proper Lipuor, is of wanderful effects againſt ſmall Stones and Gravel, whether in the Kidneys or Blader. Dr. *Scroderus.*

XXVIII.

XXVIII. *To expel ſmall Stones and Gravel, a profitable powder.*

Take a quantity of Bees, dry them, reduce them to powder, then take Eggſhells after Chickens are hatch'd, make of them alſo a fine powder, then take powder of Tyme; take of theſe three powders of each equal parts, mix them, and let the Patient take thereof in any proper Liquor, as Radiſh-water, which of it ſelf is ſaid to be a preſent Remedy.

XXIX. *An other for the ſame.*

Take the ſhells of *Snails*, diſſolve them in diſtil'd Vinegar, and make a Magiſtery. It has no leſs vertue in the expelling of ſmall Stones and Gravel, than the Magiſtery of Eggſhells.

XXX. *An other for the ſame, by which an Eminent Lord found much benefit.*

Take the Gum of the Cherry-tree, diſſolve it in white-Wine and drink it.

XXXI. *An other to which ſome Phyſicians attribute great vertue.*

Take the ſeed of Medlers made into fine powder; whereof take a dram in any convenient Liquor.

XXXII. *An other for the same.*

Take a large Radish stamp it, and steep it in six ounces of Rhenish-wine for a few hours, then press it out hard and drink it.

XXXIII. *An other approv'd Remedy for the Stone and Gravel.*

Take a pint of Luke Olives (which are the smallest of Olives) and eat the meat of them, then dry the Stones and beat them to powder, and take as much of the powder as will ly heap'd on a shilling, and drink it down with a little white-Wine for three Mornings together.

XXXIV. *A Remedy for the Stone-Collick.*

Take the red berries of Haythorn (Haws) of Eglantine or Hips being ripe, Ash-Keys, Liquorice and Aniseeds of each a like quantity, make of them a fine powder; the Dose is a spoonful every Morning in Rhenish-wine for three Mornings together.

XXXV. *An other for the same.*

Take of Broomseed, and Ashen-Keys of each equal parts, dry them and beat them to powder, whereof take a spoonful in Wine.

XXXVI.

XXXVI. *An other for the Stone.*

Take Acorns and dry them but not in the Sun, then greet them as you do a Nutmeg, and drink the powder down with a little Wine.

XXXVII. *An other Remedy most Effectual against the Stone.*

Take of the Five opening Roots of each an ounce and half, Burdock-roots one ounce, Tops of the Pine and Firtree of each an ounce, Grumwell-seeds an ounce, Juniper burries six drams, of the four greater Cold seeds of each two drams, being slic'd and bruis'd, boil them in three pints of Fountain-water, adding towards the latter end white-Wine twelve ounces, to the strain'd Liquor add syrup of Violets three ounces, spirit of Turpintine dissolv'd with Sugar one dram, mix and make an Apozem; drink thereof Morning and Evening six ounces at a time.

CHAP. XXIII.

Of Choice, Experienc'd and Approv'd Remedies for the cure of the Collick.

I. *The Lady* Faunce *her excellent Pills for the Collick, Vapours, and Fits of the Mother, preſcrib'd for her Ladiſhip by Dr.* Bouls.

TAke Gum Ammoniacum two ounces, Aloes Roſat ſix drams, Tartar vitriolate four ſcruples, Storax Calamita one dram, diſſolve theſe in the following *Menſtrum.*

Take Rhubarb thin ſlic'd one ounce, powder of *Diarhodon Abatis*, *Aromaticum Roſatum*, of each two drams, Infuſe them in half a pint of the juice of Lemonds, or in the Compound Jentian water for twenty fours hours, then ſtrain it by preſſing it hard; in this ſtrain'd Liquor diſſolve the Ingedients aforeſaid, then ſtrain again, and evaporate it to the conſiſtance of a Maſs for Pills, whereof take two ſcruples, of which make five pills, take three at Night when you go to bed after a light ſupper, and two the next Morning early.

The ſaid Dr. commends them to be the beſt and moſt elegant Pills in the World, he adviſ'd the ſaid Lady to let them be in frequent uſe with her, ſhe being much troubl'd with the Collick,

lick, Vapours, and Fits of the Mother. They alſo ſtrengthen the Head and Stomach, clear the Eye ſight, open Obſtructions, cure the Green-ſickneſs and yellow Jaundice, purify the Blood, and prevail againſt the Scurvy, Dropſy and Gout. I copi'd them out of a Book of Receipts which her Ladyſhip lent me. *Hartman.*

II. *Other Pills Againſt the Collick of Dr.* Bates.

Take powder of Rue, Sal Gem of each equal parts, Hony what ſuffices to make a Maſs for Pills; the Doſe is half a dram at Bed-time and in the Morning faſting for four days in every Month. It is an approv'd Medicine for the cure of the Collick.

III. *An other excellent Medicine, much experienc'd and commended by Dr.* Harris *for the cure of the Chollick and griping of the Guts.*

Take two, three, or four ounces of choice Rhubarb ſlic'd thin, and infuſe it in a quart of Cinnamon, or Aniſeed-water, ſtope the bottle cloſe and keep it for uſe; the Doſe is five or ſix ſpoonfuls of it at a time, and repeat a ſecond Doſe an hour after the firſt. In the Melancholly and Phlegmatick bodies, the Dr. ſays he commonly uſes the Infuſion of Rhubarb and Jentian together. He ſays he has given it to Women with Child, attended with ſigns of

Miſcarring, who have happen to fall into the *Collick*, and it has always given them immediate relief, more ſafely and ſuddenly then ever he could find from the beſt preparations; ſome doe infuſe the Rhubarb in Juniper-water.

IV. *Another for the ſame, by Mr.* Boyle.

Take two ounces of Rhubarb; four ounces of Jentian ſlic'd thin, and put them in a bottle with two pints of Aniſeed or Juniper-water, ſtop it cloſe and let the Roots ſteep along in it; the Doſe is two ſpoonfuls at a time, and repeat a ſecond doſe an hour after the firſt in the fit of the Collick.

V. *Another by the ſame Author.*

Take of Dr. *Stephens*'s Water, Plague-water, Juniper-water of each half a pint, infuſe in it in a bottle Rhubarb thin ſlic'd two ounces, when you take it ſhake the bottle, and take a bout four ſpoonfuls at a time.

VI. *Another for the ſame.*

Take an ounce of the ſeeds of ſtinging Nettles, bruiſe them, and boil them in a quart of good Claret-wine, then ſtrain it, and give of it a wineglaſsful at a time warm, two or three times a day when there is need.

VII.

VII. *An other for the ſame.*

Take the Hart of a Hare, dry it and powder it, and take a ſpoonful of the powder in a draught of Warm white-Wine in the Morning faſting and laſt at Night.

VIII. *An other ſaid to be a preſent Remedy.*

Take of the powder of Yarrow one dram, in a glaſs of warm Wine.

IX. *An other for the wind Collick and griping of the Guts.*

Take Holly-berries half an ounce, ſtamp them, and pour to them half a pint of Ale, ſtrain it and drink it as hot as you can.

X. *An other for the ſame.*

Take Caſtleſoap ſcrap'd two drams, put it in a glaſs of white-Wine, make it warm and drink it.

XI. *An other for the ſame.*

Take Liquid Laudanum Tartaris'd from ſixteen drops to twenty, give it going to reſt in a ſpoonful of the Water of Camomil flowers, and drink after it ſix ſpoonfuls of the ſame: Let

it be repeated every other or third Night, if the pains are very preſſing.

XII. *An other for the ſame, Excellent.*

Take the Water of Cowſlip-flowers three ounces, ſyrup of Meconium half a dram, *Aqua Marabilis* two drams, mix them and take it going to Bed.

XIII. *A Medicine that hath been prov'd of by many for the Hyſterick, or Mother Collick, and the Stone alſo.*

Take Fennelſeeds, Coriander ſeeds, Parſly-ſeeds, Carrowayſeeds and Gromwellſeeds of each one ounce, the Leſſer Gallingal one ounce, the Cods of Sena two drams, Spicknard, Tyme of each two drams, make of them all a fine powder; whereof take a dram for a Doſe in warm white-Wine Morning and Night, and and in all manner of ſauce that you eat with your meat.

XV. *An other much experienc'd for the ſame.*

Take of the ſolution of Opium Tartariſ'd from ſixteen to twenty drops; Dr. *Willis* ſays it is wont to be of chief uſe with him; which Medicin I have truely given to ſome Perſons, long and miſerably troubl'd with this Diſeaſe, ſome times for a long time, one while every Night, an

an other while every other Night with good ſucceſs: It is Liquid Laudam Tartariſ'd.

Tincture of Antimony, and Tincture of Amber, and other altering Remedies preſcrib'd in Affects of the Head, have place here.

And above all the Eſſencial Tincture of Vipers.

XVI. *For the Collick and griping of the Guts.*

Take Sage and Mint, boil them in a fit proportion of Claret-wine, then ſtrain it and ſweeten it with a little Sugar.

CHAP.

CHAP. XXIV.

Of choice, approv'd and experienc'd Remedies for the Gout.

I. *Purging Pills for the Gout, call'd Pil. Rasiæ.*

TAke of the best Aloes half an ounce, red Roses dri'd to scruples, Hermodacts pill'd a dram and half, Diagridium a dram, Hony of Roses what suffices make pills.

II. *Other purging Pills for the Gout of Dr.* Bates.

Take chosen Caster in fine powder half an ounce, white Amber, Germander, Ground-Pine of each six drams, volatil Salt of Amber, Ceruse of Antimony, Balsom of Tolu, Opopanax of each an ounce, roots of Butterbur three drams, choice Turpentine two ounces, Terebinthinated Balsom of Sulphur what suffices, mix and make a Mass for Pills; the Dose is half a dram, twice a day for two or three Months together, drinking in the mean while as common drink a Decoction of the Roots of Butterbur, Sarsa-Parilla, China root with Raisons of the Sun slit, *&c.* They are not only a specifick against the Gout, but also against Slime, Sand, Gravel or Stone, whether in the Reins

Reins or Bladder: Or you may drink of the Decoction of Archangel flowers dri'd and boil'd in water as they do Tea.

III. *Other purging Pills againſt the Gout.*

Take Calomelanos twenty grains, Roſin of Jalap or Scammony three grains, oyl of Cloves one drop, Balſom of Peru what ſuffices, make three or four Pills for one Doſe. Dr. *Willis.*

In purging, what *Soleander* preſcribes, happily may be of ſome moment; *viz.* by putting a plaſter, or ſome other defenſive Medicine on the place, to hinder the falling of the Humour to it.

IV. *A Remedy wonderfully extol'd by* Rodericus *a* Fonſeca *againſt the Gout.*

Take the Roots of black-Hellebore, the fibres half a dram, ſtick an Apple with it, then roſt it and eat it: Vomiting with thoſe with whom it uſes to be ſafe an eaſie, does well alſo in this Diſeaſe, for which end the Emetick Tartar of Mynſicht, ſulphur of Antimony, *Mercurius Vitæ*, Hemetick Wine, Gutta Gamba, may be given.

In a fit of the Gout, powder of Stones, Bones and Shels, and alſo of ſmall vegetables do good (ſays the learned Dr. *Willis*) which being ſaid to be the Antidotes of this Diſeaſe, ſubdue all particles, and fermenting with them as

as it were, and at length being subjected, send them forth by Urin and Sweat.

V. *A Powder against the Gout.*

Take of Gascon's powder two drams (or of the powder of my Lord *Abbingtons*) which see in its place, Ivory, Roots of bastard Dittany, and of Male Peony of each a dram, Lignum Aloes, yellow Sanders of each half a dram, make a fine powder; the Dose is from half a dram to a dram, mixt with the juice of Alkermes, drinking after it six spoonfuls of the distil'd Water of red Poppies, or of the Decoction of dry'd Archangel-flowers, or take of the said powder six drams, Conserve of Clove Gillo-flowers, and Bettony-flowers of each an ounce and half, Diascordium two drams, syrup of Meconium what suffices, make an Electuary; take thereof two drams Morning and Night, drinking after it a dish of the Decoction of Archangel-flowers. Dr. *Willis.*

VI. *A Fomentation for the Gout.*

Take of white-Wine-vinegar, Boys Urin, Sack, and Spirit of Wine of each a pint, add to them of Common Salt one handful, mix and make a Fomentation.

VII.

VII. *An other approv'd outward remedy to eaſe the pain of the Gout.*

Take the oldeſt Tallow you can get, (if it be but a year old it will ſerve) and Garlick of each equal parts, ſtamp them together and ſpread it upon Canvas, an lay it on. It eaſes and aſwages the pain, and draws out the Humor to admiration.

VIII. *A Diſcurſive, and a tractive Plaſter for the Gount, which has cur'd many.*

Take Franckincenſe, Ship-pitch of each ſix ounces, Turpentine, oyl Olive of each one ounce, mix them and make an Emplaſter and aply it. It is excellent to open the Pores and draw out the Humor.

IX. *An other remedy which has done wonders eſpecially in the Hot Gout.*

Take the Chymical oyl of Wax and Myrrh of each equal parts, mix them and anoint the parts therewith. Dr. *Sermon.*

X. *Mr.* Wickenden*'s rare Balſam, which he uſually made uſe of and found great benefit by.*

Take of the young ſprouts of dwarf Elder in the month of *March*, when they ſpring up out of

of the ground, and are about a fingers length, four handfuls, ſtamp them to marſh, and boil them in a pound of Hogſlard over a ſoft fire for two hours; then ſtrain it and preſs it out hard, and put it up in a Gally-pot for uſe.

Hartman. With this Balſom I have cur'd many Perſons of Numneſs and Raiging pains in their Hands and other parts, after they had us'd many remedies in vain.

XI. *A Poultice to eaſe and aſwage the raging pain of the Gout.*

Take a quantity of the whiteſt part of Pidgeons dung, mix it with an equal part of good Muſtard, temper it with a little Vineger, take the greaſe of a Puppy ſo much as will make it into an Ointment; then take a pint of Garden Snails, ſtamp them with their ſhells to a maſh with a handful of Parſly, then mix and incorporate all well together, and ſpread it upon Leather and apply it. Snails and Parſly allone ſtampt together to a maſh and appl'd, is good for the Hot Gout.

XII. *An experienc'd Bath or Fomentation or Fomentation for the Gout, which a certain Counceller in* Germany *frequently us'd with great ſucceſs.*

Take the herb Mullin (in Latin *Verbaicum*) dry the whole plant, the Stalk, Leaves and Flowers cut very ſmall, make a ſtrong Decoc-

tion

tion of it in Smiths-forge-water, which put into a Tub with two or three handfuls of powder'd Chalk; into this Bath he put both his Feet as warm as he could endure it, and with the Herb he Fomented his Leggs, Knees, and Hands, thus he continu'd till it grew cold; then a hole being dug in the Ground he caus'd it to be buried therein, Herb and Liquor an all; This he did when ever he perceiv'd any symptom of an approaching fit of the Gout, and this course always prevented the fit, and freed him of it for half a year. I heard him say that if he did not use this Remedy, he should have very severe and raiking fits, which would confind him to his Bed and Chamber, for a Month or six Weeks. He always made provision of the Herb in the Month of *June* when it is in the Flower. *Hartman.*

XIII. *A Poltice that will ease and asswage the raging pain of the Gout, Marvelously.*

Take Garlick and Housleek of each equal parts, stamp them together and apply it.

XIV. *An Anodine Poltice for the Gout.*

Take of the Leaves and Roots of Mallows, and Marsh-mallows, pound them, add Milk and the crums of Bread make a Cataplasm and apply it.

XV.

XV. *Another Anodine Cataplasm that has been found effectual in taking away the raging pain of the Gout in Hands and Feet.*

Take of Common black Soap four ounces, the yelks of three Eggs, beat them well together with as much Rye-flower as will make it a fit Cataplasm, which apply to the place affected.

XVI. *A distil'd Water to Foment withal for the Gout.*

Take the Contents of a Bullocks Paunch newly kill'd, distil a Water from it with a Common Still; with which Foment the parts affected.

A certain Gentleman often troubl'd with a severe Gout, said, that in the cruel Tortures of that Disease, had always present ease from this Remedy, as he told Dr. *Willis*. Against extream Tortures of the Gout outward Narcoticks some times ought to be us'd.

XVII. *An outward Narcotick.*

Take leaves of Henbane, and Hemlock of each three handfuls, put them into boiling water, and assoon as they grow tender take them out, bruise them, and add powder of the flowers of Camomile to drams, the yelk of an Egg, mix them and make a Cataplasm.

XVIII.

XVIII. *An other for the same.*

Take Tincture of Saffron made with the spirit of Wine four ounces, Camphir and Opium of each a dram, digest them in warm Sand in a Matrass close stopt till they are dessolv'd, anoint the part griv'd with this Liquor.

XIX. *An other for the same.*

Take a new white penny Loaf, pouder of Saffron and Opium of each one dram, make it moist with the oyl of Scorpians, and apply it as a Plaster.

XX. *An other for the same.*

Boil the Crums of white bread in new Milk, add thereto some yelks of Eggs, and apply it.

XXI. *An other for the same.*

Take Wheat-bran, and Elder leaves of each three handfuls, boil them in a sufficient quantity of wholsome Boys Urin, add thereto the fat of a Loin of Mutton, or Hogs Lard, and apply it warm, changing it twice a day.

Or, take red-Poppies and pound them small, and mix therewith a little Vineger and apply it Plaster ways.

XXII. *An other for the same.*

Take the fine pouder of Bay-bearies, Ginger, fallet Oyl and white-wine-Vineger of each half a pint, boil them together to the Consumption of the Vineger, add white Wax and Deers Tallow what suffices, make an Ointment.

XXIII. *A Plaster of wonderful use to ease the Pain of the Gout.*

Take *Diapalma*, *Paracelsus*, *Oxycracium*, of each an ounce, Opium six drams, make a Plaster by melting them together, adding a little Oyl of Wax.

XXIV. *Pills for the Gout.*

Take pouder of Ground Pine six drams, Crabs Eyes two drams, *Venice* Turpentine what suffices, make small Pills; take three or four of them in the Evening and Morning, for thirty or fourty days, drinking after it of the following distil'd Water two or three ounces.

Take leaves of Cipress, tops of Fir, Misletoe of the Appletree of each six handfuls, roots of Avens and the great Burdock of each a pound, the peels of ten Oranges and six Lemonds, Nutmegs, Mace of each an ounce, being slic'd and bruis'd, pour to them fresh Milk a Gallon, distil it in a Common Still, and let the

the first and last water be mix'd. Or distil a plain Water from the leaves of the great Burdock, which pour on fresh leaves twice or thrice. Dr. *Willis.*

XV. *An Electuary of good use against the Gout. Dr.* Sydenham.

Take the Conserves of Garden Scurvy-grass one ounce and half, Roman Wormwood, the yellow of Orange peels of each an ounce, preserv'd Angelica, and Nutmegs of each half an ounce, *Venice* Treacle three drams, pouder of Aron-roots compound two drams, and with a sufficient quantity of syrup of Oranges make an Electuary: Of which let the Sick take a quarter of an ounce twice a day, drinking after it five or six spoonfuls of this following distil'd Water.

Take Horse-radish-roots slic'd thin three ounces, Garden Scurvy-grass twelve handfuls; Brooklime, Watercresses, Sage, Mint of each six handfuls, the yellow peels of six Oranges, two Nutmegs bruis'd, Brainswick-Mum, six quarts, mix them and distil in a common Still till three quarts of Water is come off, which keep for use. Our Elixir or Tinture of Mettals with Gold and Tincture of Antimony are things beyond compare. And above all the Noble Tinture with Gold and Antimony of the Illustrious Prince *Rupert.*

CHAP. XXV.

Of Remedies for the cure of the Sciatica or Hip-Gout.

I. *A draught for the Hip-Gout.*

TAke the Electuary call'd Cariocostinum half an ounce, Troches of Alhandal five grains; mix them with two or three ounces of white-Wine, and drink it off fasting, repeating it as need shall require.

II. *An other for the same.*

Take the pouder of a Mans-scul that was never buried, Hermodactils, Sena and Turbith of each two drams, Scamony sulphirated one dram, being made into a fine pouder, give the Patient one dram at a time in the distil'd Water of Fumitory, or in a spoonful of Broth or Posset-drink.

III. *An other for the same.*

Take Scammony prepar'd with Sulphur two scruples, Mercurius Dulcis one scruple, mix them and make it into three doses: The stronger may take it at twice as afore directed; which will root out the Humor that causes this distemper.

IV.

IV. *An outward Remedy for the Sciatica.*

Take Caſtle Soap, ſcrape it and diſſolve it in ſpirit of Wine or Brandy, and anoint the Hip well with it before the fire.

V. *An other for the ſame.*

Take Oyl of Foxes half an ounce, Oyl of Bricks, and Earth-Worms of each an ounce, Oyle of Turpentine and St. Johnswort of each an ounce and half; with a ſufficient quantity of Virgins Wax, make an Ointment, and uſe it as afore directed.

VI. *An other for the ſame.*

Take the Oyl call'd *Petrolei*, Oyl of Bricks, Juice of Dane-wort, Turpentine of each an ounce, Oyl of Earth-Worms an ounce and half, Brandy half an ounce, melt them together, and anoint the griev'd part hot therewith. Or apply the Plaiſter for the Gout at *num.* X.

VII. *An other for the ſame.*

Take Roſin, or Ship-Pitch, Burgundy-Pitch, the Plaiſter of Paracelſus, and Bees wax of each an ounce, Verdigreaſe in fine pouder half an ounce, melt them together, ſpread it upon Sheeps leather and apply it.

VIII. *Pills for the Sciatica or any kind of Gout.*

Take Aloes and Hermodactils of each one dram; Diagridium half an ounce; reduce them to a fine pouder, whereof take every Morning one dram for a fortnight; Or if you cannot take the pouder make it into Pills with syrup of Roses solutive.

The Lady *Crisp* her purging pouder is also very good for this Distemper, which will be set down in the Miscelania.

CHAP. XXVI.

Of choice, Approv'd and Experienc'd Remedies for the Pleurisy.

I. TAke a Pippin open it on the top and take out the Core, then fill it with white Frankinsence *(Olibanum)* stop it close with the piece you took out and rost it, then take of the scin and beat it to mash so that it be well mixt, and let the Patient take it all at once; It is an Infallible cure. A dram of the pouder of Olibanum well mixt with the pap of a rosted Pippin and eaten, doth the same thing with less trouble.

II.

II. *An other for the same.*

Take three of the bigest round Balls of fresh Stone-Horsdung, brake them in pieces, and boil them in a quart of white Wine to a pint, then strain it, and sweeten it with Sugar, let the Patient take a good draught of it warm, and keep him warm in his Bed: Or infuse the balls of Horsedung being bruis'd in a pint of Water of Cardus for a small time, then strain it and use it as aforesaid. It pouerfully disperses and abates the pain of the Pleurisy, and other pains and stiches of the side.

III. *An other for the same.*

Take white Hensdung, and Stone-Horsedung of each half an ounce, infuse them for sometime in six ounces of Cardus Water warm, then strain it and let the Patient drink it warm all at once.

IV. *An other for the same.*

Take the flowers of Dill, Mellilot and Camomile of each three handfuls, Bran, Fennugreek, Linseed and Mellonseeds bruis'd of each an ounce and half, boil them in a sufficient quantity of Water, and Foment the part grieved therewith as hot as the Patient can endure it, with Flannel cloths or a spung dipt therein.

V. *An other for the ſame, in caſe bleeding cannot be admitted.*

Take fine Wheat flower, make and bake a Cake of it, which cut through the middle, parting one ſide from the other; ſpread upon the crum of each of them Treacle or Methridate, and apply each ſide of the half to each ſide of the Patient; and uſe at the ſame time either of the drinks made of the Horſedung, or the apple roſted with Olibanum.

VI. *An other Infaliable Remedy for the ſame.*

Take a Boars tooth, reduce it to pouder, and give it the Patient in Barly-water, or in a Pectoral Decoction, often tri'd.

VII. *An other for the Pleuriſy.*

Take ſix Acorns dri'd in an Oven, after the bread is drawn, add thereto five grains of long Pepper, make it into a fine pouder, and let the Patient drink it in Ale or Wine bloodwarm.

VIII. *An other excellent for the ſame, and for other Inflamations and Obſtructions.*

Take the waters of Hyſop and Fennel of each two ounces, Vinegar of Squils ſix drams, ſpirit of Wine rectifi'd, half an ounce, Crabs-Eyes one

one dram, *Sperma Ceti* and Mummy of Alexandia of each one scruple, Laudanum four grains, with syrup of the five opening Roots an ounce and half, mix them and let the Patient take a spoonful at a time, once in five or six hours.

IX. *Another for the same.*

Bleed on the Affected side, and take away ten ounces of Blood. then take red Poppy-water four ounces, *Sal Prunellæ* one dram, syrup of Violets one ounce; mix them for a draught to be taken Imediately after the first Blood-letting. Dr. *Sydenham.*

X. *Another for the same much transcending.*

Take Cardus-water four ounces, spirit of Sal Armoniack half a large spoonful, white Sugar enough to sweeten it: It gives ease almost upon the spot, and is to be repeated once every five or six hours, till the pain abates, or is gone. Dr. *Salmon* in *Sydenham.*

XI. *Another for the same.*

Take blanck'd Almonds five, seeds of Mellons and Pompions of each half an ounce, white Poppyseeds three drams, Barly water one pint and half, Rosewater half a spoonful, make an Emulsion and sweeten it with Sugarcandy; Dose four ounces every four hours.

XII.

XII. *Another for the same.*

At Night give this: Take white-Wine four ounces, Liquid Laudanum fifteen or twenty drops, spirit of Sal-Armoniack thirty drops, white Sugar enough to sweeten it. Dr. *Salmon.*

XIII. *Another specifick Remedy for the same, which seldom fails of giving Relief in an hours time.*

Take juice of Camomile six ounces, spirit of Sal Armoniack two drams, mix and give it the sick at once; which you may repeat after four hours Dr. *Salmon* in *Sydenham.*

Oyl of sweet Almonds, by it self, or Linseed Oyl also may be given.

CHAP. XXVII.

Of Selected, Approv'd and Experien'd Remedies against the yellow Jaundice.

I. *An Excellent Medicine for the same.*

TAke of the leaves of Celandine one handful, Wormwood, St. Johnswort, Tops of Centory and Cardus of each one handful, the inner Bark of Elder three drams, Turmerick two drams, Goos-dung dried and ponder'd, Saffron of

of each a dram, a few Lemond peals, being cut and bruis'd infuse them in a quart of Renish-wine for twenty four hours; the Dose is four ounces, Morning and Night.

II. *An other for the same.*

Take Castilsoap one ounce scrap'd, boil it in a pint of Ale to half, take it in the Morning fasting for three times. This is highly commended by *Silvius*.

III. *An other for the same.*

Take of the best Rubarb fifteen grains, Saffron twelve grains, Dia prunis Solutive, the Electuary of the juice of Roses of each three drams; make them up into a Bolus with fine Sugar, and take it two or three times one after another, especially if the Body be of a very ill habit.

IV. *An other for the same.*

Take Celandine one handful, tops of Sea-Wormwood and Centory of each half a handful, the best Madder-roots an ounce, Cinnamon half a dram, Saffron twelve grains; make a warm and close infusion for twelve hours in a pint of white Wine; strain it and sweeten it with Sugar, and drink it every Morning and fast two or three hours after it.

V.

V. *Another for the same.*

Take Castlesoap scrap'd very small half an ounce, the best English Saffron dri'd and rup to pouder one dram, mix them together, and put it into three or four Pippins the Coars being taken out, roast them by degrees; then take off the Skins and mix them well together, and take thereof the quantity of a large Walnut first and last until it be all taken; and if need require repeat the same, for I will assure you that it is a very Excellent Medicine. Dr *Sermon.*

VI. *Another for the same.*

Take Sheeps dung newly made one handful, the Bark of the Barberry tree, half a handful infuse them in Ale and white-Wine mixt together, of each a pint for twelve hours; strain it and dring half a pint of it in the Morning fasting, take it for six or seven days together if occation require.

The same vertue has Stone-Horsdung infus'd in the same manner, and to my knowledg have both done great cures. So has Woodlice, forty or fifty of them being bruis'd and infus'd all Night in white Wind, and in the Morning strain'd and taken fasting for some days together. Dr. *Sermon.*

A live Trout or Tench cut open and appli'd to the pit of the Stomach for some time, is said to

to be an Infallible Remedy againſt the Jaundice. The dung of Gees that eat graſs in the ſpring time being dri'd and made into fine pouder, and a dram of it taken in white-Wine has cur'd in a few days. So has the white part of Henſdung taken in the ſame manner.

Vomits are Medicines moſt commonly of good effect in a new Jaundice whilſt the tone and ſtrength of the Viſcera hold (ſays the learned Dr *Willis*) for as much as they both eaſe the Stomack of its offenſive load of viſcous Fleagm with which it is in a manner always oppreſt in this diſeaſe, and like wiſe by irritating the veſſels which convey the Choler, and ſtrongly ſhaking the ductus's of the Liver, they clear them of their ſtoppages, and bring the Choler to paſs by the ways it formerly was wont.

Take the infuſion of Crocus Metallorum, from half an ounce to ſix drams, Vineger of Squils an ounce, Oximel ſimple half an ounce; make a Vomit to be taken with governance.

Sometimes it is proper to give the Evening before the following mixture, as a preparation to facilitate the Vomiting.

Take Pouder of the Roots of Aſarabacca, Fecula, of Aron-Roots of each a ſcruple, Tartar-Vitriolat'd half a ſcruple; Oximel ſimple an ounce, mixt them.

Another Vomit.

Take Sulphur of Antion my ſeven grains, Scam-

Scammony ſulphurat'd eight grains, Cream of Tartar ten grains, make a Pouder, give it in a ſpoonful of Panado.

Or take nine leaves of Aſarabacca, being bruiſed, infuſe them in three ounces of white Wine, preſs out the Juice, and give it in the Morning with governance.

Or take Cambogia in fine pouder eight grains, Tartar Vitriolat'd ſeven grains, make a pouder.

Or give the Emetick Tartar of Mynſicht, from four grains to ſix, in Conſerve of Roſes.

Purging Medicines have place in this Diſeaſe, whether it be new or inveterat'd.

VII. *A Purging Medicine for the Jaundice.*

Take Electuary of the Juice of Roſes three drams, Rhubarb a dram, Salt of Worm wood, Cream of Tartar of each ten grains, Syrup of Rhubarb what ſuffices make a Bolus.

VIII. *Another for the ſame.*

Take Roots of ſharp point'd Dock an ounce, tops of Sea Worm-wood, and of the leſſer Centory of each two pugils, Gentian and Turmerick of each two drams, yellow Sunders a dram; boil them in a pint and half of fountain water, to a pint, towards the end, add of the beſt Sena ſix drams, of the beſt Rhubarb three drams, Agarick a dram and half, Coriander Seeds two drams, white Wine two ounces; let them

them boil close cover'd for two hours, then strain it and let it settle till it be clear: The Dose is from four ounces to six, with Syrup of Rhubarb an ounce, Water of Earth-worms three drams, make a Potion to be taken for three or four days together, or every other day.

IX. *Another for a weaker Constitution.*

Take choice Rhubarb two drams, Agarick trochiscat'd half a dram, Cinamon and Ginger of each ten grains, make an infusion in white Wine and Succory-water of each three ounces, cover it close and keep it warm for three hours; then strain it and dissolve in it Syrup of Rhubarb an ounce, Water of Earth-worms two drams, or take Rhubarb a dram, Salt of Worm-wood a scruple, make a Pouder and take it for a dose.

X. *An Excellent and often try'd Medicine for the Jaundice, of any kind black or yellow, of* Dr. Farrar.

Take eight ounces of chosen Currans well washed and picked from all the little stalks; put to them one ounce of choice Rhubarb in fine pouder, beat them together in a Mortar for seven or eight hours into a perfect Electuary, whereof take the quantity of a small Walnut every morning fasting, and at night.

It

It purifies the Blood, ſtrengthens the Liver wonderfully, and if continu'd, carrieth away the pecant humors of the Body. And from my own experience I can affirm that it is a ſovereign Remedy for a Flux or Looſneſs, as well as for the Jaundice. *Hartman.*

XI. *An other Purging Medicine for the ſame.*

Take Pill Ruffi a ſcrupe, Extractum Rudij half a ſcruple; make four Pills, let them be taken in the Morning with Governance.

Take Elixir Proprietatis an ounce, give 20 drops in the Morning, and at five in the afternoon in a glaſs of white Wine or Sack.

After the ſame manner the Tincture of Antimony, or Salt of Tartar are often given with good ſucceſs; alſo Mixtura Simplex in a larger Doſe.

XII. *The famous Medicine of* Geſner *for the Jaundice.*

Take Roots of the greater Nettles a pound, Saffron a ſcruple, bruiſe them well and extract a Tincture with white Wine; The Doſe three ounces in the morning for four or five days.

XIII. *An other like to the former of Dr.* Joel.

Take Roots of the greater Celandine ſlic'd two handfuls, Juniper Berries bruiſed a handful,

ful, infuſe them in a pint of Rhenish Wine, then preſs it out: The Doſe is four ounces twice a day.

The Juice of white Hoar-hound is mightily commended by *Dioſcorides* for the Cure of the Jaundice.

XIV. *Another for the ſame, highly commended by* Silvius.

Take Hempſeeds bruiſed an ounce, boil it in a quart of Milk, then ſtrain it, and drink thereof warm two or three times a day. This cur'd a Lady of Quality.

Many Perſons in the Jaundice, being troubl'd with a great Weakneſs and frequent Faintings, ſtand in need alſo of Cordial Remedies.

XV. *A Cordial in the Jaundice.*

Take Aqua Mirabilis half a pint, Water of Earth-worms four ounces, Syrup of Orange-peels of the Confectioners two ounces, mixt them: The doſe is two or three ounces.

XVI. *An Anodine Cordial to cauſe eaſe and reſt in the Jaundice.*

Take Aqua Mirabilis and Water of Earth-Worms of each an ounce, Diacodium ſix ounces, Tincture of Saffron half an ounce, mixt them: The doſe is a Spoonful or two late at Night.

Spirit of Sal Armoniack and of Harts horn, alſo the Flowers of Sal Armoniack, volatile Salt of Amber and of Harts horn are ſucceſsfully given. Take Spirit of Harts horn ting'd with Saffron, three drams: The doſe is from fifteen drops to twenty in a proper Liquor, as Rheniſh Wine.

XVII. *A Powder againſt the Yellow-Jaundice of Dr.* Bate.

Take Gooſdung gather'd in the Spring time, dry'd in the Sun and finly pouder'd two ounces, the beſt Saffron one dram, white Sugar-candy two ounces, mixt and make a Pouder: The doſe is two drams twice a day, in Rheniſh-Wine for ſix days together. Or take Turmerick, white Tartar, filings of Iron turned to ruſt of each half an ounce, Earth-Worms dry'd, choice Rhubarb of each two drams, mixt and make a Pouder. Dr. *Lower's* Stomachal Tincture of Steel, is alſo of Excellent uſe, which ſee in its place.

XVIII. *A Sympathytical Cure of the Jaundice.*

Take the freſh Urin of the Patient made at one time, Aſhes of Aſh-wood ſo much as ſuffices, mixt them and make it into a paſte, and form it into three Balls of an equal bigneſs, put them in a cloſe place near the Fire or a Stove, when theſe Balls grow dry and hard, the

Jaundice

Jaundice vaniſhes: The learned Dr. *Willis* ſays that after this manner he has known this Diſeaſe ſucceſsfully cur'd when it was grown inveterate, and would not yeld to other Remedies.

CHAP. XXVIII.

Of ſelect'd, approv'd and experienc'd Remedies againſt the King's Evil.

I. *A Diet-Drink good for the King's Evil, old Ulcers, Cathatrhs, Rickets.*

TAke unquench'd Lime a Gallon, put upon it five Gallons of Water, let them ſtand for four and twenty hours; in which time ſtir it twice or thrice, when it is clear and ſetl'd, pour it clear off, let it ſettle again twelve hours, then pour it of again, then put the Lime-water in an Earthen ſteen, and hang in it the following bag. Take Saſſafras ſhav'd, Aniſeed, Liquorice bruiſ'd, Roots of Butterbur of each half a pound, Mace half an ounce; take of this drink ſix ounces in the Morning faſting, five ounces at four in the afternoon, and five ounces laſt at Night.

II. *Another Diet-drink for the same.*

Take Elder bark, Smallage, Clivers, Herb Robert, Soap-wort, Fumatory, the leaves and roots of Pile-wort of each three good handfuls, Polypody half a pound; being cut and bruis'd, put them in a close net, and hang them in some convenient quantity of New Beer or Ale (you cannot well make it too strong of the Herbs) and let it work together, when it hath done working drink of it for your ordinary drink, and you will have no cause to find fault with me, Dr. *Sermon. Hartman*, If you put in with it a pint of Wood-lice bruis'd, it will be better.

III. *Another for the same.*

Take the Roots of Filipendula and Pile-wort of each two drams, Tansy, Mousear, Pimpernel of each one dram, Round Birth-wort, Roots of Horse-radishes and Soap-wort of each half a dram, Cut and bruise them, and boil them in three pints of white-Wine to the consumption of the third part, strain it, and add thereto of Oximel simple three ounces, of which let the Patient drink a quarter of a pint at a time, three times a day.

IV.

IV. *An excellent Plaſter to diſſolve, mollify and digeſt, concoct, Attenuate the Scrophulas Tumors or Swellings, hard Knots and Kernels, commonly call'd the Kings-Evil.*

Take Galbanum diſſolved in Vineger ſix ounces, Emplaſter of Mellilot, Diachilon ſimple of each three ounces, yellow Wax two ounces, white Turpentine one ounce, Saffron ſix drams, mixt and make an Emplaſter. It is alſo very prevalent againſt Palſies, Numneſs and Weakneſs of any Member; It eaſes the moſt vehement Pain of the Head, Stomach, Shoulder, Sides and Joints ariſing from wind or ſome cold intemperature of the part: It is alſo excellent to root out the Corns on Feet, if continu'd for ſome time and the Corns cut firſt.

V. *An other for the ſame.*

Take the Plaſter of Frogs with Mercury, ſpread it upon Linnen-Cloth, and apply it to the parts affected; but be ſure to purge now and then in the uſe of it, or make uſe of the Emplaſter of Diachilon with Gum, or the Plaſter of Galbanum, for they are very good to diſſolve the Tumors; but the firſt and ſecond neglect not. If thoſe Sores chance to break, as often times they do, foment the Sores with a Spung dipt in Lime water.

VI. *An Excellent Drink for the Kings Evil.*

Take the inner Bark of Elder, Smallage, Herb Robert, all in pouder, of each two ſpoonfuls; boil them in a Gallon of Wort, then let it ſtand and clarify: The doſe is a pint three times a day.

In caſe of a ſwelling after it is broke, take Elder-leaves, bruiſe them, and apply them after you have fomented with Lime-water.

VII. *Sir* Kenelm Digby's *Wound-drink for the Kings Evil, Fiſtula, Corroding Ulcers, or old Soree.*

Take Sage, Rue of each a good handful, after they are well pickt from the Stalks, chop and bruiſe them a little, but looſe none of their Juice; put them in a thin Bag of Bolter-cloth, and hang it in four Gallons of ſmall Ale new, at the ſame time take three hundr'd of live Sows or Wood-lice, bruiſe them with a little white Wine, then preſs them out and put the Liquor to the Ale, put their skins into the Bag with the Herbs; after it hath wrought drink of it at Meals, and at all times when you have occaſion to drink, and continue the uſe of it till you are Cur'd, drinking no other Liquor all that time: And to make it more greatful to the taſte you may add one fourth part of white Wine: Before one Veſſel is near ſpent prepare an other, that you may always have one

one under an other; and keep a ſlender and wholſom Diet, for bear eating Salt Meat and Fiſh. With this Drink Sir *Kenelm Digby* cur'd the Daughter of Sir *William Curtius*, at *Franefort* in *Germany*, in the Year 1959. of a corroding Ulcer in her Leg, after many Remedies uſed in vain, which had ſo mortified the place, by the long continuance of it, that the Leg was ſhrunk and was ſhorter than the other by at leaſt two Inches.

VIII. *A Diet-drink for the Kings Evil preſcrib'd by an able Phyſician for Mr.* Barner, *where with were Cur'd three of his Children of great Swellings about the Jaws and Throat, as he told me himſelf.*

Take Sarſa Parilla, bark of Lignum Vitæ of each three ounces; China-root, Polypody of the Oak, Saſſafras, and ſweet Fennel-ſeed of each two ounces, Elecampane one ounce, Stechadoes half an ounce, of the turnings of Lignum Vitæ four ounces; infuſe them in three Gallons of Fountain-water hot for twelve hours, then ſtrain off the Liquor, and beat the ingredients to maſh in a Mortar; then put them in the Liquor again, and put to them three ounces of Crude-Antimony in pouder ty'd in a Linnen-rag, boil it for an hour or two; then put into it Maiden-hair and Liquoriſh bruiſed of each two ounces, tops of Roſemary two handfuls, of Archangel-flowers four handfuls, let them boil an hour longer;

then take it off the fire, and when 'tis half cold ſtrain it, and put into it Sena two ounces; let it infuſe twelve hours, then ſtrain it again: Drink a good draught of it in the Morning faſting warm, and at four in the afternoon, and laſt at Night; continue the uſe thereof till you are Cur'd.

Note, The Patient during the uſe of this Drink, muſt abſtain from all groſs Meats, as Beaf, Pork, Bacon, or any Salt Meat or Fiſh, as alſo from Milk, Butter and Cheeſe. After the firſt Doſe in the Morning he may eat a Meſs of Water-grewel about two hours after. You may apply the Plaſters afore mentioned during the uſe of this Drinck.

IX. *An other Drink for the Kings Evil, tho broken out in divers places.*

Take Herb Robert, Mug-wort, Smallage, and Agrimony of each four handfuls; ſhred them and ſtamp them a little; then take three hundred live Millipedes or Wood-lice, bruiſe them with a little white Wine, then preſs them out, an put their husks among the Ingredient, which hang in a Bag, or a cloſe Cabadge-net, in four Gallons of new ſmall Ale; then put into it the Liquor of the Millipedes; After it hath wrought drink of it at Meals, and at all times, drinking no other till you are Cur'd, which may be in three weeks or a month. The Author ſays it hath Cur'd thoſe

thoſe that had the Evil or Sores broken out in ſeveral places, and ſome in every Joynt, drinking no other drink for a month at Spring an Fall. During the uſe of this Drink apply the following Remedy out wardly when the Evil is broke out.

Take Garden Snails with their houſes; beat them in a Mortar, with a little Parſly into a Maſh, apply it to the Sore or Sores, and change it every Morning. The Author ſays he gave this Drink to a Gentlewoman, for a Humor and Swelling in her Noſe, whom it Cured.

X. *Another Diet-Drinck for the Kings Evil, Itch or Scab, Ulcer, Fiſtula's or any other Sores, and to ſweeten the Blood.*

Take China-root, Sarſa Parilla of each an ounce and half, *Lignum Vitæ* four ounce, Saſſafraſs, two ounces, red Sanders half an ounce, Liquorice an ounce and half, Shavings of Ivory and Harts-horn of each ſix drams; Infuſe them for twelve hours in a Gallon of boiling hot Water, then ſtrain of the Liquour and beat the Ingredients in a Mortar to Maſh, then put them again into the Liquor, and add crud Antimony in pouder one ounce ty'd in a rag, and half a pound of raiſons ſlic'd, let it boil gently for an hour and half; then take it off the fire, and when it is half cold ſtrain it and bottle it.

XI.

XI. *An other for the same, to Purge and clear the Blood.*

Take of Sarsa Parilla, Chinna-roots, Juniperberries bruis'd, and Daucus seeds bruis'd of each half a pound, Raisons slic'd one pound, Cardemom seeds, four ounces, Lemonds cut in pieces, four Oranges, two Nutmegs beaten, four Pine and Fir-tops, or the shavings of their Wood of each two handfuls, Agrimony four handfuls; all being duly prepar'd, put them in a close Net, and hang them in nine Gallons of new Ale with a heater to make it sink.

XII. *A precious Powder that has done wonderful cures in the Kings Evil and other desperate Scorbutick Diseases.* *Sir* K. Digby.

Take Bezoar Mineral well prepar'd, and Antimony Diaphoretick of each an ounce, grind them together, and put them into a small Retort, and pour upon them good spirit of Niter four ounces; distil it in Sand with a gentle fire to dryness, then let the fire go out, and when the Retort is cold pour the spirit upon the pouder again that you distil'd off; distil it over again once more, put fresh spirit of Niter upon the pouder, distil it, and cohobate twice as before; repeat this a third time with fresh spirit of Niter upon the pouder, the same quantity as at the first; which are six distilations in

all

all, and twelve ounces of ſpirit of Niter: Then brake the Retort, and take out the pouder, which grind, and waſh it well ſeveral times till it be perfectly edulcerated; then dry it and put it in an earthen Poringer, and pour upon it ſpirit of Wine that will burn all away, ſet it on fire and whilſt it burns ſtir it all the while, then pour freſh ſpirit of Wine upon it and fire it as before, repeat this a third time, and put this powder in a Vial cloſe ſtopt; the Doſe is fifteen grains for five days, and twenty grains for the next five days, and fifteen grains for the laſt five days; mix the pouder with a little Conſerve of Roſes, and let the Patient take it upon a knifes point in the Morning in his Bed, and let him keep his bed for at leaſt two hours, it will cauſe a gentle ſweat; which being over, muſt be rub'd with warm Napkins all over his Body, then he may riſe and eat a Meſs of Watergrewell keeping himſelf warm, and eat of good wholſom food; Note, that after every Doſe of the pouder you muſt give a good draught of the Diet drink warm, at *Sect.* XI. of this Chap. And before you begin the uſe of the pouder and Diet drink you muſt purge the Patient once or twice with ſome fit purge.

Hartman. With the ſame Pouder I cur'd a Gentleman of a Scorbutick humor in his Back, where (as his Chyrurgion affirm'd) he had near a hundred holes, which the ſaid Chyrurgion and two Phyſicians had had in hand for near two years, but in Effect could do him no good,

good, he was by the uſe of the afore mention'd Pouder and a Diet dring reſtor'd to perfect Heatlth, by the bleſſing of God upon it. With the ſame Medicine I cur'd the Daughter of Sir *Nathaniel Johnſon* of the Elephanſiaſis, which is a kind of Leproſy, after many remedies us'd in vain by the ableſt Phyſicians in *London*; as the Lady *Johnſon* her Mother told me, for ſhe ſaid ſhe had ſpent above an hundred pounds upon the Phyſicians of the Colledge. With the ſaid Medicine I have cur'd alſo deſparate Patients of the Kings Evil, and of Sore and Ulcerated Legs, and amongſt the reſt one Mrs. *Pannel*, who had about fifty Ulcers in her Legg, which a Chyrurgion after he had her in cure above eight months ſaid it muſt be cut off there was no cure for it elſe.

XIII. *A Medicine, wherewith Dr.* Havervelt *cur'd the Kings Evil, Cancers, Wolf and old Ulcers.*

Take Dantzick-Vitriol, Calcine it till it be yellow, then grind it with *Salt* or *Salt-Petre*, the ordinary proportion: With this ſublime Mercury, which ſublime once again by it ſelf, then take only the Chriſtal-line part of it, whereof take one ounce, grind it to a ſubtil pouder in a glaſs Mortar, with a glaſs Peſtle, put this powder into a large glaſs-bottle, and pour upon it a quart of Fountain water, ſtop the bottle cloſe, and let it ſtand for ſome days, Shaking

ing it often: Then being well ſettl'd and ſtood without ſhaking at leaſt twenty four hours, pour of the clear, and filter it: Then take one ſpoonful of this filter'd Liquor, which put into a Vial, and pour into it two ſpoonfuls of fair Fountain-water; ſhake the Vial well, then pour it out into a glaſs, and let the Patient drink it in the Morning faſting; let him keep himſelf very warm, and ſtir and walk as much as he can, but let him neither eat nor drink till two hours after the Medicine has operated. It will operate by Stools, and by a gentle Vomit, and therefore let poſſet drink be provided and kept warm to drink a draught of it after every Vomit. The next Morning let him take the ſaid Medicine again, if the Patient finds himſelf ſtrong enough, if not, he may reſt a day or two between. The Author above mention'd cur'd with this Medicine all ſoorts of Scrofula's Tumors and Swellings whether open or ſhut; the Cancer or Wolf, whether in the Breaſt or any other part of the Body, alſo all ſorts of Puſtula's and old Ulcers and Wounds, as Sir *K. Digby* relates, who had the Receipt from him.

XIV. *A Drink againſt the Kings Evil.*

Take Sarſa Parilla ſix ounces, *Lignum Vitæ* eight ounces, Bark of the Walnut-Tree, roots of Fig-wort, Saſſafraſs of each two ounces, Herb Robert three handfuls, Raiſons ſlit a pound, living *Millepedes* a pint, bruiſe the *Millepedes* with

a

a little white-Wine, then preſs them out hard, put the husks to the other ingredients, which put into a cloſe Net, and hang it in four Gallons of new Ale, adding two ounces of the Bark of Guaicum bruis'd, and Antimony crude in pouder tied up in a rag one pound. It is chiefly deſign'd for the cure of the Kings Evil, the Ficus and Hemorrhoides in the Fundament, Cancerous and other like Malign and eating Ulcers, Malign ſcabs, *&c.* by taking this dring as common Dring, and purging once a week with ſome fit Medicament. The Antimony will ſerve again for the ſame uſe.

CHAP. XXIX.

Of Selected, approv'd and experienc'd Remedies againſt all intermitting Fevers, vulgarly called Agues.

I. *A Remedy for an Ague.*

TAk a ſpoonful of good ſtrong Muſtard, mix it with a draught of hot Ale, and let the Patient drink it when ever he perceives his fit will come upon him. If it cures not the firſt time repeat it two or three times.

II. *An other for the ſame.*

Take of Rue and Penniroyal of each a handful,

ful, ſhred them ſmall, and boil them in a Poſſet made of Ale and Milk; drink a good draught thereof warm in the Morning faſting, and at Night when you go to bed, continue this for three days together.

III. *Another for the ſame.*

Take three drams of Roch-Allum in pouder, put it into two quarts of new Milk, boil them a little that Whey may be made, then clarify it with whites of Eggs, and let the Patient take it all at times before the fit; or you may take a leſſer quantity, and repeat it two or three times, if it cures not the firſt.

IV. *Another Medicine againſt the Ague.*

Take Burnt Alum what quantity you pleaſe, pouder it and put it in a glaſs Cucurbite, which place in a Sand heat, and pour thereon as much good Vineger as is needful to diſſolve it, filter the diſſolution, and evaporate in the ſame Bath till a film cover the top of it; then ſet it to Chriſtallize in a Cool place, ſeparate the Chriſtials dry, and keep them for uſe; the Doſe is from twelve grains to twenty in ſome proper purging Liqour. Dr. *Charras.*

V. *A Remedy for Children ſick of an Ague.*

Take of Black-Cherry-Water and Reniſh-

wine

wine of each two ounces, the Jesuits-Bark in fine pouder three drams, syrup of Clove Gilloflowers one ounce, mix them and make a Julep; whereof give a spoonful or two according to the Childs Age, every four hours, till the Fits return no more, adding to every second Dose, if there be a Looseness, one or two drops of Liquid Laudanum.

VI. *A Plaster for the wrist for the same.*

Take pouder of white Hellebor, half an ounce, Niter two drams, pulp of Figgs what suffices, to make a Pultice; apply it to the wrists, two hours before the fit of a Tertian or Quotidian; spread it upon Leather and lay it to both wrists, when the fit is over renue it again.

VII. Agues happening in the spring are sometimes happily cur'd, by timely giving a Vomit where the strength will bear it; but so long before the coming of the Fit, that the Operation of it may be over before the time of the usual access.

Dr. *Willis* commends a gentle purge of an Infusion of Sena and Rhubarb to be given in a Quotidian or Tertian Ague; but in a Quartan vulgarly call'd a Third Ague, he absolutely forbids either Purging or Vomiting; by reason that thereby the Blood is the more impoverish'd, and the strength of the Patient impair'd; he there commends the Jesuits Bark and Wrist-Plaster.

VIII.

VIII. *A Refreſhing and Cooling Drink in a Burning Fever.*

Take four quarts of Fountain water, and five ſpoonfuls of French-Barly, ſcald the Barley firſt in two or three Waters, then boil it with half a pint of Currans till a quart be conſum'd, then put into it two handfuls of Wood-ſorrel ſhred and ſtampt, and as much common Sorrel; let them infuſe in the Decoction without boiling for an hour, then ſtrain it, and drink thereof with the juice of an Orange and a little Sugar.

IX. *An excellent Julep of Lemonds for a Calenture or burning Fever.*

Take Lemonds and peel them, then preſs out the juice of them, which being ſettl'd twenty four hours, pour off the clear, filter it, and digeſt it in a Stone bottle in hot Water, or in Sand for twelve days; then filter it again, and digeſt as before: repeat this till it ſettle no more *feces*, in the mean time Calſine the peel, and draw the Salt out of the Aſhes, which put to the pureſi'd juice, and digeſt them for ſome time together; then put it into little Vials of an ounce a piece, which is the Doſe for a big Body. Two Doſes will cure the greateſt burning: It is beſt to give it by it ſelf; but if the Patient does not like the taſte of it, you may

mix a little Sugar with it. This will keep good five or six years.

X. *A Pultice for the Soles of the Feet in a Fever.*

Take fresh Rue two ounces, fresh Bryony-roots four ounces, soure Leaven, bay Salt, black-Soap of each an ounce and half, Mustard three ounces, beat them well together, and add Vineger so much as suffices to make a Pultice which apply to the Soles of the Feet: If you cannot get the Leaven (as in *England* 'tis hard to be got where bread is made with Yest and not with Leaven as in *Germany*, *France* and other Countrys,) then you moy take the grounds of stail-Beer, and so take less Vineger, and it will be no less effectual.

XI. *A Julep to Cool in Fevers to hinder the fermentation of sharp humors, and their flying up to the Head.*

Take Hony two parts, Water twelve parts, boil them very gently together, till you have scum'd away all the scum that will rise, and have clarify'd it with whites of Eggs; then take it from the fire and put to it one part of Vineger, strain it through a Flannel-bag. Drink three or four spoonfuls of it at a time.

XII.

XII. *An other Cooling drink in a Fever.*

Take a Gallon of ſpring-Water, five ſpoonfuls of French-barly, half a pound of the beſt Currans, let it boil ſoftly, till a quart be conſum'd; then take of Wood ſorrel, and Roman Sorrel or common Sorrel of each two handfuls, bruiſe them well, and let them infuſe in the Liquor for an hour, then take it off, and ſtrain it through a Sive; drink of this with the juice of an Orange and a little fine Sugar. The *Lapis Contrayerva* is excellent in Fevers, ſo is the *Lapis de Goa*, and the Lord *Abbingtan's* pouder, all which ſee in their places.

XIII. *An Antiſebriſick draught in a Continual Fever.*

Take Cowſlip-Water, three ounces, ſyrup of Poppies one ounce, freſh juice of Lemonds, two ſpoonfuls, mix them for a draught.

XIV. *An Electuary in a Continual Fever.*

Take Conſerve of Wood-Sorrel of Sweet-briar of each one ounce, Cream of Tartar one dram with a ſufficient quantity of Syrup of Lemonds make an Electury, of which take the quantity of a Nutmeg thrice a day, drinking after it ſix ſpoonfuls of the following Julep.

XV. *A Julep.*

Take Water of Purſlain, Lettice and Cowſlips of each three ounces, ſyrup of Lemonds one ounce and half, ſyrup of Violets one ounce, mix them and make a Julep. Dr. *Sydenham.*

XVI. *An excellent Drink in Fevers even in Malignant.*

Take a quart of ſpring Water, and having given it a wamble or two, put to it an ounce at leaſt of Harts-horn, Calcin'd to perfect whiteneſs, and when the mixture is cold, put to it three ounces of ſyrup made of juice of Lemonds, ſhake this mixture well when you uſe it, and let the Patient take of it a moderate draught ſeveral times in the Day and Night.

XVII. *An uſeful Drink in Feveriſh Diſtempers.*

Take the Roots of *Dandelion* cleans'd and ſlic'd very ſmall an ounce, boil it in a pint and half of clear Poſſet-drink till near half be waſted, and then ſtrain it, and let the Patient take half a pint of it at a time.

Dr. *Meyern* ſays, that the ſpirit of Allum is far better in burning Fevers than the ſpirit of Vitriol for 'tis a great Cooler; the Doſe is from four drops to eight.

XVIII.

XVIII. *A Drink in a burning Fever.*

Take Sorrel two handfuls, boil it in a ſufficient quantity of Fountain water to a pint, ſtrain it and add juice of Lemonds four ounces, Rheniſh-wine a quart, Loaf Sugar four ounces or what ſuffices ſo as it may be made very grateful. It may be drank at pleaſure; It abates the heat of burning Fevers, and quenches thirſt admirably, It cuts tough Fleagm, and opens obſtructions of the Lungs, and cauſes a free breathing. It may be us'd where no Fever is preſent, for it excits the appetite and cauſes a good digeſtion.

CHAP. XXX.

Of choice, Approv'd and Experienc'd Remedies againſt the Eriſipelatous, or Red-ſwelling Fever.

I. *A Vomit to be given at the firſt approach of this Diſeaſe.*

TAke the Emetick Tartar of Minſicht, from two grains to ſix in a bolus of Conſerve of Roſes, having ready good ſtore of Poſſet drink to take in the working of it; after which you ought the next to promote a ſweat with this.

Take Bezoar Mineral from ten grains to a ſcruple, Cochinil from ſix grains to twelve, Saffron from two grains to four, Volatil ſalt of Amber from two grains to four, mix it and give it with care in a naked bed, two or three hours before the uſual time of the fits approach, and the next day repeat the ſame, and if need, the third and fourth days. In the time of ſweating give the Pearl Cordial or the Cordial Julep at *Sect.* I. and II. in the Chap. of Cordials following in the ſecond book. See *Salmon* in *Sydenham.*

II. *A Fomentation for the ſame.*

Take of the roots of Marſh-mallows and Lillies of each one ounce, Leaves of Mallows, Elder and Baſe Mullin, flowers of Camomile and Mellilot, tops of St. Johns-wort and leſſer-Centory of each one handful, Linſeed, Foenugreek ſeed of each half an ounce: Boil them in a convenient quantity of water to three pints, ſtrain out the Liquor, and when you uſe it add to every pint three ounces of Brandy; dip pieces of Woollen cloth in this Decoction, and having ſqueezed them apply them hot twice every day, bathing the parts affected with the following mixture.

III. Take half a pint of Spirit of Wine, Venice Treacle two ounces, pouder of long Pepper and Cloves of each two drams, make

a

a mixture in which dip a piece of brown paper, and wrap about the part affected. *Sid. pham.*

IV. *An Oyl for the same, which will do its Effects in twenty four hours.*

Take *Sacharum Saturni* two drams, Vinegar two spoonfuls, or something more, to dissolve the *Sacharum Saturni*, then mix the Dissolution with Oyl of Ben. four ounces, shaking them well together; anoint the sore places three, four, five, or six times a day therewith, as you shall see occation; in twenty four hours the Inflamation will be wholly taken away. *Salmon.*

V. *An excellent Clister for the same.*

Take Turpentine one ounce, two yolks of Eggs, mix and grind them well together in a Morter or Basin, then add to them Posset-drink a pint sweetn'd with Sugar, and give it warm. *Salmon.*

VI. *An excellent Liniment or Ointment for the same.*

Take juice of Night Shade, Oyl of Roses of each a pound and a quarter; boil them to the Consumption of the juice, then strain it and add Litharge, and Cerule in fine pouder of each one pound, mix them and make an Ointment.

It is good against Cancers in Womens Breasts, heats and inflamations, Erisipelatous, &c. anoint therewith Morning and Evening, and spread it upon soft gentle Leather, and Covet the whole Affect therewith. *Bates.* Note, that if you add to it *Sacharum Saturni* four ounces, it will be more effectual to answer all the intentions for which it is made. *Salmon.*

CHAP. XXXI.

Of Select and Approv'd Remedies against the Itch and other Diseases of the Skin.

I. *An excellent purging Portion against the Itch.*

TAke Tamarins half an ounce, Sharp pointed Dock-root two drams, Fumitory and Succory of each half a handful, white Tartar half a dram, Ginger one scruple, chop the Herbs and bruise the Roots, and boil it in a sufficient quantity of fair Water to a quarter of a pint (to which) being strain'd, add one ounce of syrup of Roses, and two drams of syrup of Buckthorn-berries, and take it in the Morning. This I have try'd with good success.

II. *Another purging Decoction for the same.*

Take French-Barly two spoonfuls, boil it in

in two quarts of Water with Raiſons ſlic'd two ounces, crude Antimony in pouder and tied in a rag, Munks Rhubarb or Garden patience three ounces, ſlice the Roots thin, and let it boil three quarters of an hour; then add Coriander ſeed bruis'd and Sena of each half an ounce, Fumitory one handful, let it boil a quarter of an hour longer; you may add a little Hartſhorn and Ivory, and Liquorice. The Doſe is half a pint early in the Morning. It is an approv'd thing.

III. *A Purging Apozem for the ſame.*

Take of Polypody of the Oak, ſharp pointed Dock-roots, ſlic'd thin or ſtamp'd of each an ounce, Sena ten drams, Turbith, Agarick, Epithimum of each an ounce, Carthamus-ſeeds half an ounce, yellow Sanders two drams, ſeeds of Anis and Carraway bruis'd of each two drams, boil them in ſix pints of Fountain water to half, then add white-Wine a pint and ſtrain it preſently; the Doſe is ſix ounces by it ſelf, or with a ſpoonful of ſyrup of Epithimum. Dr. *Willis.*

IV. *A Purging Ale for the ſame.*

Take Roots of Polypody of the Oak, and of red Dock of each three ounces, Sena four ounces, Epithimum, Turbith, Mechoacan of each two ounce, yellow Sanders an ounce, Coriander-

derseeds six drams, being slic'd and bruis'd, put them in a Bag and hang them in four Gallons of Ale; after five or six days drink of it twelve ounces more or less every Morning, for eight or ten days.

V. *Another Drink for the same to be us'd for ordinary Drink.*

Take tops of Tamarick, Fumitory dry'd, of each four handfuls, red Dock-root dri'd six ounces, Rinds of Bitter sweet two ounces, make a Bag for four Gallons of small Ale.

For purging Medicines for the Itch, the pouder call'd *Cornachinus*'s pouder, and also my Lady *Crisp*'s pouder are very proper, which will be set down in the Chap. of Purging Medicines. An so is *Glauber*'s Sal mirabile.

VI. *An Effectual Ointment for the same.*

Take flowers of Sulphur half an ounce, Butter without Salt four ounces, Ginger pouder'd half a dram, mix and make a Linement.

VII. *Another for the same.*

Take *Unguentum Rosatum* four ounces, Sulphurvive pouder'd half an ounce, Oyl of Tartar *per de liquium* what suffices, make a Liniment, to which add Oyl of Rhodium to give it a scent.

VIII.

VIII. *Another for the same.*

Take red Dock-roots, bruise them and boil them in Butter, or Oyl and white-Wine till the Wine be consum'd, then with Sulphur and Oyl of Tartar make an Ointment.

IX. *Another for the same oft prov'd.*

Take the Ointment of Elecampane without Mercury four ounces, pouder of Sulphur half an ounce, Oyl of Tartar *Per delquiam* what suffices, make a Liniment.

X. *Another for the same oft prov'd.*

Take the Ointment of Elecampane without Mercury, two onnces, Sulphur vive one dram and half, burnt Allum, Camphor of each one scruple, Oyl of Roses two drams, the Chymical Oyl of Sassafras eight drops, mix and make a Liniment.

XI. *Another Effectual Ointment for the Itch, of Dr.* Harvy.

Take Hogs-grease four ounces, Therebinthin and Wax of each an ounce, flower of Brimstone, or rather unmelted Brimstone pounded and sifted one ounce, Tobaccostalks pouder'd and sifted half an ounce, white Lead two drams, com-

common Oyl as much as will ſuffice to bring it into an Ointment. Melt the Hogs-greaſe and the Wax together in a Pipkin, then put it in the Therebinthin, and the pouders, and laſtly the Oyl, and ſtirr them well together; this I have often prov'd with good ſucceſs, *Hartman.* The places affected muſt be anointed with it Morning and Evening.

CHAP. XXXII.

Of Choice, approv'd and experienc'd Remedies againſt the Scurf or Scabs in the Head.

Firſt, Purge the body twice with the common purgin Potion, or with the purging Potion for the Itch at *Sect.* I. in the foregoing Chap. then you may come to outward applications. But firſt, let the Hair be cut off, and afterwards rub of the Scales by little and little, every Morning, according as they are ready to fall away.

I. *An approv'd Ointment for the ſame.*

TAke half a Peck of Oyſterſhels, where the Oyſters are newly taken out; waſh them clean, then burn them in a clear fire to perfect whiteneſs, reduce them to a fine pouder, and ſift

ſift it as fine as flower; then mix it with *Unguentum Album* ſo that it be pritty ſtiff, and keep it in a Gallypot for uſe; Anoint the Head with it twice every day, and then cover it with a Hogs-bladder. It will keep a year. Sir K. *Digby.*

II. *Another for the ſame.*

Take Roſin half a pound, Pitch two ounces, Hogs-greaſe an ounce, melt them together and let them boil a little, ſtirring it well; then take it off, and keep it in a Gallon pot for uſe. Having cliſt of the Hair very cloſe, whilſt the ointment is yet warm, ſpred it upon new Lockrum that was never waſh'd in Soap, and cut it into divers Plaſters, and keep them by you; you may make as many at once as will ſerve a month, when you lay them on, warm them a litte to make them Stick; dreſs it only twice a week, and when you ſee that the Plaſters have taken away the Hair, and that the Head is as bare as ones hand, then dreſs it but once a week; you muſt pick off that Hair with the point of a knife that the Plaſter brings not of with them, which you muſt do every time you dreſs it: You muſt continue it till the Head and Skin look white, then it is a cure which may ſometimes require four five or ſix months, for as long as the Skin looks red it is not cur'd. The Hair you clip off from the Patiens Head, you muſt burn, and mix the Aſhes with the Ointment while it is boiling.

III.

III. *An other for the same.*

Take Oyl of bitter Almonds, Oyl of Bays, the ashes of Southern wood leaves of each an an ounce, mix them throughly for a Liniment, with which anoint the whole Head every Night, rubbing it in very well, and then cover it with a Hogs bladder.

IV. *An other for the same.*

Take Wine vineger, black Soap of each two pounds, Ginger and common Sulphur of each two ounces, boil them together till a third part of the Vineger be wasted.

V. *An other for the same.*

Take Castle Soap half a pound, cut it small and dissolve it in Plantain Water what suffices, then add Mercury sublimate, two drams dissolv'd in Rose water, mix them well together, and add Musk two grains.

VI. *An other for the same.*

Take common Sulphur four ounces, Sulphur vive two ounces, a Lixivium of Soap made with Plantine Water half a pound, Hogs grease two pounds, mix and make an Ointment; Anoint the Head with it twice a day.

VII.

VII. *Another for the same.*

Take white Precipitat Mercury one scruple, Chalibiate Water two ounces, mix them and wash the Head with it. These four last Receipts were given by Mr. *Holliar* Chirurgion of the Hospital, to Mr. *Ireland* Chirurgion, and by him to me. *Hartman.*

CHAP. XXXIII.

Of Fistula's and Ulcers.

I. *An Excellent wound Drink for the Kings Evil and Fistula's.*

TAke of the Herb Prunella two handfuls, Angelica, Sanicle, Bettony, Rosemary, tops of red Beets, Scordium, Agrimony, Soapwort, Plantin, Comfry roots, Hypericon, Cinquefoil, Mint, Avens, Dasy-leaves of each one handful, Guaicum, Sassafras, Sarsa Parilla of each an ounce and half, being all duly prepar'd, boil them in fifteen quarts of Alewort to a Gallon, then tun it up with Yest being strain'd and cool'd; and after four days, drink constantly of it, drinking no other drink. It cures Fistula's, inward and outward Ulcers and Sores; it stanches inward bleeding, eases the pain

pain and soreness of Wounds; you may give with it the pouder of Egg-shells or Oyster-shells, and Crabs Eyes prepar'd of each eight grains, to be given every Morning fasting.

II. *An other very good Drink for a Festula.*

Take Sarsa Parilla half a pound, Guaicum, four ounces, Sassafras, three ounces, roots of Horse-radish four ounces, Hysop, red Sage of each three ounces, chop and stamp them, and boil them in running Water two quarts to a pint, strain it and wash the Fistula with it, pour to the remaining two quarts of Water adding a pound of Currans, Boil it an hour, and if the Fistula be hot leave out the Sage and Hysop, and put in Bettany and Strawberry leaves, and some Orange Peels; the Dose is a quarter of a pint twice or thrice a day.

III. *An outward Remedy for the same.*

Take a quart of running Water, Roch Allum the quantity of an Egg, white Copperas the quantity of a Wallnut, boil them to a pint, cast of it into the Fistula with a Seringe.

IV. *To make a Stone to heal Fistula's, hot Ulcers and Wounds.*

Take Lapis Calaminaris two ounces, Allum half an ounce, Bolarmenick four ounces, Ceruse three

three ounces, green Copperas two ounces, make all into a fine pouder, and put it in a Pipkin, which ſet upon a Charcoal fire, adding Wine Vineger, let it boil till it comes to a Stone. The manner of uſing it is thus; Diſſolve of this Stone one ounce in a pint of Wine, and waſh the wound therewith, having firſt filter'd it and apply over it a Cloth wet in the ſame; but if it be for a Fiſtula or Ulcer diſſolve it in Rain-Water, or Smiths-forge Water and caſt it in with a Seringe, and if it be for ſore Eyes diſſolve it in Roſe-water.

V. *An other Medicinal Stone for the ſame.*

Take white Vitriol four ounces, Sal Armoniack half an ounce, Allum, Ceruſe, Bole Armoniack of each an ounce, mix and make a pouder, which boil with Vineger a ſufficient quantity to the conſiſtancy of a hard Stone: It dries up Ulcers and Defluctions, heals Wounds and inveterate Sores, cures an Eriſipelous, Scabs and Tetters. The manner of uſing it is thus; diſſolve of it one ounce in Rain water a pint, then filter it, with which waſh the part affected, and apply over it a Cloth wet in the ſame.

VI. *A Powder for the ſame.*

Take white Vitriol and fine Bole Armoniack of each half an ounce, grind them to a fine pouder, then anoint your Tents with Oint-

ment of Populion, and dip it in the pouder, do this as often as you see occasion.

VII. *An Ointment for the same.*

Take the Caput Mortuum, of Vitriol of each equal parts, mix them and digest for eight days, then distil it in a Retort in Sand. See more in the Chap. for the Kings Evil.

CHAP. XXXIV.

Of Appov'd and Experienc'd Remedies against Tetters, Herps, and Ringworms.

I. *A most approv'd Ointment for a Tetter.*

TAke Lytharge of Gold in very subtile pouder, half a pound, Wine Vineger five ounces, Oyl of Roses, one pound, grind the Litharge in a Morter, putting to it by turns, some times Oyl, and some times Vineger, till by a continual grinding and stirring, the Vineger no more appears, and that it comes to a whitish Ointment. It is good against Inflamations, Burnings and Scaldings, it is Cooling, Drying and Anodine; It dryes, skins and heals Sores and Ulsers. This Ointment cur'd a Man that had a very Malignant Tetter all over the backside of his Hand, which had been of many years

years ſtanding. It alſo cur'd a Tetter in a Gentilman's Forehead.

II. *Another for the ſame which hath cur'd many.*

Take Hogs greaſe four ounces, Quich Silver Mortified, and Verdegreaſe of each an ounce, Camphire one dram, black-Soap and Muſtard of each one ſpoonful, juice of the Leaves of Walnuts four ſpoonfuls, grind this well together in a Stone Morter; then put it in a gally-pot: Anoint the Tetters with it Morning and Evening until they are kill'd and heal'd.

III. *Another for any kind of Tetter or Herpes, &c.*

Diſſolve two ounces of running Mercury in four ounces of *Aqua-fortis*, pour upon the Solution a quart of fair Water, in which is diſſolved two handfuls of Salt and then filter'd. This will make the *Mercury* fall down to the bottom in a white *Calx*. When it is well ſettl'd, pour off the clear Water, which keep for your uſe. Pour the remaining milky thick ſubſtance upon one pound of Hogs greaſe melted in an earthen pot. The Greaſe muſt be very hot when you pour in the diſſolv'd *Mercury*; but take the pot from the fire when you pour the *Mercury* into it, and ſtir it well all the while you are pouring it in, and when 'tis all in, ſet the pot upon the fire again to boil the greaſe, till all the moiſture of

the Mercurial Substance and Solution is avaporated away; but be sure you stir it very well all the while; as also after you take it from the fire (which do assoon as the moisture is gone) till the grease is cold and harden'd.

The way of using this Ointment and clear Water is thus: First, if the Evil be very great, purge and let blood. Then begin with the Water, rub the Tetters all about with linnen dipp'd in the Water made as hot as you can endure it, and when you have rub'd and bath'd it well, lay upon it compresses wetted in the Water. Do thus twice a day for two or three days or more, till you see it hath drawn out the Salt humour abundantly, and that the part is much inflam'd and very sore, and hath little Holes and Ulcers eaten in it, presently after the first washing, it will grow very sore and inflam'd; therefore you must not afterwards rub it so hard as at first but very gently. Some sores will require the use of the Water five or six days, others more; tender ones two or three days. When you judge the Water hath drawn out the violent matter; then anoint with the grease as hot as you can endure it, and lay upon it a Plaster of the same Ointment binding it on. This Ointment will presently assuage the pain, and take away the Inflamation. Dress it twice or thrice a day; Much matter will run from the sore as from an Ulser, and by little and little it will heal up: And that which is wonderful is, that whereas

one would think that such deep holes as the water will have eaten, should leave Scars, there will not appear the least mark of them; but a fine new tender natural Skin will come over it all. This was Sir *K. Digby's* Remedy, wherewith he cur'd himself of a Malignant Fetter.

CHAP. XXXV.

Of Choice, Approv'd and Experienc'd Remedies for the cure of Ulcers and Fistula's.

I. *A Water which hath done such wonderful cures in all manner of Swelling Ulcers, Cancers, Warts, Ring-worms, Itch, Scabs and Fistola's.*

TAke Bol Armoniack and white Vitriol of each four ounces, Camphir one ounce, put the Camphir and Vitriol in a little Pot (or in a Crucible) upon the Fire, and boil them gently till they be come hard, then let it cool, and pouder it finely, and having pouder'd the Bol Armoniack, mingle the Pouders together and keep it in a Bladder; then take a pound of quick Lime newly burnt, put it into an earthen Vessel; then take a Gallon of Smiths forge water, set it on the fire and let boil, then strain it and pour it upon the quick Lime, when the Lime is slak'd stir it well together, then let it stand to settle; then pour off the clear and keep it in

glass-Bottles; into a quart of this water put a good spoonful and half of the said pouder, shake them well together in a bottle, let it stand a Fortnight, shaking it twice a day. If you desire to have it stronger, pouder one ounce of Allum and mingle it well with the pouder before you put it in the Water, when you use it pour of the clear or filter it, and make it hot and bath the Sore with it as hot as may be endur'd, and lay double cloths over it dipp'd in the same Water; when you use it for a Fistula, cast it in with a Seringe.

II. *An other for the same.*

Take a quart of fair runing water, put in it Allum as much as an Egg, white Vitriol as much as a Walnut, let them boil from a quart to a pint, cast it into the Fistula three or four times a day till it be whole.

III. *An other for the same.*

Take Tanners owse and cast it into the Fistula with the Seringe; then anoint your Tents with some cold ointment, and dip the Tent in green Copperas burnt, use this two or three dressings, or as occasion serveth, then take burnt Alabaster and use it at the end of the Tent, as it healeth so you may shorten the Tent. It healeth Ulcers also.

IV.

IV. *To make a Medecinal ſtone to heal Fiſtula's, hot Ulcers and Wounds.*

Take *Lapis Calaminaris* two ounces, Allum half an ounce, Bol-Armoniack four ounces, Ceruſe three ounces, green Copperas two ounces, make of all a pouder and mix them; put it in a pipkin and ſet it upon a fire of Charcoal, pouring upon them Wine vineger, and boil it till it come to a *Stone*; which reduce to pouder and keep it in a Bladder; for a Fiſtula or Ulcer put a little of this pouder into Vineger, and if it be a Wound into white Wine; for ſore Eyes into Roſe-water, uſe no more pouder at a time then you have occaſion to uſe. While it boileth upon the Fire you muſt ſtir it continually, *See* more at *Sect.* XII.

V. *For a Feſtula another Remedy.*

Take white Vitriol two ounces, Bol-Armonick half an ounce, grind them into a ſubtile pouder, then anoint your Tent with ointment of Populion, and dip it in the Pouder, do this as oft as you ſee occaſion.

VI. *An Excellent Balſam for Ulcers and Fiſtula's*

Take Salt of Saturn call'd *Sacharum Saturni* eight ounces, ſpirit of Turpentine that is rectifi'd, Oyl of Turpentine ſomuch as to cover it

four inches deep, being put into a Matrass, place it in a Gentle Sand heat, digest for twenty four hours or till you have a red Tincture; which pour off and put on more Oyl of Turpentine, digest as before; then pour off the Tincture again, which will be a little colour'd; put these Tintures in a little Retort, place it in Sand, and fit to it a Receiver, and with a very gentle fire distil off about two thirds of the Oyl of Turpentine, then let the Retort cool and pour that which is in it into a glass vial which keep for Balsam of Saturn. It is excellent for curing Fistula's Siccatrizing of Ulcers: It heals Cancers being but touch'd with it tho never so bad, for it mightily resists putrefaction, it heals wounds and cures an Atrophy in any particular part; it is also of wonderful use in a hot Gout, if a little Lint or cloth being moistn'd in it and apply'd. *Lemery.*

VII. *An Excellent inward Remedy for a Fistula.*

Take Herb Valerian, Tormentel, Avens, Pellitory, red Beat, red Chick-weed of each one handful, Roots of Gallingal, Zedoary, Lorrelberries of each two drams, chop the herbs and bruise the Roots and berries, and boil them in Wine, then strain it; the Dose is two spoonfuls thrice a day warm. You will see its operation in a few days, how it carries off the vitious humor. *Junckins.* But If the Fistula groes upon a bone and the same is black and putrifi'd, it will not heal, therefore you must use the following means. VIII.

VIII. *A Water for the same.*

Take Plaintin-water, boil in it a little Mercurius Dulcis till it be dissolv'd, then add some drops of Spirit of Niter, so much that it may not be sharp of it, cast it in with a Seringe, and it will take away the blackness, and that in four, five or six days, and you may soon perceive if Flesh comes upon the Bone by feeling with a Prob, which if you perceive you may leave off Seringing with the said Liquor.

Then take fresh Juice of Tabacco Leaves, and the Juice of live River Cray-Fishes of each equal parts, to which add a little *Mercurius-Dulcis*, and with Honey make it into a thin Ointment, of which put into the Fistula, and it will soon heal. *Note*, That to Cure a Fistula you must first Purge the Body well to carry off sharp humours.

IX. *An excellent Ointment for a Fistula.*

Take Pouder of Briony-Roots a dram, Franckincence, Myrrh of each two drams, Verdigreace half a dram, Salt-Armoniack a scruple, Hogs-grease, Oyl of Olives of each as much as suffices, make an Ointment.

X. *An other of greater Vertue.*

Take white Vitriol four ounces, Allum, Ver-

Verdigreaſe of each half an ounce, ſtrong Vineger ſix ounces, Calcine them till it comes to a Stone, which Pouder mixt in it *Unguentum Ægyptiacum* and arm the tent with it. The brown Ointment of *Felix Wortz* is a moſt Medicine in this Caſe, if it be by boiling reduc'd into the form of a Suppoſitory and ſo put into the Fiſtula. *Barbet.*

It will be ſet down in the chap. of Balſams.

XI. *Other Suppoſitories excellent, eſpecially in Fiſtula's of the Fundament, and other ſoft parts.*

Take Agrimony half a handful, Scordium a pugil, Flowers of St. John's-wort two pugils, French-Barly an ounce, boil them in white Wine and ſtrain them, adding Virgins Hony four ounces, boil them to a thickneſs, then add Frankincenſe, Maſtick of each two drams, Myrrh a dram and half, Sarcocol 3 drams, white Vitriol a dram; make them into Suppoſitories. *Barbet.*

XII. *A Medicinal Stone.*

Take white Vitriol four ounces, Salt-Armoniack half an ounce, Bol-Armoniack and Ceruſe of each an ounce, mixt them and make a Pouder, which boil with Vineger what ſuffices to the conſiſtency of a hard Stone. It drys up Ulcers and Defluxions; heals Wounds and inveterate Sores; Cures an Eriſipelous, the Scab or Leproſy, Tettars and Ring-Worms, *&c.* The manner of uſing it is thus: Take one ounce

ounce of this Stone and diſſolve it in in Lime-water, or Smiths-water, or Plantain-water one Pint, then filter it, with which being warm'd waſh the part affect'd and apply over it a Cloth wet in the ſame. For a Fiſtula caſt it in with a Seringe.

XIII. *Another of Monſieur* Lemery.

Take of the *Caput Mortuum* of Vitriol two ounces, Litharge, Allum, fine Bol of each four ounces; make of all a fine Pouder and mixt them, and put them into a glaz'd Pot, and pore upon them good Veneger, ſo much as to over top the Ingredients two Inches, cover the Veſſel and leave it in digeſtion two days; then add to it Nitre eight ounces, Salt-Armoniack two ounces, and over a gentle heat evaporate all the moiſture; then take the maſs that remains and calcine it about half an hour in a ſtrong Fire in a Crucible, and keep it for uſe. It has all the Vertues of the former, and is to be uſed in the ſame manner. It is one of the beſt Remedies in the World to cure a Gonorrhea by injection, univerſals being before hand premiſed diſſolve one dram of it in Lime-water, Smiths-water or Plantain-water eight ounces; and then filter it, and make an Injection into the Yard with a proper Yard-Seringe (of which that of Dr. *Wall* is the beſt) three or four times a day; the Patient being ſure to make water juſt before the uſe of it, if he has occaſion

occasion, and not after it in some considerable time. It is also a singular Remedy to clear the Eyes at any time, especially in the small Pox, eight grains of it being dissolv'd in Rose-water four ounces, and the Eyes wash'd therewith. It stops bleeding in a Wound and near answers all the Effects of the Stiptick-water.

XIV. *Another Water to wash a Sore.*

Take Roch-Alum, white Vitriol of each equal parts, fry them in a glazed pot or an old pan, till they be hard, then pouder it; then take fair water and make it boiling hot, put in some of your pouder, and when it is bloodwarm wash the Sore with it and lay a a Linnen cloth over it wet in this Water.

XV. *A good Salve to cure an Ulcer.*

Take Wax two ounces, Sallet Oyl a pint, boil them till they come to a good body; then take *Olibanum*, *Lapis-Calaminaris* in fine pouder of each two ounces, and put them to the Wax and Oyl, as they cool with half an ounce of Camphir, two ounces of Turpentine, and a little burnt Alum, boil them not to much, if you do they will be black and quite spoil'd.

XVI. *Another for outward Ulcers*

Take the green bark of Oak and chop it all together

together, both inſide and outſide, into very ſmall pieces, upon which pore good Lime-water freſhly made, and let them infuſe in it till the Liquor has acquired a deep Tincture, with this dreſs the Ulcer once, and if need require twice a day.

XVII. *The famous Scotch Empirical Medicine for a Stubborn Ulcer.*

Take the groſs ſtalks on which the red Colewort grows (not Cabbage) burn it to aſhes, but not too much, and with any fit additament make thereof a pultice to be applied to the Ulcer, and ſhift it at reaſonable diſtances of time.

XVIII. *To dry up ſharp humours with ones own Water, and to cure Kibs and Chilblains.*

Sir *Kenelm Digby* relates. that a certain Lady had a humor broke out at her heel, which neither Phyſicians with Purgings and Dietdrincks, nor Chyrurgions with Ointments coul heal and dry up; it was heal'd in three or four Fomentations with her own Urin newly made and ſome white Salt diſſolv'd in it, all warm'd, and then with Linnens dubl'd foment the place by the Fire ſide for a quarter of an hour, then bind on a clean dry Linnen and compreſs to it: Do this Morning and Night, it Cures all Kibes and Chilblains, even after they are broken;

broken; and if used before they are broken it will prevent them.

XIX. *An experienc'd Medicine, that hath Cur'd Fistula's in the Fundament, Scrotum, &c.*

Take Oyl Olive two pound, Salt-Armoniack one dram, Bitum two drams, Saffron one dram and half, let them boil in Balneo Mariæ to the consumption of a third part.

XX. *An other that Cur'd a Fistula left in despare.*

Take Herb Robert, Osmund Royal of each two handfuls, Mint one handful, Millepedes four hundred, bruise them and hang them in a bag in four Gallons of Bear, when it hath done working drink of it constantly.

XXI. *For a Fistula in the Fundament.*

Take juice of Herb-Mercury, and of wild Cucumbers of each three drams, Coloquintida, Hellebor, black and white, of each half a dram, Aloes one dram and half, Ox Gall one dram, Honey what suffices; mixt and make an Ointment, and apply it to the Fistula, using at the same time proper Wound drinks inwardly, such as you have in the chap. of the Kings Evil. This Ointment if it be laid to the bottom of the Belly, it Purges down-wards; If the Stomach be anointed with it, it Vomits;

It

It is alſo good for Worms in Children that will not take Medicines.

CHAP. XXXVI.

Of choice, approv'd and experimented Remedies againſt the Piles and Hemorhoids.

I. *An Experimented Remedy for the Piles.*

TAke white Lead in fine pouder one dram, burnt Alum two drams, mixt them with Hogs-greaſe and Plantain-water, and then anoint the griev'd place therewith.

II. *An other infallible and often prov'd Remedy for the Piles.*

Take Pile-wort, ſtamp it and mixt it with unſalt'd Butter, working into it as much of the Herb as you can well make it take in, ſo that the Butter be highly green, melt it over the Fire, and let them boil gently till the Butter have taken in all the Juice and Vertue of the Herb, and the ſuperfluous moiſture be evaporat'd: In a word, you are to make the Butter as ſtrong as you can of the Herb, and that it be of a perfect green colour; when it is cold it will be ferm and hard, with this anoint the Piles. Mr. *Boyle.*

III.

III. *An other approv'd Remedy for the same.*

Take of the best and fattest Figgs six in number, cleave them thrô the middle, lay them in a Porringer, and pore upon them good strong English-Brandy or Spirits to cover two good fingers breath; then set the Brandy on Fire and let it burn so long as it will, and the Figs will then be very tender and soft; then apply one of them as hot as can be endur'd to the swell'd Hemorhoids that comes out, and let it remain until it groweth cold, which will be less than half a quarter of a hour; then apply an other half of Figs as before, and so continue till you have used all the twelve half-Figs; and to that end you must keep them warm by the Fire. This will give you perfect ease, thô the pain be never so great before, and will take away all the swelling and knobs upon the Veins, and make them retire orderly into the Body. Sir *K. Digby.*

IV. *Dr.* Bate's *Remedy against the Piles, wherewith he Cur'd himself when he had them in the greatest extremity that could be; He gave this Receipt to Sir* K. Digby.

Take Flower of Sulphur one part, fine Sugar three parts; make a fine Pouder, which make into Lozenges with Gum Tragant soak'd in red Rose-water into a Mucilage; make them round and

and flat and about one dram a piece; eat of these four or five times a day one at a time: Doing thus it gave him three or four stools a day, and in a little while he was perfectly Cur'd of his Piles. With the same Remedy I have Cur'd also some Scears of Persons troubled with the Hemothoids, both Men and Women. *Hartman.*

V. *An Ointment against the Piles:*

Take the Ashes of Pouder of burnt Cork one dram, Camphir two scruples, Opium six grains, Ointment of Populneum an ounce and half, mixt them: Anoint upon the place affect'd; First, foment the Part very well with hot Claret Wine, then immediatly an oint the Piles with this Ointment or with that at *Sect.* II. aforegoing, which you must do at least five or six times a day; but the Fomentation may be made use of only Morning and Night so long as the Ointment is used. An the Patient may some times sit over a Chafing-dish of Charcoal, wherein small pieces of Amber are put for a Fume.

VI. *Another Ointment against the Piles of Dr. Bate:*

Take Oyl of Roses an ounce and half, *Emplastrum de minio* one ounce, white Wax half an ounce, melt them together; then add *Æthiops Minerale* two drams, Opium half an ounce, Saffron, Nut-megs, Camomile-

flowers of each one dram, all in fine Pouder, Syrup of Roſes one ounce, by a gentle heat evaporate the moiſture, and mixt them well together. Anoint the Piles with it. It is ſaid to be alſo a ſingular and approv'd thing againſt the Gout, or any vehement pain in what part of the Body ſoever. Firſt, anoint the part afflict'd therewith; ſpreading it upon Leather apply it, binding on. It has been found alſo by experience to be an excellent thing to diſſolve Tumours and Kernels in the Kings Evil, being appli'd and renued every other day, as Dr. *Salmon* relates.

VII. *Another for the pain of the Hemorhoids of Dr.* Sydenham.

Take Seeds of Mellons and Pompions of each half an ounce, white Poppy Seeds two drams, five ſweet Almonds blanch'd, beat them in a Stone Morter, putting in by little and little Barly-water about a pint; Roſe-water two drams, fine white Sugar a ſufficient quantity, make an Emulſion according to Art, of which let the Sick take three ounces often.

VIII. *Another for the ſame, of the ſame Author.*

Take of Flower of Sulphur, fine Pouder of Liquorice and dry'd Sage of each one dram, with a ſufficient quantity of *Lucatella's* Balſam make a maſs, of every dram make ſix Pills,

of

of which let him take three thrice a day, taking six Spoonfuls of the Emulsion after them. To cool and looſen the Body, *Glauber's* Salt Mirabile is an excellent thing, you may give it from half an ounce to six drams; to an ounce, in Clarifi'd Wey.

IX. *An other for the ſame.*

Take of Frogs Spawn-water four ounces; boil in of Litharge two drams, Opium one ſcruple; ſoke a Linnen-cloth in a little of it, and apply it to the part affect'd; or if the ſwelling be inward, put three Spoonfuls of it into a Cliſter and give it.

CHAP. XXXVII.

Of choice, experienc'd and approv'd Remedies againſt the Plague or Peſtilence.

I. Hartman *the great Antidote and Preſervative againſt the Plague, which Sir* K. Digby *bid me to get prepar'd for his Family, when that great Plague and Peſtilent Fever began in* London *in the Year* 1665. *was thus:*

TAke a pound of the leaves of Wood-Sorrel, and pound them by themſelves half an hour, then take three pound of fine Sugar in

pouder, and mixt these together, and keep it stirring and beating for three hours more; and then take four ounces of Mithridate or London Treacle, and pound them all together for half an hour longer, which makes four hours in all; then put it up in Gally-Pots, and tie it up close with a Bladder or Leather. In time of Infection, take the quantity of a large Nutmeg every Morning fasting, and if you have taken any Infection, or if you find your self stricken with any Disease at the Hart or Pain in the Stomach, take almost as much more, and go to Bed and procure a moderate Sweat for an hour.

II. *Also the following Pills I prepar'd by Sir* K. Digby's *Order.*

Take of the best Aloes Succotrina grosly pouder'd, half a pound, Myrrh grosly pouder'd six ounces, Mastick in pouder four ounces, Saffron two ounces; put them Bold-heads every one a part, and extract the Tincture according to Art: The Aloes and Saffron with common Brandy, but the Myrrh and Mastick with good Spirit of Wine, often shaking them; then mixt the Tinctures together, and in a Glass-Cucurbite in Balneo Mariæ abstract all the Spirit of Wine, till the Matter remain in the consistance of Honey; then pour it out into a white Bason, and in sand evaporate it to the consistence of a Mass for Pills. They strengthen the

the Head, Stomach and Heart, hinder Putrefaction, cause a good Digestion, and a good Appetite, cures the Scurvy. They are an excellent preservative in Pestilential times, cleansing the Body of such Humours as might be apt to receive the Infection; and to that end Sir *Kenelm* caus'd them to be prepar'd. The Dose is from one scruple to half a dram to be taken at Night, before or after a light Supper. These Pills will be better if you prepare the Aloes according to Dr. *Harvy*'s direction which you have in the Chapter of the Scurvy.

III. *An excellent Pouder against the Plague or Pestilence, sent by the King of Spain to the King of France.*

Take Myrrh, *Lignum-Aloes*, Sealed Earth, Bol-Armoniack, Cloves, Saffron, Mastick, Mace of each four drams, make them all into a fine Pouder, which keep in a Leather-Bag. Dose is ten grains or twelve in white Wine or Water of Scordium, or in Broth every Morning in time of Infection. It will preserve you from taking any Infection that day you have taken it. It is Cordial and Stomachal; But if you have taken any Infection (the Signe whereof is a Feaver, a violent pain in the Head and Back, a Vomiting, the Urin is thick, the Patient is heavy and propense to sleep, &c.) then presently take a dram of the said Pouder in the strongest Vineger you can get, and Rose-

water of each two ounces, and being well cover'd in Bed, expect a Sweat, which by all means is to be procur'd. In the Winter the Pouder is to be taken in Wine, and in the Summer in Vineger and Rose-water. To a Child you may give half a dram. Dr. *Sabine.*

IV. *The King of Poland's Remedy against the Plague.*

Take the best Wine-Vineger six quarts, Juice of Celandine clarifi'd nine pints, Leaves and Roots of Avens, Elecampane of each one ounce, Roots of Angelica, Zedoary, Junper-berries of each two ounces, Sage one handful, digest this two days in a gentle heat; then strain it, and keep it in Bottles close stopp'd. It is a powerful Remedy, both for preserving from, and curing the Plague and other Malignant, Purple and spotted Fever. For preservation take a little glassful of it in the Morning fasting. It is record'd that no Man that drank this Medicine in the great Plague 1592. was infect'd with it, but was preserv'd from it and all other Diseases. It also clears the Eye sight to a wonder.

V. *An other Vineger against the Plague.*

Take Roots of Angelica, Zedoary of each one ounce, Juniper-berries two ounces, Rue three handfuls; pound them and pour upon them

them of the beſt Wine-Vineger three pints. It is us'd for a fume, and to waſh and gargle the Mouths and Throats of ſuch as are aſſault'd with the Plague. Dr. *Bate.* *Salmon* ſays that if Camphire two drams, fine pouder of Bay-berries and Winters-bark of each half a dram, Spirit of Wine eight ounces be added, the Medicine will be much more ſpirituous and effectual to the purpoſe intend'd. For Preſervation, let it be ſmelt to or drawn up the Noſtrils every Morning: Thrice a day let the Mouth be waſh't there with; and every Morning faſting let one or two ſpoonfuls of it be taken in a glaſs of Sack. For cure, it is to be given in all that the Sick drinks, making the drink pleaſantly ſharp; and if it be Broth give it therewith to a grateful acidity.

VI. *A Preſervative Antidote againſt the Plague.*

Take Venice-Treacle, Mithridate of each one ounce, the Confection of Alkermes two drams, Conſerve of Wood-Sorrel two ounces, mixt them together and take the quantity of a Walnut every Morning. Dr. *Sermon.*

VII. *An other for the ſame.*

Take Spirit of Sack one pint, Venice-Treacle one ounce and half, Saffron two drams, mixt them together, and let them ſtand cloſe ſtopp'd for three days; then filter it, and keep the

clear Spirit for use: The Dose is one Spoonful every Morning in the distill'd Water of Rue or Carduus.

VIII. *Another for the same.*

Take one dram of Venice-Treacle every Morning in the distill'd Water of Wood-Sorrel.

IX. *Another for the same.*

Take Juniper-berries, the Leaves of green Rue, of each one ounce, the Kernels of Walnuts two ounces, Venice Treacle, Saffron of each two drams, ten or twelve Figs, beat them all well together, then mixt there with a sufficient quantity of the best Vineger, and make an Electuary thereof, of which take the quantity of a large Nutmeg every Morning.

X. *Another Antidote for preservation.*

Take Conserve of the Leaves of Rue four ounces, Mithridate, Confection Liberantis of each one ounce, Confection of Hyacint two drams, Salt of Worm-wood two drams and half, of the red Hungarian pouder half an ounce, Bezoartick-Vineger what suffices make an Electuary. The Dose is the quantity of a Chest-nut thrice a day. Dr. *Willis.*

XI.

XI. *Lozenges for the same.*

Take Virginia Snake roots, Roots of Contrayerva, Zedoary all in fine powder, Species Liberantis of each two drams, [illegible] two ſcruples, Sugar diſſol[illegible] Vineger and boil'd to the conſiſtency for Lozenges four ounces, make Lozenges according to Art of half a dram each, eat one or two often in a day. Dr. *Willis.*

XII. *An other Antidote for the ſame.*

Take Virginia Snake roots three ounces, boil it in Fountain-Water three pints to a pint and half, then ſtrain it, and add Honey two ounces, Venice-Treacle one ounce, digeſt it warm, cloſe ſtopp'd, then ſtrain it. The Doſe is two ſpoonfuls three or four times a day.

XIII. *An other for the ſame.*

Take Flower of Sulphur four ounces, melt them in a Crucible or in a Poringer over a gentle Fire, then caſt in to it by Spoonfuls eight ounces of Salt of Worm-wood, ſtir them well together till the whole Maſs grow red, then add Aloes, Myrrh, Olibanum in pouder of each one dram, Saffron half a dram, ſtir them for a quarter of an hour longer, till they be well incorporat'd; then the Maſs being cold

put

put it into a glaz'd Diſh, and in a Celler let it reſolve into an Oyl as red as a Ruby and very fair to look upon. The Doſe is from ten to twenty drops in Bezoartick-Water, an ounce and half or two ounces twice a day. Dr. *Willis.*

Or put the aforeſaid Pouder in a Matraſs or Bolt-head, and pour upon it Spirit of Wine that hath been rectifi'd from Virginia Snake-roots, and Contrayerva ſo much as will over top it the breath of three fingers, and extract a Tincture. The Doſe is from twenty to thirty drops in any convenient Liquor.

Or take of the ſaid Pouder half an ounce, pour upon it good ſtrong Wine a quart; make a cloſe and warm infuſion: The Doſe is one Spoonful twice or thrice a day. If you have taken any Infection you are to take the ſame Remedies, but in a larger Doſe and oftner.

XIV. *An Antidote for Curing the Plague.*

Take of Bezoartick-water two ounces, of Bezoartick-Vineger half an ounce, Venice Treacle one dram, mixt them and ſhake them in a glaſs, and give it for a draught, and procure ſweat.

XV. *An other for the ſame.*

Take of the Gaſcoin's Pouder, Virginia Snake-Roots, and Contrayerva of each one ſcruple,

to

to twenty five grains, make a pouder, give it in a ſpoonful of Treacle water, drinking after it a little draught of the ſame, or of ſome cordial Julap.

XVI. *An other for the ſame.*

Take the pouder of Toads Calcin'd, *Geſcein's* powder or Dr. *Bate's* purple pouder of each half a dram, make a pouder and give it in the ſame manner.

XVII. *An other for the ſame.*

Take Bezoar Mineral half a dram, Venice-Treacle one dram, Camphir ſix grains, Bezoartick Vineger what ſuffices, mix and make a Bolus, give it in the ſame manner.

XVIII. *An other for the ſame.*

Take Dragon water and water of Wood-ſorrel of each four ounces, Compound water of Scordium, Treacle water, Bezoartick water of each one ounce, Pearl prepar'd one dram, ſyrup of Clove Gillo flowers, (or the Juice of Citron) two ounces, ſpirit of Vitriol twelve drops, make a Julap; the Doſe is three ounces in a day, ſometimes by it ſelf, and ſometimes with other Medicines. Dr. *Willis.*

XIX.

XIX. *An Amulet to hang about the Neck of excellent use to preserve you from the Plague.*

Take a Haselnut, the Kernel being taken forth, fill it with Quick-silver, close up the hole with Wax, then cover it with Silk, and hang it about your Neck that it may touch the pitt of the Stomach.

II. *Another for the same.*

Take the Head of a Toad well dri'd and cover'd with Silk, and use it as the former.

XXI. *Another for the same.*

Take Venice Treacle one ounce, Toads dri'd and grosly beaten two ounces, Virginia Snake-roots and Contrayerva of each half an ounce, make a pouder, of which make Amulets, with Gum Tragacant dissolv'd in Rose water, mixing them with a little Cotten to keep them from breaking, gild them with Gold, and wear them about your Neck.

XXII. *Another pestilential Amulet or Preservative.*

Take *Aurum Pigmentum* an ounce and half, Angelica-roots six drams, Mucilage of Gum Tragacant what suffices, mix and make a past

paſt of which make Amulets twelve in the form of a bullet, which role up in Silk, and hang againſt the Region of the Heart.

XXIII. *Amulets of Mineral Cinabar againſt the Plague.*

Take natural or Mineral Cinabet, and reduce it to a moſt ſubtile Pouder; then with as little Turpentine as may be, compoſe a maſs of it (as if you would make Pills) of which make cakes, make them flat and thin, but not ſo thin as they ſhall crak and break, let them dry, and upon the one ſide of them ingrave the Character of *Mercury*, which muſt be done *Die Mercurij*, and *Hori Mercurij*, which is twice every *Wedneſday*. Put this in a piece of Sarſnet and hang it about the Neck of any Perſon (or any living creature) it will Infallibly preſerve them from the Plague, tho they converſe with or are about infected Perſons every day, the cakes or paſtils muſt be made very ſmooth, and the Character well ingrav'd. If on the other ſide you ingrave the Character of *Jupiter* it will preſerve from Witchcraft; which muſt likewiſe be done *Die Jovis* and *hora Jovis* which is twice every *Thurſday*. If you can have a piece of Cinaber big enough to ingrave the two Characters upon both ſides of it, you need not make it up with Turpentine. It will likewiſe preſerve from Convultion-fits or Falling Sickneſs being worn in a Sarſenet, on the region of the head as well

as upon the Stomach. If it be given from twenty four grains to thirty made up in Pills with a little Turpentine, and given to any Person infected of the Plague, it will procure sweating, and will drive out the Venim or infection. *Paracelsus* saith that in the greatest Plague that is in any City or Village, if you lay four pieces of Mineral Cinaber the longer the better, one at the East, another at the West, the third at the South, and the fourth at the North part of the House, and laying them so that no wet can come to them, infalliable that house and all the Persons and creatures in it will be preserv'd from the Plague.

XXIV. *An Antidote for curing the Plague.*

Take Venice Treacle two drams, the pouder of Toads calcin'd six grains, Treacle water two drams, Cardus water four ounces, make a Potion and give it the Patient, and procure sweat. Dr. *Sermon.*

XXV. *An other for the same.*

Take the distil'd waters of Marigold and of Cowslips of each three ounces, Plague water, Treacle water and Tincture of Saffron of each one ounce, syrup of Clove Gillo flowers, two ounces, Oyl of Vitriol, or rather spirit of Niter thirty drops, mix and make a Julap; the Dose is one or two spoonfuls at any time when more then ordinary ill or faint. Con-

Concerning the pouder of Toads: Dr. *Willis* relates that in the 1643 a Peſtilential Fever reigning at Oxford and other parts adjacent; the chiefeſt method of cure was plac'd in Alexipharmicks, and a Sweat ſeaſonably procur'd for this purpoſe, beſides the preſcrips of Phyſicians taken from Apothecaries Shops, certain Empirical Remedies deſerv'd no ſmall praiſe: Then firſt in this Country the Counteſs of Kent's pouder began to be of great Fame, and another aſhcolour'd pouder was not of the leaſt note; which a certain Courtier coming by chance to this City, gave to many with good ſucceſs, and ſold it others, who approv'd of its uſe at a great rate. The diſeas'd were wont upon drinking half a dram of this in any Liquor to fall into a moſt copious Sweat, and ſo to be freed from the virulency of the Diſeaſe: That Diaphoretick (the preparation whereof I learnt afterwards from the Authors Sifters ſon) was only *the pouder of Toads* prepar'd as followeth:

XXVI. *The Diaphoretick antidote, or Pouder of Toads.*

Take Toads what quantity you pleaſe, cleaſe them with Salt, waſh them with Wine; then calcine them lightly in a Earthen pot, and reduce them to pouder bones and all; the Doſe half a dram.

XXVII.

XXVII. *An Electuary againſt the Plague.*

Take Roots of Contrayerva three ounces, of Valerian, of Maſter wort, Zedoary of each an ounce and half, ſeeds of Angelica hull'd, Dittany of Creet, Mirrh of each an ounce, Virginia Snake root half an ounce, Saffron three drams, Opium two drams, pulp of Juniper-berries (extracted with Mallago Wine) twelve ounces, Mallaga wine ſo much as ſuffices to diſſolve the Myrrh and Opium, of the Antepidemick ſyrup what ſuffices, make an Electuary. It is not only good againſt the Plague, but all other malign and Epidemical Diſeaſes; which it overcomes by puting the Patient in a gentle ſweat; the Doſe is from one dram to two (according to the Age and Malignity of the diſeaſe) diſſolv'd in ſome proper Plague water, and ſo give it the Patient (being in bed) cover'd down warm, and cauſing to ſweat ſome hours upon it. If it be given by way of prevention, take one dram of it upon a knives point in the Morning faſting, and drink after it a glaſs of Sack. **Dr.** *Bate.*

XXVIII. *A ſyrup againſt Epidemical Diſeaſes.*

Take freſh roots of Butter-bur one pound, freſh ſcordium, ſix ounces, Rue two ounces, chop them and infuſe them in four pints of Juice of green-Walnuts in a gentle heat for three days;

days; then ſtrain it, and to the clear Liquor add double refin'd Sugar, the double weight, and make a ſyrup. It is good againſt the Meaſles, ſmall Pox, ſpotted and malign Fevers, Plague and all other Epidemical diſtempers, ſtrengthening the Stomach, and driving the Infection from the Heart and Vitals. In the Plague give it thus: Take Canary four ounces, of this ſyrup two ounces, Oyl of Sulphur ſo many drops as to give it a greatful accudity, mix and give it every Morning faſting, as a Doſe for prevention; But for cure thus: Take Carduus water four ounces, Bezoartick water one ounce, of this ſyrup two ounces and half, Oyl of Sulphur eight drops, mix for a Doſe to ſweat upon. In the Meaſles and ſmall Pox give it thus: Take *Aqua Lactis Alexiteriæ* three ounces or four, *Aqua Mirabilis* and Treacle water of each half an ounce, of this ſyrup two ounces, mix it and give it Morning and Night.

CHAP. XXXVIII.

Of choice and approv'd Cordial Waters diſtil'd.

1. *The* London *Cordial Plague water.*

TAke Roots of Angelica, Maſter wort, Butter-bur, Peony roots of each four ounces, Vipers graſs, Virginia Snake-roots of each an ounce, leaves of Rue, Roſemary, Balm, *Cardus Benedictus*, Scordium, Marigold with the flowers, Dragon, Goats-rue, Mint of each two handfuls, chop the Herbs, and ſlice the Roots, and ſtamp them a little, and infuſe them in ſix quarts of Brandy for two days, then put thereto ſix quarts of fair water, and diſtil it in a Limbeck, drawing from it two Gallons, which put in a large bottle, and hang two drams of Saffron in it tied up in a rag, or make the Tincture of two drams of Saffron with the firſt running, and mix that with the reſt of your Water which is better. To every quart of this water put two ounces of Loaf-Sugar. It is excellent againſt the Plague and all malignant Diſtempers, as the ſmal Pox and Meaſles, ſpoted and purple Fevers, *&c.* the Doſe is from one ounce to two in Angelica or Sage water.

II. *Another Plague water of Dr.* Bate.

Take Celandine, Roſemary, Rue, Sage, Mugwort, Wormwood, Pimpernel, Dragons, Scabius, Agrimony, Balm, Scordium, leſſer Centory, *Carduus Benedictus*, Roſ. Solis of each two handfuls, roots of Angelica, Tormentil, Gentian, Zedoary, Liquorice of each one ounce, being chopt and bruis'd infuſe them in four quarts of white Wine for two days, then diſtil it. You may diſtil this in *Balneo Mariæ* to dryneſs, otherwiſe if you diſtil it in a Copper Veſica with a Worm, you muſt add water to it to prevent the taſte of burning. It is profitable againſt the Plague or Peſtilence, and all manner of Malign and Peſtilential Fevers, *&c.* It may be given a lone, from two ounces to four, or us'd as a vehicle to convey other Medicines in for the ſame intention, the ſick being in bed, and ſweating well upon it.

Dr. *Salmon* ſays that if three or four good Lemonds were thin ſlic'd and put (after diſtillation) into the Water it would be ſomuch the better, for that the particles of that acid Juice, certainly deſtroys all the *Vermiculi*, or *Miaſmita*, which are the progenerators of the Plague, or Peſtilence, and alſo more powrfully overcome it when the Infection is begun: For this Reaſon it is, Vineger is put into almoſt all our Plague waters, by *Sylvius Barbet*, and the more learn'd Phyſicians.

III. *The Alexitary Milk water resisting Poison, of Dr.* Bate.

Take Mead sweet, Carduus Ben. Goats Rue of each six handfuls, Mint, common Wormwood of each five handfuls, Rue three handfuls, Angellica two handfuls, chop and bruise them, and pour upon them new Milk three Gallons, mix them well and distil them in a common Still. The intention of Medicine is to be us'd as a General Vehicle to take many other Medicines in, It is many times us'd to quench thirst in violent continual burnings or Malignant Fevers, and mixt with Plague water or other cordial Waters for Juleps. For example; Take of this Allexitery Milk water six ounces, Plague water three ounces, double refin'd Sugar six drams, mix them together and let the Patient take three or four spoonfuls of it at pleasure. *Note*, That this water will not keep long, but will grow sower if it be distil'd with Milk, therefore some Physicians rather approve to distle it with fair water, and then it may be distil'd in the Winter season with dry herbs, as well as with the Green Herbs in the Summer season, and then you may distill it in a Copper Vesica with a Worm, or in a Limbeck with a bucket head.

IV.

IV. *The Febrifuge-Water of Dr.* Bate.

Take tops of Centory the leſs eight handfuls, Worm-wood, Feather-few, Cinqk-foil, Marigolds, Tormentil, green Tobacco, Sorrel, Carduus Bened. Dragons, Cammomil, Germander of each ſix handfuls, Dandeleon twelve handfuls; bruiſe them all, and add to them white Wine two quarts, and diſtil according to Art; then pour the diſtill'd Water upon new Herbs, digeſt for twelve hours, then diſtil it in Balneo to dryneſs. In the Diſtill'd-water infuſe Roots of white Dittany, of Tormentil of each an ounce and half, Seeds of Citrons, of Carduus Benedictus, of Carduus Mariæ, of Sorrel of each two ounces, Leaves of Scordium, Goats-rue of each four handfuls; then diſtil according to Art. This is profitable againſt all manner of Fevers whether continual or intermitting, commonly call'd Agues: the beſt way is to diſtil in Balneo, for then you may diſtil to dryneſs. It is alſo good for a cold and weak Stomach, fainting Fits, trembling of the Heart. *&c.* The Doſe two, four or ſix Spoonfuls according to the Age, Sex and as neceſſity requires.

V. *Aqua Mirabilis, Sir* Kenelm Digby's *way.*

Take Cubebs, Galingal, Cardemons, Melilot flowers, Cloves, Mace, Ginger, Cinnamon

of each half a dram, Juice of Celandine one pint, Juice of Mint and Baum of each half a pint Flowers of Cowſlips, Roſemary, Borage, Bugloſs and Marigold of each two drams; bruiſe the Spices and infuſe all with the Juices in three pints of Sack, one pint of ſtrong Angelica-water, and half a pint of red Roſe-water; Let it infuſe twelve hours, then diſtil it in *Balneo*, laying Hearts-tongue-leaves in the bottom of the *Balneum*, receive the firſt, ſecond and third runnings by themſelves, and mixt it as you pleaſe to have it for ſtrength, to every quart put two ounces of Loaf-Suger.

VI. *Dr.* Stephen's *great Cordial-water.*

Take Cinnamon, Cloves, Galingal, Ginger, Nutmegs, Grains of Paradice, Aniſeeds, ſweet Fennel-ſeeds, Caraway-ſeeds of each one dram, Thyme, Mother of Thyme, Mint, Sage, Penniroyal, Pellitory of the wall, Roſemary, red Roſes dry'd, Flowers of Camomil; *Origanum*, of Lavender of each a handful: Shred the Herbs and bruiſe the Seeds and Spices, and Infuſe them for twelve hours in a Gallon of white Port-Wine; then diſtil it, and ſave the firſt, ſecond and third running by themſelves: you may alſo diſtil it with Brandy and fair Water.

It is Cordial, ſtrengthens the Heart, comforts and revives the Spirits; being given to a woman in Labour, it facilitates the Birth, and

cauſes

cauſes a good delivery; and after delivery it is ſaid to bring away the after Birth, cleanſes the Womb and reſtors ſtrength; it comforts the Stomach, and is good againſt ſwooning and fainting Fits, and Fits of the Mother; It is good againſt the Stone and Gravel, and is ſaid to preſerve youth.

VII. *Excellent Cordial-water, call'd the Royal* Aqua Vitæ, *or Water of Life.*

Take Lignum Aloes, Roots of Zedoary, Angelica, Carline-Thiſtle, and Valerian of each one ounce, Cinnamon, Mace and Citron-rind of each ſix drams, Cloves, Cardemoms, ſweet Fennel-ſeeds of each half an ounce; Flowers of Roſemary, Sage and Marjoran of each two handfuls, being ſlic'd and bruis'd, put them into a Stone Jug with Brandy and Sack of each two quarts, ſtop it cloſs, and let them infuſe for three days; then diſtil in Balneo to dryneſs, and to every quart of Water put two ounces of Loaf-Sugar. This Water is much uſed and eſteem'd by all the Nobility and Gentry in France: The Perfection of it is, that all thô there be not many Ingredients, yet they are of great Vertue. It fortifies the Brain, Head and Stomach, ſtrengthens the Memory, comforts the Heart, revives the Spirits when enfeebl'd: It is to be taken faſting from one Spoonful to three in ſome proper Liquor, as black Cherry-water, or Baulm water.

VIII. *An Excellent Cordial VValnut-VVater of Madam* Ducke.

Take a peck of Walnuts in the Month of *July*, beat them to maſh, put them into a Jug with Clove Gillo-flowers two quarts, Poppy leaves a quart, Mace, Cinnamon of each two ounces, Nutmeg one ounce, all bruiſed, pour upon them one Gallon of Brandy, and two Gallons of ſtrong Bear; ſtop the Veſſel cloſe, and let it ſtand to infuſe for twelve hours; then diſtil it in a Copper Veſica with its Worm, you may draw off ſix or ſeven quarts of Water, to every quart of water put two ounces of Sugar. It is very Cordial and good for Surfeits, *&c.*

IX. *An other great Cordial-VVater of Dr.* Godart.

Take the outward thin rinds of Lemons freſh four ounces, of Oranges three ounces, Cinnamon two ounces, Nutmegs, Mace, Calamus Aromaticus, Coriander of each one ounce, Cubebs ſix drams, Cloves, Seeds of Carduus Benedictus, Cardamoms of each half an ounce, Saffron two drams, cut the peels ſmall, and bruiſe the Spices and Seeds, and infuſe them all in three quarts of Brandy, and ſix quarts of Water for twelve hours, then diſtil it in a Copper Veſica with its Worm, drawing about five quarts, which ſweeten with Loaf-Sugar, or

or with Syrup made of Damask Roſe-water and Sugar, ſetting it in warm Water till the Sugar be diſſolv'd. The Doſe is from an ounce to two ounces, either alone or in any proper Vehicle. It is a truly noble Cordial againſt Fainting, Swooning, Beating and Sickneſs of the Heart and Stomach; It is good againſt the Plague and Peſtilence, and to put into Juleps in all manner of malign Fevers, with three or four drops of ſpirit of Sulphur.

X. *The Royal Cordial Water, as it was prepar'd for King* William, *invented by Dr.* Sylvius.

Take Angelica-roots one dram, Maſterwort, Galingal roots of each a dram and half, Roſemary, ſweet Marjoran, Rue, Baſil-leaves of each one handful, Bay-berries bruiſed three drams, Angelica, Lovage and Ani-ſeeds bruis'd of each half a dram, Ginger, Nutmegs, Mace of each a dram and half, Cinnamon ſix drams, Cloves, Orang-peels of each one dram; beat them groſely, and digeſt them for two days in Spirit of Sack three pints; then Diſtil in Balneo to dryneſs; then pour that which you have drawn off upon the remainder again, and diſtil as before, and keep the Spirit for uſe. If you pleaſe you may put upon the remaining Brandy a quart or three Pints and diſtil it as long as it comes with any ſtrength, and keep that apart from the former. It is an admirable Cordial againſt the Cholick and all oppreſſions

oppreſſions of Wind, weakneſs of the Stomach, obſtructions of the Spleen, fainting and ſwooning Fits : It is good againſt the Plague, Peſtilence and Poiſon : It alſo prevails againſt Gravel, Sand and Stone; and may be given in ſome proper Water from three drams to half an ounce. They that will not be at the charge to diſtil it with Spirit of Sack, may do it with good Brandy. I have ſeen it prepar'd in *London* for King WILLIAM, Dr. *Sylvius*, who is the Author of it, was Phyſician to the Prince of *Orange* at the *Hague*; he cals it the Carminative Spirit, or Spirit Expelling-wind, or Spirit againſt the Colick.

XI. *A Cordial Water of Excellent uſe, eſpecially in all cold affects of the Head, Brain and Nervs, as Apoplexie, Palſies,* &c.

Take Roots of Angelica, Zedoary, Gentian, Valerian, Tormentil, Celandine, Biſtort, Butter-bur, Scorzonera, Maſter-wort, and of the great Burdock, Leaves of Goats-rue of each four ounces, of Carlin-Thiſtle ſix ounces, Leaves of Carduus Benedictus, Wood-Sorrel, Dittany, Scordium, Mead-ſweet, Scabious, Baum, Plantain, Divel-bit, Mint, Rue, Bugloſs and Borrage of each five handfuls, Flowers of Marry-gold and St. John-wort of each five ounces, Sage and Roſemary of each two handfuls, twenty Lemonds and as many Oranges cut ſmall with the rinds and all, the Hearts of twelve

twelve Lambs, ſhred ſmall; pour upon them Canary twenty pints digeſt for two days; then diſtil it. The Doſe is one ounce. It is an excellent Cordial and uſed by ſeveral Perſons of great Note.

XII. *An other good Cordial Water.*

Take Sage, Rue, Roſemary, Centory, Agrimony, Fumitory, Betony, *Roſa Solis*, Pimpernel of each one handful, chop them ſmall and infuſe them in a Gallon of white Port-Wine, the Veſſel being well ſtopt for two days, then diſtil it in Balneo, or in a Cold Still, and ſweeten it with Loaf Sugar. It is admirable in all Fevers, Surfeits, ſmall Pox and Meaſles, fainting and ſwooning Fits.

A worthy Lady leaves out the Fumitory and in the room puts in Baulm, Scabious, Mugwort Carduus Benedictus, Wormwood, Scordium, Dragons, Mint of each a handful, Leave out the Dragons-roots, and add Roots of Jentian and Contrayerva of each one ounce, in the ſame quantity of Wine.

XIII. *An excellent Orange-Water or Spirit of Sir* K. Digby.

Take the thin rinds or chips of an hundred Oranges; cut them ſmall, and put them in a Cucurbite, ſo large that they fill it not above a third part full; pour upon them three quarts of

of good Brandy, then put on the Head, and lute it well with Paſte and Paper, ſtop the beak or ſpout of the head and let it ſtand to infuſe three or four days; then diſtil it in Balneo, keep the firſt quart by it ſelf, for it will be excellent good; then change the Receiver, and the Oyl will come over with the reſt of the Liquor; when it begins to come weak leave off diſtilling, mingle one pint of Syrup of Clove Gillo-flowers with the firſt quart, and it will be an excellent Cordial: You may Aromatiſe it with Amber-greece if you love Amber.

XIV. *The compound Wormwood Water of Dr.* Godart.

Take of the outward freſh rinds of Lemons one pound and half, Orange-peels one pound, tops of dri'd Worm-wood, Winter-bark of each half a pound, Flowers of Camomil four ounces, Cardamoms with their husks, Cloves, Cubets, Camels-Hay of each one ounce, Cinnamon, Nutmegs, Caraways of each two ounces, being all duly prepar'd infuſe them in ſix quarts of Brandy, Spring Water four Gallons, digeſt for three days, then diſtil it in a Copper Veſica with is worm, or in a Limbeck with its refrigeratory or bucket-head. It is an excellent Stomach-Water, and a good Cordial, prevalent againſt faintings and ſwoonings Fits, Cholick and wind in the Bowels. It is alſo a ſpecifick againſt the Scurvy, very much ſweet-

ning

ning the Blood, and an admirable Surfeit Water, being taken either alone, or in any proper Liquor.

XV. *A Cordial-Water of Clary compound, for preventing Miſcarriage, of Dr.* Bate.

Take leaves of freſh Clary bruis'd twelve handfuls; pour upon them ſix quarts of Brandy, diſtil it in Balneo to dryneſs; then empty your Balneum and put into it ten handfuls of freſh Clary with the flowers if you can have them, Flowers of Archangel ſix handfuls; pour the diſtilled Water upon it, and diſtil a ſecond time: Repeat the Diſtillation once more with freſh Herbs and Flowers, adding one ounce of Nutmegs; put in the receiver ſix ounces of double refin'd Sugar. It is of great uſe (among young and tender Women) for preventing Abortion; it alſo is good to ſtop the Whites. Before you diſtil let it digeſt in the Brandy four and twenty hours. Dr. *Salmon* ſays, that if you put two ounces of Catechu in fine pouder into every quart of Water, and ſo make a Tincture, it will be ten times ſtronger to all the purpoſes afore mention'd, and will alſo ſtop the moſt violent Flux of the Terms. The Doſe is a ſpoonful or two at Night. It is beſt to take the tops and tender Leaves of Clary with flowers. Sir *K. Digby.*

XVI.

XVI. *The Cordial Water, making fruitful, of Dr.* Bate.

Take seeds of Angelica hull'd one pound and half, sweet Fennel-seed, Liquorice of each four ounces, Raisins slic'd one pound, Leaves of Mug-wort, Baulm of each four handfuls, Carduus Benedictus, Penny-royal of each two handfuls, Seeds of Ammum four ounces, Wine and Milk of each three quarts, mixt and distil it in Balneo to dryness. The Dose is four ounces, *Præmissis, Premittendis* with the tincture of Juniperberries and Syrup of the juice of Sage two spoonfuls, two scruples of the pouder of the seeds of Hart-wort, or Bastard-Lovage, mixt with Sugar of Roses, being given before. It is giv'n to cure Barrenness in Women, and make fruitful. It sweetens the Blood and destroys the Scorbutick accidities, which hinders the breeding of good seed, and being given at a convenient time (after the exhibition of the two scruples of the Hart-wort seeds.) It is said to provock the Termes, and effectually cleanse the Womb of its impurities which hinder Generation. Sometimes it is also profitably giv'n against Hysterick Fits.

XVII. *A Cordial Water of black Cherries for the Vertigo, Giddiness, Dizziness and Swimming in the Head.*

Take four pound of black Cherries, squize

ous

out first all the juice from them, then beat the rest with the Stones to a mash; then put them with the juice into a Jug, with Baulm, and tops of Rosemary shred very small or stampt of each one handful, Cinnamon and Nutmegs of each half and ounce, then pour thereon two quarts of Sack; stop it close and let it stand twelve hours; then distil it in Balneo, and draw so much of it that it be weak like *Aqua Mirabilis*, sweeten it with Sugar-candy to your taste. The Lady *Dacries* distill'd this in an ordinary Still; but Sir *K. Digby* says it is better to distil it in Balneo. The said Lady was much trubl'd with the Vertigo, Giddiness, Dizziness and swimming in her Head, of which she was cur'd by the use of this Water, and many other have found the like effect of it. This Water will be better if you keep the juice till it be setled and then pour off the clear, and keep that by it self, and pour the setlings to the Sack and the other Ingredients, and then mingle the clear Juice with your distill'd Water, or you may run the Juice thrô a Gelly-bag. It is very Cephalick and Cordial.

XVIII. *An other Cordial Water of black Cherries compound.*

Take black Cherries five pound, press out all the Juice from them; then stamp the rest with the Stones, and pour to them Claret-Wine or red Port Wine two quarts, Rosemary and Baulm

XVI. *The Cordial Water, making fruitful, of Dr.* Bate.

Take ſeeds of Angelica hull'd one pound and half, ſweet Fennel-ſeed, Liquorice of each four ounces, Raiſins ſlic'd one pound, Leaves of Mug-wort, Baulm of each four handfuls, Carduus Benedictus, Penny-royal of each two handfuls, Seeds of Ammum four ounces, Wine and Milk of each three quarts, mixt and diſtil it in Balneo to dryneſs. The Doſe is four ounces, *Præmiſſis*, *Premittendis* with the tincture of Juniperberries and Syrup of the juice of Sage two ſpoonfuls, two ſcruples of the pouder of the ſeeds of Hart-wort, or Baſtard-Lovage, mixt with Sugar of Roſes, being given before. It is giv'n to cure Barrenneſs in Women, and make fruitful. It ſweetens the Blood and deſtroys the Scorbutick accidities, which hinders the breeding of good ſeed, and being given at a convenient time (after the exhibition of the two ſcruples of the Hart-wort ſeeds.) It is ſaid to provock the Termes, and effectually cleanſe the Womb of its impurities which hinder Generation. Sometimes it is alſo profitably giv'n againſt Hyſterick Fits.

XVII. *A Cordial Water of black Cherries for the Vertigo, Giddineſs, Dizzineſs and Swimming in the Head.*

Take four pound of black Cherries, ſquize out

out first all the juice from them, then beat the rest with the Stones to a mash; then put them with the juice into a Jug, with Baulm, and tops of Rosemary shred very small or stampt of each one handful, Cinnamon and Nutmegs of each half and ounce, then pour thereon two quarts of Sack; stop it close and let it stand twelve hours; then distil it in Balneo, and draw so much of it that it be weak like *Aqua Mirabilis*, sweeten it with Sugar-candy to your taste. The Lady *Dacries* distill'd this in an ordinary Still; but Sir *K. Digby* says it is better to distil it in Balneo. The said Lady was much trubl'd with the Vertigo, Giddiness, Dizziness and swimming in her Head, of which she was cur'd by the use of this Water, and many other have found the like effect of it. This Water will be better if you keep the juice till it be setled and then pour off the clear, and keep that by it self, and pour the setlings to the Sack and the other Ingredients, and then mingle the clear Juice with your distill'd Water, or you may run the Juice thrô a Gelly-bag. It is very Cephalick and Cordial.

XVIII. *An other Cordial Water of black Cherries compound.*

Take black Cherries five pound, press out all the Juice from them; then stamp the rest with the Stones, and pour to them Claret-Wine or red Port Wine two quarts, Rosemary and Baulm

Baulm of each one handful shred very small, Cinnamon two ounces, Nutmegs one ounce and half, put them in a glaz'd Jug, or stone Bottle for 12 hours then distil it in Balneo, to every quart put two ounces of Loaf Sugar, or Sugar-candy. It is a great Cordial, and exceeding good for the Head and Stomach. Sir *K. Digby*, You may distil the Juice with the other thing, or put it to the distil'd Water as is direct'd in the former; do as you thinck best.

XIX. *An other Water of black Cherries compound, of Dr.* Bate.

Take black Cherries with their stones well bruis'd ten pound, new Milk two Gallons, Leaves of Violets, Bramble, Self-heal, Woodbine of each four handfuls, shred them very small or stamp them, and distil it in Balneo to dryness. The Dose is half a pint twice a day. It is a most powerful Remedy in the Tympany. It is also of good use for those who have old Sores, running Ulcers, Fistula's, *&c.* which are hard to cure.

XX. *A Cordial Water of Clove-Gillo-flowers of Dr.* Bate.

Take two pound of Clove-Gillo-flowers new gather'd, Dates slic'd one Pound, Aniseeds and Liquorice bruis'd of each an ounce, Lees of Wine three Gallons; digest and distil in a Limbeck

beck and draw off two quarts, to which add Sugar-Candy four ounces. *Hartman*, If you diſtil this in a Limbeck as is directed, the Lees of Wine will certainly burn to the bottom of the Still; the beſt way is to diſtil it In Balneo, for then you need not fear burning nor the taſte of burning. It is an excellent Cordial Water, good againſt Faintings, Swoonings, ſickneſs at Heart, oppreſſion of the Spirits. It chears the Heart, revives the Spirits, comforts Nature, and is good againſt Melancholy.

XXI. *The Queen of Hungary's Water, as they make it in France.*

Take four pound of Roſemary-flowers, put them into a Cucurbit, and pour upon them three quarts of Spirit of Wine rectifi'd, preſs down the flowers into the ſaid Spirit, and then cover the Cucurbit with its head, and lute well all the Junctures with Paper and Paſt, or with wet Bladders cut into ſlips, then place the Cucurbit in a Sand-bath, and lute a Receiver to it, and leave it ſo until the next morning; then diſtil it with ſo moderate a Fire, that whileſt the Spirit diſtils, the Head may not be ſo much as warm; continue the Diſtillation until you have drawn about three quarts of Spirit, which will be very pure and charg'd with the beſt and volatile ſubſtance of the flowers; keep the Water cloſe ſtopt, then ſtrain the Liquor and preſs out the Flowers

that remain in the Cucurbit, and evaporate it till it comes to the consistance of an Electuary. The great Fame and Reputation of this Water, and the great Vent for it in *France*, *Germany* and *England* for many years since, has caus'd many Persons, as ignorant as wicked, to prepare it after their manner, taking only Rosemary in steed of the Flowers, and in stead of Spirit of Wine, make common Brandy, or Malt-spirit serve their turns.

Thô this spirit of Rosemary well prepar'd is a very good thing, yet it is ten times better and more efficacious and powerful, both for inward and outward uses, if it be prepar'd according to the correction of a learn'd Author, which is to rectify the Spirit of Wine, first from the tops of Rosemary with the flowers and the green about them, which they call course flowers, and then to distil that spirit from the fine flowers, as is directed before.

But the true Royal Hungarian-water as it was prepar'd for King Charles the II. order'd and prescrib'd by his Physicians for his own use in his latter days, far exceeds the two former in Vertue against all cold Distempers of the Head and Brain, all affects of the Nerves and Joints, *&c.* The Preparation of which the great Pretenders and Sellers of the Hungarian-Water, have no knowledge of, thô they pretend to have been in the King's Laboratory; The Secret of it was impart'd to me by an honourable Lady, who had it of the Illustrious Prince

Prince Rupert, and I am under an obligation not to publiſh it; but I prepare it and ſell it to many of the Nobility and Gentry in this Kingdom.

XXIII. *A Lemon VVater by Infuſion.*

Take the thin yellow rinds of twelve Lemons, infuſe them in good Brandy and fair Water of each three pints, for three or four days; then ſtrain it and ſweeten it with Loaf-Sugar two ounces to a quart.

XXIV. *Sir* K. Digby's *Cordial Poppy-water for Surfeits, as he had it prepar'd every year for his Family.*

Take a wide mouth Glaſs of ſix quarts, and put into it five quarts of the beſt Aniſeed-water, then thruſt in as many red Poppy-leaves as the the Glaſs will contain, ſo that it be topful, and let them infuſe four and twenty hours, then ſtrain and preſs them out, and thruſt in as many Poppies, and let them infuſe as long, then ſtrain them again and put in freſh, and let them infuſe ſix or ſeven days, then ſtrain and preſs them well from the Liquor, and then ſtrain the Liquor from the Dregs; then put into it ſix ounces of ſton'd Raiſons of the Sun, and a pound of Cherries the ripeſt you can get, and half a pound of fin'd Sugar. Such Perſons as do not love Aniſeed-water, as I know ma-

ny Ladies cannot away with the taſte of it, they may make it with the compound Wormwood Water at Sect. 12 of this chap. which will make the Surfeit Water of greater Virtue. It is an excellent Cordial and Stomack-water; good in the Collick, and griping of the Guts, wind in the Bowels, and is admirable for Surfeits coming by eating Muſſles, Sallets or Fruits, *&c.* Stop the Glaſs cloſe with a Corck fitted to it during the Infuſion.

XXV. *An other Cordial Poppy-Water for Surfeits, as it is made by ſome Ladies.*

Take half a Peck of Poppies, Cowſlips, flowers of Sage, Roſemary, Borage, Merrygold of each a handful, leaves of ſweet Marjoram, Bettony and Baulm of each a handful, Mint and Carduus of each a little, Cinnamon half an ounce, Nutmegs two drams, ſweet Fennel-ſeeds, Coriander-ſeeds, Juniper-berries all bruis'd of each a ſpoonful, Liqnorice ſlic'd two ounces, Raiſons of the Sun ſton'd, and Figs ſlic'd of each half a pound, Saffron two drams, bruiſe the Seeds, chop the Herbs, and put all together in three quarts of the beſt Aniſeed-water, let it ſtand nine days; then ſtrain it out and bottle it. You may put the Ingredients (when you have ſtrain'd it) into a cold Still and draw a good Water from them. And you may take the Wormwood-water compound at Sect. XII. which is better then Aniſeed-water.

XXVI.

XXVI. *To make Surfeit Water, the Lady* Spencers *way.*

Take of the beſt Brandy one Gallon, put it in a Jug, or a wide mouth Glaſs that will hold ſix quarts, put into it half a pint of Roſe-water, and as much Poppy-water, Raiſons of the Sun one pound and half, Aniſeeds made very clean, but not bruis'd, two ounces, Dates ſlic'd four ounces, a ſtick of Liquorice bruis'd; let them ſtand five days, ſtirring it once a day; then put into it four handfuls of red Poppi-flowers, and preſs them down in the Liquor; let it ſtand four days longer, then preſs it out, and put into the Liquor Cloves and Mace of each ſix drams, Nutmegs cut in pieces half an ounce, white Sugar-candy half a pound, ſtop it cloſs, and let the ſpices remain in it.

If you diſtil Raſps in a cold Still, and put a little of that Water into Sack, or other Wine, or into Claret or white Wine and Water; it will Aromatiſe it very ſtrong of Raſps, and make it very pleaſant. Two or three ſpoonſuls is ſufficient to a quart of Sack, Sir *K. Digby.*

XXVII. *The beſt-way to make Cherry-Brandy, either Black or Red.*

Preſs out all the Juice from them, then ſtamp the ſtones and skin to a maſs; put

that into your Veſſel, and pour the Brandy upon it, ſhake them well together, and thus the Brandy will extract a Corroborating Vertue which is in the Kernels, and make the Brandy taſte of them. Phyſicians do affirm that red Cherry-Brandy is a greater Cordial then that which is made of black Cherries; but the black Cherry-Brandy is better for the Head. You may run the Juice thrô a Gelly-Bag, or let it ſettle, and then add it to the reſt.

CHAP. XXXIX.

How to make the Strong-Water which the Diſtillers of London *ſell in their Shops.*

I. *To make Aqua Vitæ common.*

TAke ſtrong proof Spirit one Gallon, Aniſeeds bruis'd one ounce and half; Diſtil them into ſtrong proof Spirits.

II. *To make Aqua Vitæ proper.*

Take ſtrong Proof Spirit one Gallon, Aniſeeds three ounces and two drams, Carraways, Coriander-ſeeds of each three ounces; Diſtil them into ſtrong proof Spirit according to Art.

To Colour your Waters you may take Clove-Gillo-

Gillo-flowers, or Poppy-flowers, or red Roſes, either of them in their ſeaſon and dry them, and put them in *Aqua Vitæ*, or proof Spirit; or you may take red Sanders, and when the Tincture is drawn out of them; then draw off the Spirit and keep it to colour your Water with as you pleaſe upon occaſion; The proportion may be about half a pint to a Gallon.

III. *To make Aniſeed-Water.*

Take ſtrong proof Spirit one Gallon, Aniſeeds bruis'd half a pound; diſtil them into ſtrong proof Spirits, and ſweeten it with half a pound of Sugar. If you double the quantity of the Aniſeeds, the Water will yet be richer, and you may call it proper.

This Water ſtrengthens the Stomach, expels Wind, eaſes pains of the Collick and Gripings of the Guts, and helps Digeſtion; and is alſo opening whereby it helps ſhortneſs of Breath, and difficulty of Breathing, *&c.*

IV. *To make Angelica-Water.*

Take ſtrong proof Spirit three Gallons, Angelica ſix ounces ſix drams, or Angelica Herb green two pound four ounces, Aniſeed four ounces ſeven drams; ſlice the Roots thin, or bruiſe them and the Seeds; then diſtil them into ſtrong proof Spirits, and ſweeten it with white Sugar a pound and half.

If you would make it richer, add Carraway-ſeeds, Coriander-ſeeds of each ſeven drams and a half, Calamus, Aromaticus of each eleven drams fifteen grains, Ani-ſeeds, Caſſia Lignea of each two ounces three drams thirty grains, Angelica Roots two ounces three drams thirty grains, or of the Herb nine ounces four drams thirty grains, white Sugar twelve ounces. And then you may call it Angelica Water proper. It is a very good Cordial, ſtrengthens the Stomach and inward parts, is good againſt Poiſon, fainting and ſwooning Fits, and a preſerver againſt the Plague and other infections.

V. *To make VVormwood-Water.*

Take ſtrong proof Spirits three Gallons, Aniſeeds bruis'd four ounces ſeven drams, common Wormwood dry Leaves and Seeds ten ounces and a half; Diſtil them into fine goods and dulcify with white Sugar a pound and half. If you would make it richer, add Cinnamon, Cubebs of each one ounce one dram forthy-five grains, ſweet Fennel-ſeeds, Ani-ſeeds of each two ounces three drams and half, Cloves, Carraway-ſeeds, Nutmegs of each ſeven drams and half, white Sugar twelve ounces, and then you may call it proper.

It ſtrengthens the Stomach, ſtops Vomiting, expels Wind, cauſes a good appetit and a good digeſtion, kills Worms, eaſes pains of the Head: alſo it is a great Cordial.

VI.

VI. *To make Baulm-Water.*

Take ſtrong proof Spirit three Gallons, dry'd Baulm thirty ounces and half, Ani-ſeeds ſeven ounces ſeven drams; Diſtil it into fine goods, and ſweeten with Sugar a pound and half. If you would make it richer, you may add Garden Thime, Penny-Royal of each a pugil, Cardamums four ounces and half, ſweet Fennel-ſeeds, Ani-ſeeds of each two ounces three drams and half, dry'd Baulm four ounces and half, Nutmegs, Ginger, Calamus Aromaticus, Galingal, Cinnamon of each an ounce one dram fourty grains. This may be call'd Baulm-water proper. It ſtrengthens the Heart, is good againſt fits of the Mother and vapours, eaſes the after-pain of Women in their Lying in, and being taken before hand cauſes a ſpeedy Delivery.

VII. *To make Mint water.*

Take ſtrong proof Spirit, three Gallons, Spear mint dry four ounces, two drams and five grains, Anniſeeds four ounces ſeven drams, diſtil it into fine goods, and dulcify with white Sugar one pound and half: If you will have it richer you may add, Spearmint dry and Ani-ſeeds of each four ounces ſeven drams, *Calamus Aromaticus* one ounce two drams one ſcruple and five grains, white Sugar twelve ounces, and then

then it may be call'd Mint water proper. It comforts and ſtrengthens the Stomach, Heart, Liver and Spleen, it is good againſt Vomiting.

VIII. *To make Roſemary water.*

Take high proof Spirit three Gallons, Roſemary ſtript and dry nine ounces, Aniſeeds four ounces ſeven drams, diſtil into proof Spirit and dulcify with Sugar a pound and half. If you will make it richer, add ſweet Fennelſeeds, Cinnamon of each two ounces three drams and half, Aniſeeds, Roſemary dry of each four ounces ſeven drams, Carrawayſeeds four drams and half, Spearmint dry a ſmall handful, Sugar twelve ounces; this you may call Roſemary water proper. It is very good againſt the Bloody-Flux, proceeding from a cold cauſe, being drunk, and alſo three ſpoonfuls of it given in a *Cliſter*; It alſo preſerves from Vomiting, and is good for the Stomach, Head and Brain.

IX. *To make Lemon or Orange water.*

Take good proof Spirit three Gallons, Lemon or Orange peels dry nine ounces, Aniſeeds the beſt five ounces, bruiſe the peels and ſeeds, and then diſtil into fine Spirit, and dulcify with Sugar one pound and half. If you will make it richer you may add Carraways one ounce three drams and half, Anniſeeds, Lemon or Orange peels dry of each four ounces

ſeven

seven drams, white Sugar twelve ounces; and these you may call Lemon or Orange water proper. Lemon water is a Cephalick Cordial and resisting Poison; It fortifies the Brain, chears the Heart, revives the Spirits, strengthens the Stomach, and is good in fainting and swooning Fits; It opens Obstructions, expels Wind in the Stomach, and is a great restaurative to such as are in a Consumption, It is good against Melancholy, making chearful and merry.

X. *To make Marjoram water.*

Take strong proof Spirit three Gallons, sweet Marjoram dry fifteen ounces, Aniseeds four ounces seven drams, Carraways one ounce three drams five grains, *Calamus Aromaticus* one ounce seven drams, bruise them and distil into fine goods according to Art, and dulcify with Sugar one pound and half. If you will have it richer add Cinnamon one ounce and half, Cloves half an ounce, Sugar twelve ounces; Then you may call it Marjoram water proper, or the greater.

XI. *To make Stomach water the Lesser.*

Take strong poof Spirit three Gallons, Spearmint dry, Lovage-roots dry, Aniseeds of each four ounces seven drams, *Calamus Aromaticus*, Ginger, sweet Fennelseeds, Masterwort-roots, Wormwood dry and stript, of each two ounces

ces five drams, Carraways and Coriander ſeeds of each one ounce ſeven drams and half, bruiſe them that are to be bruiſed, diſtil them into ſtrong proof Spirit, and dulcify with white ſugar one pound and half.

XII. *To make Stomach water the Greater.*

Take ſtrong proof Spirit three Gallons, *Calamus Aromaticus* one ounce ſeven drams, Guiacum, green Bark, Avens-roots dry, Galingal of each twelve ounces, Citron peels dry, Orange peels dry, Winters-bark of each one ounce one dram two ſcruples and five grains, common Worm Wood dry, Roman Wormwood dry, Spearmint, Roſemarytops, Coſtmary, ſweet Marjoram, wild Thime all dry, of each four drams and half, Nutmegs, Cinnamon of each ſix drams, Cubebs, Cardamums of each three drams two ſcruples and five grains, ſweet Fennelſeeds, Coriander ſeeds of each one ounce and half, Aniſeeds ſix ounces one dram, bruiſe thoſe that are to be bruiſ'd, and then diſtil into ſtrong proof Spirit which dulcify with white Sugar.

XIII. *To make Uſquebauch.*

Take ſtrong proof Spirit one Gallon, Aniſeeds one ounce five drams, Cloves one dram and half, Nutmegs, Ginger, Carraway of each three drams; Diſtil them into ſtrong proof Spirit,

Spirit; then add to the diſtil'd Water Spaniſh Liquorice bruis'd, Raiſons of the Sun ſlic'd of each three ounces one dram and half, Sugar half a pound, Saffron one dram; let it ſtand ten days; then draw it off and keep it for uſe. It is pectoral and ſtomachal, helps expectoration, cauſes appetite and a good digeſtion, and is a good cordial.

XIV. *To make Balſamint-Water.*

Take of Good Proof Spirit three Gallons, Balſamint dry nine ounces and half a a dram, Aniſeeds the beſt four ounces ſeven drams, Carraways one ounce one dram, Lemon peels dry two ounces three drams and half; bruiſe them, that are to be bruis'd, and diſtil them into ſtrong proof Spirit, and dulcify with white Sugar one pound and half. If you would make it ſtronger, you may add, ſweet Fennel-ſeeds, Cinnamon of each one ounce and half, Nutmegs ſeven drams and half, Sugar twelve ounces, and then you may call it Balſamint-water the greater. It is a Cordial reveives the ſpirit Natural, Vital and Animal, comforts the Languiſhing Heart, fortifies the Stomach, cauſes a good appetite and digeſtion, and expels Wind out of the Stomach and Bowels.

XV.

XV. *To make Rose, or Rosa Solis common and the lesser.*

Take strong proof Spirit one Gallon, Rosa Solis four handfuls, biting Cinnamon six drams and half, Cloves one dram and half, Nutmegs, Ginger, Carraways of each three drams, Marigold flowers, Ani-seeds of each one ounce five drams; bruise them and distil them into strong proof Spirit according to Art. Then add to the distil'd Water, Spanish Liquorice bruis'd one ounce and five drams, Raisons of the Sun slic'd, Sugar half a pound, red Sanders three ounces, stir them well together, let them stand twelve days and then being fine draw it off. If you would make it richer, you may add half as much more of each of the former Ingredients, and in steed of the red Sanders the Tincture of Roses, Gillo-flowers, or Corn Poppy-flowers a sufficient quantity; And then you may call it Rosa Solis the greater.

XVI. *To make Rose, or Rosa Solis proper.*

Take strong proof Spirit three Gallons, Rosa Solis, gather'd in due season and clean pick't, one pound three ounces one dram two scruples five grains, Juniper-berries fourteen ounces three drams and half, Sassafras with the Bark, Carraways of each nine drams two scruple five grains, Marigold-flowers four ounces

ounces ſeven drams, Ani-ſeeds ſeven ounces two drams and half; bruiſe them that are to be bruis'd, and diſtil into fine goods; then take of this Spirit one pound twelve ounces four drams and half, to which add of the water, call'd Precious Water dulcifi'd (at Sect. XXV. following) one ounce five drams, Liquorice bruis'd one ounce five drams. It opens Obſtructions, reſiſts Poyſon, Plague, Contagious, Malign and Epidemical Diſeaſes, is excellent againſt the Stone and Gravel, whether in the Reins or Bladder, provoks Urin, comforts the Stomach, cauſes appetite and a good digeſtion, is good againſt the falling Sickneſs and reſtores decaying Nature.

XVII. *To make Clove-Water.*

Take ſtrong proof Spirit three Gallons, Cloves three ounces, Ani-ſeeds four ounces ſeven drams; bruiſe them, and diſtil into ſtrong proof Spirit, and dulcify with Sugar one pound and half. It helps Digeſtion, expels Wind, provokes Urin, chears the Heart, enlivens the Spirits, is good againſt Vapours, Fainting and ſwooning Fits, and ſtrengthens the Stomach and Liver.

XVIII. *To make Cinnamon Water common.*

Take ſtrong proof Spirit one Gallon, Cinnamon, ſharp and biting, half a pound, Ani-

ſeeds

ſeeds one ounce, bruiſe them and diſtil them into ſtrong proof Spirit accordiug to Art, and dulcify with white Sugar half a pound.

XIX. *To make Cinnamon water proper.*

Take ſtrong proof Spirit one Gallon, ſharp-biting Cinnamon one pound, bruiſe it, and diſtil it into ſtrong proof Spirit, and dulcify it with Syrup of Roſe Water ſix ounces and three drams, white Sugar a pound and half. It is an excellent Cordial, good againſt Vomiting, loathing of the Stomach, fainting and ſwooning fits, chears the Heart, and enlivens the Spirits, and is ſaid to be good for ſuch as are Hecktick and Conſumptive .It is good againſt all cold moiſt diſeaſes of the Head and Brain. You may make the one half of this Water perfum'd, and the other half without, by reaſon that perfumes give offence to moſt Women.

XX. *To make ſweet Fennelſeed water.*

Take ſtrong proof Spirit one Gallon, ſweet Fennelſeeds half a pound, Carrawayſeeds three drams, Aniſeeds one ounce and five drams, diſtil them into ſtrong proof Spirit, and dulcify with white Sugar half a pound. If you would have it richer, you may add ſweet Fennelſeeds half a pound, Carrawayſeeds three drams and five grains, Aniſeeds one ounce and five drams, Cinnamon ſix drams and half, Cloves a dram and

and half, white Sugar ſix ounces. It is good againſt pains in the Stomach, expels Wind, and is prevalent againſt the Collick and Griping of the Guts, as alſo againſt a vehement Cough.

XXI. *To make Marigold water.*

Take ſtrong proof Spirit three Gallons, Marigold flowers new gather'd and clean pick'd, one Gallon and pint heap'd, bruiſe them, Aniſeeds, ſweet Fennelſeeds, of each three ounces, bruiſe them and diſtil them into ſtrong proof Spirit, and dulcify with white Sugar one pound and half. If you would have it richer, you may add Cinnamon biting, ſweet Fennelſeeds of each an ounce and half, Carroways, Cloves of each half an ounce and half a dram, Marigolds a pint and half well heap'd, Sugar four ounces, and this you may call Marigold water the greater. It is a good Cordial, expels wind, good againſt fainting and beating of the Heart, ſtrengthens the Bowels, and is good againſt the Infection of the Plague or Peſtilence.

XXII. *To make Carraway water.*

Take ſtrong proof Spirit three Gallons, Carrawayſeeds nine ounces, Aniſeeds three ounces, Lemon peels dry, Cloves of each ſeven drams and half, bruiſe them, and diſtil them into ſtrong proof Spirit, and ſweetend with Sugar one pound and half. This water is prevalent

againſt all Cold and Moiſt diſtempers of the Stomach and Bowels; it expels Wind, Comforts the Head and Brain, and takes away dulneſs, drouſineſs and ſleepineſs, exhilerates and revives the Spirits.

XXIII. *To make Nutmeg-water.*

Take ſtrong proof Spirit one Gallon, choice Nutmegs two ounces, Anis. one ounce, bruiſe them and diſtil into ſtrong proof Spirit, and dulcify with white Sugar half a pound. It comforts the Spirits, diſcuſſes Wind, ſtrengthens the Stomach, cauſes a ſweet Breath, prevails againſt the Collick, and provokes Urin.

XXIV. *To make precious Water.*

Take ſtrong proof Spirit one Gallon, roots of Elecampane, Avens, Angelica, Cyprus, *Calamus Aromaticus*, Saſſafraſs, of each half an ounce, Zedoary, Gallingal of each three drams, *Caſſia Lignea*, *Lignum Rhodium*, yellow Sanders of each two drams and half, Citron peels, Orange peels dry of each half an ounce, two ſcruples and five grains, white Cinnamon, Nutmegs, Mace, Ginger of each half an ounce, ſharp biting Cinnamon two ounces, Cloves, Cardamoms, Cubebs of each two drams, ſweet Chervilſeeds, Baſilſeeds of each three drams, Coriander ſeeds, ſweet Fennelſeeds of each one ounce, Aniſeed two ounces, bruiſe them and

diſtil

distil them into strong proof Spirit according to Art, and dulcify with white Sugar one pound and half, let it stand till it is fine, then draw it off and perfume it with Musk six grains, Ambergreece twenty four grains, keep it till it is clear and then use it. It is good against Poyson, Plague and Malign Fevers, as also against contagious and Epidemical Diseases; it comforts and revives all the spirits, Natural, Vital and Animal, corroborates and cheares the Heart, preserves the senses, and relieves languishing Nature.

XXV. *To make Wine water expelling Wind.*

Take strong proof Spirit one Gallon, roots of Elecampane dry, Aniseeds of each one ounce and five drams, Ciprus roots, bark of the root of the Baytree, or as much Bayleaves, Sassafras with its bark, white Cinnamon of each half an ounce two scruples and five grains, *Calamus Aromaticus*, Orangepeel dry of each three drams, Clary, Mint, Calamint, Elderflowers, Camomilflowers of each half an ounce, sweet Fennelseeds Carraways, Angelicaseeds, Cardemoms, Cubebs, grains of Paradise, Cloves, Ginger of each two drams, Pepper long and white of each one dram, bruise all grosly; distil them into strong proof Spirit, and dulcify it with white Sugar. It is excellent to expel Wind, good against the wind Collick, Grippings of the Guts, against all cold and moist di-

ſeaſes of the Stomach and Bowels; a little diſh of it taken juſt before eating, ſtrengthens the Stomach and ſharpneſs of the Appetite, cauſing a good Concoction and Digeſtion.

XXVI. *To make a Water cauſing Sweat.*

Take ſtrong proof Spirit one Gallon, Butterbur roots dry three ounces one dram and half, roots of co nmon Velerian, Aniſeeds of each one ounce, five drams, roots of Swallow-wort, Saſſafras with the Bark of each ſix drams and half, Angelica leaves dry, *Carduus Ben.* great Valerian leaves and roots all dry, Scordium of each one ounce a dram and half, Cowſlip-flowers, Marigold-flowers of each one ounce, Juniperberries two ounces, bruiſe them all, diſtil them into proof Spirit and dulcify with white Sugar. It cauſes ſweat powerfully, expels Malignaty and Venom from the Heart in the Plague, and all ſorts of Malign Fevers, and drives forth the ſmall Pox and Meaſles.

XXVII. *To make Surfeit water.*

Take ſtrong proof Spirit three Gallons, Juniperberries nine ounces four drams and half, Elecampane roots dry four ounces ſeven drams, *Calamus Arramaticus*, Gallingal of each nine drams, Wormwood, Spearmint, red Mint all dry of each ſix drams, Carrawayſeeds, Angelicaſeeds, of each four drams and half, Saſſa-

fra-

fras roots with the Bark, white Cinnamon of each four drams and half, Nutmegs, Mace, Ginger, Cloves of each half an ounce five grains, Corn Poppy-flowers, ten ounces and half, Aniſeeds twelve ounces, bruiſe them all, diſtil them into fine goods and dulcify with Sugar. It is good againſt all ſorts of Surfeits proceeding from Heats or Colds, Gluttony, by over Eating and Drinking, *&c.*

XXVIII. *To make Scorbutical water, or Water againſt the Scurvy.*

Take ſtrong proof Spirit one Gallon, Horſradiſh-roots dry three ounces, Elicampane dry, Aniſeeds of each one ounce five drams, Water-Creſſes, Winter-Creſſes, Garden-Creſſes, Tarragan, Balſamint, Garden Scurvy-graſs, Wormwood, Brooklime, Water Trefoil, ſweet Chervil of each one ounce to ſcruples five grains, Arſmat hot ſix drams and half, ſeeds of Muſtard, Branch Creſſes, Roket and Radiſh of each two drams and half, Citron and Orange peels dry, white Cinnamon, Mace, of each three drams fifteen grans, bruiſe them all, diſtil them into a ſtrong proof Spirit, and ſweeten it with white Sugar.

Take of this Spirit ſeven parts, Juice of Lemons deputated one part, or more, mix them and dulcify with white Sugar a ſufficient quantity. It is good in a cold Scorbute, where the habit of Body is Cold, Moiſt and Flegmatick;

If you put half the quantity of juice of Lemons to it, it may be useful in a Hot Scorbute.

XXIX. *To mak Plague water.*

Take strong proof Spirit three Gallons, Roots of Butterbur dry four ounces and seven drams, Garden and common Valarian-roots both dry, Angelica roots, Masterwort-roots, Gentian, Elecampane, Snake-grass-roots of each one ounce an half two drams and five grains, Contrayerva, Zedoary, Galingal of each an ounce one dram two scruples and five grains, leaves of Rue, white Hoarhound, Scordium, *Cardus Benedictus* of each one ounce and half, Elder-flowers, Lavender and Mace of each seven drams and half, Citron peels dry, Juniperberries of each two ounces three dams and half, green Walnuts with the husks four ounces and seven drams, Venice Treacle and Mithridate of each four drams an half, Aniseeds seven ounces two drams an half, Camphir two drams and fifteen grains, distil them into fine Spirit, and dulcify with white Sugar three pound or what suffices. It is good against all Malign and Pestilential distempers; in the small Pox and Measles, let the party infected take of this Water one ounce mixt with warm posset drink and kept very warm, and sweat well thereupon. See another Plague water in the foregoing chapter of Cordial waters.

XXX.

XXX. *To make Lavender Water.*

Take ſtrong proof Spirit one Gallon, Lavender leaves dry four ounces ſix drams and half, Mace ſix drams and half, Nut-megs one ounce five drams, Stoechados ſix drams and half; bruiſe them, Diſtil them into ſtrong proof Spirit, and dulcify with white Sugar. It is good againſt all cold and moiſt Diſeaſes of the Head and Brain, vehement Head-achs and Megrims, proceeding from a cold cauſe. It alſo prevails againſt the Vertigo, Epilepſy, Convulſions, Cramps, Palſies, Apoplexies, and Paſſions of the Heart, as Fainting, Swooning, Trembling, Palpitation, *&c.* And it reſtoreth Speech loſt.

XXXI. *To make Sage-Water.*

Take ſtrong proof Spirit one Gallon, great Sage dry four ounces ſix drams and half, red Sage dry three ounces one dram and half, Lavender-flowers, Sage-flowers of each one ounce one dram; Lavender-Cotton dry, Southerwood dry of each ſix drams and half, Nutmegs one ounce, bruiſe or beat them as is moſt proper: Diſtil them into ſtrong proof Spirit and dulcify with white Sugar. It has the Vertue of the former, and is very good for ſuch as are of a Cold and Flegmatich habit of Body, are Melanchaly, and of a dul and heavy Spirit.

XXXII. *To make Water of Flowers.*

Take ſtrong proof Spirit one Gallon, put it into a wide mouth'd Glaſs, Pitcher or other Veſſel, ſtopt very cloſe. Take thoſe ſeveral Flowers following in their Seaſons, and being clean pick't, put them to the Spirit in the Veſſel; *Viz.* Cowſlips, Lilly of the Vally, Woodbind, ſtock-Gillo-Flowers of all three ſorts, Damask-Roſes, Musk-Roſes, Sweet-Brier-Flowers, Clove-Gillo-Flowers, Jeſemin, Citron and Orange-flowers (or the Peels) Flower of the Tile-tree, Garden Thyme, Lemon Thyme, wild Thyme, Lavend, Marigold, Camomil, Melilot, Elder of each ſix drams and half: being furniſhed with all theſe Flowers, when you would Diſtil them, add Ani-ſeeds three ounces one dram and half, Coriander-ſeeds one ounce five drams; bruiſe the Seeds, and it would be beſt to bruiſe all the Flowers as you put them into the Spirit: Diſtil them according to Art: Then add to the diſtil'd Water, Roſes, Clove-Gillo-flowers, Elder-flowers of each one ounce five drams, after twelve days infuſion ſtrain it, and ſweeten it. It is a great Cordial, fitted for all cold and moiſt Diſeaſes of the Head, Brain Heart and Bowels; It is good againſt the Falling-Sickneſs.

XXXIII. *To make Water of Fruits.*

Take ſtrong proof Spirit one Galloh, Juniper berries

berries six ounces three drams fifteen grains, Quince-parings dry, Pippin-parings dry of each three ounces one dram and half, Lemon and Orang-peels dry of each one ounce five drams, Nugmeg three drams fifteen grains, Ani-seeds three ounces one dram and half, Distil them according to Art; Then dulcify it with Syrup of Fruits. It is a good Stomatick, comforts, corrobarats and strengthens the Ventricle, weakn'd by Surfeits or other Distempers.

The Syrup of Fruits is thus made.

Take Apricocks, Quinces, Cherries, Currans all full ripe, take out the stones of the Quinces and Apricocks, and slice them very thin, Stone the Cherries and bruise them and the Currans; then lay them in a flat Basin or Pan, thus, A lay of Fruit a fingers thickness, and a lay of white pouder Sugar of the same thickness, and so proceed in order lay upon lay till all be laid into the Basin: Then pour on good Brandy gently till all be cover'd therewith, and so let it stand, three or four hours; After bruise or mash them all together, and press out the Juice as dry as possible may be; Let it stand till it is clear settl'd which evaporate gently to the thickness of a Syrup; or you may Distil off the Brandy and part of the moisture in Balneo, for it is pitty to loose it, to the thickness of a Syrup: And in steed of the Apricocks you may take Pippins. One pound of it dulcifies eight pounds of the Spirit.

XXXIV.

XXXIV. *To make Avens-Water.*

Take ſtrong proof Spirit one Gallon, Avens-Roots ſix ounces three drams fifteen grains, Orrice-Roots, Nutmegs, Mace, yellow Sanders of each one dram and half, Saffron, Storax, Benjamin, Lignum Rhodium of each two ſcruples five grains, Angelica-Roots two drams and half, freſh Lemon-peels ſix drams and half, ſweet Fennel-Seeds of each one ounce five drams, Roman Wormwood, Mint dry'd of each a pugil, red Roſes, Stechas-flowers of each a little handful, ſweet Marjoran, Baulm, Burnet, Thym, all dry, of each half a handful; bruiſe them, and diſtil them according to Art, and dulcify with Syrup of Alkermeſs. This is a great Cordial, ſtrengthens the Heart, exhiterats and revives the Spirits, and indeed the univerſal fram, and confirms the healthful Tone of the *Viſcera*. It removes Sadneſs and Melancholy, and reſtores in Conſumptions.

Syrup of Alkermeſs is thus made:

Take Roſe-water one pint, white Sugar two pounds and half; boil to a Syrup, then add Confection of Alkermeſs one ounce, Syrup of Clove-Gillo-flowers four ounces, let theſe boil a little till they are incorporated with the Syrup and ſo keep it for uſe, one pound of it dulcifies eight pounds of the Cordial-water. It may truly be call'd a Cordial Syrup. They that love Amber-greece may add fifteen grains of it.

XXXV.

XXXV. *To make Imperial Water.*

Take of the yellow thin rinds of Citrons and Oranges dry, Nutmeg, Cloves, Cinnamon of each four ounces, three Roots of Flower de Luce, Cyprus, Calamus Aromaticus, Zedoary, Galingal, Ginger of each one pound, of the tops of Lavender and Rosemary of each four handfuls; Leaves of the Bay-tree, Marjoran, Baulm, Mint, Sage, Thyme, white and Damask Roses of each one handful, Rosewater one Gallon, white Wine two Gallons; bruise what is to be bruis'd, and infuse them four and twenty hours; then distil it. This Water strengthens and coroborats the Heart, and is therefore good for such as are subject to fainting and swooning Fits, and Palpitations of the Heart, and is a preservative against the Apoplexy.

XXXVI. *To make Juniper-berry Water, as it is made in Germany and Holland.*

Take strong proof Spirit three Gallons, Juniper-berries bruis'd one pound and half, sweet Fennel-Seeds four ounces, Carraway-seeds one ounce, bruise them and distil them into fine goods, and duicify with white Sugar a pound and half. If you would have it richer you may add Cinnamon and Cloves of each one ounce, Lemon and Orange peels of each an ounce

XXXIV. *To make Avens-Water.*

Take ſtrong proof Spirit one Gallon, Avens-Roots ſix ounces three drams fifteen grains, Orrice-Roots, Nutmegs, Mace, yellow Sanders of each one dram and half, Saffron, Storax, Benjamin, Lignum Rhodium of each two ſcruples five grains, Angelica-Roots two drams and half, freſh Lemon-peels ſix drams and half, ſweet Fennel-Seeds of each one ounce five drams, Roman Wormwood, Mint dry'd of each a pugil, red Roſes, Stechas-flowers of each a little handful, ſweet Marjoran, Baulm, Burnet, Thym, all dry, of each half a handful; bruiſe them, and diſtil them according to Art, and dulcify with Syrup of Alkermeſs. This is a great Cordial, ſtrengthens the Heart, exhiterats and revives the Spirits, and indeed the univerſal fram, and confirms the healthful Tone of the *Viſcera*. It removes Sadneſs and Melancholy, and reſtores in Conſumptions.

Syrup of Alkermeſs is thus made:

Take Roſe-water one pint, white Sugar two pounds and half; boil to a Syrup, then add Confection of Alkermeſs one ounce, Syrup of Clove-Gillo-flowers four ounces, let theſe boil a little till they are incorporated with the Syrup and ſo keep it for uſe, one pound of it dulcifies eight pounds of the Cordial-water. It may truly be call'd a Cordial Syrup. They that love Amber-greece may add fifteen grains of it.

XXXV.

XXXV. *To make Imperial Water.*

Take of the yellow thin rinds of Citrons and Oranges dry, Nutmeg, Cloves, Cinnamon of each four ounces, three Roots of Flower de Luce, Cyprus, Calamus Aromaticus, Zedoary, Galingal, Ginger of each one pound, of the tops of Lavender and Roſemary of each four handfuls; Leaves of the Bay-tree, Marjoran, Baulm, Mint, Sage, Thyme, white and Damask Roſes of each one handful, Roſewater one Gallon, white Wine two Gallons; bruiſe what is to be bruis'd, and infuſe them four and twenty hours; then diſtil it. This Water ſtrengthens and coroborats the Heart, and is therefore good for ſuch as are ſubject to fainting and ſwooning Fits, and Palpitations of the Heart, and is a preſervative againſt the Apoplexy.

XXXVI. *To make Juniper-berry Water, as it is made in Germany and Holland.*

Take ſtrong proof Spirit three Gallons, Juniper-berries bruis'd one pound and half, ſweet Fennel-Seeds four ounces, Carraway-ſeeds one ounce, bruiſe them and diſtil them into fine goods, and dulcify with white Sugar a pound and half. If you would have it richer you may add Cinnamon and Cloves of each one ounce, Lemon and Orange peels of each an ounce

ounce and half. It is excellent to expel Wind out of the Stomack and Bowels; prevails againſt the Collick and Gripings of the Guts; It opens Obſtructions, reſiſts Poyſon, Plague, Contagious, Malign and Epidemical Diſeaſes, is excellent againſt the Stone, Sand and Gravel, whether in the Reins or Bladder, it provocks Urin, comforts the Stomach, cauſes a good Appetite and a good Digeſtion, chears the Heart and revives the Spirits. If you Diſtil any of theſe Strong Waters (or any of the Cordial-Waters in the foregoing Chapter) in a ſmall quantity, then your beſt way will be to Diſtil them in *Balneo*, which indeed makes the ſweeteſt and beſt Waters; and in ſteed of Sugar you may ſweeten them with a Syrup that you have from the Sugar-Bakers: It is a Syrup that runs down from the Sugar-Loaves as they ſtand to dry: This Syrup will never congeal, and will keep many years without ſowring. There is two ſorts of it; the firſt, which is of the Sugar of the firſt refining, which is very brown, but clear and very thick; The ſecond, which is of the fineſt or double refin'd, this I uſe and Sir *Kenelm Digby* uſed it. It is pure clear and white, like Rock-water, it will go farther and be cheaper to you than Loaf-Sugar, for leſs than a pint will ſerve for a Gallon of Cordial-waters put it in and ſhake them well together. If you will Aromatiſe it with Amber, put half an ounce of the Eſſential Tincture of Amber to a Pottle of Cordial water.

CHAP.

CHAP. XL.

Of Cordials and Cordial Juleps.

I. *The Essential Tincture of Amber-Greece, as it was made in Sir* Kenelm Digby's *Elaboratory.*

TAke eight parts of Amber-greece, and one part of Musk, grind them with an equal part of Sugar-candy, then put them in a Matrass and pour upon them good spirit of Wine that will burn all away; To half an ounce of Amber and half a dram of Musk, put a quart of the Spirit; stop the Matrass close, and put it in digestion in warm Horse-dung for the space of four days, or in some other gentle heat; then pour off the clear (whiles it is warm) into a Vial, and keep it close stopt.

Lemery *makes it thus*:

Take two drams of good Amber-greece, and as much Sugar-candy, half a dram of Musk, and two grains of Civet, grind them together, and put this mixture into a Matrass, and pour upon it four ounces of good Spirit of Wine, stop it very close, and put it in digestion in Horse-dung for the space of four days; Then take it out and pour off that which is clear whilest it is warm, for it congeals when it grows cold: This Essence acts with more force than the Amber-greece in substance: The

Dose

Doſe is from ſix drops to twelve in any convenient Liquor. The Terreſterial part which remains in the bottom may ſerve to mixt with ſome ſweet Pouders.

II. *Dr.* Breſſius *a Phiſitian at* Paris, *makes a Cordial Water of Wall-Nuts thus:*

The firſt thing that buddeth out of theſe Trees, is a long green excreſſence like Pine-Apples, which is call'd their flower. Diſtil the Water of theſe, and keep it. Then when the Nuts are as big as Haſſle-nuts, Stamp them and ſtrain out the Juice; which Diſtil till you have the matter remaining in the bottom of a thick ſubſtance, like an extract; which keep as alſo the water, when the Nuts are grow'n big, and have but a gelly in them, then ſtamp them as before, and Diſtil their Juice to a like conſiſtence as the other: Mingle your three Waters together, and this is his Water of Wal-Nuts, which is a great Cordial, Sir *Kenelm Digby.*

III. *To make a Plaſter that Comforteth and Strengthens the Stomach wonderfully.*

Take the two thick conſiſtences (remaining after Diſtilling the two Juices) put them together, and put to them a little Venice-Turpentine, an eight or tenth part, or a little more, a little pouder of Cinnamon and Cloves, and

and a little Wheat-flower to thicken it, alſo a little Salt; and keep it in a pot all the year to make a Plaſter of it for the Stomach, from the *Sternum* to the Navil, and ſix or eight fingers breath, which let remain on as long as it will ſtick, taking it off ſometimes to wipe a little water that ſometimes it draws. If you have none of this compoſition ready, take two or three preſerv'd Wal-nuts (preſerv'd black, not green, or white) and ſtamp them to a Pulp, and mingle with them about as much Turpentine as a Haſle-nut, and ſome Wheat-flower to thicken it and a little Salt, and a little pouder of Cinnamon and Cloves; and make a Plaſter of this for want of the other. You ſhould ſo proportion your Suſtances or Nuts, as to have about a like quantity of Juice of each; as alſo ſo much of the flowers, as to have ſo much Diſtil'd Water as out of either of the Juices. In crudities and indigeſtion of the Stomach when a looſneſs followeth he preſcribs two or three days very ſlender diet; and then to eat a Mornings three or four preſerved Wal-Nuts, and to drink a little Wine after them, eating a Mouthful of Bred; this coroborats the Stomach and ſets it very right. The Nuts are preſerv'd black, the way of preſerving them will be ſet down in the *Chap.* of Preſerving. When the ſaid Dr. will make Cinnamon Water, he uſes onely this Cordial Water of Wal-nuts, without Wine or any other Liquor to the Cinnamon, and holds it for a great Cordial. *Sir K. Digby.*

IV.

IV. *A precious Cordial-Water of great Vertue, call'd the Golden-Palſy-Water, Copied from My Lord* Portland's *Copy, that he had from My Lady* Lovelace, *Compos'd by Dr.* Matthews.

Take Flowers of Lavender two quarts, Spirit of Wine one Gallon and half, digeſt them in a Glaſs Bottle cloſs ſtopp'd in the Sun for ſix days; then diſtill in a Limbeck, or Copper Veſica with its refigeratory, and keep the Spirit. Take Flowers of Sage, Roſemary, Bittony, Borage, Bugloſs, Lillies of the Valls and Cowſlips of each half a handful, put them all into a Gallon of Spirit of Wine, and put into them Leaves of Baulm, of Fetherfew, tops of Roſemary, Flowers of Stechas and Barberries of each half an ounce, pour upon them the fore going Spirit of Lavender-Flowers, and digeſt them twenty four hours, then Diſtil it according to Art: Then put into this Spirit the thin yellow rind of Citron-peel, and Peony-ſeeds husked of each three ounces, Cinnamon, Mace, Nutmegs, Cardemums, Cubebs, yellow Sanders of each two drams, Lignum-Aloes half a dram; bruiſe them all, and digeſt for four and twenty hours: Then only ſtrain it, and put it up for uſe. Take Pearls prepar'd one dram, Saffron a ſcruple, red Roſes dry'd, and red Sanders of each two drams, Citron-peels dry'd and pouder'd one dram, put them all in a Sarcenet Bag, and hang it in the Spirit.

It

It is of great Vertue and efficacy againſt the Palſy, Apoplexie, Falling Sickneſs, and all cold Diſtempers of the Head, Brain and Womb; It chears and comforts the Heart, revives and exhilerates the Animal and Vital Spirits, Coroborates, ſtrengthens and warms a weak and cold Stomach, and recovers loſt Apetites: It is excellent againſt Hiſterick Fits and Vapours, Convulſions, Pains of the Head, Megrims, Vertigoes, loſs of Memory, Dimneſs of Sight, Melancholy, Fainting and Swooning Fits, Palpitation of the Heart, helps Barrenneſs in Women. The Doſe is from half a ſpoonful to a whole Spoonful in Wine, or black Cherry Water, or any fit Vehicle.

V. *The beſt way to Diſtil a moſt Odoriferous, and ſpirituous Roſe-water, far beyond any that can be Drawn by any ordinary-means, and as much to be commended for its pleaſant and penetrating Odour, as for its Vertues.*

Take twenty pounds of Damask-Roſes pick'd, ſtamp them, mix and beat with them by degrees one pound of Bay-Salt pouder'd; put this into a large Earthen Pitcher or into two Cruſh, and ſtamp them down very cloſe, order it ſo that the Pitcher may be quite full; then ſtop it up cloſe with a Cork fitted to it; and cloſe it up with yellow Wax made warm, ſo that no air can get in; then tie a Bladder about it, and ſet it in a Cellar for ſix weeks; then open

the Pitcher, and take out a pound of theſe ferment'd Roſes, and Diſtil them in Balneo to dryneſs almoſt: Then take them out, and make the Cucurbit clean, and fill it again with freſh Roſes out of the Pitcher; ſtop the Pitcher up cloſe again; then pour upon the Roſes the Water that you diſtil'd; Diſtil it as before until the Roſes be almoſt dry; then take them out and put in freſh Roſes, and pour upon them the Diſtil'd water, and diſtil again as before. Continue doing thus till you have diſtil'd all your Roſes. This Roſe-water is a great Cordial.

VI. *A Cordial to procure ſleep and reſt.*

Take a quart of the beſt Claret or red Port Wine, put into it Cowſlip-Flowers dry, Borrage-flowers of each a handful, a ſlip of Roſemary; ſet it on the Fire, and when it is ready to burn, ſmother it in the firſt flame, and keep it in the Pot till it is cold: Then ſtrain it and put thereto three ounces of Syrup of Clove-Gillo-flowers, mingle them well together, and every night at your going to bed, take a Wine-glaſs of it; you muſt not warm it the ſecond time.

VII. *Another excellent Cordial to cauſe reſt and ſleep in a Fever, or when one is oppreſs'd with pain, as alſo in a Surfeit or after Phyſick.*

Take Confection of Alkermes one dram and half

half, Diaſcordium one dram, Syrup of Clove Gillo-flowers a good ſpoonful, Dragon-water or red Poppy-water, or Carduus-Water, as the Diſeaſe requires two ounces, mix them well together; and take it at your going to Bed. It is an excellent Cordial.

VIII. *A Cordial Julep.*

Take the Water of Lettice, Purſlain, Cow-ſlips of each two ounces, Treacle-water, Plague-water of each one ounce, Confection of Hyacinth one ſcruple, with Syrup of Meconium what ſuffices, mix and make a Julep: The Doſe is from three to four or five ſpoonfuls, at pleaſure.

IX. *A Pearl Cordial Julep.*

Take Water of Citrons, Borage, Baulm, Black-Cherries of each three ounces, Spirit of Black-Cherries, or Spirit of Citrons one ounce, double refin'd Sugar ſix drams, Pearls prepar'd one dram and half, mingle them well together, give five or ſix ſpoonfuls at a time in any fainting. Dr. *Bate.*

X. *An other Pearl-Cordial.*

Take of the Diſtill'd waters of Citron, Wood-Sorrel, Dragons and Carduus of each one ounce, Aqua Mirabilis ſix drams, Pearls prepar'd one

dram Syrup of Clove-Gillo-flowers one ounce, ſhake them together in a Glaſs, and take it by Spoonfuls, as is before direct'd, ſhaking the Glaſs every time. Dr. *Harvy.*

XI. *Another Pearl Cordial.*

Take black Cherry-water; Milk-water, Barly, Cinnamon-water one ounce, prepar'd Pearls a dram and half, Sugar-candy as much as is ſufficient, add Damask-Roſe-water half a dram, mix them for a Cordial Julep: The Doſe is four or five ſpoonfuls, in ſickneſs or fainting Fits. Dr. *Sydenham.*

XII. *A Cordial Julep.*

Take Milk-water, Black-Cherry-water of each three ounces, Plague-water, Syrup of Clove-Gillo-flowers, Syrup of Citrons of each half an ounce, mix them and make a Julep, which is to be taken frequently. Dr. *Sydenham.*

XIII. *An other Pearl-Cordial.*

Take the Waters of Wood-Sorrel, whole Citrons, Strawberries of each four ounces, Syrup of the Juice of Citrons an ounce, Pearl prepar'd a dram, make a Julep; The Doſe is two ounces, three or four times a day. Dr. *Willis.*

XIV.

XIV. *A Cordial call'd the Ladies Cordial, or VVater.*

Take Canary-Wine half a pint, Roſe-water a pint and half, double refin'd Sugar three pound, make of theſe a Syrup, to which add Aqua Imperialis ſix drams, Aqua Celeſtis three pints, yellow Sanders one ounce, Saffron one dram, mix them, and if your would have it Perfum'd add Amber-greece one dram, Musk an eight part, ground together with a dram of Sugar-cardy, and then ty'd in a Sarcenet.

XV. *A Cordial Syrup.*

Take Cloves, Ginger of each two drams, Cinnamon one dram, bruiſe them, and infuſe them in a quart of Rheniſh-Wine, red Roſe water five ounces, boil it a little; then add double refin'd Sugar ten ounces; make a Syrup, to which add Musk and Amber-greece of each three drams ty'd in a Rag.

Note, That Pearls prepar'd is only ground on a Marble with a little Roſe-water, into an impalpable Pouder; and in the ſame manner are prepar'd Crabs-Eyes, Coral, and other Alkalys.

XVI. *A Cordial Julep, call'd the Purple Julep.*

Take Syrup of Violets three ounces, Oyl of Vitriol

Vitriol or Sulphur thirty drops, Barly-water, or fair Water a quart. It is very good to quench thirſt in burning Fevers, and to abate the violent heat of it; and it carries off the Morbifick matter by Urin. Dr. *Bate.*

XVII. *The Vital Julep, or Julep of Life.*

Take two yolks of new laid Eggs, Loaf Sugar half an ounce, Oyl of Cinnamon three drops, white Port, or Canary-Wine ſix ounces, mix them very well. It is indeed a good Cordial Julep, gives great relief in Fainting and Swooning Fits, Coroborates and Strengthens where there is an extraordinary Debility or Weakneſs, it is good for Women who are apt to Miſcarry. It is alſo good in Conſumptions. Dr. *Bate.*

XVIII. *The beſt way to make the Cordial Syrup of Clove-Gillo-Flowers.*

Take of the beſt Clove-Gillo-flowers cut of from their white ſtrings one pound, put them into a large Pewter Flagon, or a new Earthen Pipkin glaz'd within, and firſt ſoak'd in water, then pour upon them a quart of ſcolding hot Water, thruſt the flowers down, and cover the Pipkin with its cover very cloſe, and ſet it all night in the Celler; then ſtrain and preſs it out, put the Liquor into the Pipkin again, and put into it three pound and half of ſingle re-

fin'd

fin'd Sugar in pouder; ſet the Pipkin on a clear Charcoal Fire, and make the Liquor only luke-warm, ſtirring it all the while that the Sugar may diſſolve, and that is enough. Take head you do not boil it, for then you would ſpoil the Syrup, by reaſon that would occaſion a great loſs of thoſe fragrant cordial Spirits; as learn'd Phyſicians will tell you: And you need not to fear, but this Syrup will keep many years. After the ſame manner you may make the Cordial Syrups of Violets, Cowſlips and of Marigolds, all without boiling.

XIX. *To make the Syrup of red Corn-Poppies.*

Take red Poppy-flowers newly gather'd two pounds, put them into your Pewter Flaggon or Pipkin, and pour upon them two quarts of boiling hot Water; thruſt them down, and cover them cloſe, and let them ſtand one day and night, then ſtrain and preſs out the Liquor, which put into your Pipkin again with three pounds and half of Sugar in Pouder, ſet it on a clear Fire and boil it gently to a Syrup.

The better way to make this Syrup is thus.

Take two pints of the Juice of red Poppy-flowers, clarify it with the whites of two Eggs, beaten and their ſhells cruſh'd with your hands; then put to it a pound and three quarters of white Sugar, and boil it gently to a Syrup. Dr. *Harvy.*

Vitriol or Sulphur thirty drops, Barly-water, or fair Water a quart. It is very good to quench thirſt in burning Fevers, and to abate the violent heat of it; and it carries off the Morbifick matter by Urin. Dr. *Bate.*

XVII. *The Vital Julep, or Julep of Life.*

Take two yolks of new laid Eggs, Loaf Sugar half an ounce, Oyl of Cinnamon three drops, white Port, or Canary-Wine ſix ounces, mix them very well. It is indeed a good Cordial Julep, gives great relief in Fainting and Swooning Fits, Coroborates and Strengthens where there is an extraordinary Debility or Weakneſs, it is good for Women who are apt to Miſcarry. It is alſo good in Conſumptions. Dr. *Bate.*

XVIII. *The beſt way to make the Cordial Syrup of Clove-Gillo-Flowers.*

Take of the beſt Clove-Gillo-flowers cut of from their white ſtrings one pound, put them into a large Pewter Flagon, or a new Earthen Pipkin glaz'd within, and firſt ſoak'd in water, then pour upon them a quart of ſcolding hot Water, thruſt the flowers down, and cover the Pipkin with its cover very cloſe, and ſet it all night in the Celler; then ſtrain and preſs it out, put the Liquor into the Pipkin again, and put into it three pound and half of ſingle re-

fin'd

fin'd Sugar in pouder; ſet the Pipkin on a clear Charcoal Fire, and make the Liquor only luke-warm, ſtirring it all the while that the Sugar may diſſolve, and that is enough. Take head you do not boil it, for then you would ſpoil the Syrup, by reaſon that would occaſion a great loſs of thoſe fragrant cordial Spirits; as learn'd Phyſicians will tell you: And you need not to fear, but this Syrup will keep many years. After the ſame manner you may make the Cordial Syrups of Violets, Cowſlips and of Marigolds, all without boiling.

XIX. *To make the Syrup of red Corn-Poppies.*

Take red Poppy-flowers newly gather'd two pounds, put them into your Pewter Flaggon or Pipkin, and pour upon them two quarts of boiling hot Water; thruſt them down, and cover them cloſe, and let them ſtand one day and night, then ſtrain and preſs out the Liquor, which put into your Pipkin again with three pounds and half of Sugar in Pouder, ſet it on a clear Fire and boil it gently to a Syrup.

The better way to make this Syrup is thus.

Take two pints of the Juice of red Poppy-flowers, clarify it with the whites of two Eggs, beaten and their ſhells cruſh'd with your hands; then put to it a pound and three quarters of white Sugar, and boil it gently to a Syrup. Dr. *Harvy.*

XX. *A Cordial compound Syrup of Baulm.*

Take the Roots of Vipers-graſs, white Dittany, Bugloſs, Cinquefoil well pickt, of each two ounces, white Tartar in fine pouder one ounce and half, Leaves of freſh Baulm three handfuls, Mint, Scabious, Divels-bit of each one handful, Seeds of Citron, Baſil, Sorrel and Carduus Benedictus; bruiſe the Roots and the the ſeeds, and chop the Herbs ſmall; and having boil'd the roots and the ſeeds firſt with the Tartar in four quarts of Fountain-water for half an hour, then put in the Herbs, and let them boil a quarter of an hour longer; then ſtrain it and preſs out the Liquor, and add to it half a pint of the Juice of Baulm, clarify it with the whites of two Eggs beaten and the Shells cruſh'd with your hands; then add four pound of white Sugar, and boil it gently to a Syrup. When it is cold put into it the Oyls of Citron and Orange peels of each two drams, incorporat'd firſt with white Sugar. It ſtrengthens the Heart, revives the Spirits, defends all the Noble Parts againſt Peſtilential Air, and Contigious Diſeaſes: It prevents the Putrefraction of the Humours, chearifhes the Natural-heat, creates an Appetit and helps Digeſtion. The Doſe is from half an ounce to an ounce, either alone or mixt with Potions, Bolus or other Medicines. Dr. *Charras* in his Royal Diſpenſatory.

XXI.

XXI. *To make Syrup of Pippins.*

Take of the Juice of Pippins two pints, ſet it for ſome days in the Sun to clarify, then add three pounds of white Sugar, and boil it over a gentle Fire to a Syrup. It is account'd a high Cordial, and very proper againſt Palpitations of the Heart, eſpecially when they proceed from Melancholy, Vapours ariſing from the Spleen. It qualifies the heats of Collerick Fevers; It is alſo very good for the Cough of the Lungs and Hectick Fevers. You may alſo make the Syrup of Pippins without Fire, thus: Wipe them clean, but do not pare them, then cut them into round ſlices as thin as you can, taking out the Cores, lay the ſlices in a hair Sieve ſet in a Baſin, then cover them with their thickneſs in Sugar; then lay an other lay of the ſlices, and continue theſe layers of Pippins and Sugar till the Sieve be full; then cover it and ſet it in a cool place for three days, and you ſhall have a Syrup of a good Conſiſtency. This Syrup thus made without Fire undergoes no alteration, being endu'd with all the good quality that can be expect'd; The Sugar will draw out all the Juice of the Pippins.

CHAP.

CHAP. XLI.

Of Chose Select and Approv'd purging Medecins.

I. *A Common Purging Potion.*

TAke half an ounce of Tammarinds, two drams of Sena, one dram and half of Rubarb; boil them in a sufficient quantity of water to three ounces, then strain them, and sweeten with Manna and Solutive syrup of Roses, of each one ounce, mix them for a Potion. Dr. *Sydenham.*

II. *Another Universal Purgative Potion.*

Take of the best Sena, half an ounce, sweet Fennel seeds bruis'd one dram, steep them all Night in somewhat more then a quarter of a pint of Ale-posset very clear, next Morning strain and press it out, and dessolve in the Liquor one ounce of good Manna, then strain it again Dr. *Harvy.*

III. *Another Universal Purgative Potion.*

Take of Polipody of the Oak half an ounce, Agrymony a handful, six damask-Prunes, one ounce

ounce of Currans, half an ounce of Sena, one dram of Aniſeeds bruis'd, boil them gently for a quarter of an hour in half a pint of water, preſs the Liquour through a ſtrainer, and ſweeten it with brown Sugar. Dr. *Harvy.*

IV. *An other Univerſal Purge.*

Take two drams of Sena, one dram of Rubarb, two ſcruples of Agarick, half a dram of ſweet Fennelſeeds, a ſcruple of Cinnamon; ſteep them all Night in ſomewhat more than a quarter of a pint of the Decoction of Currans, next Morning preſs the Liquor thro a ſtrainer, and diſſolve in it one ounce of ſyrup of Roſes Laxative. Dr. *Harvy.*

V. *An other.*

Take Sena half an ounce, Liquorice bruis'd two drams, ſalt of Tarter a ſcruple, Water three quarters of a pint, mix and infuſe them in a ſimmering heat for an hour and half cloſe cover'd; then ſtrain it out, and ſweeten it with Manna or ſyrup of Roſes Solutive for two Doſes. Dr. *Salmon.*

VI. *A gentle Purging Potion.*

Take Rubarb ſlic'd three drams, yellow-Sanders half a dram, ſalt of Tartar a ſcruple, make a cold Infuſion all Night in Chichory-water

water and white Wine of each two ounces and half, next Morning ſtrain it, and diſſolve in three ounces of the clear Livour ſyrup of Cichory with Rubarb half an ounce, Cinnamon water two drams, make a Potion. Dr. *Willis.*

VII. *Another mean Purging Potion.*

Take of the beſt Sena three drams, Rubarb, Troches, Agarick of each a dram and half, yellow Sanders two ſcruples, ſalt of Tartar half a dram, Coriander ſeeds bruis'd a dram, infuſe them all Night in ſpring-water and white-Wine made warm of each three ounces, cover it cloſe; to four ounces of the ſtrain'd Liquor add of the purging ſyrup of Pippins hereafter diſcrib'd an ounce, Aqua Mirabilis two drams, make a Potion: Or take of the Decoction of Sena *Gerionis* four ounces, ſyrup of Roſes Solutive an ounce, Cream of Tartar half a dram, Cinnamon-water two drams, make a Potion.

VIII. *Another mean Potion.*

Take the beſt Sena, Caſſia Fiſtula, Tamarinds of each half an ounce, Coriander ſeeds bruis'd two drams; boil all in ten ounces of ſpring-water till a third part be conſum'd, ſtrain and clarify it with the white of an Egg beaten, and the ſhell cruſh'd with your hand, and add to it of the purging ſyrup of Apples an ounce, make a Potion.

IX.

IX. *A ſtrong Purging Potion.*

Take of the Decoction of Sena *Gerionis*, (with the addition of the ſtrings of black Hellebor and Agarick of each a dram and half) ſix ounces, ſyrup of Roſes Solutive, or of the Flowers of Peaches an ounce, Aqua Mirabilis two drams.

X. *An other.*

Take Sena half an ounce, black Hellibore, Turbith of each two drams, yellow Sanders a dram, Coriander-ſeeds bruis'd a dram and half, ſalt of Tartar half a dram, Infuſe them all Night cloſe cover'd in half a pint of white-Wine made warm, to five ounces of the ſtrain'd Liquor add of the Electuary of the Juice of Roſes three drams, ſyrup of Buckthorn ſix drams, Cinnamon water two drams, make a Potion.

XI. *A Potion of eaſy preparation for the Poor.*

Take of Flaxweed a handful, ſweet Fennel-ſeeds bruis'd two drams, boil them in a ſufficient quantity of ſpring water to ſix ounces; add of white Wine two ounces make a Potion. After the ſame manner you may make a purging Potion of the dry leaves of Damask Roſes; alſo of Peachleaves.

XII. *Purging Pills of a gentile Operation.*

Take of Stomach pills with Gums, from a ſcruple to half a dram, Tartar Vitriolated two grains, balſam of Peru what ſuffices, make three or four Pills. After the ſame manner may be made pills of the Maſs of Pill Ruffi, Pill Maſtichin. Pill de ſuccino.

XIII. *Mean purging Pills.*

Take of Stomach Pills with Gums half a dram, Roſin of Jalap from four grains to ten, Tartar vitriolated ſix grains, Ammoniacum diſſolv'd, as much as will ſuffice, make four Pills. After the ſame manner may be made pills of the Maſs of *Crato*'s Amber Pills, and *Quercetan*'s Pills of Tartar: Alſo inſtead of Roſin of Jalap you may put Scammony ſulphurated from ſix grains to twelve, or Roſin of Scammony from eight grains to fourteen, Balſam of Peru what ſuffices make four Pills: Or take Stomach Pills with Gums a ſcruple, Roſin of Jalap from ſix grains to twelve, balſam of Peru what ſuffices, make four Pills.

XIV. *Strong purging Pills.*

Take *Pill Rudij* half a dram, Roſin of Jalap, from eight grains to twelve balſam of Peru what ſuffices, make four pills to be taken with Go-

Governance. After the like manner you may make pills of the Maſs of *Pill Cochiæ*, *de ſagapeno.* Take the Maſs of *Pill exduobus* from a ſcruple to half a dram, *Calomelanos* a ſcruple, make four pills to be taken with Governance.

XV. *Pills eaſily prepar'd and Cheap.*

Take pouder of the beſt Jalap two drams, *Diagridium* a dram, Cloves, Ginger of each a ſcruple, Ammoniacum diſſolv'd what ſuffices, make a Maſs, the Doſe is half a dram. Take of *Pill Cochiæ* from half a dram to two ſcruples, make four pills.

XVI. *An Excellent purging Pouder of my Lady Criſp.*

Take of the beſt and mealy Sarſa Parilla three ounces, Roots of Jalap two drams, Hermodactils one ounce ſix drams, Cream of Tartar one ounce, Ginger and Aniſeed of each two drams two ſcruples, Sena two ounces, Scammony one dram an ſcrupie; the Doſe is from half a dram to a dram in the Morning, in Poſſet drink, warm Ale or white Wine.

XVII. *A cheap purging Pouder and eaſy to be got.*

Take pouder of the Roots of the beſt Jalap a dram, Ginger a ſcruple, give it in a little draught of white Wine.

XVIII.

XVIII. *That Excellent and much approv'd purging Pouder of* Cornachinus.

Take Scammony ſulphurated an ounce, Diaphoretick Antimony ſix drams, cream of Tartar two drams, make of them a fine pouder, and mix them exactly, then put it in a Glaſs vial and ſtop it cloſs; the Doſe is from half a ſcruple to half a dram, or a whole dram. *Cornachinus* a Phyſitian in *Italy* is the Author of this Pouder, and has made a great commentary upon it; It operates quickly, ſafely and pleaſantly; it gently purges ſuperfluous humors from the Bowels, and roots up the cauſe and matter of Agues and Fevers. It is commended by learned Authors as one of the beſt Purges that can be prepar'd. Sir *K. Digby* had it always prepar'd for his Family. The Scammony ſulphurated is prepar'd thus: Take Scammony one ounce, pouder it groſly, ſpread it upon brown Paper, then take ſome Charcoals kindl'd in a Chafindiſh or a fire Shovel, put upon it ſome Brimſtone pouder'd, hold the paper with the Scammony over the flame of the Brimſtone until you ſee it grow moiſt, then let it cool and it will harden, then pouder it.

XIX. *A gentle purging Bolus.*

Take Lenitive Electuary half an ounce, cream of Tartar half a dram, ſyrup of Roſes what ſuffices, make a Bolus.

XX.

XX. *An other purging Bolus.*

Take Caſſia newly drawn half an ounce, pouder of Rubarb half a dram, cream of Tartar a ſcruple, ſyrup of Roſes what ſuffices, make a Bolus.

XXI. *A mean purging Bolus.*

Take of the Lenitve Electuary half an ounce, cream of Tartar half a dram, Roſin of Jalap ſix grains, ſyrup of Roſes what ſuffices, make a Bolus.

XXII. *An other mean purging Bolus.*

Take the Electuary Diaphænicon half an ounce, the compound pouder of Hermodactils half a dram, ſyrup of Elder what ſuffices, make a Bolus.

XXIII. *A ſtrong working Bolus.*

Take of the Electuary of the Juice of Roſes half an ounce, Roſin of Jalap ten grains, cream of Tartar half a dram, ſyrup of Elder what ſuffices, make a Bolus.

Electuaries are compounds of the ſame things made up in a greater quantity, by adding Conſerves of Damask Roſes, or of the flowers of Peaches, the Doſe is the quantity of a Cheſtnut to be taken betimes every Morning, or twice or thrice a Week.

Bolus's and Electuaries eaſily prepar'd. Take Pouder of the Roots of Jalap an ounce, Mechoacan half an ounce, Ginger two drams, Cloves a dram, cream of Tartar three drams, ſalt of Wormwood a dram, ſyrup of Roſes ſolutive what ſuffices, make an Electuary; the Doſe is the quantity of a Walnut.

XXIV. *Laxative or purging Raiſons or Currans.*

Take of the beſt Sena one ounce, Ginger, Cinnamon of each one ſcruple, Brandy half a pint, digeſt them warm for ſix hours, ſtrain and add Raiſons of the Sun ſton'd, or Currans four ounces, Sugar one ounce, boil them with a gentle fire till the fruit is ſoft, and let them be conſerv'd together.

XXV. *Laxative or purging Prunes.*

They are prepar'd after the ſame manner as the former, taking Damaſk Prunes inſtead of Raiſons or Currans. They gently purge the Bowels, expel Wind, and carry of ſharp Humors, which cauſes the Collic and griping of the Guts, Looſneſs's and Bloody Fluxes. They are of good uſe alſo for ſuch whoſe Bodies are hot and dry, and apt to be coſtive; the Doſe is from half an ounce to an ounce or more at a time, according as you find your Body eaſy or hard to work upon.

XXVI.

XXVI. *Purging Lozenges of a mean or gentle Operation.*

Take pouder of Mechoacan, Gummous Turbith of each half an ounce, Scammony ſulphurated two drams, Roſin of Jalap a dram, yellow Sanders a dram, cream of Tartar two drams conſerve of Violets an ounce, Sugar diſſolv'd in Roſe water and boil'd up to a fit conſiſtancy a pound, make Lozenges according to Art each waying a dram, whereof take one or two at a time in the Morning.

XXVII. *A Phyſical or purging Wine of a mean Operation.*

Take of the beſt Sena an ounce and half, Turbith, Mechoacan of each ſix drams, ſtrings of black Hellebor three drams, Cubebs, Galingal, bitting Cinnamon of each two drams, put all in a large Glaſs with two quarts of Reniſh wine, (or Elder wine) adding to it ſalt of Tartar a dram and half, ſtop it cloſe and let it ſtand cold for ſix days ſhaking it ſome times; then ſtrain it through a Flannel bag, and add Sugarcandy three ounces, The Doſe is three or four ounces in the Morning, faſting an hour or two after it.

XXVIII. *A purging Ale.*

Take Sena three ounces, Roots of Polipody

of the Oak and ſharp pointed Dock of each two ounces, Turbith, Mechoacan of each an ounce and half, Epithimum, yellow Sanders of each an ounce; Coriander ſeeds an ounce and half; being ſlic'd and bruis'd hang them in four Gallons of new Ale; the Dole is half a pint to twelve ounces or a pint twice or thrice a Week.

XXIX. *A purging Decoction call'd the bitter Decoction.*

Take the tops of leſſer Centory, flowers of Cammomil of each one pugil, Roots of Gentian half a ſcruple, ſeeds of Carduus bruis'd one dram, Sena two drams, a little ſlic'd Ginger, cream of Tartar half a dram, ſteep them all in half a pint of fair water all Night, next Morning boil it only a walm or two, then ſtrain it, and if you will have it work ſtrongly, you may add to the ſtrain'd Liquor an ounce of ſyrup of Roſes, or half an ounce of ſyrup of Buckthorn berries. It opens obſtructions and is prevalent againſt Agues and Fevers; it eaſies pain of the Breaſt and Spleen, and is good againſt the Green-ſickneſs and ſtoppage of the Terms.

XXX. *The true deſcription of that purging Cordial, call'd Elixir Salutis or Elixir of Health. Dr.* Bate.

Take Sena ſix ounces, Raſpings of Guaiacum Elecampain dry'd, Aniſeeds, Carraways, Co-

Coriander, Liquorice, of each two ounces, Raisons slic'd half a pound; slice the Elecampane very thin, bruise the seeds, and beat the Liquorice into strings, and put all into a wide mouth Glass or Jug, and pour upon them three quarts of *Aqua Vitæ*, stir them well together, stop it close, and let it stand for four days shaking it some times; then press it out and put the Liquor up for use.

I always take nine ounces of Sena, for I find that six will not do as it is in the true Receipt; moreover when I have pressed out the Liquor, I put the ingredients into my still, and pour thereon common English Spirit, and distil a good Strong water from it, which I make use of when I make the Elixir again, for it is better then common *Aqua Vitæ*. It is good against the Scurvy, Dropsy, Gout, K's Evil, and Scabs, It opens obstructions of the Stomach, Liver and Spleen, It is pectoral, and prevails against diseases of the Lungs, as, shortness of Breath, obstructions of the Lungs, It is also an excellent Remedy against the Wind Collick and Gripings of the Guts and Belliach, It is an admirable Remedy against Rheumatism, and wandering pains running up and down in any part of the Body. Some take two spoonfuls at Night when they go to bed after a light supper, and three spoonfuls the next Morning early. And again others take it altogether in the Morning, three, four or five spoonfuls. It may be had at my house ready prepar'd for 2*s.* the half bottle.

XXXI. *A gentle Vomit.*

Take of Hemetick wine, and Oximel of Squils of each an ounce, mix them together, and give it about four in the afternoon, drinking a large draft of Posset drink after every Vomit.

XXXII. *An other.*

Take of Minsicht's Emetick Tartar two, three, four, five or six grains, mix it with a little conserve of Roses and take it as the former, three or four quarts of Posset drink being made ready before it is taken, drinking a large draught of it after every Vomit. You may also take it in a draught of Posset drink.

XXXIII. *An other Vomit.*

Take Oximel of Squils an ounce and half, Wine of Squils two ounces, mingle them and make a Vomitory.

Or take from six to nine leaves of Asarabacca, bruise them and put them into three ounces of white Wine, then press out the Liquour and let it be taken with Governance. Or take pouder of the roots of Asarabacca, purging Lorael from a dram to four scruples, Oximel of Squils an ounce and half; mingle them and let it be taken in a draught of Posset drink. Or take salt of Vitriol, from one scruple to two, or a dram;

dram; let it be taken in a draught of Poſſet drink. Or take the infuſion of Crocus Metallorum from half an ounce to an ounce, or an ounce and half; let it be taken in a draught of Poſſet drink, with Governance. Or take the infuſion of Crocus Metallorum ſix drams, wine of Squils an ounce and half, ſyrup of Vineger ſimple, mingle them and make a Vomitory. Or take Sulphur of Antimony, from ſix grains to eight, Cream of Tartar a ſcruple, mix them and let it be given in the pap of an Appel, or in a ſtew'd Prune, or in a ſpoonful of Panada. Or take *Mercurius Vitæ*, from three grains to ſix, let it be taken after the ſame manner. After the like manner you may take *Aurum Vitæ*, or the Solar Precipitat, and Turbith-mineral.

CHAP. XLII.

Of choice and Approv'd Medicines to ſtop Vomiting.

I. *To ſtop the very working of a Vomit.*

TAke Sea Wormwood, Mints, and Spices boil them in red Claret wine, and foment the Stomack therewith hot the Patient being put into bed. Or make a Toaſt of the Crum of Bred, and dip it in hot Claret and apply it

hot to the Stomach: Let here be a Cliſter given of Milk with Treacle deſſolv'd in it. Let the Members be rub'd with warm Cloths, and uſe ſtrong Ligatures above the Knees to keep Convultions from thoſe parts; let the Stomach in the mean time be kept empty, unleſs an inclination to Faint, or ſwooning or therewiſe requires; but as ſoon as it is able to receive any thing of Medicine, give ſome Cordial Water, as Cinnamon, or Spearmint water, or warm burnt Claret: In caſe the Affect be violent, and the Pulſe admit it, Venice Treacle or Diaſcordium, ſometimes ſolution of Laudanum or an Opiatick Tincture doſe well.

II. *To ſtop a Belching and Acid Vomiting proceeding or ſtir'd up from other cauſes.*

Take pouder of Aron compound an ounce and half, ſalt of Wormwood two drams, ſugar of Roſes thre drams, make a pouder; give a dram of it in the Morning, and at five a clock in the afternoon in a little draught of Beer boil'd with Mace and a Cruſt of bread, or give it in the Tincture of Roman Wormwood. Or take the pouder of Ivory, Crabs Eyes, and red Coral of each two drams, calcin'd Coral one dram, red Sanders, Cinnamon of each half a dram, make a powder; the Doſe is half a dram after the ſame manner.

III.

III. *Lozenges for the ſame.*

Take *Lignum Aloes*, yellow Sanders, Winters-bark of each two drams, white Cholk ſix drams, Sugarcandy half an ounce, make of all a ſubtile ponder, and with the Mucilage of Gum Tragacanth made with Mint water, make Lozenges weighing half a dram, let the Patient take three or four at a time thrice or oftner in a day.

Take Tincture of ſalt of Tartar an ounce, the Doſe is from a ſcruple to half a dram twice a day in ſome proper diſtil'd water.

IV. *A famous Medicine to ſtop a Vomiting by Dr.* Riverius.

Take ſalt of Wormwood a ſcruple or half a dram, give it in a ſpoonful of Juice of Lemons, you may alſo mix with it two or three ounces of Mint water.

V. *Another for the ſame.*

Take white Port wine ſix ounces, ſtrong Tincture of Cloves half a ſpoonful, mix them for a Doſe. Or take prepar'd Coral two drams, ſalt of Wormwood a dram and half, juice of Lemons four ounces, let all ſtand in a large Glaſs, and add to it ſtrong Cinnamon water, two ounces, give a ſpoonful or two twice a day, firſt ſhaking the Glaſs.

VI.

VI. *To hinder a purging Medicine from working to excess.*

Make a Plaster of Methridate, and apply it to the Patients Stomach, and to the whole upper Region of the Belly; or let those parts be fomented with warm Linen cloaths dip'd in a decoction of Wormwood, Mint and Spices in red Wine, the Patient being put in a warm bed, and presently upon it let him take inwardly, either a Bolus of Venice Treacle, or a salutation of it in Cinnamon water, and let him drink ever now and then a spoonful or two of burnt Wine, with a little Mint water; if troubled with the Gripes, give him a Clister of warm Milk with Treacle dissolv'd in it.

VII. *An Annodine or Hipnotick Cordial to take after a purging Medicine that hath wrought to much.*

Take Water of Cowslip flowers two ounces, Cinnamon water hordeated, syrup of Mæconium of each half an ounce, Pearls prepar'd half a scruple, make a draught to be taken going to rest. Or take Conserve of red Roses vitriolated two scruples, Diascordium half a dram, Pearls half a scruple, Diacodium what suffices, make a Bolus to be taken going to rest.

CHAP.

CHAP. XLIII.

I. *An Excellent Cliſter to Cure any Flux or Looſneſs.*

TAke a handful of Barly-meal with all the Bran in it; or take a handful of Barly and beat it in a Morter to a fine Pouder, Wheat-bran and dry'd Roſes of each one handful; boil theſe gently in a glaz'd Pipkin cover'd, in three pints of Water for three quarters of an hour; then ſtrain it thrô a linnen Cloath, and preſs it hard to get out all the thick and ſlimy ſubſtance of it. This is enough for two Cliſters when carefully done. Take half of it and put into it the Yolks of two Eggs, and one ounce of Honey of Roſes, and give it duly warm. The Patient may keep it three or four hours without trouble, becauſe the quantity is leſs than of an ordinary Cliſter, and that it is of a Balſamick and comforting quality to the excoriat'd Guts. It is an excellent Remedy to any ſharp tormenting Flux, when the Guts are inflam'd, excoriat'd and ulcerat'd, either thrô ordinary cauſes (as by eating fruit or the like) or by taking Mercury to Flux one by Salliva-tion, you will preſently find eaſe at the firſt taking it; but it is well to repeat it once or twice a day.

An

An Experienc'd Remedy for a Flux or Looſeneſs you have in the *Chapter for the Jaundice*, made with Rubarb an Currans, to which I refer you.

II. *An other Remedy for the ſame.*

Take Venice-Treacle from a dram to a dram and half; let the patient take it in Bed, and drink ſeven or eight ſpoonfuls of the following Julep, and let him repeat this Doſe every third, fourth, or fifth hour. Take Mint-water, Cinnamon-water hordeated of each three ounces, Plague-water, Treacle-water of each two ounces, Pearls prepar'd a dram, Loaf Sugar half an ounce, mingle them and make a Julep: At the ſame time take a piece of Bread, ſpread ſome Treacle on it and dip it in red Wine warm'd, and apply it to the Stomach as hot as it may be ſuffer'd, and change it ever now and then.

In the Evening, if the Pulſe and Breathing ſeem ſtrong enough to bear it, let the Patient take of liquid Laudanum half a ſcruple, Gaſcoin's pouder a ſcruple, Cinnamon-water what ſuffices, make a Bolus to be taken going to ſleep.

III. *An other for the ſame.*

Take of Gaſcoin's pouder, Roots of Contrayerva of each a dram, Cinnamon, Roots of

of Tormentil of each half a dram, Saffron, Cochinele of each a ſcrupe, make a pouder: the Doſe is from half a dram to two ſcruples. You may give ſpirit of Harts-horn twenty drops with the Julep every fourth hour, or a Doſe of the Pouder interchangeable, one one time, and the other the other; let his drink be Ale or Beer with a cruſt of Bread, Mace and Cinnamon boil'd in it and ſweeten'd, or burnt Wine with Mint-water; let his food be Chickenbroath, Gruel or Panada, with the ſhavings of Ivory, Hart-horn, and the Roots of Scorſonera boil'd in it. Dr. *Willu.*

CHAP. XLIV.

I. *A Remedy to Cure a Bloody Flux.*

TAke Shepperds-pouch and Plantain of each a like quantity; ſtamp them, and boil them in fair water; mix it with the diſtil'd water of red Nettles, add there to a little fine Sugar, and drink it every Morning and Evening. It is good alſo for Bloody Urin or Spitting of Blood.

II. *An other for the ſame.*

Take Venice-Treacle a dram, Liquid Laudanum Cidoniated twenty drops, make a Bolus to be taken going to reſt.

Take

Take Conſerve of Roſes vitriolat'd two ounces, Venice Treacle an ounce, pouder of the Roots of Tormentile and Contrayerva, Pearl, Coral prepar'd of each a dram, Syrup of dry'd Roſes what ſuffices, make an Electuary to be taken every fourth or fifth hour, drinking after it of the following Julep three ounces.

Take Water of Mint, of Baulm, Cinnamon hordeat'd of each four ounces, Treacle-water, Plague-water of each two ounces, Pearls a dram, Sugar an ounce, mingle them and make a Julep.

After a day or two give a Purging Potion, which leaves an aſtringency as the following.

Take Rubarb ſliced two drams, yellow Mirabolans ſlic'd a dram and half, red Sanders, Cinnamon of each a ſcruple; infuſe them all night in the Waters of Plantain and Cinnamon hordeat'd of each two ounces and half, wring it forth hard, then add of ſtrong Cinnamon-water a dram and half, make a draught.

Every Evening, and alſo in certain Caſes in the day time, Dr. *Willis* ſays he was wont to give a pritty large Doſe of *Laudanum*; nor have I ever known this Medicine (ſays he) to have done any prejudice to a Perſon troubl'd with the Flux.

III. *A Cliſter to appeaſe the Gripes and freting of the Bowels.*

Take the Decoction of the tops of St. John's wort,

wort, in which Sheeps Trotters have been boil'd, eight or twelve ounces, Venice Treacle two drams, Oyl of St. John's-wort an ounce and half, make a Cliſter, or make uſe of that for the Looſneſs in the foregoing Chapter.

Take Venice Treacle a dram, Liquid Laudanum Cindoniat'd, mix them and make a Bolus, let the Patient drink after it a little draught of the following Julep.

Take Waters of Tormentil, Mints and Cinnamon hordeated of each four ounces, Treacle-water and Plague-water of each two ounces, Pearl a dram, Sugar an ounce, make a Julep.

IV. *An Electuary for the ſame.*

Take Conſerve of red Roſes two ounces, Venice Treacle an ounce, pouder of the Roots of Tormentil, Contrayerva, Pearl, Coral prepar'd of each half a dram, Syrup of red Poppies what ſuffices, make an Electuary. The Doſe is about a dram and half every third hour, with the ſaid Julep.

V. *An Excellent Diſtill'd-Water againſt the Bloody-Flux.*

Take tops of Cypreſs and Mirtle of each four handfuls, leaves of Meadow ſweet, Burnet, St John's-wort, Avens of each four handfuls, Roots of Tormentil, Biſtort of each ſix drams, red Roſes four handfuls, Cinnamon, Mace of each

each an ounce: being all slic'd and bruis'd together, pour to them red Port or Florence-Wine and red Rose-waters of each two quarts; Distil it in a common Still. Mingle the whole Liquor and sweeten it with Syrup of Coral. Take pouder of Tormentil-Roots, Contrayerva, Bole Armenick Alexiteriat'd of each a dram, Pearl, red Coral prepar'd, white Amber of each half a dram in the said Distil'd Water. Every Night give a Scruple of Liquid Laudanum in three ounces of the said Water with Syrup of Clove Gillo-flowers three drams. For common drink give a Decoction of Burnt Harts-horn, with Barly, a Crust of Bread, Mace and Cinnamon, to a pint and half of which add a pint of new Milk.

VI. *A Decoction for the same.*

Take Roots of Avens and Scorsonera of each an ounce, Tormentil two drams, burnt Harts-horn pouder'd six drams, shavings of Ivory and Harts-horn of each two drams, tops of St. John's-wort a handful, red Roses and Balaustiæ of each a pugil: Boil all in three pints of Fountain-water to a quart, adding towards the end of red Port-Wine four ounces, when it is cold strain it thrô a Jelly-bagg. The Dose is three or four ounces three or four times a day.

Take tops of St. John's-wort, leaves of Perwinkle and Mouse-ear of each a handful, red Roses two pugils; boil them in the Broath of a Sheeps

Sheeps Guts : To a pint of the strain'd Liquor add Oyl of St. John's-wort two ounces, Honey of Roses an ounce and half, mingle them for two Clisters, whereof give one in the Morning and another at five a Clock in the Afternoon. Apply to the Belly an Emplaster of Deminio and Paracelsi. Take Juice of Plantain three ounces, with Water of Scordium and Plague-water. Take a Quince make it hollow and fill it with the Pouder of Olibanum, Mastick and Balsam of Tolu; then rost it, mix all very well and let the patient eat one every day, or mix the said Pouders with the Marmalet of Quinces.

CHAP. XLV.

I. *A Medicine to cause Sweat.*

TAke Roots of Contrayerva, Verginia-Snake roots, Roots of Butterbur of each a dram, Cochinile, Saffron of each a dram, make a Pouder : The Dose half a dram with Treacle water a spoonful, or any other fit Vehicle.

Or take Mithridate from half a dram to a dram, Lapis Contrayerva from a scruple to half a dram, Syrup of the Juice of Citrons what will suffice make a Bolus. In steed of Mithridate, you may take Venice Treacle or Diascordium, or Confectio Liberantis, of the

each an ounce: being all slic'd and bruis'd together, pour to them red Port or Florence-Wine and red Rose-waters of each two quarts; Distil it in a common Still. Mingle the whole Liquor and sweeten it with Syrup of Coral. Take pouder of Tormentil-Roots, Contrayerva, Bole Armenick Alexiteriat'd of each a dram, Pearl, red Coral prepar'd, white Amber of each half a dram in the said Distil'd Water. Every Night give a Scruple of Liquid Laudanum in three ounces of the said Water with Syrup of Clove Gillo-flowers three drams. For common drink give a Decoction of Burnt Harts-horn, with Barly, a Crust of Bread, Mace and Cinnamon, to a pint and half of which add a pint of new Milk.

VI. *A Decoction for the same.*

Take Roots of Avens and Scorsonera of each an ounce, Tormentil two drams, burnt Harts-horn pouder'd six drams, shavings of Ivory and Harts-horn of each two drams, tops of St. John's-wort a handful, red Roses and Balaustiæ of each a pugil: Boil all in three pints of Fountain-water to a quart, adding towards the end of red Port-Wine four ounces, when it is cold strain it thrô a Jelly-bagg. The Dose is three or four ounces three or four times a day.

Take tops of St. John's-wort, leaves of Perwinkle and Mousear of each a handful, red Roses two pugils; boil them in the Broath of a Sheeps

Sheeps Guts : To a pint of the strain'd Liquor add Oyl of St. John's-wort two ounces, Honey of Roses an ounce and half, mingle them for two Clisters, whereof give one in the Morning and another at five a Clock in the Afternoon. Apply to the Belly an Emplaster of Deminio and Paracelsi. Take Juice of Plantain three ounces, with Water of Scordium and Plague-water. Take a Quince make it hollow and fill it with the Pouder of Olibanum, Mastick and Balsam of Tolu; then rost it, mix all very well and let the patient eat one every day, or mix the said Pouders with the Marmalet of Quinces.

CHAP. XLV.

I. *A Medicine to cause Sweat.*

TAke Roots of Contrayerva, Verginia-Snake roots, Roots of Butterbur of each a dram, Cochinile, Saffron of each a dram, make a Pouder : The Dose half a dram with Treacle water a spoonful, or any other fit Vehicle.

Or take Mithridate from half a dram to a dram, Lapis Contrayerva from a scruple to half a dram, Syrup of the Juice of Citrons what will suffice make a Bolus. In steed of Mithridate, you may take Venice Treacle or Diascordium, or Confectio Liberantis, of the

Hyacinth. Or take Pouder of Vipers a dram, give it in ſome convenient Liquor. Or take Pouder of Toads prepar'd ſix grains, Lapis Contrayerva a ſcruple, make a pouder, give it in a ſpoonful of Treacle-water. Or take extract of Carduus half a dram, Lapis Contrayerva a ſcruple, Salt of Wormwood fifteen grains with ſufficient quantity of Syrup of the Juice of Citrons, make a Bolus. In ſtead of the Lapis contrayerva, you may take the Bezoartick-pouder.

II. *A Potion to cauſe Sweat.*

Take Roots of Butter-bur an ounce, ſeeds of the ſame two drams, Eringo-roots cand'd ſix drams, Carduus ſeeds two drams, being ſlic'd and bruis'd, boil them in a pint of fair Water to the half; in the clear ſtraining diſſolve half a dram of Mithridate, or two ſcruples, let it be taken warm in Bed. After the like manner the Leaves of Carduus, the Flowers of Marigolds, or Camomil may be boil'd in a ſufficient quantity of Poſſet drink, of which ſix or eight ounces may be given warm, either alone, or with ſome pouder or Mithridate, Venice Treacle or Diaſcordium added to it.

Medicines to cauſe Sweat, eaſy to be got for poor People may be preſcrib'd according to the following forms.

In Malignant Fevers, take Conſerve of Wood-

Wood-Sorrel a dram, Mithridate two scruples and a half, mix them for a Dose, drinking after it a drought of Posset-drink, that hath the leaves of Carduus, Scordium, or of Camomil-flowers, or of Marigolds boil'd in it. Or take pouder of Virginia-Snake-roots from half a dram to a dram: Give it with a fit Vehicle. Or give pouder of the Roots of Butterbur a dram. In ordinary cases give the Decoction of Gromwel of the Roots and Seeds of great Burdock, of Butterbur, or of Virginia-Snake-roots. Let the Spirit of Treacle Camphorat'd be given, from half a dram to a dram, or a dram and half in a fit Vehicle.

III. *To make the Lapis Contrayerva, or the Stone against Poison.*

Take Roots of Contrayerva half an ounce, of Harts-horn, red and white Coral, Pearls, white Amber, Crabs Claws, and Crabs Eyes all rightly prepar'd (that is ground upon a Marble-stone with Rose-water to an impalpable pouder) of each two ounces; then let it dry, and with Jelly of the Skins of Vipers make it up into little Balls, which cover with leaf Gold, and dry them carefully. It is a famous Cordial Antidote against Poison and Sudorifick, prevails wonderfully against the Plague, Malign Fevers, small Pox and Measles: The Dose is from ten grains to half a dram. Dr. *Bate.*

IV. *An other Call'd the Bezoartick-Pouder.*

Take Pouder of the Roots of Contrayerva, Crabs Claws of each two ounces, Pearls, white and red Coral, white Amber, Crabs Eyes, Harts-horn, Chryſtal of each an ounce, Occidental Bezoar, Lemnian Earth of each half an ounce, Ceruſe of Antimony two ounces, Cochinele half an ounce; All being duely prepar'd (as in the former) make it into little round Balls with the Jelly of the Skins of Vipers: The Doſe and Vertues are the ſame with the former.

Take of the Tincture of Salt of Tartar and Antimony: The Doſe is from a ſcruple to two ſcruples, in an other Liquor. Or take the Eſſence of Vipers, from ten drops to twenty in a ſpoonful of Treacle-water, or any other Liquor.

V. *An Excellent Sudorifick-Water.*

Take Roots of the Butterbur and Valerian of each two ounces, Zedoary, Contrayerva, Virginia-Snake-root of each an ounce and half, Flowers of Butterbur four handfuls, Saffron two drams, being ſlic'd and bruis'd pour to them two quarts of Sherry-Sack, diſtil it in a Cucurbite in Balneo, let the whole Liquor be mixt: The Doſe is from two ounces and half to three ounces.

VI.

VI. *Another excellent Sudorifix-Water.*

Take Roots of Angelica and Maſter-wort of each four ounces, Zedoary, Elecampane, Swallow-wort, Gentian, Galingal of each an ounce, tops of Carduus, Rue, Angelica of each three handfuls, the midle bark of Aſh ſix ounces, being ſlic'd and bruis'd, add Mithridate, Venice Treacle of each two ounces, mix them and pour to them white Port Wine three quarts, the beſt Vineger one quart, Diſtil it in a Glaſs Cucurbite in Balneo, or in Sand: The Doſe is the ſame with the former.

Take Flowers of Salt-Armoniack ten grains, Criſtal-mineral fifteen grains, Bezoartick pouder a ſcruple; mix them and give it in a ſponful of the Sudorifick-water. Or take Salt of Tartar a ſcruple, Ceruſe of Antimony twenty five grains, make a pouder, give it after the ſame manner. Or take pouder of Bezoartick mineral from a ſcruple to half a dram, Gaſcoin's pouder a ſcruple, give it in like manner. Or take Ceruſe of Antimony from a ſcruple to half a dram, Flowers of Salt-Armoniack ten grains mix them. Or take Bezoartick mineral a ſcruple, flowers of Salt Armoniack ſix grains, Mithridat half a dram, make a Bolus. Or take Spirit of Harts-horn, or Salt-Armoniack from fifteen drops to twenty, Sudorifick Water from an ounce to three ounces; make a draught to be taken with governance.

VII. *A Sweating Medicine proper for Phthisical Persons, and such as have Ulcers in the Reins.*

Take of Opobalsamum from six drops to twelve, Water of Baulm, or of Ground Ivy three ounces, Sudorifick-water half an ounce, let it be taken every Morning to provoke sweat for many days together. An so may be given the Balsam of Peru, but in a greater Dose. Dr. *Willis.*

CHAP. XLVI.

Of Remedies to Cure an Excessive or depravd Sweating.

TAke Conserve of the Flowers of Succory and Fumitory of each two ounces, pouder of Ivory, Harts-horn, Coral prepared of each a dram, Pearl half a dram, Species of Diarrhodon Abbatis a dram, Lignum Aloes, Sanders red and yellow of each half a dram, Salt Prunella four scruples, with a sufficient quantity of Syrup of Fumitory make an Electuary: Give the quantity of a Wall-nut in the Evening, and the next Morning, drinking after it either of the following Julep or distil'd Water three ounces.

Take the Waters of Fumitory and Wall-nuts simple of each six ounces, the Waters of Snail and Earth-Worms of each an ounce, Sugar six drams, mix them and make a Julep. Take

Take tops of Firr, Tamarisk, Cypreſs of each four handfuls, Water Creſſes, Brooklime, Agrimony, St. John's wort, Harts-tongue, the rinds of twelve Oranges; being ſlic'd and bruis'd pour to them Brunſwick-Mun a Gallon, Diſtil it in a common Still, let the whole Liquor be mixt, and ſweaten it at pleaſure: The Doſe is three ounces twice a day.

Take Leaves of Dandelion, Water-Creſſes, Plantain, Brook-lime of each three handfuls, bruiſe them and pour to them of the diſtil'd Water above written a pint, wring it forth hard: The Doſe is from three to four ounces in the Morning at nine of the Clock, and at five in the Afternoon.

According to this methode (ſayth Dr. *Willis*) I uſe to preſcribe in a failing of ſtrength and night Sweats after longs Agues, and if theſe Remedies do no good, we muſt come to Charly beates. Take Syrup of Steel ſix ounces; let a ſpoonful be taken in the Morning, and at five in the Afternoon, with three ounces of the water above preſcrib'd.

Take pouder of Ivory, Coral prepar'd of each two drams, Crocus Martis, Salt of Steel of each a dram and half; make a Pouder: The Doſe is half a dram twice a day with three ounces of the ſame diſtil'd Water.

Take Tincture of Salt of Tartar an ounce: The Doſe is from twenty to thirty drops twice a day with the diſtil'd Water. After the ſame manner may be given the Tincture of Coral,

and Tinctures prepar'd out of Gums and Balſams. Moreover in theſe caſes the Spirits of Harts-horn and Salt Armoniack are often given with Succeſs.

CHAP. XLVII.

I. *Remedies againſt the Fits of the Mother.*

TAke Spirit of Heartſhorn from twelve drops to fifteen or twenty in a little draught of the following Julep.

Take Water of Penny Royal and Mugwort of each four ounces, Hyſterick water two ounces; *Caſtoreum* ti'd in a rag and hung in a Glaſs half a dram, double refin'd Sugar an ounce, mix them.

II. *An Hiſterick Liquor againſt Vapours and Fits of the Mother.* Dr. Charras.

Take Caſtoreum two drams, Saffron and Camphire of each one dram. Infuſe them in a pint of Brandy for fifteen days without any fire; then filter or ſtrain the Liquor. This Liquor is Specifick to Suppreſs all Vapours which riſe from the Matrix or Womb. It may be taken as occaſion requires, at any time faſting, from half a ſpoonful to a whole one. It may be alſo put up in the Noſtrils, laid to the Temples, or carri'd about the Perſon in a box full of Cotten dip'd in the Liquour. III.

III. *An excellent Hyſterick Water of Dr.* Charras, *Phyſician to the French King.*

Take Roots of Piony, Briony, Orange peels of each three ounces, flowers of Mugwort, Fetherfew, Baulm, Pennyroyal, Rue, Savine, and Elder flowers of each one handful, Mirrh and Caſter of each half an ounce, Saffron two drams, infuſe them for two days in white Port Wine, water of the Catkins of Filberds, and Orange flower water of each two pints, then diſtil it in Balneo. This water is highly commended againſt all diſtempers of the Womb, Vapours, Fits of the Mother, *&c.* the Doſe is from one ſpoonful to two. Inſtead of the Orange flower water, you may take the water diſtil'd from Elder flowers, or water of Mugworth, or Baulm.

IV. *An Hyſterick Elixir of the ſame Author.*

Take the diſtil'd oyls of Wormwood, Penny royal, Fetherfew, Rue and Amber of each ſix drops, Tinctures of Saffron and Caſter of each three ounces, refin'd Sugar ſix ounces, mix the Oils with the Sugar and incorporate them well, then pour upon it in a Matraſs, Mugworth and Elder flower-water of each ſix ounces, digeſt them together in a Sand bath for two or three days and make an Elixir. It is wonderfully uſeful in all diſtempers of the Matrix or Womb, it ſup-

suppresses the Vapours thereof being taken fasting from half a spoonful to two, either alone or in Hysterick water.

V. *An excellent Histerick Balsam of the same Author.*

Take Tears of Asafætida, Galbanum, Opopanax, Sagapen, Ammoniacum of each a dram, distil'd oils of Rue, Juniperberries and Amber of each one scruple; melt the Gums in a brass Mortar and then mix the oyls with them and make a Balsam: It suppresses the Vapours of the Matrix, smell to it and put it up into the Nostrils, also anoint the Navel with it.

VI. *An other Hysterick Balsam of the same.*

Take distil'd oyls of Rue, Citronrinds, Orangepeels, Lavender and Angelica of each half a scruple, oyl of Amber rectifi'd five drops, Camphir four grains, oyl of Mace or Nutmeg by expression half an ounce, make a Balsam according to Art. It is us'd with happy success to suppress the Vapours of the Matrix against Fits of the Mother, put never so little up into your Nostrils. It is also very effectual in diseases in the Head and Brain, as Megrim, Headach and Apoplexie. It is also good in the Plague time for it powerfully resits Pestilential Air.

VII.

VII. *The Royal Cephalick, and Hysterick Elixir or Essence.*

Take Cardemum, Jaimaca Pepper and Mace of each three drams, Nutmegs two drams, Coriander seeds, Gallingal, Cinnamon of each two drams, Aniseeds, Carrawayseeds of each four scruples; being bruis'd put them in a Matrass, and pour upon them spirit of Salt-Armoniach succinated, and the Royal Hungarian water of King *Charles* the Second, of each half a pint, the Chymical oyls of Cloves and Nutmegs of each two drams, digest them in a Sand Bath with a very gentle warmth for twenty four hours, then strain it, and keep it in a Glass close stopt. It is a truly noble Cephalick and Hysterick Elixir, it prevails against diseases of the Head and Brain. It is very effectual in Faintings and Swoonings especially in those of Hysterical and Hypocondreacal Women; for I have never seen any Medicine operate so nimbly in Fits of the Mother as this Elixir; for it has often in a trice to the wonder of the by standers fetch'd them out of their Fits. Nor is this the considerablest effect that I have had of this Spirit or Essence, for some times I have observ'd that it has with a strange quickness brought to themselves Patients that were fallen into Swooning Fits without any appearance of Life or motion in them, and others that were follen to the Ground, and either really were Epilep-

Epileptical, or ſo judged. And even in Agonizing Perſons, where it would not recover them it would bring them out of their Swoons, and make them know and underſtand the Aſſiſtants, and perhaps ſpeak to them too; of which I cold give you ſeveral Inſtances, and in ſuch dificult and deſparate Caſes, I am not content that a Vial be held to the Noſe, but order that little pellets of Lint, Cotten, or thin Rags de dipt into the Eſſence, and thruſt up into the Noſtrils, and ten or twelve drops in a ſpoonful of water being pour'd into the mouth. Again ſlight Head-achs have been cur'd in leſs than a quarter of an hour. Spirit of Hartſhorn is much inferiour in its degree to this Eſſence, and many Ladies and Gentlewomen have told me that they would never be without it in their houſes, and ſome Hyſterical and Hypocondriacal Women would not go to bed without taking it inwardly. The doſe is from ten to fifteen or twenty drops in any convenient Liquor. It may be had at my houſe ready prepar'd.

IX. *Pills againſt Fits of the Mother.* Dr. Bate.

Take ſeeds of *Agnus Caſtus* one ounce, Rue dry'd, Aſafætida, Camphire of each two drams, Caſter half a dram, oyl of Amber forty drops, ſyrup of Mugworth what ſuffices, mix and make a Maſs; the doſe is from ten to fifteen grains every ſecond or third hour in the time of the Hyſterick fit; as alſo every Night at bed time

out

out of the Fit from half a dram to two ſcruples.

X. *Other Pills for the ſame.*

Take of the Pills call'd Cochiæ the greater two drams, Caſtoreum pouder'd two grains, Balſam of Peru three drops, make twelve Pills; of which take four every Morning, or every other day according to ſtrength, about four or five in the Morning, ſleeping after them.

XI. *Other Pills for the ſame.*

Take pouder of Rubarb one ſcruple, Calomelanos ſeven times ſublim'd fifteen grains, Elixir Proprietatis what ſuffices, make five Pills which take in the Morning twice a Week: After take Galbanum ſtrain'd, Myrrh and Caſtor pouder'd of each two ſcruples, Balm of Gilead what ſuffices, mix and make midling Pills, of which take five thrice a day.

XII. *An Excellent Hyſterick Plaſter.*

Take Galbanum, Ammoniacum of each an ounce, Aſafætida two drams, mix and make an Emplaſter which apply to the Navil.

XIII. *An Hyſterick Julep by Dr.* Bate.

Take the beſt Aſafætida one dram and half, black Cherry-water ſix ounces, mix them and diſſolve

dissolve without Heat in a cold Mortar that the Liquor may be Milky; take of this Liquour a spoonful, Spirit of Hartshorn ten drops, give it at the beginning of the Fit, and also at the end thereof.

XIV. *Another for the same of the same Author.*

Take of the Hysterick water six ounces, Mithridate two drams, Tincture of Castor two ounces, syrup of black Cherries and of Elderberries of each an ounce and half, mix them; the dose one or two spoonfuls in the time of the Fit, or fainting.

XV. *The Musk Julep against Fits of the Mother, by Dr.* Riverius.

Take Orange flower water six ounces, Musk ten grains, Dragons blood one scruple, mix them for two doses to be given in the Fit. The learn'd *Riverius* mightly commends it even from experience it self against Hysterick Fits. If you cannot have the Orange flower water, you may take the water of Elder flowers, Mugwort, or Baulm. Dr. *Sydenham* orders to eat often green Ginger preserv'd in *Barbadoes*. Take Rue water four ounces, Hysterick water, Castor tied in a knot and hung in the Glass half a dram, Sugarcandy what suffices; the dose is five spoonfuls in every Fit.

XVI.

XVI. *A Powder of great vertue for the ſame:*

Take the inward Skins of Capons Gizards four ounces, the yellow rind of Orange peels one dram, make of them a Pouder; the doſe is a dram in the Fit in ſome Anti Hyſterick water or Conſerve: You may give it from two ſcruples to four upon the approach of the Fit; But us'd as a preventive, and to cure the Diſeaſe, it ought to be given Morning and Night for a whole Month together. It is good againſt vapours, expels Wind and eaſes the Collick.

XVII. *An approv'd Cliſter for the ſame.*

Take of the common Decoction for a Cliſter ten ounces, Camphire one dram, oyl of Rue half an ounce, Hony of Herb Mercury three ounces, mix them and make a Cliſter.

XVIII. *The Camphorated Elixir for the ſame.*

Take Rectifi'd Spirit of Wine ſix ounces, choice Saffron three drams, put them in a Matraſs and extract the Tincture by digeſtion, then ſtrain it and put to the tinged Spirit Camphire half an ounce or five drams, digeſt them in a Matraſs, fit to this Matraſs another little one whoſe neck is to go into the bigger and ſo make a duble veſſel (ſee the Figure in the Copper plate) lute them well together with ſlips of a

wett

wett Bladders, place the Matraſs in your Sand Furnace, digeſt with a very little heat till the Camphire be diſſolv'd and the Spirit be pure and tranſparent as before, and the Camphir will give it a pleaſant ſmell. It is an excellent Remedy prevailing againſt Hyſterick paſſions, Vapours, and Fits of the Mother, and other Hipochondriack malladies; It cures the Collic and Gripings of the Guts to a Miracle, It chears the Heart, revives the Spirits, and ſtrengthens Nature; It cures the Toothach, by puting a little Cotten dipt therein to the pain'd Tooth. It is very exeellent againſt all manner of Malign or Peſtilential Fevers, ſmall Pox and Meaſles, Spotted Fever, yea and the Plague it ſelf; the doſe is from ten to thirty or forty drops in any Cordial water.

It is ſaid to help the pains in the Ears by dipping in it a little Rabbits wool, and puting it into the Ear. It cures a Rheumatiſm, and outwardly bath'd upon Gouty places cures them. It is alſo good in the Apoplexie Lethargy, Vertigo, Magrim, Palſly, and other old diſeaſes of the Head, Brain and Nerves.

Dr. *Brodback* Phyſician and Profeſſer in the Univerſity of *Tubingen*, eſteem'd Camphir for his greateſt ſecret, he diſſolv'd it in Tartarris'd Spirit of Wine and Lillies of the Vally; outward ſwellings being anointed with it, it Moliſies the hardneſs of them, and lays the Inflamation, It diſcuſſes the cold ſwelling of the Joints, and eaſes the pains thereof. For inward

uſes

uſes he diſſolves it in Spirit of Baulm, and Spirit of Wine Tartaris'd of each equal parts, and often adds to it ſome drops of diſtil'd oyl of Caſter, and of Baulm, and eſteems it a great ſecret in ſuffucations of the Womb, and Diſeaſes of the Head. Dr. *Gerhard* Phyſician of Tubingen uſes in the ſame affects the oyl of Amber Camphorated, which is prepar'd of two parts of oyl of Amber, and one part of Camphir, He ſays the Effects of it are wonderful. *Soleander* commends the ſeeds of Parſneps, or Columbines in Wine or Hyſterick water, as moſt certain Remedies.

XVIII. *An excellent Hyſterick water.*

Take Pennyroyal, Feaverfew, both Southern woods, Calamint, Nep, both Horehounds of each a handful, Brionyroots four ounces, Parſnepſeeds two ounces being ſlic'd and bruis'd, pour to them of White Wine or Elderburry Wine three quarts, diſtil them according to Art.

Take Conſerve of Rue the quantity of a Nutmeg twice a day, drinking after it a glaſs of the ſaid Water Dr. *Willis.*

XIX. *An excellent Liquor of great vertue in Hyſterick and Hypocondriacal affects.*

Take filings of Steel, Cream of Tartar of each three ounces, mix them and boil them in

quart of fair Water to dryneſs, then pouder it finely, and put it into white Wine three pints, let it ſtand three Weeks or a Month ſhaking it every day; the Doſe is three or four ſpoonfuls at a time in a glaſs of Ale, white Wine, or Elderburry Wine, if you can get it, at Night going to Bed.

In frequent Guidineſs and *Scotomia*, alſo in paſſions of the Heart, faintings of the Spirits, with a fear and dread, as it were, of preſent Death. Dr. *Willis* ſays he has known a mighty cure often perform'd by ſteel Medicines.

XX. *An Electuary of great vertue againſt Hypocondriacal Affects.*

Take Conſerve of Roman Wormwood, and Conſerve of the yellow part of Oranges of each an ounce, candied Angelica, candied Nutmegs Venice Treacle of each half an ounce, Compound pouder of Wake Robin three drams, preſerv'd green Ginger two drams, with ſyrup of Oranges make an Electuary. Take of this Electuary two drams, filings of Steal eight grains, mix them for a Doſe to be taken Morning and Evening, drinking after it a draught of the following Infuſion. Take roots of Angelica, Elecampane and Maſterwort of each one ounce, common Wormwood, leſſer Centory, white Horehound and Germander of each one handful, the peels of two Oranges ſlic'd; pour upon them ſomuch of Canary or Sherry as will over top

top them two Inches, and ſtrain it at the time of uſing it. Dr. *Sydenham.*

The Elixir Proprietatis is prepar'd with Spirit of Hartſhorn is of great vertue in Hyſterick and Hypochondriacal Affects. Dr. *Willis*, and Dr. *Sydenham* both aver the good Spirit of Hartſhorn taken twice a day from twelve to ſixteen or eighten drops in any fit Liquor hath prov'd mighty beneficius, An ſo hath my Royal Cephalick and Hyſterick Eſſence, which excells in the Hypochondriacal Affects and ſuffocation of the Womb.

CHAP. XLVIII.

Of the Obſtructions of the Menſes or Courſes.

The Obſtruction of the Menſtruums proceeds generally from Courſe and tough Humours brought from the Stomach to the Paſſages of the Womb. The following Medecinal Wine prepares the humours.

I. *A Medicinal Wine.*

Take Roots of Maſterwort, white Dittany of each an ounce, ſweet Garden Flag half an ounce, leaves of Mugwort, Pennyroyal, Calamint of each half a handful, Savin one handful and half, ſeeds of Carots, Sefely, of each

halfan ounce, Juniperberries five drams, Cinnumon and Orangepeels of each two drams; being cut and grosly bruis'd, infuse them in three pints of white Wine; the Dose is six spoonfuls with Spirit of Salt Armoniack six drops. Then purge.

II. *Purging Pills for the same.*

Take of Pill Fætid the greater half an ounce, volatil Salt Armoniack six grains, distil'd oyl of Nutmegs two drops, mix them and make seven Pills, take three at Bed time and four in Morning. Take Pill Acephangine one scruple, Salt of Amber, volatile Salt Armoniack of each four grains, Rosin of Jalap six grains, oyl of Marjerom one drop, mix and make six Pills, let them be gilded.

III. *A pouder which is much commended for the same.*

Take Salt of Mugwort, Amber, Ash, of each twelve grains, Tartar vitriolated six grains, mix them for a Dose. Or take Salt of Mugwort, Amber, Tartar vitriolated of each three grains, Aloes Succotrine fifteen grains, oyl of Minth one drop, mix and make five Pills for one Dose which repeat often. Gentle Diaphoretick mixt with Specificks do much avail. Also the distil'd oyl of Savin, but it will cause Abortion, if with Child.

IV.

IV. *An excellent ſuffumigation for the ſame.*

Take the Droſs of the Regulus of Antimony four ounces, boil them in a Lye made of Mugwort Aſhes and other ſpecifical Herbs, to a redneſs of the extract, then ſtrain it; take of this Liquor ſix ounces, old Malmſy in which was ſteep'd Sage and Savin two ounces mix them; let two ſpoonfuls be pour'd upon burning Coals, and the ſmoak receiv'd up, the thighs being dilated.

Spiritus Tartari Philoſophicus, provokes Menſes powerfully, three, four, five or ſix drops being taken in a little white Wine.

V. *A Sudorifick for the ſame.*

Take of the waters of Fennel and Parſly of each an ounce, Treacle water, Cinnamon water of each half an ounce, Tincture of Caſtor two drams, volatil Salt of Hartſhorn one ſcruple, Vineger of Squils half a dram, Salt of Mugwort one ſcruple, Spirit of Salt Armoniack twenty drops, ſyrup of Scurvy graſs, and of Carduus Ben. of each half an ounce, Crabs Eyes prepar'd one ſcruple mixt for a Doſe.

Take of *Crato's* Amber Pills two drams, *Pili Ruffij* one dram, mix and make fifteen Pills, whereof take three at Bed time, and two in the Morning. They were preſcrib'd for an Honourable Lady.

VI. *To make the opening Tincture of Steel with Tartar.*

Take of Filings of Iron turn'd to Ruſt twelve ounces, of good white Tartar two pounds, pouder and mix them exactly, put this mixture in a large Iron Pot or Kettle, and pour upon it ſix or ſeven quarts of Rain water, boil it for the ſpace of twelve hours, ſtiring it from time to time with a Iron or Wooden Spatul, and be careful to add more water as you ſee the Liquor leſſens in boiling; then let it ſettle, and you will have a black Liquor, which ſtrain thro a Jelly bag, and evaporate it to the conſiſtancy of Syrup; you will have about two pounds and twelve ounces. It is an excellent apperitive extold and approv'd of by all learned Authors, it opens Obſtructions the moſt inveterate, 'tis us'd with good ſucceſs in Cachexies, in the Dropſie and in ſuppreſſion of the Terms, Green-ſickneſs and other Diſeaſes that proceed from Opilations and Obſtructions; the Doſe is from a dram to half an ounce, in Broth, Wine, or any other proper Liquor.

VII. *To make an excellent Mixture Liquor of great vertue in ſuppreſſions of the Terms, and Green-ſickneſs.* &c.

Take of the ſaid ſyrup of Marſs or Steel twelve ounces, Elixir Proprietatis four ounces mix them; the Doſe is from two drams to half an ounce

ounce in white Wine. Or take Elixir propietatis prepar'd after the deſcription of the Colledg of Phyſicians of the *Hague* three ounces, Spirit of Hartſhorn one ounce, ſyrup of Marſs twelve ounces; the Doſe is the ſame with the former.

From my own experience I can teſtify this to be an Effectual Medecine in the caſes above nam'd, due purgations being premis'd, She may take a ſpoonful or more at a time in a glaſs of white Port Wine every Morning or every other, for four or five times before the expected time. If ſhe cannot take Pills, ſhe may take the Pouder of *Cornachinus* in the Chapter of Purges. And every Night going to Bed ſhe may take a ſcruple of Troches of Myrrth, made into a Bolus with ſyrup of Mugwort.

CHAP. XLIX.

Of the Green-ſickneſs.

I. THe ſigns of this Diſeaſe are theſe; Ill colour of Face and of the whole Body, ſwelling in the Face, Eyelids and Ankels, Lumpiſhneſs of the whole Body, a Stretching, wearineſs of the Legs and Feet, difficult Breathing, Feveriſh pulſe, Sleepineſs, longing for things not fit to be eaten with Obſtruction of the Courſes.

II. If ſhe be of an indifferent ſtrength purge her

once or twice either with ſome proper Pills, (ſuch as you have in the foregoing Chapter) or with the pouder of Cornachinus. Or with the Elixir Salutis; afterwards give the Tinture of Steel, with the Elixir Propietatis in the foregoing Chapter. With this very method I have often cur'd this Diſeaſe, and not long before the writing of this I cur'd a young Gentlewoman of the Longing, or the Diſeaſe of eating Chalk and Cinders, to whom to clear the Stomack from them, Firſt I gave a gentle Vomit of ſix grains of Tartar Emetick in a Bolus of Conſerve of Roſes; after that I purg'd her gently twice, and then I gave her the Tincture of Steel with Tartar, with the Elixir Propietatis.

III. *A Remedy againſt Longing, or the Diſeaſe of eating Chalk, Oatmeal, Cinders,* &c. *Dr.* Poleman.

Firſt give a gentle Vomit, then take Muſtard-ſeed ten grains, the Aſhes of the bones of Roſted Pigeons, Purſlainſeed two ſcruples, Juice of Quinces two ounces, Loaf Sugar three ounces, mix it before a gentle Fire; the Doſe is two ounces three times a day. Wormwood wine, and ſyrup of Crabs is a very good Remedy. Beans boil'd, whether dry or green, being eaten, are very good againſt this diſorderly Appetite. Dr. *Poleman.*

CHAP.

CHAP. L.

Of the Overflowing of the Terms.

The Overflowing of the Terms is known by the parties being uneaſy at that time, by the failing of her ſtrength, want of Apitite, Ill habit of Body, ill colour of Face, like that of a dead Carkaſs and ſwelling of the Feet.

I. LEt her take the common purging Potion, and repeat it every other day to two Doſes more, taking at Night after every purgation a cordial and reſting draught with ſyrup of Poppies.

II. *In the intervals of purging let her take that which follows.*

Take Conſerve of dry Roſes two ounces, Troches of Limnian Earth one dram and half, Pomgranate peels, red Coral prepar'd, Bole-Armeneck of each two ſcruples, Bloodſtone and Dragons blood of each one ſcruple, with a ſufficient quantity of ſyrup of Quinces make an Electuary; of which let her take as much as a large Nutmeg in the Morning, and as much at five in the Afternoon taking after it ſix ſpoonfuls of the following Julep.

III. Take water of Oak buds and Plantain of

of each three ounces, Barly Cinnamon water, and syrup of dry'd Roses of each an ounce, spirit of Vitriol a sufficient quantity to give it a greatful accidity, or sharpness.

IV. Take Plantain and Netles of each a fit quantity; beat them together, and press out the Juce, of which let us take four or five spoonfuls now and then as they please.

V. After the first purging let the following Plaster be made and apply'd to the Reins of the Back.

Take of Emplaster de minio, and the Plaster for a Rupture of each equal parts, spread them on Leather for a Plaster, to be appli'd to the Region of the Lions. Dr. *Sydenham.*

Or you may rather Anoint the Back with this.

Take *Sacharum Saturny* three drams, dissove it in two Spoonfuls of spirit of Vineger, and mix it with oyl of Ben. one ounce an half, with which annoint the Back Morning and Evening. It is much better then an Emplaister, especially in the Summer time; becaus in some Patients, a Plaster is very apt to heat the Back, which by the use of this oyl is prevented. Dr. *Salmon* upon *Sydenham.*

VI. *An approv'd Remedy for the Overflowing of the Terms.*

Take a handful of red Dock roots, slit them and boil them in a Gallon of Conduit water, scum it and put in it Raisons of the Sun ston'd two

two handfuls, Liquorice bruis'd two ounces, boil it till a third part be conſum'd, then ſtrain it, and make Almond Milk with it with blanched Almonds; drink a good draught of it thrice a day.

VII. *An other for the ſame.*

Take of the filings of the Scull of a Man, put it into a Glaſs of white Wine, let it infuſe all Night in it, and in the Morning take it faſting. In two or three times taking it every Morning, it will cure it, 'Tis a try'd thing.

CHAP LI.

For the cure of the Whites, If She wants her Monthly Terms when ſhe hath the Whites, they muſt be no means be ſtopt till the Terms be brought down, and then you may ſtop the Whites, by the uſe of the following Medicines.

I. TAke the Ceruſe of Antimony made of the Regulus, the Doſe is fifteen grains or twenty in a little white Wine in the Morning faſting, for three Mornings together the Body being firſt purg'd, Or

II. Take Venice Turpentine, an ounce, Dragons blood, Nutmegs grated, and Bole Armenick of each a dram, mix them, and make a Maſs for Pills; take therof a dram for a Doſe, after due purging.

III.

III. *A very good Electuary for the ſame.*

Take Conſerve of red Roſes four ounces, Conſerve of Succory two ounces, red Coral in ſubtile pouder, *Virginia* Snakeroot, Tormentileroots, ſhavings of Ivory of each two drams, with ſyrup of Myrtils make an Electuary, and take thereof the quantity of a large Nutmeg every Morning, the Body being purg'd firſt, with the following.

Take of the *Pill Cochiæ* the greater two ſcruples, Caſtorum in two grains, Balſam of Peru three drops; make four Pills to be taken at four a Clock in the Morning, repoſing after them, and twice to be repeated every ſecond or third day according to the ſtrength of the ſick. The Salt Mirable is ſaid to be the beſt purge in this Caſe, it may be given from three drams to ſix according to her ſtrength, and as ſhe is eaſy or hard to move, it may be repeated twice every other day, and may be given in Poſſet drink, Whey or thin Grewel.

IV. Take of Rue water four ounces, Compound Bryony water, two ounces, Sugarcandy what ſuffices, make a Julep, of which let her take a ſpoonful every fainting Fit. Dr. *Sydenham.*

V. Take Venice Treacle an ounce and half, Conſerve of the yellow part of Oranges, two ounces, Dia Scordium half an ounce, green preſerv'd Ginger, and preſerv'd Nutmegs, of each three

three drams, Gaſcoins pouder one dram and half, Pomgranet ſhells, roots of Spaniſh Angelica, red Coral prepar'd, and Troches of Lemnian Earth of each one dram, Bole Armenick two ſcruples, Gum Arabick half a dram, with a ſufficient quanty of dry Roſes, make an Electuary, of which let her take the quantity of a large Nutmeg in the Morning, and as much at five in the Afternoon, and the ſame quantity at Night every day for a whole Month, taking ſix ſpoonfuls of the following infuſion, after every Doſe.

VI. Take Elecampane, roots of Maſterwort, Angelica, *Calamus Aromaticus* of each half an ounce, Roman Wormwood, white Horehound, leſſer Centory, common Calamint, and Sage dry'd of each one handful, Juniperberries one ounce, chop and bruiſe them ſmall, and infuſe them in two quarts of Canary, and let them ſtand cold to infuſe, when you uſe it ſtrain it. Dr. *Sydenham.* Let her eat food of eaſy digeſtion, and abſtain from all ſorts of Potherbs, Fruits, and at every Meal drink Sherry, Tent, or Canary.

VII. *Another experimented Remedy for the Whites, and for heat in the Back and Kidneyes.*

Take four large ſound Nutmegs, put them in the middle of a Houſhold Loaf, then let the Loaf be bak'd, take out the Nutmegs, beat the white of a new lay'd Egg to a froath, then let it

it settle, and mix the clear Liquor with four spoonfuls of Rosewater, and as much Plantain water, sweeten it with fine Sugar, and grate into it half of one of the Nutmegs, and drink it in the Morning fasting, for seven days together. This cur'd a Woman that had taken many Medicines in vain for the said distemper.

VIII. *Another powerful Medicine for the same.*

Take a pottle of Ale, shred into it two ounces of Isinglass, and put it in a vessel close stopt, let the Liquor simper till about half is wasted, strain the rest, and give of it two or three ounces at a time warm, in the Morning and at Night. Mr. *Boyle*, Or.

IX. Take a pint of Milk boil in it half an ounce of Isinglass, take of this a dishful warm every Morning and Night. The Conserve of Archangel flowers is said to be effectual for the cure of this distemper.

X. *An Injection for the same.*

Take of a Decoction of the Inner Oak-Bark two quarts, white Vitriol, Roch Alum in pouder of each one ounce, mix them and digest three or four days, then pour of the clear, and dissolve therein pure Hony three ounces, of this inject with a Womb Syringe, two, three or four times a day, besides all those inward Medicines to cleans the Womb and strengthen the Parts.

CHAP.

CHAP. LI.

Of Barrenſs in Women.

I. *An approv'd Electuary to procure and forward Conception.*

TAke of ſyrup of Motherwort, Mugwort of each half an ounce, Spirit of Clary two drams, Roots of Engliſh Snakeweed in fine pouder one dram, Purſlainſeed, Nettleſeed, Rocketſeed all in ſubtil pouder of each two drams, Candied Nutmegs, Eringoroots, Satirionroots, preſerv'd Dates, Piſtaches, Conſerve of Succory of each three drams, pound all theſe in a Stone Mortar to a perfect Electuary, then put it up into Gallypots and keep it for uſe; the Doſe is as much as a large Nutmeg in a glaſs of white Wine in the Morning faſting, and at four in the Afternoon, and as much at Night going to bed, and in the taking it be ſure you do no violent exerciſe.

II. *Dr.* Scoder's *Cordial drink to Cleans and ſtrengthen the Womb, and procure Conception.*

Take Baulm, Penny Royal, Maidenhair, Sage, Calaminth, Mugwort of each half a handful, Camelſhay half a dram, Marygolds, Wallflowers of each two Pugils, Nutmegs, Mace, Cubebs,

Cubebs, Cardemoms, grains of Paradice, Zedoary of each one dram, being cut and bruis'd, infuse them in two quarts of Canary wine in a bottle close stopt for some days, then strain it and sweeten it with syrup of Mugwort, or syrup of green preserv'd Ginger, drink thereof three times a day a glass at a time. This I have known experienc'd.

III. *A Cordial water call'd* Aqua Prolifica, *or the Water making Fruitful. Dr.* Bate.

Take seeds of Angelica hul'd a pound and half, sweet Fennelseeds, Liquorice of each four ounces, Raisons ston'd one pound, leaves of Mugwort, Baulm of each four handfuls, *Carduus Ben.* Penneroyal of each two handfuls, seed of *Amomum* four ounces, Wine and Milk of each three quarts, mix them and distil them according to Art, either in Balneo or in a Rose still; the Dose is four ounces with Tincture of Juniper berries one dram, syrup of the Juice of Sage two spoonfuls Morning and Night; but before you take this Cordial water, you must take first two scruples of the pouder of the seeds of Hartwort, or Bastard-Lovage mixt with Sugar of Roses. 'Tis given to cure Barrenness in Women, and make fruitful. It sweetens the Blood, and destroys the Scorbutick accidities which hinders the breeding of good seed, and being given after the exhibition of the two scruples, of Hartwortseeds, it is said to provoke the Terms, and effectually cleanse the Womb of its im-

impurities, which hinder Generation. Sometimes it is profitably given againſt Hyſtorick fits.

IV. *A Gelly of Harts-horn for the ſame.*

Take raſpings of Harts-horn ſix ounces, fair Water three quarts, boil with a gentle Fire in a cloſe Veſſel for three or four hours, that the Raſpings may be come Gelly: Strain it and add Juice of Lemons one ounce, Loaf-Sugar two ounces. It is reſtorative in a Conſumption, and of ſingular uſe in all other weakneſs of the Body, *&c.* Dr. *Bate.*

CHAP. LIII.

I. *An Experienc'd Medicine to prevent Abortion or Miſcarriage by Sir* Theodore Mayern.

TAke a quart of Claret Wine, red Roſe-water four ounces, Galingal-roots bruis'd four ounces, three Nutmegs ſlic'd, Cinnamon bruiſed one ounce, two Cloves bruis'd, and a branch of Roſemary; make of all a cloſe and warm infuſion for twelve hours; then ſweeten it to your taſt with Loaf Sugar or Syrup of Sage; and three or four ſpoonfuls of it warm twice or thrice a day. It is an approv'd thing.

II. *A Cordial Water to preſerve and nouriſh the Child in the Womb, and prevent Miſcarriage, Dr.* Bate.

Take freſh Eringo-roots one pound, Dates half a pound, ſweet Almonds blanch'd four ounces, pound them in a Stone-Mortar and bring them into a pulp; then add Nutmegs three ounces, Mace half an ounce, Barly and Cinnamon-water one pint and half, Sack and Baulm-water of each a quart; mix and diſtil them. The Doſe is two ounces twice a day with Pearled Sugar, having firſt taken an Electuary made of Conſerve of red Roſes, Clove-Gilloflowers, preſerv'd Nutmegs, pouder of Ivory and Pearl. This Medicine dayly taken nouriſhes the Child in the Womb, and prevents Miſcarriage where it is fear'd, as alſo in ſuch as are ſubject to it. If you Diſtil it in Balneo you may draw it off to dryneſs, otherwiſe you muſt add Water to prevent burning.

III. *An other for the ſame.*

Take a ſprig of Roſemary and Baulm, a few Cloves and a little Nutmeg, being cut and bruis'd put them in a pint of Claret Wine and burnt it; then beat the yolks of three new laid Eggs, brew them with the Wine; then take the Cock threadles of ſix Eggs, and the white of one, beat them very well to a Liquor; let

let it ſettle, take off the froth, and mix the clear Liquor with the Wine, and brew all well together; then ſweeten it with double refin'd Sugar, drink of this four ſpoonfuls whenſoever ſhe begins to feel any pain in her Back or Belly.

IV. *An other for the ſame, much uſed in France and held as a preſent Remedy.*

Take a penny worth of Stiching Silk of a red crimſon colour, double the Threads as often and as ſhort as you can, then clip it as ſhort as you can with Scisars; mix this with a new laid Egg boil'd ſo ſoft that the white of it be but curdled, let the Woman take this. This they hold as a preſent and infaillible Remedy in France, which I have often ſeen uſed with good ſucceſs. *Hartman.*

V. *A Cordial-Water of Clary compound for the ſame by Dr.* Bate.

Take Leaves of freſh Clary bruis'd twelve handfuls, Spirit of Wine or Brandy two pints, diſtil it in Balneo Mariæ to dryneſs: To the diſtil'd Water put freſh Clary ten handfuls, Flowers of white Archangels ſix handfuls, and diſtil a ſecond time; repeat the Diſtillation with freſh Herbs and Flowers a third time, adding alſo Nutmegs one ounce; Receive the Liquor in a Glaſs the third time upon double

refin'd Sugar six ounces, Amber-greece three grains ty'd in a Rag and hung in the Glass. It is of great use (among young and tender Women) to prevent Miscarriage; It also stops the Whites. You must distil it in a Body of Tin, or of Copper Tinn'd within, as you have describ'd in the Copper Plate, for Glass is apt to break, and you must digest it four and twenty hours before distillation. Dr. *Salmon* says, that if you put to every quart of the Water *Catechu* in fine pouder two ounces, and so make a Tincture, it will be ten times stronger to all the purposes afore mention'd, and will also stop the most violent Flux of the Terms. The Dose is one or two spoonfuls at Night.

VI. *A Drink to strenthen the Child in the Womb, and prevent Miscarriage, by Dr.* Bate.

Take Raspings of Lignum Cotoneum one pound, white Sanders, Ivory of each four ounces, Oak-moss two ounces, Roots of Tormentil an ounce and half, Bistort one ounce, Nutmegs, Coriander-seeds of each six drams, Raisins slic'd a pound and half, mix them and hang them in six Gallons of new Ale. Let it be drank as ordinary drink; It prevents Abortion, strengthens the weak Fœtus, and confirms the Ligaments of the Womb.

VII.

VII. *An Emplaſter for the ſame, of the ſame Author.*

Take red Lead a pound and half, Oyl two pounds, white Soap ſhread ſmall four ounces, Wax two ounces; boil them together according to Art. It prevents Abortion, being timely apply'd to the Back and Navil, and kept continually on, Spread it on Leather, and apply it, renew it again when it will ſtick no longer. It is call'd the cleanſing Emplaſter, it cleanſes and reſolves, eaſes the pain of the Back and Joints, diſſipates contuſions; It is a ſpecifick to eaſe the pain of the Gout.

VIII. *A Remedy to prevent Miſcarriage, preſcribed by an Eminent Phyſician for an Honourable Lady.*

Bleed from the Arm three or four ounces, then take the following Pouder.

Take Roots of Tormentil, red Sanders, Kermes Berries, Nutmeg, Pearl prepar'd, red and white Coral prepar'd of each one ſcruple, Cloves ten grains, Leaves of Gold two, Pearl'd Sugar two drams, make a ſubtil Pouder: The Doſe is one ſcruple in a poch'd Egg, or with a little Broth, or other Supping, once every day during the pains, either in the Morning or at Night.

For outward means uſe the following Emplaſter.

Take Galangal one ounce, Bole Armenick, Dragrons-blood, Seal'd Earth of each half a dram, Maſtick, Myrrh of each one dram, Cyprus-Nuts half an ounce, Juice of Mugwort, Venice-Turpentine of each a ſufficient quantity, mix them exactly; to which may be further add'd red Sanders in fine Pouder half an ounce, Wax ſufficient to make an Emplaſter, of which ſpread on Leather and lay to the Back. Theſe being obſerv'd Miſcarriage was prevent'd.

A Married Gentlewoman in *Graveſend* was wont to Miſcarry every year for three years together about ten or twelve weeks after Conception; her Husband came to me requiring my council, ſhe having then been great with Child about ſeven or eight weeks; I adviſ'd her to take the aforeſaid Pouder every day in a rare or poch'd Egg, alſo to wear the following Emplaſter.

Take pure Labdanum one ounce and half, Galls, Oak-Moſs, Bole Armenick, Cyprus-Nuts, Terra Sigilata, Mirtils, red Roſes, Dragons-blood, Pomgranat-flowers of each half an ounce, Ship Pitch two ounces, Turpentine ſix ounces, or ſo much as ſuffices, make an Emplaſter, the Ingredients being all reduc'd to a fine Pouder, melt the Pith in a Pipkin, then add the Turpentine, and then the Pouders, and ſtir them well together. Of this was ſpread upon Leather, and appli'd to the Loyns, *Os*

Sacrum

Sacrum and the bottom of the Belly. This She uſed all her time, and after brought forth a luſty hearty Daughter, and after that more. *Hartman.*

CHAP. LIV.

Of Rules and Signs of Conception.

Authors have left many Ways for Women to know whether they be great with Child or not, which proves true indeed in many Women, but not in all.

1. A Coldneſs of the outward parts of the Body after Conception.

2. The Belly groweth very flat firſt of All, becauſe the Womb cloſeth it ſelf together, to nouriſh and cheriſh the Seed.

3. The Breaſts begin to ſwell and grow hard, not with out Pain and Soreneſs.

4. The tops of the Nipples look redder than formerly.

5. Wringing or Griping pains like Cramps, happen in the Belly about the Navil.

6. Loſs of Appetit to Meat, and Illneſs after Meat, and Weakneſs of the Stomach.

7. The Veins of the Breaſts are more clearly ſeen than they were wont to be.

8. It is a good Sign when the Veins in the

Eyes are clearly seen, and the Eyes seem something discolour'd.

9. Divers longings and Appetites are ingender'd.

The following Signs Mr. Culppeper *says he hath known to be true and never to fail.*

10. Put the Urin of the Woman in a Glass, and stop it, and let it stand three days; and then strain it thrô a fine Linnen Cloth, if you find small living Creatures in the Cloth, she is most assur'dly conceiv'd with Child.

11. Take a green Nettle top, put it into her Urin, stop it close, and let it stand all Night, the next Morning take it out, and if it is full of red spots, she is with Child; if not the Nettle will be blackish.

To know whether a Woman bareth a Male or a Female. Authors give these two Signs of Conception of Males.

1. The Woman when she raises up from a Chair or the like, doth sooner stay her self upon her right hand than on the left.

2. The Belly lieth rounder and higher then when it is a Female.

3. The Child is first felt on the right Side, because (according to *Hypocrates*) the Male Children lie on the right Side of the Womb.

4. She breeds Boys easier and with less trouble

trouble and pain than Girls, and carries her Burthen not ſo heavily, but is more nimble in moving.

5. The right Breaſt is more plump and hard than the left, and the right Nipple redder.

6. Her Complexion is more clear and not ſo dull and ſwarty, as when ſhe beareth a Girl.

7. Let a drop of Milk fall into a Baſin of fair Water, if it ſincks to the bottom, ſhe bears a Girl; but if it ſwins and ſpreads a broad it is a Boy.

CHAP. LV.

Of Remedies to cauſe a good and ſafe Delivery in Travail, or Child-baring.

I. *Sir* K. Digby's *Labour Pouder to facilitate the Birth, which he uſually gave with good ſucceſs, and which was ſent for far and near.*

TAke a dram of the fineſt Myrrh in fine Pouder, and give it in a little burnt Claret.

II. *A Specifick and much experiment'd Pouder for the ſame, by* Dr. N.

Take Caſſia Lignea, Caſtoreum of the beſt, Engliſh

Engliſh Saffron, Troches of Myrrh, Borax of each ten grains, make it into a ſubtil pouder, and give it for one Doſe.

III. *Another for the ſame.*

Take Roots of round Birth-wort, Borax, Saffron, Caſtoreum, Caſſia Lignea of each half a dram, make them into a fine pouder, and divide it into two parts for two Doſes; give one Doſe when the pains are upon her, and the other two hours after, in a little Cordial Julep.

CHAP. LVI.

Of Remedies for Women Lying in.

I. *An infallible Remedy, much experiment'd to bring away the after Burthen, or a Dead Child, or any Foulneſs, as alſo to Cure the after Throws, and Gripings after a VVoman is Deliver'd.*

TAke the inward wrinckled skins of Gizards of Hens that are laying of Eggs, wipe them clean, and lay them by to dry, when you have need to uſe them, beat them to fine Pouder, of which give one dram for a Doſe in a little warm white Wine, or Cordial Julep: You will ſee the effects of it in a ſhort time, if it

it be needful you may repeat the Doſe once or twice the ſame day. Sir *K. Digby.*

II. *Another Remedy after Labour, to take away the Pains and Pangs, which many times attend Women newly deliver'd.*

Let her drink a draught of Beer boil'd with a ſpoonful of Camomil-flowers, and in great pains let her take ſix ounces of Oyl of ſweet Almonds newly drawn. Of the Loches or Child bed Purgations ſee in the Miſcellanea.

III. *An Excellent Cerecloth to be laid upon the Breaſts after Child-bearing.*

Take Oyl of Roſes ſix ounces, Perwincle bruis'd three ounces, Juice of Mint and leſſer Sage of each one ounce and half, boil them over a ſoft fire till the juice be conſum'd, then ſtrain and preſs them out; Into the ſtrain'd Oyl put Wax cut ſmall three ounces; when 'tis half cold, add half an ounce of choice Maſtick finely pouder'd, ſtir them well together, and then dip the Cloths in it. This Cerecloth is very proper to prevent the Breaſts from growing big after Child-bearing; as alſo to change the courſe of the Milk and to turn it downwards. The Cerecloth muſt be laid hot upon the Breaſts, and wrapt up with warm Cloths, and be continually apply'd till the Milk be gone. To in creaſe Milk ſee the Miſcellanea.

IV.

IV. *Another Remedy presently made to dry up the Milk in Womens Breasts.*

Take Aqua Vitæ and sweet Butter, melt them and beat them well together, and anoint the Breasts therewith, laying a brown Paper upon them, and as often as the Paper dries anoint again, till the Milk be dry'd up. This is also good to keep the Ague out of the Breasts.

V. *An often try'd Remedy for an Ague in a Womans Breast.*

Take the leaves of Hemlock, stamp them and fry them in unsalt'd Butter, and as hot as can be endur'd lay it to the Breasts, and lay a piece of Flannel warm over it. This is good also for any swelling in any other part.

VI. *An admirable Pultice that hath Cur'd many VVomen of Hard and Sore Breasts.*

Take Turneps, and boil in Water till they be soft; then squeese out the Water from them, and stamp them to a Mash, and mingle with them some fresh Butter unsalt'd, and apply this warm to the Breasts upon a thick Cloth very large, change Morning and Night. In three days it hath perfectly cur'd, thô before the pain and hardness hath been very great.

VII.

VII. *An Approv'd Remedy for Aches and Soreness in VVomens Breast, or in any part of the Body.*

Cause a Dier to dye you some thick spungy Flannel, of the blew colour call'd *Coventry-blew*, when 'tis dry dye it again, dye it thus five times; at last the dye will be so deep, that it will look almost black; lay of it on a good deal beyond the pain'd part on all sides, keep it thus continually cover'd and warm with it.

VIII. *A hard and painful Swelling in a VVomans Breast Suppurat'd and Cur'd.*

Mrs. *Millbanck* giving Suck had a hard, red and painful Swelling, seal'd in the upper part of her Breast: I laid on it the following Emplaster of Dr. *Bate*. Take Sperma Ceti one ounce, white Wax two ounces, Galbanum prepar'd with Vineger half an ounce, Oyl of Elder so much as suffices, mix them and make an Emplaster, of which spread upon Cloth, and lay it on a good deal beyond the pain'd part; then lay all over the Emplaster a Bag fill'd and quilt'd with Rye meal, warm it upon a warming Pan, and lay it on as hot as can bee endur'd. In a short time the Swelling was suppurat'd, and open'd it self of its own accord, and much Pus flowed thence; Then it was dressed twice a day withthat excellent wound

wound Balſam of *Arcæus*; The Emplaſter and the Bag of Rye-meal was continu'd to mollify the reſt of the hardneſs, and ſo this Swelling was heal'd within the ſpace of a few days: Contrary to the vulgar cuſtum I did not uſe Tents in this caſe, for the reaſon which a learn'd Author gives in the following obſervations. *Hartman.*

The aforeſaid Emplaſter is not only good againſt any hard Swelling in Womens Breaſts, occaſion'd thrô a Blow, Cold taken, or Milk-curdled therein; but being apply'd to a white Swelling in the Knee, call'd an Oedema, it diſcuſſes or diſſolves it, eaſes the pain thereof, and ſtrengthens it, and indeed is good againſt any hard ſwelling in any part of the Body ſoever. The Balſam of *Arcæus* will be ſet down amongſt other Balſams.

IX. *Another Swelling in the Breaſt ſuppurat'd and cur'd by a Famous Author.*

A Woman giving Suck, had been Ill for ſome days of a hard, red and painful Swelling, ſeat'd in the upper part of the Breaſt: The Author laid on it the Emplaſter of *Paracelſus*, and the Bag of Rye-meal (as in the obſervation aforegoing) by which the Swelling in a ſhort time was ſuppurat'd, and open'd it ſelf of its own accord, and much Laudable Pus flow'd thence for ſome time: In the mean while the Author laid on the apperture the Balſam

Balsam of *Arcæus*, and continu'd the Emplaster with the Bag of Rye-meal to mollify the rest of the hardness, and so this Swelling was heal'd with in a few days: Contrary to the vulgar custum he did not use Pledgets or Tents in this Case, because he says in many Cases like this they do more hurt than good, for they are wont to offend the bottom of the Ulcer by pricking it, and to render the edges of it Callous, and in the mean while they do no good, because the Pus is often found to pass off well enough without their help.

X. *A desparate Swelling in the Breast suppurat'd and Cur'd.*

Mrs. *Jupony* being great with Child, had been Ill for some days of desparate hard, red and painful Swelling in her right Breast, caus'd by a Blow, a Chyrurgeon being sent for, demanded five pounds in hand, and five pounds after the Cure, saying there would be work for Chirurgeons; Her Mother Mrs. *Nickols*, not being able to give him ten shillings, much less ten pounds, brought her Daughter to me to see her sore Breast: I presently apply'd the Emplaster of Paracelsus, and over that the hot Bag with Rye-meal, in a few days the Swelling was suppurat'd, and open'd it self of its own accord with a large Orifice, and much Laudable Pus flowed thence; To the apperture I apply'd twice a day the Balsam of *Arcæus*, and con-

continu'd the Emplaſter and the hot Bag with Rye-meal to mollify the reſt of the hardneſs, and with in the ſpace of leſs than three weeks, this Breaſt was heal'd and as well as the other, and ſo continueth to this day. *Hartman.*

By the ſame methode I Cured alſo Mrs. *Wyburn*, at *Shadwell-Dock* in *Wappin*, of a hard, red and painful Swelling in her Breaſt cauſed by Milk-curdl'd.

XI. *A Cancered Breaſt Cur'd.*

Sir *K. Digby* relates that Mr. *Breſſieus*, a Chirurgeon in *Paris*, apply'd to Mrs. *Brents* Cancered Breaſt when it begun to break the following Pultice. Take an old mellow Pippin, cut off a cap at the top of it, and then take out the Core leaving the ſides of the Apple whole, that the melt'd Greaſe may not get out; Fill the whole with Hogs-greaſe, then cover it with the cap, and ſet the Apple to roſt, when it is well roſt'd to pap, take it and pare off all the paring, and break and mingle perfectly all the pap, that it may ſpread well, and be a uniform pulp; ſpread it thick upon Linnen, and lay it warm upon the Sore, putting a Bladder over it. It is to be chang'd every twelve or four and twenty hours, according as it groweth dry. It is an excellent Pultice to take away cool and diſſolve any Swelling and hardneſs if it be diſſolvable; and if not to make it break and ſeparate with eaſe, and without ſharpneſs.

XII.

XII. *A bleeding Nipple cur'd in a Woman that gave Suck.*

Take Gum Arabick, cut it in thin slices, then dry it and pouder it, of this powder she put upon her Nipple with her finger, being first moisten'd with her own Spittle; and so the day following she was holy freed from this Evil, and continu'd well. There are often seen in Nipples Fissures or Clefts which mightily torture Women that give suck, and are difficultly cur'd, because the Nipples by reason of the sucking Infants, get little or no rest. Now a famous Author says he has often cur'd these Fissures in a short time by gently touching them Every day with a Feather dipt in oyl of Myrrh. Either the distil'd Oyl or that which is made *per deliquium* in the whites of Eggs boild'd hard, either of them will do. That *per deliquium* will be set down in the Chapter of the Cosmeticks for the Face and Skin.

XIII. *An Ointment against Fissures, Clifts or Chaps. Dr.* Bate.

Take Myrrh, Ginger, Litharge of Silver of each an ounce, Hony four ounces, Wax two ounces, oyl of Roses six ounces, mix them according to Art. For the Rich you may add oyl of Rhodium twelve drops, leaves of Gold ten. Otherwise thus; Take fine Bole, Myrrh,

white Lead of each two drams, Ducks greece what ſuffices, mix and make an Ointment; It cures quickly.

XIV. *Another of Dr.* Salmon *which he ſays is better.*

Take Beef ſuit three ounces, Wax one ounce, Strasburk Turpentine half an ounce, oyl of bitter Almonds what ſuffices to bring into the Body of an Ointment being melted together. Anoint herewith Morning and Evening at bed time, and in a few days the Fiſſuries or Chaps will be well.

CHAP. LVII.

Of Diſeaſes Incident to Children.

1. *An Excellent Remedy that has cur'd many Children of Convulſive Fits.*

TAke two or three drops of (Chymical) oyl of Roſemary, and put it into half an ounce of Sack in an ounce Vial, ſtop the Vial, and let it be well ſhak'd to make a whitiſh mixture of the Liquor juſt before you give it; or elſe in a half pint Bottle or Vial, put four ounces of Sack, or of the Antipileptick water of *Langius*, and drop into it fourty drops of the ſaid Oyl; and

and when ever you are to give the Medicine ſhake the Vial well ſtopt, and preſently give of the whitiſh mixture a Childs little ſpoonful. If you give this to an Infant newly born it will prevent Convulſive fits in the ſame afterwards, tho former Children Born of the ſame Parents have been found obnoxious to Convulſions. Some pour into the Mouth of an Infant newly Born, ſo ſoon as it begins to breath ſome drops of pure Hony. Others oyl of ſweet Almonds freſh drawn; ſome a drop of oyl of Amber, or half a ſpoonful of Antiepileptick water.

II. Take water of black Cherries and Rue of each an ounce and half, the Antiepileptick water of *Langius* an ounce, ſyrup of Coral ſix drams, Pearl prepared fifteen grain, mix them in a Vial, and give a ſpoonful of it twice a day, beſides the things before mention'd which are given to the Infant newly Born which truly ſeem to be of ſome moment. *Dr. VVillis.* Let the Temples and Neck be gently rub'd with this following. Take oyl of Nutmegs by expreſſion two drams, *Oleum Capivij* three drams, oyl of Amber a ſcruple mix them. Take of the Roots and Seeds of the greater Piony, with a little addition of Elkſhoof, make a Necklace, and hang it about the Neck.

Untzerus greatly commends the Gall of a ſucking Whelp, *viz.* that all the juice of the Gall-blalder be taken forth and given to the Child with a little water of Limetree flowers.

A learned Phyſician ſays that he has known

many cur'd with this Remedy: Moreover ſome after the Gall is drank, are wont alſo to give to great Children to eat the Liver roſted.

III. Take black Cherry water three ounces, Antiepileptick water of *Langius* corrected an ounce, Sugar of Pearl two drams, mix them and make a Julep.

IV. Take freſh roots of Male Piony four ounces, bruiſe them in a ſtone Mortar, then pour to them Canary a pint, preſs it out ſtrongly, add Pearl'd Sugar half an ounce, keep it in a Glaſs cloſe ſtopt; the Doſe is a ſpoonful or two twice a day. Dr. *Willis.*

V. For the Epilepſy in Children after a looſneſs, *Diaſcordium* as much as a Pepper-Corn, diſſolv'd in Saxiafrage water, or the Mothers Milk, and given, is a very excellent Remedy. Dr. *Sydenham.*

VI. *A Corrected Antiepileptick water of* Langius.

Take Shavings or Raſpings of Man's Scul, Miſſetoe of the Oak, roots of Piony and white Dittany of each two ounces, freſh flowers of Lillies of the Vally two handfuls, Lavender, Roſemary and Limetree of each three handfuls, Cinnamon ſix drams, Nutmegs half an ounce, Cloves, Mace and Cubebs of each two drams, being all bruis'd put them in a Matraſs, and pour to them four quarts of Malmſey, ſtop it cloſs and let them Digeſt in a genle heat of Sand; then pour it into a Cucurbite and diſtil it in Balneo. This

This Anti Epileptick water of *Langius*, (ſo often nam'd and preſcrib'd in other Authors) has been long inrequeſt, but it will be much better adding the Shavings of Human Scull, and prepating it as is here preſcrib'd. It is given in Epileptick paſſions from two drams to an ounce. It may be us'd alſo as well for the prevention, as in the cure of this diſtemper. It prevails alſo againſt all cold Diſeaſes of the Head and Brain. It has been corrected by a learn'd and judicious Phyſician.

VII. *An excellent and experienc'd Remedy for Convulſion Fits and Falling Sickneſs.*

Take Piony roots, freſh dig'd, ſcrape them with a Knife, and apply it to the Soles of the Feet.

CHAP. LVIII.

I. *An excellent Infuſion for the VVorms.*

TAke Rubarb the beſt one dram, Sena the beſt four ſcruples, ſeeds of Santon. one dram and half, Coriander, Aniſeeds of each one ſcruple, Cream of Tartar one ſcruple, blew Currans three drams, mix and make a cloſe and warm Infuſion in white Wine half a pint for an hour, then ſtrain it to the ſtrain'd Liquor,

add Manua one ounce, ſyrup of Buckthorn berries two drams, Spirit of Carraway one ſcruple. The Doſe is four ſpoonfuls every other Morning.

II. *An excellent VVorm Powder.*

Take Mercurius Dulcis well prepar'd fifteen grains, Roſin of Jalap ſix grains, pouder of Rubarb eight grains, with ſyrup of Succory and Rubarb what ſuffices make a Bolus, to be taken upon a Knives point, drinking after it a draught of warm Ale in the Morning with Governance. You may proportion the quantity of the ingredients according to the Age and ſtrength of the Patient.

To a Child miſerably troubl'd with Convulſions ſo that he ſeem'd even a dying, I gave a Doſe of *Mercurius Dulcis* with Roſin of Jalap, which gave him four ſtools, he voided twelve Worms, and preſently grew well. Dr. *Willis.*

The learned Dr. *Riverius* his Infalliable Remedy againſt the Worms is thus:

Take Calomelanos eight grains, Scammony ſix grains, grind them to a ſubtil pouder, and give it in a Morning in a ſpoonful of Milk. This he ſays has cur'd when all other Remedies have fail'd.

III. *A great ſecret to Deſtroy VVorms in the Body of Man.*

Take Mouſedunk from three grains to ſeven, pouder

pouder it and give it in a little warm Milk for the Maw worms; But for thoſe Worms call'd Aſcarides, which are little ſlender ſhort Worms breeding in the Guts, eſpecially near the Arſs-gut, you muſt give it in a Cliſter, one dram of the Dung in pouder boil'd in a point of Milk, and put in a little Cliſter Sugar. The Author ſays it hath perform'd the cure when all other Remedies have fail'd, and commonly in three, four or five times: It hath brought them away in large quantities and Numbers.

IV. *A water killing VVorms.*

Take Crud Mercury well cleans'd one ounce, Water of Graſs and Purſlane of each four ounces, put them in a Bottle and ſhake them well together for an hour the bottle cloſe ſtopt, then pour it into a pipkin Glaz'd and boil it for two or three hours. It is an effectual Remedy, againſt the Wormbs of all ſorts, and may be given with all the ſafety Imaginable. It is much us'd now a days, and ſome boil it only in Rain water, and ſome in River water.

V. *An Emplaſter for the VVorms.*

Take Aloes in pouder one ounce, Colocynthis, Myrrh of each three dram, Savin, Rue, Wormwood, Tanſy, Walnut tree Leaves, Briony Roots of each two drams, Wax, Roſin, mix them and make an Emplaſter which ap-

add Manua one ounce, syrup of Buckthorn berries two drams, Spirit of Carraway one scruple. The Dose is four spoonfuls every other Morning.

II. *An excellent VVorm Powder.*

Take Mercurius Dulcis well prepar'd fifteen grains, Rosin of Jalap six grains, pouder of Rubarb eight grains, with syrup of Succory and Rubarb what suffices make a Bolus, to be taken upon a Knives point, drinking after it a draught of warm Ale in the Morning with Governance. You may proportion the quantity of the ingredients according to the Age and strength of the Patient.

To a Child miserably troubl'd with Convulsions so that he seem'd even a dying, I gave a Dose of *Mercurius Dulcis* with Rosin of Jalap, which gave him four stools, he voided twelve Worms, and presently grew well. Dr. *Willis.*

The learned Dr. *Riverius* his Infalliable Remedy against the Worms is thus:

Take Calomelanos eight grains, Scammony six grains, grind them to a subtil pouder, and give it in a Morning in a spoonful of Milk. This he says has cur'd when all other Remedies have fail'd.

III. *A great secret to Destroy VVorms in the Body of Man.*

Take Mousedunk from three grains to seven, pouder

pouder it and give it in a little warm Milk for the Maw worms; But for thoſe Worms call'd Aſcarides, which are little ſlender ſhort Worms breeding in the Guts, eſpecially near the Arſs-gut, you muſt give it in a Cliſter, one dram of the Dung in pouder boil'd in a point of Milk, and put in a little Cliſter Sugar. The Author ſays it hath perform'd the cure when all other Remedies have fail'd, and commonly in three, four or five times: It hath brought them away in large quantities and Numbers.

IV. *A water killing VVorms.*

Take Crud Mercury well cleans'd one ounce, Water of Graſs and Purſlane of each four ounces,; put them in a Bottle and ſhake them well together for an hour the bottle cloſe ſtopt, then pour it into a pipkin Glaz'd and boil it for two or three hours. It is an effectual Remedy, againſt the Wormbs of all ſorts, and may be given with all the ſafety Imaginable. It is much us'd now a days, and ſome boil it only in Rain water, and ſome in River water.

V. *An Emplaſter for the VVorms.*

Take Aloes in pouder one ounce, Colocynthis, Myrrh of each three dram, Savin, Rue, Wormwood, Tanſy, Walnut tree Leaves, Briony Roots of each two drams, Wax, Roſin, mix them and make an Emplaſter which ap-

ply to tho Navil, being ſpread upon Leather; It is good for Children that will not take any thing inwardly. But before you apply it bathe the Belly well with this mixture. Take of a ſtrong Decoction of Colocynthis four ounces, Ox Gall an ounce and half, mix them and therein diſſolve Aloes in pouder two drams, add Brandy one ounce.

CHAP. LIX.

I. *An experimented Remedy for the Rickets.*

TAke Roots of Smallage, Parſly, Fennel and Angelica Roots, ſlice them and boil them in diſtil'd water of Angelica, unſet Hyſop and Coltsfoot of each one part till they are tender, then ſtrain it, and boil it up to a ſyrup with white Hony. Then take a ſtick of Liquorice ſcrape it and bruiſe one end of it, and give the Child with it of the ſyrup one ſpoonful in the Morning, at four in the Afternoon and at Night.

II. *A Bath for the Rickets, Livergrown, or Obſtructions of the Liver in a Child.*

Take a Sheepſhead with the Wool on it, clave it in the middle, and boil it till it be tender, that the bones ſlip clean out of the fleſh, boil-

boiling with it Smallage, Camomil, Primroſe leaves and Hyſop of each four handfuls; then bathe the Child all over with this Broth, as hot as can be endur'd twice a day; then maſh the Herbs with the Fleſh, and bind it on warm to the joints that are weak.

III. *Another try'd remedy for the Rickets.*

Take a quart of new Milk, boil it with a handful of Sanicle, ſhred ſmall, till a pint be boil'd away, let the Child drink of it warm in the Morning faſting, and let it neither eat or drink till an hour after it; and at Night boil a handful of red Mint in a quart of Milk, and let the Child eat it laſt at Night. Continue this for a Month.

IV. *An approv'd Ointment for the ſame.*

Take Sanâcle, red Mints, of each two handfuls, chop them ſmall and ſtamp them, then boil them in a pound of freſh Butter not ſalted; then preſs it out, and anoint the Childs breaſt, Arms and Gullet bones with it warm before a Fire.

V. *A remedy to cure and prevent the Rickets.*

Take Dandelion, the inner bark of Aſh of each half a handful, chop them as ſmall as you can, then put them in a Glaſs bottle, and pour upon

upon it a quart of ſmall Beer and Ale, ſhake it well, and let the Child drink of this; keep one bottle under another. Which a Lady of quality told me ſhe had prevented the Rickets in all her Children.

VI. *Dr.* Sydenhams *remedy for the Rickets.*

Take common Wormwood, leſſer Centory, White Horehound, Germander, Scordium, Calamins, Feverfew, Saxifrage, St. Johns wort, Golden Rod, wild Thime, Mint, Sage, Rue, *Cardus Benedictus*, Pennyroyal, Southernwood, Camomil, Tanſy and Lilies of the Vally, all freſh gather'd an cut ſmall of each one handful; Hogs Lard four pounds, Sheeps Tallow two pounds, Claret wine a quart; let them ſtand twelve hours ſoaking on hot Aſhes, in a Earthen Pipkin; then boil away the moiſture, and afterwards ſtrain them for a Liniment, with which anoint the Belly, and under the ſhort Ribs, and alſo the Limbs or Joints, every Morning and Evening, for five or ſix days until the Child recover.

VII. *Another of Dr.* Salmon *which he ſays is very much better.*

Take oyl of Ben. or Neatsfoot oyl eight ounces, chymical oyls of Roſemary, Sage, Lavender, Lemons, Mint, Pennyroyal, Sarſafraſs, and Camomil of each four ſcruples, mix them, with

with which anoint all the Joints, the Back, Ribs, Stomach, and under the ſhort Ribs and the Belly, Morning and Evening for ſome conſiderable time.

Dr. *Sydenham* orders the afore preſcrib'd Ingredients two hanfuls of each, to be cut ſmall, and infus'd cold in four Gallons of Ale, or ordinary drink.

VII. *A Decoction for the Rickets in Children. Dr.* Bate.

Take Roots of Polipody of the Oak, Smallage, Fennel of each an ounce, Liquorice, Aniſeeds of each half an ounce, Hartſtongue, Maidenhair, Dodder, Bettony, Celandine, Tamarisk of each one handful, blew Currans three ounces, Barly water two quarts, boil it two one half, and ſtrain it; give two, three or four ſpoonfuls thereof at a time, twice or thrice a day, in the mean time purging once a Week with ſyrup of Succory with Rubarb.

VIII. *A Julep againſt the Rickets of the ſame Author.*

Take water of Hartſtongue diſtil'd, pour it again upon freſh Heabs, and diſtil again, then take of this Water four ounces, Confection of Alkermes one dram, ſyrup of Clove Gilloflowers two drams, Spirit of Sulphur ſix drops, leaves of Gold twelve, mix and make a pleaſing

ſing Julep; the doſe is two ſpoonfuls twice a day. The Ladies ſay it is of wonderful force.

Mr. *Boyl* greatly commends *Eus veneris*, he ſays It cur'd more than an hundred Children of the Rickets; the Doſe is from four grains to twelve in any proper Liquor.

IX. *A Pouder for the ſame.*

Take pouder of the Roots of Oſmund Royal four ounces, Sugar two ounces, mix them, ſprinkle a little thereof upon all their thin or Liquid food, ſo as they may take two or three drams of it in a day, for five or ſix Weeks together.

CHAP. LX.

Of the Fever in Children from Breeding Teeth.

I. GIve the Child two, three or four drops of Spirit of Hartſhorn, as the Age of the Child may require every four hours, in a ſpoonful or two of black Cherry water, or ſome other proper Julep, repeating it five or ſix times. Dr. *Sydenham.*

II. For the preventing the hard breeding of Teeth, the uſe of Corals were invented; that by the Conſtant rubbing of the Gums with them

them the Child might breed them with the more eaſe and ſafety.

CHAP. LXI.

Of Hectick Fever in Children. Dr. Sydenham.

I. THey pine with a ſenſible heat, and weakneſs of Appetite; the Trunk of the Body and the Limbs waſt alſo away.

II. Take two drams of Rubarb ſlic'd thin, put it into a Glaſs bottle, and pour upon it a quart of ſmall bear, ſhake it well together, and let it be for ordinary drink; and after it is drank up, put upon the ſame Rubarb another quart of Beer, and ſo a third time.

II'. But if the drink be two much impregnated with a purgative vertue, after one pint is drank up, let another be preſently added to that which remains. *Dr.* Sydenham.

A Remedy for a Child that cannot hold its water, whether Male or Female.

Take the Navel ſtring of the Child when it is ready to fall from him, dry it and pouder it, and give it the Child in two ſpoonfuls of ſmall bear in the Morning faſting.

CHAP.

CHAP. LXII.

Of the Measles.

I. *An Appozem, or drink in the Measles.*

TAke of the Pectoral Decoction a pint and half, syrup of Violets and Maidenhair of each an ounce and half, mix and make an Apozem; the dose is three or four ounces, three or four times in a day. Dr. *Sydenham.*

II. *A Linctture for the same of the same Author.*

Take of Oyl of sweet Almonds new drawn one ounce, white Sugarcandy a sufficient quantity, mix and make a Lohoch or Linctture, to be taken often with a Liquorice stick bruis'd at one end, especially when the Cough is troublesome.

III. Take of black Cherry water three ounces, syrup of Poppies one ounce, mix them for a draught which is to be taken every Night, from the beginning to the end of the distemper; the dose according to the Age of the Sick.

IV. Let the Sick keep their Bed two days after the first coming forth of the Spots.

CHAP.

CHAP LIII.

Of the Small Pox.

I. A Gentleman falling Ill of the *Small Pox* the fourth day of his Illneſs he ſeem'd mortally Ill with Vomiting and a violent Fever; a Lady warm'd him a quarter of a pint of *Sack*, and put into it a good ſpoonful of *Sallet* Oyl, and gave it him, holding an Orange to his Noſe, that he vomitted not up; the next day the Pox came out kindly, and he had no ill ſymptoms after, but ſoon recover'd. His Man catching them, and being light-headed, got out in the *Snow*, he was brought in, and had the ſame Potion given him, and tho they were ſtruck in, they came out again almoſt as black as Jet, yet with no ill ſymptoms enſuing, but became Imediately well and recover'd.

This Medecine hath been try'd many times, and always with the like good ſucceſs. The following is out of Dr. *Sydenham*'s practice.

II. He advices to give a Vomit in any of the three firſt days; then during the firſt days to let the Blood be made thin by frevent draughts of ſmall beer hop'd. Or the following Julep. Take Milk water eight ounces, choice Canary an ounce and half, Spirit of Salt Armoniac, two drams, mix it for four little draughts. Dr. *Salmon:*

III.

III. Assoon as all the Pox are broke out (which is generally on the sixth day of the Disease) let an ounce of syrup of Poppies be given at Night, which may afterwards be continu'd every Night to the tenth day after Invasion.

IV. Let the Dose be increas'd that Night (if the Pox be of the running kind) to an ounce and half, and one ounce in the Morning, and repeat it in like manner till the Sick begins to grow well.

V. If the syrup of Poppies does not agree with them, you may take Liquid Lawdanum in its place, *viz.* eighteen drops for an ounce of syrup, and twenty five for an ounce and half, you may give it in clear Posset drink

VI. In the mean time you ought to take notice, that if the resting Medecine, given twice a day be not powerful enough to lay the commotion (as it often times happens about the end of the Eruption, when the Pox runs notably together) in that case you may reiterate it every eight hours, or oftner, if need require.

VII. But when the Pox are distinct it will be enough to give a resting draught once every Night, after the full comming forth; and also in a smaller dose.

VIII. If the Urin be wholly stopt, let the Sick be taken out of his Bed, and endeavour to walk a little.

IX. If the Spitle by reason of the Heat be so tough that it cannot be spit forth, let a Gargarism be very often injected into the Throat with

with a Syringe: It may be made of small Beer, or Barly-water with Honey of Roses: Or thus,

X. Take of the bark of the Elm-tree six drams, Liquorice Roots half an ounce, twenty ston'd Raisins, red Roses two pugils, boil them in a sufficient quantity of Water to a pint and half, in which being strain'd out, dissolve Oximel simple and Honey of Roses of each two ounces, mix them for a Gargarisme.

XI. When the Pox are fully dry'd up, let the Face be anoint'd with a Liniment made of equal parts of Oyl of Sweet Almonds and Pomatum two days, and no longer. Dr. *Salmon* says the following is the best of Liniments.

Take Sacharum Saturni two drams, dissolve it in Juice of Lemons half an ounce, with which mix pure Sperma Ceti one ounce, Oyl of Ben. three ounces and a half, and keep it for use, and anoint therewith twice a day.

XII. On the thirteenth day or any other succeeding day; but not before, the Sick may be gently purg'd; as for example, let him take an ounce of Lenitive Electuary, dissolv'd in four ounces of Succory or Milk Water. Dr. *Salmon* advises to let purging alone till the end of the Disease, and then the best Purge in the World is the Salt Mirabile (of *Glauber*) which you may give from three drams to six, according to Age and strength, mixt in half a pint or a pint of fair Water, or in as much Posset drink, and so give it, with observation as in other Purges; it neither makes the Sto-

mach Sick, nor gripes, enters actually into the whole Mass of Blood and cleanses it throughly, which scarcely any other purging Medicine does besides: You may safly enough repeat it three or four times. See *Salmon* in *Sydenham*'s practice.

Hartman, The said *Sal Mirabile*, or Wonderful Salt of *Glauber*, a German Physitian and Chymist) hath bee in great esteem in *Germany* and *Holland* for many years; and is this day much us'd and estim'd in *England*; it is highly commend'd to be the best thing to give to Children for the Rickets, or in their Fever from breeding Teeth, or in their Hecktick Fevers, in which cases I usually give it with good success; as also for the Itch, Scab, or Scal'd Heads *&c.* in all which cases it is the best purge. I have it always by me ready prepar'd, and sell it for eight Shillings the Pound.

XIII. In the small Pox, Dr. *Sydenham* advises to let the Patients Food be Oat-meal and Barly-broths, boyl'd Apples and small Beer; and after the eleven day, let him drink, if he pleases, four or five spoonfuls of Sack twice a day.

XIV. If during the first days of the Distemper the Sick spits or pisses Blood, let the Powder and Mixture, prescribed in the Chapter of Spitting of Blood, be carefully exhibit'd ever sixth hour, till the Symptoms perfectly go away: in which case also large doses of Opiats or resting Medicines may be given.

CHAP.

CHAP. LXIV.

I. *A Pouder againſt Vomiting or Spitting of Blood.*

Take of Bole Armeniack one ounce, pouder of Comfry Roots two drams, Terra Sigillata, Blood-Stone and Dragons Blood of each one dram, fine white Sugar the weight of all the other things; mix them and make a fine Pouder: The Doſe is one dram in the Morning, another at five a clock in the Afternoon, and one dram at Night, drinking four ounces of the following Decoction after it.

II. Take Plantain, Bramble-leaves and yarrow of each one handful, boil them to a fit quantity of Water to a pint and a half; in the ſtraining diſſolve two ounces of Syrup of Comfry.

III. Or let him take ſix ſpoonfuls of the following Tincture. Take of red Roſes ſix drams, the inner Bark of Oak half an ounce, Plantain ſeeds a little bruis'd three drams, Spring Water one quart, Spirit of Vitriol a ſufficient quantity to give it a pleaſant ſharpneſs: Infuſe them for four hours in a cloſs Veſſel with a gentle heat: To the Straining add three ounces of Barly Cinnamon-water, and a ſufficient quantity of white Sugar to make it pleaſant to the taſt.

Dr. *Salmon* says there is no Pouder like this: Take of Catechu one Scruple, Jesuits Bark twelve grains, Henbane-seeds six grains, Opium one grain; mix for a Dose to be every day once or twice repeated, according as the urgency and necessity may require. It may be given in this Decoction; Take of the Jesuits Bark in gross pouder two ounces, Cinnamon one ounce, red Wine a quart, boil 'm close cover'd for a quarter of an hour; then strain out for four times.

IV. If the Sick cannot take the Pouders let him use the Electuary spoken of in the chapter of the Flux of the Terms.

V. Mr. *Boyl*'s Syrup of Comfry-roots for spitting of Blood, which he gave to Sir *Kenelme Digby* is thus: Take Camphire-root freshly gather'd six ounces, Plantain leaves twelve handfuls, beat all well in a Mortar, and press out the Juice strongly, and with such quantity of Sugar more or less, as you intend to keep it long or use it quickly, make Syrup of it. Take of it often in the day a spoonful or two at a time. You need not let the Juice settle to separate the grose part from it (which may be the best in this Case.)

CHAP.

CHAP. LXV.

I. *A Remedy againſt Bleeding at the Noſe or a Wound.*

TAke the juice of the Leaves of Netles a quarter of a pint at a time ſweetn'd with Sugar. It is a certain Remedy. Or take Tents with Lint, and dip them in the juice of Nettles, and put them up into the Noſtrils. Or you may burn the Blood that cometh fourth out of the Patients Noſe, and blow the aſhes up into the Noſtrils, for it is alſo of excellent uſe, Dr. *Sermon.*

II. A very deſparate and continual Bleeding at the Noſe hath often been ſtanch'd, by making the Party hold in their hand a little of the Herb Shepper's-Pouch, in Latin *Burſa Paſtoris*; wear it continually, and it will prevent Bleeding: It will ſuffices thô one wear it but in their Pocket, or to their Hot-band. Sir *Ken. Digby.*

III. To ſtanch the Blood of a Wound thô an Artery be cut; ſtrew thick upon it the Pouder of certain Balls, call'd Fur-Balls; and if you have the whole Ball, put over the Pouder ſome of the Spingy part of the Ball, and bind it on.

IV. *A ſudden and infallible cure of Bleeding, either at the Noſe or by a Bloody-Flux.*

Take two parts of the Moſs that growes on the Scull of a dead Man, pull it as ſmall as you can with your fingers, and one part of Maſtick in pouder, mingle them well together; then make them into the conſiſtance of a ſoft Plaſter with Gum Tragacanth brought into a Mucilage by ſteeping in Plantain and red Roſe-water of each a like: Of this make a Plaſter upon Linnen or Leather an Inch and half or two Inches long, and not ſo broad, to lay upon the Veins of the Fore-head, at the joyning of the Noſe and a long the Eye-browes, for Bleeding at the Noſe: But for a Bloody-Flux it muſt be as large the Palm of a hand, and round, to lay upon the Navil and round about it: This laſt muſt be apply'd warm'd a little.

V. *The true Deſcription of Sir* Ken. Digby's *Pouder of Sympathy, as it was prepar'd every Year in his Elaboratory, and as I prepare it now, which is a Specifick to ſtanch Bleeding, either at the Noſe, or of a Wound, and to cure green Wounds (where there is no fracture of Bones) without any Balſams, Oyntments or Emplaſters.*

Take good *Engliſh* Vitriol, what quantity you pleaſe, diſſolve it in warm Water, uſing no more Water than will diſſolve it, leaving ſome

ſome of the impureſt part at the bottom undiſſolv'd, then pour it of and filter it; and boil it in an Earthen Veſſel glazed, till you ſee a thin Scum upon it; then ſet it in a Cellar to cool, covering it looſly ſo that nothing may fall in: After two or three days ſtanding, pour off the Liquor, and you will find at the bottom and on the ſides large and fair green Chryſtals; drain off all the Water from them and dry them; then ſpread them, a broud in a large flat Earthen Diſh, and expoſe them to the hot Sun in the Dog-days, taking them in at Night, and ſeting them out in the Morning, ſecuring them from the Rain; and when the Sun hath calcin'd them to whiteneſs, beat them to pouder and ſift it, and ſet it in the Sun again, ſtirring it ſome times; and when you ſee it is perfectly white, pouder it and ſift it finely, and ſet it again in the Sun for a day; then put it up in a Glaſs and ſtop it cloſe. The next year when the Dog-days come, if you have any of this Pouder left, you may expoſe it to the hot Sun for a day, ſpreading it a broad. To ſtanch the Bleeding of a Wound and to heal it, take ſome of the Blood of the Wound, and put upon it ſome of the ſaid Pouder of Sympathy upon a rag, then keep onely the Wound clean with a clean Linnen about it to keep the Air out of it, and the Wound will heal without any Salve or Balſam; but beſure you put the Rag with the Pouder in a Box, or in your Pocket ſecuring it from wet.

To ſtanch Bleeding at the Noſe, put ſome of the Pouder upon ſome of the Blood; and beſides take a Poringer full of freſh-water, and put into it a ſpoonful of the ſaid pouder, ſtir it, and dip a Linnen cloth in it and bath your Noſtrils with it, and ſnuf up ſome of the water into the Noſtrils. Thus a deſperate Bleeding hath many times been ſtanch'd when all other Remedies have fail'd.

V. *The Wound Water of Sir* Ken. Digby *in Dr.* Bate's *Diſpenſatory.*

Take of the beſt and greeneſt *Engliſh* Vitriol half an ounce, pure Nitre two drams, put upon it Fountain Water ſix Gallons, ſtir it well, then let it ſtand ſtill for eight and forty hours; then with a Syphon (without troubling the ſubſiding matter) draw off the Water. The Doſe is half a pint or a pint, twice or thrice a day. It immediatl and effectually cures Wounds or Ulcers.

(Dr. *Salmon*'s comment upon it) The Niter is chiefly put in, to cauſe an exquiſite ſubſidence of the diſſolv'd matter, that the Water might be perfectly clear. It is doubtleſs an excellent thing for the curing of any Wound or Ulcer, whether inward or outward, in what part of the Body ſoever. And ſince Vitriol (in the Sympathetick Pouder) has ſuch a mighty power and force, that it is able to cure Wounds at a diſtance; yea, and at a very great diſtance;

it

it is much more reasonable being taken into the Body, that it should perform the same thing more powerfully, and with more singular advantages.

This Water drank for some Months together, is said to sweeten the whole Mass of Blood, and perfectly to Cure the Leprosy, Scurf, Morphew, and such like defedations of the Skin.

MISCELLANEA.

I. *For an Intermiting Fever, vulgarly call'd Agues.*

TAke a spoonful of good strong Mustard, mix it with a draught of hot Ale, and let the Sick drink it when ever he perceives his Fit coming upon him: Repeat it two of three times, if it cures not the first. See more in the Chapter of Fevers.

II. *Another for the same.*

Take Rue and Pennyroyal of each a handful, boil them together in a Posset made of Ale and Milk, drink a good draught thereof warm in the Morning fasting, and when you go to Bed; continue this for three days together.

III.

III. *The Counteſs of* Kent's *pouder as it was prepar'd in Sir* K. Digdby's *Elaboratory, and as I prepare it now.*

Take the black end of Crabs Claws four ounces, Crabs Eyes, Pearls and Corals prepar'd of each an ounce, yellow Amber half an ounce, Roots of Contrayerva, Virginia Snakroot of each ſix drams, Oriental Bezoar three drams, the bones that are found in the Hearts of Stags four ſcruples; reduce all into a ſubtile pouder, Sprinkle the pouders of Pearl, Coral, Crabs Claws and Crabs Eyes with a little Juice of Lemon; then the next day mix all well together adding one ounce of Tincture of Saffron, and one ounce of Troches of Vipers; grind it all well together upon a Marble ſtone with Jelly of Hhartſhorn, and Jelly of the Skins of Vipers to an impalpable pouder: Then make it up into little balls like Pegions Eggs and let them dry. This pouder is a moſt Soverain Remedy in all Peſtilential and Epidemical Diſtempers, in all Malignant, Spotted or Purple Fevers; the Small Pox and Meaſles, drives the venom from the Heart, and hinders the vapours to fly up to the Head and Brain; it is Sudorifick, and drives out by tranſpiration all bad humors, reſiſts corruption; It is Cordial, coroborates and Strengthens Nature; the Doſe is from ſix to twenty or thirty grains, and in an extreamity of the Plague one may give it from thirty to forty grains.

IV.

IV. *The Lord* Abbington's *Pouder.*

Take Pearl, Coral, Crabs Eyes, Saffron of each one dram, Nutmeg, Mace of each half a dram, *Diapenthe*; Roots of Contrayerva and Elecampane of each half an ounce, reduce them all to a ſubtile pouder, and then grind it upon a Marble ſtone with Roſewater, then let it dry, and being pouder'd again make it up into little balls with Venice Treacle, and Gelly of Hartshorn; let them dry and keep them for uſe. The Doſe and vertue is the ſame with the former.

V. *An Experimented Wound drink, which cur'd a Gentlewoman of an Ulcer in the Reins in Six Weeks ſpace.* Sir K. Digby.

Take leaves of the large Comfry, Agrimony, Mugwort of each two handfuls; *Mumia* half an ounce, Speedwell ſix handfuls, ſhred the Herbs, and Pouder the *Mumia* and boil them in a ſufficient quantity of white Wine and water in a veſſel cloſe cover'd, then pour off as much as you can of the clear, and then diſtil the remaining, and put the diſtil'd water to the clear Decoction that you pour'd off. Take of this a little glaſsful in the Morning faſting, and as much at four a clock in the Afternnoon. This cur'd alſo a Fryer, who being cut of the Stone could not be heal'd.

VI.

VI. *A drink for a burning Scab or Salt Humor experienc'd.*

Take of Lignum Vitæ half a pound, Bark of the same, Aniseed and Liquorice of each an ounce, Hony ten ounces, Violet leaves, Harts-tongue, Liverwort of each a handful, French-Barly two ounces, Raisons slic'd one pound and half, twelve Figs slic'd, cut the Herbs, and boil all in three quarts of Spring water to two quarts; then strain it, and take a draught of it in the Morning, at four in the Afternoon, and another at Night; drink it cold.

An Ointment to be us'd with this Drink.

Take white Lead, Litharg of Gold and Silver of each an ounce, reduce all into a fine pouder, and make an Ointment with Sallet Oyl and Vineger of each four ounces, grind the pouder with them by little and little in a Mortar, puting in some times Oyl and some times Vineger. It is excellen for any Tetter.

VII. *An Emulsion for Heat in the Reins and Kidneys, and sharpness of Urin.*

Take of the greater cold Seeds of each half an ounce, seeds of Lettice and white Poppies of each two drams, with Barly water one pint make an Emulsion, sweeten it with syrup of

water

water Lillies three ounces. Drink a little draught of it cold three times a day.

An Emulſion good in a Fever and the Pleureſy.

Take of the four greater cold ſeeds of each three drams, Hempſeed two drams; white Poppyſeeds one dram; beat them and make an Emulſion with Jelly of Hartſhorn and Poppy water of each half an ounce; ſweeten it with ſyrup of Corn Poppies.

IX. *An Emulſion for ſharpneſs and gnawing in the Stomach.*

Take white Poppy ſeeds two drams, French Barly beaten half an ounce, twelve blanch'd Almonds, with Bawm water and Alexitery Milſt water, make an Emulſion, to which add fine Sugar and red Roſewater of each one ounce and a half; drink of this as often as you pleaſe. Dr. *Brooks*

X. *A purging Pouder for the Sciatica.*

Take ſeeds of Dwarf-Elder, Turbith, Hermodactils, Sena, and white Tartar, of each a Dram, Cinnamon two drams, make all into a fine pouder for four Doſes to be taken for four Mornings every third day.

XI.

XI. *Excellent Pills for the Sciatica and any kind of Gout.*

Take Aloes and Hermodactils of each one dram, Diagridium half an ounce; reduce them to a fine pouder, and make it into Pills with syrup of Roses; take every third day one dram for a Fortnight together.

XII. *A most Soverain and approv'd Ointment for the Gout.*

Take the oldest Gander you can get, make him ready, and draw him, but let no water touch him: Take Sheeps Tallow, Hogs Greece, Pitch, Hony, and black Soap, Wax two ounces, a good handful of Salt, Frankensence in pouder three ounces, the Flesh of an old fat Cat, Meal or the Fower of Beans, and the Soot of a Chimny of each one handful, mix them well together, and put all into the Ganders belly, and so him up close and rost him so long till he will drip no more; then put up your Ointment and anoint the griev'd part therewith.

XIII. *An experienc'd remedy for the Ciatica and Rheumatism.*

Take Storax liquid, yellow Wax, new Pitch and Hony of each four ounces, Cinnamon, Pepper

Pepper of each one ounce, pouder them and put them in a Pipkin and let it boil but one walm, Stirring it carefully all the while; then take it from the fire, and put into it four ounces of Aloes, and one once of Oyl of Lillies; ſtirr them together to make them incorporate; then put the pot again upon hot aſhes, and ſtirr it till it be of the conſiſtence of an Ointment, of which ſpread warm upon Leather and apply it; but if your Diſeaſe be in the whole Thigh, then ſpread it upon a whole Lam's Skin.

XIV. *A Pultice to open a Impoſtume and to ripen a Boyl.*

Take the Whites of two Leeks, wrap them up in a wet Linnen Cloth, and bake them under hot Embers, ſo that they be but ſoft and no more; then pound them with a piece of Hogsgreece, ſpread this priety thick and apply it, changing it once in ſeven hours.

XV. *A try'd Remedy for a Bruiſe and Swelling.*

Take a pint of fair Water, boil in it a handful of Salt; then bathe the part ſwell'd therewith as hot as can be endur'd. With this Mr. *Stockdeal* cur'd himſelf of a great bruiſe an ſwelling upon his Foot, caus'd by a piece of brick falling upon it from the top of a Chimny.

XVI.

XVI. *Another infaliable remedy for Brueses and Swellings, to discuss the Humor and Swelling.*

Take some Tow of Flax, flat it and lay it close, then moisten it with English Brandy or Spirits, and put upon it some Hony, sprinkle some of the Bandy upon the Hony, and having bath'd the swelling with Brandy apply it.

This hath cur'd many Children of great Bruises and Swellings upon the Forehead, caus'd by falling down.

XVII. *For an Old Ach or Strain.*

Take of Lucatella's Balsam one ounce, oyl of Turpentine one dram, incorporate them very well with a gentle heat, and anoint the part affected therewith, wearing on't a piece of unwash'd Flannel besmear'd with the same Oyntment.

XVIII. *For a Recent strain or Bruise experimented by the Lord* Bacan.

Take a good handful of fresh Wormwood, cut it small, and boil it in a sufficient quantity of strong Ale to the softness of a Pultice, then take it off the Fire; Foment the place griev'd with this Lipuor with Flanel cloths as hot as can be endur'd adding some good strong English Brandy or Spirits. Or you may boil the Herb whole,

whole, and Foment with that having put the Brandy to it; then lay over it a Plaiſter made of the Emplaſter of *Paracelſus* and *Diapalma*.

XIX. Or, make a ſtrong Decoction of bitter Herbs, as Wormwood, St. John's wort, Fetherfew, Rue, Southarnwood, *&c.* in fair water; to a quart of the ſtrain'd Liquor put a quarter of a pint of Engliſh Brandy, and Foment with it as hot as can be endur'd, twice a day, laying on afterwards the ſaid defenſive ſter.

XX. *For a Burn or Scald to take out the Fire.*

Take whites of Eggs, beat them well, then mix and beat with them ſome Sallet Oyl, and the juice of an Onion. Or take freſh Cows-dung and Hogs greece of each equal parts, mix and incorporate them well together over a gentle Fire.

XXI. *An excellent Ointment for the cure of Burnes. Dr.* Charras.

Take Hogſgreece one pound, white Wine two pints, leaves of leſſer Sage, Ground Ivy, and Wall Ivy, Marjerom and bigger Houſleek of each two handfuls, boil them together over a ſoft Fire to the Conſumption of the moiſture, ſtiring it well, then ſtrain and preſs it out ſtrongly.

XXII. *Another for the ſame of the ſame Author.*

Take freſh Butter unſalted, melt it, and then take it off the Fire and put into it as much Snow as the heat of the Butter can conveniently melt; then ſcum of the Butter that ſwims above the Snow-water, add to it an ounce of white lead Pouder'd, Camphire pouder'd very little, with ſpirit of Wine one dram, mix it into an Ointment. It is highly eſteem'd for the cure of all ſorts of Burns.

XXIII. *An excellent yellow Ointment for cure of Ulcers in the Legs, Tetters, Childblains, Chaps and Clifts of the Breaſts and other parts of the body.*

Take freſh Butter ſix pounds boil it and purify it from dregs and moiſture, yellow Wax four pounds, Roſin two pounds, Venice Turpentine one pound, make an Ointment according to Art, ſomewhat ſolid to the end it may lay upon the parts. *Charras.*

XXIV. *An Ointment againſt Cancers in Womens Breaſts, Heats and Inflamations, Eriſipela's,* &c. *Dr.* Bate.

Take juice of Nightſhade, oyl of Roſes of each a pound and a quarter; boil it to the Conſumption of the Juice, then ſtrain it and add Litharge and white Lead of each one pound, mix

mix them: Anoint therewith Morning and Evening, and ſpread it upon ſaft gentle Leather and cover the whole Affect therewith. Dr. *Salmon* ſays that if Sacharum Saturny be added to it, it witll be more effectual.

XXV. *The Familiar Ointment of Dr.* Bate.

Take *May* Butter ſeven ounces, Wax, Roſin of each four ounces, Hony ten drams, wheat flower ſix drams, mix them and make an Ointment. It Warms, Moiſtens, Looſens, Diſcuſſes, Cleanſes, Smooths, Ripens and Digeſts; and is of Familier uſe for the ſpeedy curing of Fellons, *&c.* Whitloes in Fingers, Kibs and Childblains in the Feet and Toes: It alſo helps Scorbutick Ulcers in the Feet. Spreed it upon Leather, and apply it warm to the part affected, renewing twice a day till you find amendment.

XXVI. *A Green Ointment of Dr.* Charras.

Take new Butter boil'd and purify'd four pound, Roſin and Burgundy Pitch of each one pound, yellow Wax four ounces, make an Ointment, when 'tis off the Fire add two ounces of Verdigreece pouder'd ſtirring it till the Ointwent be cold. This is a wonderful Ointment to cleanſe and heal all ſorts of Wounds and Ulcers.

XXVII. *The brown Ointment of Dr.* Bate.

Take Colcothar and Flegm of Vitriol of each one ounces, Celandine Vineger an ounce and half, Flowers of Verdigreece five drams, Clarifi'd Hony three ounces, mix and make and Ointment. This is made in imitation of the brown Ointment of that Famous German Surgion *Felix Wurtz.* It is one of the best cleansers in Wounds and Ulcers, and possibly the best of Remedies against all sorts of running sores, Ulcers and Fistulaes in what part of the Body soever.

XXVIII. *A black Ointment to ripen, open and cure all Impostumes, tho Pestiferous.*

Take common Oyl two pounds, white and yellow Wax, Ram's Kidnes fat, Rosin, Pitch, Venice Turpentine of each half a pound, Mastick finely pouder'd two ounces, melt, mix and make an Ointment. It breaks all sorts of Apostemes, as also pestilential Carbuncles, and venerial Buboes. It is to be us'd from the beginning to the end of the cure. *Charras.*

XXIX. *The true description of Lucatella's Balsam as it was prepar'd for Sir* K. Digby *and his Family, and as I prepare it now.*

Take three pints of good Sallet Oyl, which wash

wash first with good Clarret wine, then wash and beat one pound of the best Venice Turpentine in several white Rose waters, till it be very white and Liquid; take a new Earthen glaz'd pepkin of four quarts, put into it six spoonfuls of Sack, and a pound of yellow Bees Wax cut small, put it over a gentile Charcole Fire; when the Wax is melted take it off the Fire and put to it the Turpentine by little and little, stirring it very well; then put in the Sallet oyl, and stir it all very well for a preaty while, set it on the Fire again, and let it boil very gently, stiring it carefully all the while, when you perceive all to be perfectly united together, take it from the Fire and set it by to cool for one Night; the next Morning take a big stick, and put it through the Balsam till it touch the bottom, and lean it on one side that all the extraneous moisture may run out, and drain very clean; then set it on the Fire again, and when it is well melted strain into it by degrees one ounce of red Sanders in very fine pouder, take it off the Fire and stir it for a quarter of an hour, and set it on the fire again to boil very gently to the consistency of a Balsam stiring it well all the while; then take it from the Fire, and add to it one ounce of pure Natural Balsam of Pearl, and one ounce of the best oyl of St. John's-wort and stir all exceeding well together for a long time till it be perfectly cold; then tye over the Pipkin a Bladder, and cover it with a Leaden Cover, and set hallow in the

ground a yard deep ſo the ground be dry ſo low, it muſt be arch'd round about, and over them with ſticks ſtrong enough to bear the Earth, and keep it from falling cloſe about the Pipkin, and then cover the vault very well with the Earth you dig'd out, and ſo let it remain the ſpace of two Months.

XXX. *The deſcription of that Famous wound Balſam of* Arcæus.

Take Sheeps Kidney-ſewit, Gum Elemi, Venice Turpentine of each two ounces, oyl of St. John's wort, and ounce and half, Wax two drams mix them, let them all be melted, ſtrain them and make a Balſam; then put into it red Sanders in fine pouder, ſtir it continually till it be cold, It is very much eſteem'd and us'd to Incarnate and Conſolidate all ſorts of Wounds and Ulcers, as alſo for Fractures and Diſlocations of the Bones, and to heal contuſions and hurts of the Nerves. 'Tis very much us'd for the healing of ſore Breaſts, and Wounds in the Head.

XXXI. *An Excellent Wound Balſam cheap and eaſily made for poor People.*

Take of Clowns Allheal four handfuls, chop and bruiſe it, and boil it in four ounces of Hogs-greece and half a pound of Oyl, with three ounces of Wax cut ſmall, boil it until it buble no

no more; then take it of the Fire and ſtrain it, and ſtir it till it be cold.

XXXII. *The excellent Balſam of my Lord* Craven.

Take yellow Wax half a pound, ſhred it ſmall, and melt it in half a pint of Canary, then add two pints of Sallet oyl, Venice Turpentine waſh'd three times in Roſe-water twelve ounces, boil it gently till they be well incorporated; then pour it out into a Baſin that it cool, and the droſs ſettle; then being again well melt'd take it of the Fire and add two ounces of Natural Balſam, and one ounce of red Sanders in ſubtil Pouder; ſtir it till it be cold.

XXXIII. *The Deſcription of that excellent green Balſam of Metz.*

Take Oyls of Linſeed and Olives of each a pint, Lorel Oyl one ounce, Venice Turpentine two ounces, melt them together over a very gentil Fire; then let it cool; and mix there with by degrees, diſtilled Oyl of Juniper-berries half an ounce, Verdigreece finely pouder'd three drams, Aloes Succotrine finely pouder'd two drams, white Vitriol one dram and half, Oyl of Cloves one dram; mix the Pouders firſt, and then add the diſtill'd Oyls; mix and incorporate all well together and ſtir it till it be cold. Dr. *Scroderus* ſets down this

Balsam in his Chymical Dispensatory, saying that Dr. *du Clos*, a Physitian of *Metz*, imparted it to him for an excellent Receipt, as indeed it is for all sorts of Wounds, either by Sword or Bullet, being first wash't with warm Wine, and then anoited with this Balsam also warm, laying over all the Styptick Plaster, which I shall here after describe. It cleanses, incarnates and cicatrises: It is also singular against the biting of Venemous Beasts, Fistula's and malignant Ulcers.

XXXIV. *The Description of the true Balsam or Oyl of St. John's wort.*

Take tops and Flowers of St. John's wort when they are near ripe two pounds; stamp them, and pour upon them Sallet Oyl four pounds, good Claret or Port Wine half a pint, stop it close, and set it in warm water for four and twenty hours; then let the water boil it stands in, stiring the Ingredient some time, then strain and press it out strongly; then put into it the same quantity of tops and flowers of St. John's wort, let it digest and boil as before; strain and press out as before; repeat this a third time with new tops and flowers; digest and boil as before, then press it out, and you have an excellent Oyl of St. John's wort. But then to make this Oyl more efficacious having separated it from the dregs and moisture set it over a gentil Fire, and put into it two pounds

of

of Venice Turpentine, and ſtir and incorporate them well together; then take it from the Fire and mix with it three ounces of Tincture of Saffron ſtir them well together.

This Oyl thus prepar'd is an effectual Balſam, it warms, attenuates, diſſipates and dries, and is very proper againſt all Pains, Aches, and Numneſs proceeding from Cold; particularly againſt all weakneſſes in the Nerves and Joints, the Sciatica, and all ſorts of Gouts; It eaſes the Pain of the Teeth: It heals all ſorts of Wounds, together with thoſe of the Nerves, for it conglutinates and cicatriſes: It extends Shrunk Sinews, and ſtrengthens them: It is good for Burnings, and for Convulſions and Cramps being given inwardly. Of this enters into the Compoſition of Lucatella's Balſam.

XXXV. *The Deſcription of that Famous Emplaſter, call'd* Manus Dei, *which is ſo much us'd in* France, *where many Ladies of Quality take the Pains to Prepare it and diſtribute it to the Poor, as Dr.* Charras *relates in his Royal Diſpenſatory; Who adviſes to obſerve well the following Directions for the Preparation thereof.*

Take common Oyl eight pints, Litharge of Gold finely pouder'd four pounds, yellow Wax cut ſmall two pounds, Venice Turpentine one pound, Galbanum, Opopanax, Sagapen, Myrrh, Olibanum, Maſtick of each eight ounces,

ounces, Oyl of Lorrel ſix ounces, Lapis Calaminaris and Load-Stone, long and round Birth-wort of each four ounces: Grind the Lapis Calaminaris and Load-Stone upon a Marble-Stone with Plantain-water, and dry them: Beat together the two Birth-worts, and the Myrrh and Maſtick a part ſifting them thrô the fineſt bottom Sieve; then put the Galbanum, Ammoniacum, Opopanax and Sagapen, all well bruiſ'd into an Earthen glaz'd Pipkin, and diſſolve them over a gentle Fire in about a quart of good Vineger; ſtrain them hot thrô a ſtrong Cloth, and having well preſs'd them, put that which remains in the Cloth into the Pot again, and pour upon it freſh Vineger, and diſſolve it over the Fire as before, ſtrain and preſs it as before; then evaporate the Vineger over a gentil Fire, and gently boil the Gums till they be ſufficiently thick; then incorporate the Turpentine with them, and keep the Compoſition a part. Then put the Litharge into a Copper or Braſs-Pot, and incorporate it with the Oyl ſtirring them continually with a Wooden Spatula; then add to them three pints of fair Water, and boil them over a good Fire, ſtirring them without intermiſſion till it be of the Conſiſtence of a ſolid Emplaſter before you add the Wax; then melt the Wax in it, after take it off the Fire, and ſtir it till it be ſome what cold: then add the Gums and Turpentine prepar'd, and then the Oyl of Lorel; and laſtly the Pouders,

and

and be ſure that all the Ingredients be well incorporat'd together. It is every day ſucceſsfully us'd for the cure of all ſorts of Wounds and Ulcers, whether new or old, Contuſions, Bruiſes and Swellings; It mollifies, digeſts, diſſolves and brings to ſuppuration ſuch matters as require it; for it never ſuppurates thoſe which may be diſſipated by tranſpiration; and when its ripen'd and drawn the Matters forth, it draws no more, but Cleanſes Cicatriſes, Conſolidates and Heales altogether. It may be properly call'd the Family Emplaſter.

XXXIV. *The Deſcription of the Stiptick Emplaſter mention'd in the Green Balſam of* Metz, *at* Sect. 31.

Take Minium, Litharge of Gold and Silver, and Lapis Calaminaris of each half a pound, Linſeed Oyl and Sallet Oyl of each a pint and half, Oyl of Laurel one pint, Decoction of Birth-wort long and round three pints; Incorporate the Litharges, Minium and Lapis Calaminaris, with the Oyls cold, in the firſt place, and then with the Decoction in a Plaſter-pan, and boil them together over a moderate Fire, ſtirring them continually, to the ordinary conſiſtence of Emplaſters: Then add yellow Wax and Roſin of each one pound, Turpentine and Sandarach of each half a pound, Opopanax, Sagapen, Galbanum, Ammoniacum, Bedelium of each three ounces, Amber

Amber, Franckincense, Myrrh, Aloes, Birthwort long and round of each an ounce and half, Mummy, Load-Stone, Blood-Stone, Coral, white and red, Mother of Pearls, Dragons-blood, Seal'd Earth, white Vitriol of each one ounce, Flowers of Antimony, Crocus Martis of each half an ounce, Camphir one ounce. First melt the Wax and Rosin, then take the Pan from the Fire, and add the Opopanax, Sagapen, Galbanum, Ammoniacum, and Bedelium dissolv'd in Vineger strain'd and thickn'd and incorporated with the Turpentine as in the foregoing Emplaster of *Manus Dei*, and the whole being half cold mix first the fine Pouders of Birthwort, Mummy, Blood-stone, Load-stone, Corals, Mother of Pearls, Seal'd Earth, Vitriol and Crocus Martis, and lastly the Sanderach, Amber, Franckincense, Myrrh, Aloes, Dragons blood, and Camphir, and incorporate the whole exactly. This Emplaster is highly esteem'd and commend'd for the cure of Ulcers in what soever part of the Body; for it cleanses, dries, and quickly heals and consolidates them, preserving them Putrefaction, and hindering all excrescence of ill Flesh; It is proper to heal Cuts and Contusions of the Nerves: It draws bits of Iron, Lead, Thorns and Splinters out of the Flesh; It is good for all sorts of bitings and stingings of Venimous Animals: It ripens all Impostums, dissolves and heals the Swellings of the Kings Evil, eases the pains of Wounds and Bruises, and keeps

keeps for ſeveral years, being well made.

XXXVII. *An Excellent Emplaſter againſt Ruptures and Burſtenneſs.*

Take freſh Eels-skins newly flea'd, and waſh'd in Lime-water, as many as you pleaſe; boil them in a clean Lye made of common Aſhes, till they diſſolve and grow thick like Glue; Then ſtrain it: Take thereof four ounces of Blood-ſtone, Sacharum Saturni, Burnt Pewter (Potty) of each three drams, Gum Ammoniacum diſſolv'd in ſtrong Vineger, ſtrain'd and thickn'd two ounces and half, Oyl of Myrrh diſtill'd: Put all theſe finely pouder'd with the Glue into a glaz'd Earthen-pot, and boil them all together over a very gentle Fire, ſtirring them continually till it comes to the conſiſtence of an Emplaſter, add at laſt the diſtil'd Oyl of Myrrh. This Emplaſter is one of the beſt that ever was invent'd to cure a Rupture, it is to be apply'd to the part, after the inteſtine is put up, and muſt be kept on with a Truſs. Dr. *Charras.*

XXXVIII. *An Excellent Cere-Cloth for the ſame.*

Take pouder of Maſtick, Mummy, Franckincenſe, Amber, Gum-Arabick and Tragacanth, Aloes, Balauſtienans and Roſes of each half an ounce, Dragons-Blood fine Bole, Blood-ſtone

stone of each six drams, Oyl of Roses three ounces, Oyl of Myrrh and Mastick of each two drams, with Wax and Rosin in as much as will suffice, make a Cere-cloth, and dip Linnen Cloths therein. This is a most excellent thing to cure Ruptures, as the dexterous *Volkerus Frisius* has often prov'd: Apply it under the Truss. It also strengthens weak Limbs.

XXXIX. *To dry up sharp Humors, and to cure Kibs and Chilblains.*

Sir *Ken. Digby* relates, that a certain Lady had a Humor broke out at her heel, which neither Physitians with Purgings and Diet-drinks, nor Chyrurgions with Ointments could heal and dry up; It was heal'd in three or four Fomentations with her own Urin newly made, and some white Salt dissolv'd in it; Foment the place with this so warm as can be endur'd with Cloths doubl'd by the Fire-side for a quarter of an hour, then bind on clean dry Linnen, and compress to it; do thus Morning and Night. It cures all Kibs and Chilblains, ev'n after they are broken, and if us'd before they are broken it will prevent them.

XL. *A Remedy for heat of Urin.*

Take seeds of Marsh-mallows, Common-mallows, Quinces of each one ounce, Gum-Tragacanth three ounces, bruise them and infuse

fuſe in a Decoction of Mallows, and a little Liquorice, ſeeds of white Poppies, and of Winter Cherries; you will have a Mucilage, of which with the Decoction aforeſaid what ſuffices make a Syrup. Take of this Syrup every Morning and Evening four ounces. It is good alſo for an Ulcer in the Bladder.

XLI. *A Diuretick Remedy to provoke Urin.*

Take Nitre two drams, Barly-water with Graſs-Roots, and candied Eringo-Roots boil'd in it two pounds, Syrup of Violets two ounces, mix them: The Doſe is four ounces twice a day. Or

Take Salt-Prunella two drams, Salt of Amber a dram, make a pouder: The Doſe is half a dram twice a day. Or

Take Salt-Prunella two drams, Sugar-candy a dram, make a pouder to be divid'd into ſix parts: whereof take one in a convenient Liquor thrice a day. Or

Take Salt-Prunella, Crabs Eyes, Salt of Worm-wood of each two drams, mix them: The Doſe is half a dram thrice a day. Or

Take pouder of Egg-ſhels from half a dram to a dram, give it in a draught of white Wine, or Poſſet drink, or a diuretick Decoction twice a day.

See more in the Chapter for the Stone, *&c.*

XLII.

XLII. *A Remedy for Curing too much Purging by Urin or the Pissing Evil. See another at Sect. 63 following.*

Take Cypress-tops eight handfuls, whites of Eggs beat'n two pints, Cinnamon half an ounce, being cut small, pour to them of new Milk one Gallon, distil it in a common Still, taking care it burn not: The Dose is six ounces thrice a day. Or

Take Gum Arabick and Tragacanth of each six drams, Penids an ounce; make a pouder: The Dose is a dram and half twice a day, with three or four ounces of the distil'd Water. Or

Take Rhubarb pouder'd fifteen grains, Cinnamon six grains, make a pouder to be taken in the Morning and repeat'd with in six or seven days. Or

Take Cowslip-water three ounces, Barly-Cinnamon water two drams, Syrup of Meconium half an ounce, make a draught to be taken every Evening.

XLIII. *Another Remedy for one that cannot keep his or her Water.*

Take a Mouse and flea it; then dry it with all the Entrals in an Oven, so that you may pouder it; drink all the pouder at once. It is said to be an infallible Remedy, if it be us'd for three days. Lady *W.*

XLIV.

XLIV. *Another for the ſame.*

Take Conſerve of Hips three ounces, of red Roſes an ounce, Crabs Eyes a dram, Root of Tormentil two drams, Syrup of Purſlain as much as ſuffices to make an Electuary. The Doſe is the quantity of a large Nutmeg twice a day, drinking after it a doſe of the following Decoction.

Take Succory Roots ſix drams, Leaves of Littice, Purſlain, Horſtail and Shepperds Purſe, of each a handful, of the four greater cold ſeeds, Purſlain ſeeds and Sorrel ſeeds of each a dram, red Roſes dry'd a handful, ſhred the Herbs and bruiſe the ſeeds, and boil them all in a ſufficient quantity of Water to a pint and a half, then ſtrain it, and diſſolve in it Gum Dragant and Arabick of each two ſcruples; then add two ounces of Syrup of Purſlain: The Doſe is a quarter of a pint. Let the Patient were about the Neck a little Bag with the pouder of dry'd Toads Calcin'd, which alone many times is ſaid to cure this Diſeaſe.

XLV. *An Excellent Pouder, that Cur'd a Gentlewoman that could not keep her Water.*

Take Cutle-Fiſh-bone, red Coral prepar'd of each a dram, Gum Tragacanth and Arabick of each two ſcruples, Crocus Martis aſtringent half a dram, pearl'd Sugar one dram, mix

them and make a strengthhing pouder. The Dose is half a dram in two spoonfuls of Plantain-water, twice or thrice a day, drinking after every dose three spoonfuls of Cinnamon-water. With this I Cur'd also the Daughter of Mr. *Carpenter* at *Gravesend*. *Hartman.*

In stead of pearled Sugar, you may take a dram of Pearl prepar'd, and four ounces of double refin'd Sugar, and mix them, and take thereof one dram.

XLVI. *A Remedy for Pain or Weakness in the Back.*

Take Comfry-Roots, stamp them and boil them in Posset-drink; drink thereof for four or five days together. Also take Not-grass, shred it and mix it with Butter, and make a Tansy thereof, and eat it; It is very effectual.

XLVII. *An other for the same.*

Take the Kidneys of an Oxe, slice them very thin, then stew them easily in a quart of Water close cover'd to a pint; then add half a pint of red Rose-water, and as much Allegant or Muscadine, Sugar and grated Nutmeg, take thereof four or five spoonfuls in the Morning, and at four in the Afternoon, for a week together: Then intermit a week, and then take it again for an other week if you think it needful,

XLVIII.

XLVIII. *An other Remedy to ſtrengthen the Back and to reſtore Marrow in it.*

Take the Pith of an Oxe half a handful, blew Currants waſh'd and bruis'd two ounces, boil them together in Allegant or Muſcadine; then mix it with the yolks of two new laid Eggs, and grated Nutmeg, and take a ſpoonful or two of it warm in the morning faſting.

XLIX. *An Excellent aſtringent Emplaſter, for Weakneſs and Pain in the Back, Sir* K. Digby.

Take Comfry-roots, Knot-graſs, Cinquefoil roots, Bawdweed of each two good handfuls, ſtamp all theſe and put to them a quart of the beſt Sallet Oyl; let it boil ſoftly till the Oyl hath extracted the Vertues of the Roots, then ſtrain it; and put to it four ounces of Venice Turpentine, with as much of Virgins Wax, and two ounces of Pitch: Spread it upon Leather and apply it.

L. *An Ointment for Paint and Aches.*

Take Neatsfoot Oyl one quart, Deersſuet four ounces, Hogs-greace one pound, Camphir four ounces, boil them together a while, and then take them off the Fire; when you uſe it warm ſome of it, and then put to it ſome *Engliſh* Brandy or Spirits.

LI. *An excellent Emplaſter for Aches and Pains.*

Take of yellow Wax ſhred ſmall two pounds, Deers-ſuet half a pound, Franckincenſe four pounds, Roſin or Burgundy-Pitch two pounds, Tarre four ounces, melt and mingle them well together on a gentle Fire; then pour into it by little and little two quarts of Wine ſtirring it well together, then ſtrain it into a pan, and add the Pouder of Cloves and Mace of each two ounces, Saffron half an ounce, mix it well and ſtir it a good while, and when 'tis cold make it up into Rouls; alſo you may dip Cloths in it, and ſo make Cerecloths and apply them. This is highly commender for all manner of Aches and Pains, for ſo ſoon as it is laid on 'tis ſaid the pain is gone.

LII. *An effectual and much experiment'd Remedy againſt the Hyſterick or Mother Collick, Vapors and Fits of the Mother, or Stone Collick.*

Take of our Cordial, Bezoardick, and Anodine Tincture a ſpoonful, of the Royal Cephalick Eſſence deſcrib'd in the Chapter of Hyſterick Fits fifteen or twenty drops, Penny Royal-water, or Baulm-water three ſpoonfuls, Aqua Mirabilis, or any other Cordial-water one ſpoonful, Syrup of Cowſlips, or of Clove Gillo-Flowers half a ſpoonful, mix them for a draught

draught. In ſteed of the Waters, you may take it in a Glaſs of Wine or Sack. And in an extream Fit of the Collick, you muſt take two ſpoonfuls of the Anodine Tincture, but always fifteen or twenty drops of the Royal and Cephalick Eſſence: If your Pains or Collick happen in the day time, you muſt go to Bed with the ſame Medicine, otherwiſe you may take it at night Bedward.

LIII. *An Emollient Cliſter by Dr.* Scroderus.

Take of the Emollient Herbs, which are leaves of Mallows, Violets, Beets, Herb Mercury of each a handful, Marſh-Mallow-roots an ounce, Camomil-flowers half an ounce, five Figs ſlic'd, boil them in a ſufficient quantity of fair Water to a pint; Then ſtrain it and put to it Caſſia four drams, Benedicta Laxativa one ounce, Salt-Gem a ſcruple, Oyl of Olives three ounces, brown Sugar an ounce, mix for a Cliſter. It looſens and mollifies the Bowels, evacuates their Slime and Filth, and cleanſes them from Wind and Water, and is good in Fevers.

LIV. *A very good common Cliſter.*

Take of the emollient Herbs of each a handful, Camomil-flowers half a handful, ſweet Fennel-ſeeds half an ounce, Linſeeds two drams, cut the Herbs and bruiſe the Seeds, and boil them in Water to a pint.

LV. *The Lady* Luſon's *Receipt to make one ſleep in Frenſy and Madneſs.*

Take the Gall of a Hare, mix it with half a pint of white Wine and boil it, let the Patient drink it, and it will cauſe him to ſleep till you give him Vineger to wake him.

LVI. *A Waſh for the Feet inducing Sleep. Dr.* Bate.

Take twenty white Poppy-heads, white Poppy-ſeeds one ounce, leaves of Lettice four handfuls, flowers of Water-Lillies ſix handfuls, Violets a handful and half; boil them in a ſufficient quantity of Water, and bathe the feet therein when you go to Bed. See more in the Chap. of the Watching Evil, and at Sect. LXIV. following.

LVII. *An Ale or Drink to cure a Conſumption.*

Take half a pound of Blanch'd Almonds groſly beaten, four ounces of Aniſeeds bruis'd, three ounces of Liquorice bruis'd, red Roſes dry'd, Hyſope and Purſlane of each three ounces; boil theſe in two Gallons of Ale-wort of the firſt running to one Gallon; when 'tis cold put into it one quart of Malmſey, and bottle it. Drink of it in the Morning faſting, and in the Afternoon two hours before eating. It preſerves

preserves from a Cough, nourishes and strengthens, cures a Consumption and shortness of Breath. prov'd.

LVIII. *To make a rich Gelly for a wasting and Consumptive Body.*

Take a fore Leg or Shin of Beif, beat and champ it all to mash with the Bone, three ounces of Harts-horn, boil it in a quantity sufficient of fair Water for the space of seven hours; then strain it and only use the Liquor. It is exceeding nourrishing and restoring in Consumptions.

LIX. *The Queens Gelly of Harts-horn.*

Take Harts-horn half a pound, boil it in five quarts of Water to a Gelly; then strain it and put to it the Juice of six Lemons, and the peal of one; double refin'd Sugar two pounds, a handful of Coriander-seeds, two spoonfuls of Cinnamon grosly beaten, two grains of Amber greece, half a grain of Musk, boil all these in the Gelly for a quarter of an hour; then run it again thrô the Gelly-Bag, and put it up for use. Dose from one ounce to four, warm.

LX. *Another Gelly of Harts-horn, of Dr.* Bate.

Take Raspings of Harts-horn six ounces, fair Water three quarts, boil it with a gentle

Fire in a close Vessel for three or four hours, that the Harts-horn may be come Gelly: strain it, and add Juice of Lemons one ounce, double refin'd Sugar two ounces. It is restorative in Consumption, and of singular use in all other weakness of the Body what ever, and in every case where the Body is emaciat'd by a long Sickness thô no proper Consumption: It has been found of extraordinary use against the Scurvy. Dose from one ounce to four, warm.

LXI. *The strengthning Gelly of Dr.* Bate.

Take four Sheeps feet, two Calves feet, Raspings of Ivory, Roots of Satyrion of each two ounces, Sea-horse-pizle one ounce, Harts-horn ten drams, Ladies-mantel, Daisies of each two handfuls, boil all in five quarts of fair Water to three pints; then strain it and add white Sugar-candy three ounces, being cold separate the fat, and keep the Gelly for use. Give a draught of it warm in the Morning fasting with Pouder of a Harts-pizle one scruple, some astringent Pills being premis'd. It is said to cure Consumptions and a Phthisis or Ulcer of the Lungs, as also to be prevalent in a Hectick, and as some say in a Marasmos. It is good against weaknesses and wastings in the Back, and the Whites in Women, the Body being first purg'd.

LXII.

LXII. *To make Gelly of Iſing-Glaſs, by Dr.* Bate.

Take the whiteſt and beſt Iſing-Glaſs two ounces, beat it with a Hammer as you do Stock-Fiſh, then ſteep it in Water all night, the next morning it will be ſoft, pull it and cut it into ſmall bits, and boil it in a quart of Water to a pint, ſtrain it and add new Milk one pint, white Sugar or Sugar-candy one ounce. The Doſe is a pint at a time twice a day, for ſtoping the Whites in Women, and Gonorrhæa in Men, *&c.* It is very ſtrengthning, and reſtorative in Conſumptions, and all ſorts of weakneſs.

LXIII. *An other Gelly of Harts-horn, of an Honourable Lady.*

Take a pound of Harts-horn, and a pritty bigg lean Chicking, boil them in a cloſe Veſſel with nine quarts of Water for four hours to a ſtiff Gelly, you may try it in a Spoon as it is boiling, then ſtrain it, and in all things proceed as in the Queen's Gelly of Harts-horn.

LXIV. *An Almond Caudle of Dr.* Bate.

Take of the beſt Ale a quart, Spring-water a pint, biting Cinnamon one ounce, boil it to the conſumption of a third part; ſtrain and add thereto Jordan Almonds cleans'd (but not blanch'd

blanch'd) and bruis'd N°. 60. boil a little and strain thrô a Sieve; add of Loaf Sugar two ounces, and make a Caudle. It is good for Women in Child-Bed who are troubl'd with a Looseness.

LXV. *Diuretick Pills of Dr.* Charas.

Take Chio Turpentine and white Vitriol pouder'd of each two ounces; mix them and make a mass of Pills. The Vomitive quality of the Vitriol being corrected and alter'd into Diuretick, by the mixture of the Turpentine: These Pills work good effects in all stoppage of Urin and difficulties of making Waters, being given from half a dram to a dram.

LXVI. *A Sleep provoking Liniment, of the same Author.*

Take ointment of Roses and Poplar of each one ounce, Oyl of Henbane-seed press'd two drams, liquid extract of Opium one dram, mix them and make an Ointment. It is apply'd with good success to the fore Head and Temples, to ease the pains of the Head, and procure rest and sleep.

LXVII. *An experiment'd Poultice against the Fever in Children.*

Take of Anchoves, and Onions boil'd tender, and

and Black-Soap of each two ounces, freſh Bryony-roots beaten to maſh four ounces, Rue two handfuls, a little Turpentine, mix and make a Poultice, and apply it to the Soles of the Feet and to the wriſtes.

LXVIII. *To make the Bleſſed-water ſimple for ſeveral uſes.*

Take freſh unſlact Lime one pound, pour upon it boiling hot water one Gallon, when the Lime is all ſlack'd ſtir it well together with a ſtick, then let it ſtand to ſettle, and pour off the clear and keep it for uſe in a Glaſs cloſe ſtopt.

LXIX. *To make the Bleſſed Water Compound.*

Take of the Bleſſed Water afore going three quarts, put into it freſh Liquorice one ounce, Bark of Saſſafraſs half an ounce, Raiſons of the Sun ſlic'd ſix ounces, Nutmegs ſix drams, let them ſtand to infuſe without heat for two days, then ſtrain and keep it for uſe. It is good againſt the Kings Evil, Conſumption of the Lungs, ſhortneſs of Breat; It ſweetens the maſs of Blood. It ſtops a Flux or Looſneſs, and cures the Running Gout. It is ſaid to be a moſt excellent Remedy to cure the Diabetes or Piſſing Evil. The Doſe is three ounces two or three times a day.

LXX.

LXX. *To make the Tincture of Amber, by Dr.* Bate.

Take white Amber four ounces reduce it to a very subtile pouder, which put into a Matrass, and pour upon it Spirit of Wine highly rectifi'd one pint, shake them well together, and digest them in Sand to the Solution of the Amber; then pour it off and filter it, and abstract the third part of the Spirit of Wine in Balneo. It is a Cephalick, Hysterick, Anticolick, Nervous Medicament, *&c.* Several Men have tought the making of this Tincture, which for brievity's sake I omit to name, they differing little from this of Dr. *Bate*, save in the abstraction of the Spirit of Wine, which they advise to be done to a *half part*; but our Author more prudently, only to a *third part* lest if too much of the Spirit should be drawn off, the dissolv'd Sulphurous particles of the Amber should subside. The Dose is from one dram to three, in any proper Liquor.

LXXI. *To make the Pectoral Tincture of Honey.*

Take of the best Honey two pounds, fine Sand wash'd and dry'd, mix them together into a Past, which put by little Lumps into a Matrass, and pour upon it Spirit of Wine twice distil'd from Carminatives, so that it be *totus ardens*, two pints; digest in warm Sand, till

till you ſee the ſpirit is Tincted; then pour it off, and put on freſh Spirit, and digeſt as before, repeat this ſo often till you ſee the Spirit of Wine will extract no more Tincture; then put all your Spirits together, and abſtract in Balneo to the conſiſtence of a Syrup. Doſe two or three ſpoonfuls.

Another way without Sand.

Take Virgin Hony ſix ounces, Spitit of Wine twice rectifi'd from Carminatives ten ounces, ſalt of Tartar one dram, mix and digeſt in warm Sand for two or three days, ſtiring the matter twice or thrice a day, that the Tinture may be of a reddiſh colour; then ſeparate the ting'd Liquor from the Feces. Theſe Tinctures are accounted by all Authors as the higheſt Remedy againſt an Aſthma, Phthiſic, and inveterate Coughs, as alſo Catarrhs, Difficulty of Breathing; and other Diſeaſes of the Breaſt and Lungs. *Beguinus* preſcribes it rather to the truly Hectical, or ſuch as are in deep Conſumptions, to be given dayly Morning and Evening, either alone or in ſome Pectoral Decoction.

LXXII. *An excellent Cordial Tinture.*

Take of any Cordial water which you pleaſe ſo it be ſtrong and not weak a quart, Juice of Kermeſ-berries half a pound, Cochenele in fine

fine pouder half an ounce, Englisth Saffron one dram, mix them and digest in a glass Matrass or Bolthead in a very gentle heat in Sand for fourteen days; then being well seatl'd or fine, pour off the clear Tincture for use: 'Tis not only an extraordinary Cordial to revive the Spirits, Natural, Vital and Animal, chear the Heart, resist Melancholly, and help all sorts of fainting and Swooning Fits, Palpitation and beating of the Heart, *&c.* But it is a famous thing in all continual, Putrid, Malign, and Pestilential Fevers, yea, against the Plague it self; It powerfully brings out the Measles and small Pox, and secures the Patient from danger.

The way to use it. Take of the Alexitary Milkwater four ounces, syrup of the Juice of Citrons one ounce, of this Tincture from half a dram to one dram and half, or two drams, mix them for a Cordial Dose; proportion the Water and Syrup according to the Tinture and the Age of the Patient.

LXXIII. *Excellent Cordial Tablets or Lozenges.*

Take of double refin'd Sugar in fine pouder six ounces, Confection of Alkermes half an ounce, mix them well together, and make a past of it with the Mucilage of Gum Tragant steep'd in Orange-flower-water; of which make Lozenges: They are very Pleasant, Cordial, and Pectoral; when you make the Past drop into it four drops of the Quintessence of Citrons. *Sir K. Digby.*

LXXIV. *A Cerecloth againſt Corns of the Feet.*

Take Gum Ammoniacum diſſolv'd in Vineger of Squils inſpiſſated two ounces, Roman Vitriol (which ſome call the blew Stone) one dram and half, white precipitate well edulſorated three drams, Strasburg Turpentine what ſuffices, mix and make a Cerecloth; you may ſpread it upon thin Leather or Slink, and lay it to the Corns (having firſt par'd them) renewing it when it will ſtick no longer, or as you ſee occation. It prevails alſo againſt old Ulcers, which are hard to be cur'd.

LXXV. *To take away Worts from any part of the Body.*

There are many Remedies which are ſaid to be good to take away Worts; but as the Learned *Riverius* ſays, there is nothing ſo effectual than to touch them often with ſpirit of Sulphur; which I have ſufficiently experienc'd to be true: But in the touching of them you muſt have a care that it do not touch the Skin in other places, for it will take it off, and cauſe Ulcers and holes, for it is an eating and burning thing.

LXXVI. *The purging Cordial Elixir or Tincture againſt ſhortneſs of Breath and the Scurvy, &c. Dr.* Bate.

Take roots of Elecampain, Florentine Orice, ſeeds

seeds of Anis, Caraway, Liquorice of each two ounces, leaves of Carduus Ben. two handfuls, Raisons of the Sun slic'd one pound of the best, Sena cleans'd six ounces, Aniseed water three quarts, mix them and digest for four days; then strain and press it out; the Dose is two spoonfuls at Bedtime, and three or four the next Morning early.

Hartman, I have this purging Cordial Elixir always by me, ready prepar'd, and sel it for two Shillings the half pint bottle: But I find that six ounces of Sena is two little, and that less than nine ounces will not do in the composition: I also add pouder of the best Jalap, an ounce an half, Pot Ashes an ounce, which makes it better by all the coast, Dr. *Salmon* advises. This is not only good against the Asthma, or shortness of Breath, and all Diseases of the Breast and Lungs, but also effectually cleanses all the Bowels; gently purging and carrying off all offensive humors, as Water, Fleam and Cholar, all crudities and Tartarous Matter. It is an Excellent thing against the King's Evil, the Scurvy, Gout, small Stones, Sand and Gravel, whether in Reins or Bladder. It prevails against Rheumatism, Sciatica or Hip-Gout, Griping of the Guts, dry Belly-ach, Dropsy and yellow Jaundice; and in a word performes what ever may be expected from an excellent purger; it far exceeds that which is call'd *Daffie's* Elixir.

LXXVII.

LXXVII. *The Royal Panacea, or Antiſcorbutick Tincture of Metales with Gold and Antimony, &c.*

Take of the Martial Regulus of Antimony an ounce and half, Gold, Silver, Copper and block Tin of each one dram, melt them together in a Crucible in a Wine Furnace, ſetting the Crucible upon a piece of Tyle in the Fournace, leſt the wind that comes in by the aſhole under the Grate ſhould cool it; the matter being melted caſt upon it by little Ladelsful the Pouder of Tartar and Nitre of each half a pound exactly mixt together; when all your Pouder is in take out the Cruciple, and let it cool; break it and take out the Maſs, and if there be any Regulus precipitated melt it again and caſt upon it more of the ſaid pouder of Tartar and Nitre as before, untill all the Regulus be diſſolv'd by, and into the ſaid Salts; then powder the Maſs whileſt it is hot in a hot Mortar, and put into a Matraſs or Bolthead warm'd, and pour upon it Tartariz'd Spirit of Wine, four fingers above the Matter; ſtop the Matras with another, ſo as to make a double veſſel, as is deſcrib'd in the ſecond Copper-plate; Lute well the Junctures, and digeſt in warm Sand, ſhaking it ſometimes, till the Tincture be extracted, which pour off and keep it in a bottle with a glaſs Stopper.

I thought I could not better conclude this firſt

Volume of my *Family Physitian*, than with this excellent and Remarkable, and not to common Medicamt, which was communicated to me (as an excellent Receipt, as indeed it is) by the Worthy and Ingenious Mr. *John Matson* of *Dover*, a Gentleman of such Heroick inclinations that move him to make such exact, diligent and curious search into all the Secrets and Misteries of Nature. And I know none besides my self in this Kingdom at this present writing, that possesses this Receipt; but a worthy Friend to whom I did lately communicate it; which I freely here impart to the Publick.

It powerfully opens all Obstructions, Opilations in all parts of the Body, as the Lungs, Liver, Spleen, Mesentary, Womb and Miservick Veins; It chears the Heart, enlivens the Spirit, quickens and strengthens the Stomach, helps the want of Appetite, and causes a good Digestion and Concoction: It purifies and sweetens the whole Mass of Blood, and effectually cures the Scurvy and all Scorbutick cuases, It prevails against the Dropsy, Gout, Sand and Gravel, Rheumatism, Sciatica and Running Gout; It is good against shortness of Breath, and dificulty of Breathing, and the Pleurisy. It prevents the Gout, Stone, Sand and Gravel, by resolving all slimy and viscous Matter in any part of the Body; It admirably provokes Urin and cleanses the Reins, Uriters and Bladder from Sand and Gravel It keeps the Belly soluble, and the whole Body in perfect

fect Health, and performs all its Operations with wonderful ſweetneſs. It is excellent againſt Hypochondriack Melancholy, Jaundice, Green ſickneſs in Virgins, Rickets in Children and the King's Evil; Putrit Malignat and Peſtilential Feavers, ſmall Pox and Meaſles, Worms whether in Old or Young, Itch and Scabs and all breakings out: In ſo much that there is not the like General remedy in the whole Art of Pharmacy and Chymiſtery. Once I cur'd with it a Girle of about four years old, which was ſo Rickety that ſhe could not ſtand, and was all her Body cover'd over with Scabs like a Leproſy, ſhe was perfectly cur'd by taking only the quantity of an ounce; the Doſe is from ten to thirty drops in Wine, or any other proper Liquor. I have it always by me ready prepar'd.

I know there are ſome that make a Tincture of the Martial Regulus of Antimony (without Gold) which they fulminate and diſſolve with Nitre only; pretending that Tartar precipitates, and that Nitre diſſolves; but that is an Errour, and not to be commended; for the Tartar acts more upon the Sulphur of Antimony than the Nitre: And this Tincture made with Nitre and Tartar is a far more noble Medicament and Artiſcorbutick, then that which is made with Nitre only; becauſe the Tincture of the Salt of Tartar alone is highly approv'd off by learned Authors to be a good Medicine againſt the Scurvy, and moſt diſeaſes before

mentioned; and in this Operation you have both the Tincture of Metals and that of the ſalt of Tartar in one.

A Paſte or Horſe Medecine for Farriers much experienc'd. Dr. Bate.

TAke pouders of Fenugreek, Aniſeeds, Cumminſeeds, Carthamus ſeeds, Elecampane roots, dry'd leaves of Coltsfoot, Flower of Sulphur; of each two ounces; Juice of Spaniſh Liquorice one ounce diſſolv'd in half a pint of white Wine, Sallet Oyl, Hony of each half a pound, Jean Treacle twelve ounces, Oyl of Aniſeeds one ounce; mix them all together, and with Wheat flower as much as ſuffices make a Paſte, of which make Balls about the bigneſs of a Mans Fiſt. Diſſolve one of them in cold water what ſuffices, and let the Horſe drink it all up at a time; this do Morning and Evening for fifteen days; in which time it will certainly cure ſuch Horſes as are troubl'd with Coughs, ſhortneſs of Breath, and difficulty of Breathing, and ſeveral other internal diſeaſes: It makes ſuch fat as are waſted and pour, and makes healthy ſuch as are infirm and diſeas'd. This Medecine will do much better in ſtrong wort and given hot. It is beyond many other Horſe Medicines, much valu'd and eſteem'd in the World. Dr. *Salmon.*

An

Another Medicine for a Cold, Cough and ſhortneſs of Breath in a Horſe.

Take Elecampane, Liquorice, Aniſeeds and Sugarcandy all in pouder of each one ounce, Hony half a pound, Treacle four ounces, Rue half a handful, Garlick ſlic'd or bruis'd three heads; boil the Rue and Garlick in a quart of Ale for half an hour then take it off the Fire, and put into it the other things with half a pound of butter, ſtir it well and give it the Horſe warm, and let him be rid well after it, and faſt three hours after it, give him warm water for three days, and give him the drink three days Morning and Evening. Then reſt three days between, give him the drink again for three days: And this will cure any Horſe. Approv'd.

An other for the ſame.

Take a pound of Figs ſlic'd, Raiſons of the Sun ſlit half a pound, Oyl of Aniſeeds half an ounce, Oyl of Sulphur one dram, ſyrup of Coltsfoot one ounce an half, Sugarcandy two ounces, ſyrup of Violets half an ounce, Sallet Oyl four ounces, pouder of Aniſeeds one ounce, mix them well together, and make a Paſte with pouder of Liquorice, keep it in a Bladder for uſe.

A purge for a Horſe.

Take Aloes one ounce, pouder of Jalap two drams, Cream of Tartar half an ounce; mix it with *London* Treacle.

To cure Meaſl'd Hogs.

Take a priety large Apple, and Scoup out all the Coar of it, fill the Cavity with Brimſtone in powder, and give this to the Hog to eat. You may give him two or three at a time. If Hogs be never ſo much Meaſl'd it is a certain cure of them tho it be but two or three days before they be kill'd. *Sir K. Digby.*

Remedies againſt the Gonorrhea, *and the Grand* Hermaphroditick *cure, will be ſet down at large in the ſecond Volume.*

THE

THE TRUE ENGLISH Wine Celler.

There are many Perſons in this Kingdom, who make ſeveral Hogſheads of Wine ſome years of the Grapes of their own Growth, but by reaſon the Soil is defective, and the Sun leſs favourable, the Grapes are not of that goodneſs and perfection as in the Southern and Eaſtern Countrys; therefore the Wine that is made of them is but thin and green, and not durable. Now by the addition of a convenient quantity of Malaga Raiſons, or Raiſons of the Sun, Wine may be here made of Engliſh Grapes in goodneſs, ſtrength and adduration equal to the beſt and moſt Southerly French Wines that are uſually imported hether.

I. *To make Wine of Engliſh Grapes, to be as Strong, Wholſome, and Pleaſing as French-Wine.*

WHen you perceive your Grapes to be plump and tranſparent, and the Seeds or Stones to come forth black and clear, and

not clammy, and the ſtalks begin to wither, then gather them, the weather being dry ſome time before. Cut them off from the Branches, and not Pull them, and in the Moons decreaſe, preſerving them from bruiſes as much as you can; then cut the Stalks as cloſe to the Cluſters as you can, before you preſs out your Wine.

To every Gallon of Juice or Muſt take two pounds of the beſt Malago Raiſons pickt from the ſtalks, and ſhred, put them together in a Fat, the head being out, let there be a Tap at the bottom, with a Taphoſe, as in a Meſhtub; ſtir your Liquor and Raiſons well together and let them ſtand twenty four hours: then draw off all the Liquor by the Tap that will run, and preſs out the Reaſons as ſtrong as you can, then put both Liquors together in a Cask, which muſt be full, and leave the Bunghole open, that it may work and caſt out any foulneſs; after ten, twelve or fourteen days, draw it off from the groſs Lee into a clean and dry Cask, which muſt not be full, but leave a part of the Veſſel void or empty, ſtop it up cloſe immediatly, and that very well, leaſt it looſe its Spirits, which vacancy you may again ſupply when it hath done working with other Liquor or Wine of the ſame that hath alſo fermented in any other veſſel. After you have thus clos'd up your Bung, you ought to leave open the ſmall venthole, or Faſſethole, only looſly putting in the Peg or Faſſet, leſt otherwiſe the wild Spirits that are in the Liquor force a paſ-

ſage;

ſage; which by the eaſy ſtopping this vent, and ſometimes opening it may be prevented until you find it hath waſted that wild ſpirit.

II. If you intend to make Claret you muſt let your Mure or Chaf abide in the Muſt ſix or eight days, or as you will have it more or leſs, ruff or Tinctur'd, before you preſs it out, as they do in other Countreys; but in the interim beſure to cover your Fat cloſe.

To purify Wine, take the thin ſhavings or plainings of Beech, the Rind being peel'd off, boil them in Water to abate the rankneſs of them; then dry them throughly, and with theſe may you purify Wine, about a peck will ſerve a Hogs-head; which Chips or Shavings will ſerve often times, being waſh'd, dried and preſerv'd.

III. *To make artificial Champagne.*

Take black and white Grapes promiſcuouſly, and proceed as is before directed; and thus you may have Wine or artificial *Champagne* made here, comparable with the beſt of that which is made in that province.

This may be an incouragment to ſuch Perſons and Gentlemen, who have convenient places, to propagate *Vines*: For againſt a Wall Grapes will ripen very well in moſt years, and upon out Houſes, Stables, and Barns that are cover'd with Tiles they will ripen the better, proviſion being made, by fixing Poles and Lats upon

upon them, for the Vine to faſten it ſelf on. If you have no red Grapes, you may make it with White, ſteeping in it Clove Gillo-flowers dry'd; which will give it and excellent Tincture and Flavour.

IV. You may alſo ferment and purefy this Wine or any other Vinous Liquor effectually by Iſinglaſs, about the proportion of three or four ounces to a Hogſhead, rather more than leſs; beat it with a hammer, as they do Stock-fiſh; then lay it in ſteep in white Wine or ſtail Beer all Night, cut it into little pieces, add more ſtail Beer and keep it over a gentle fire, till you find it well deſſolv'd, then take a part of your Liquor you intend to purify in proportion about a Gallon to twenty Gallons, in which boil your diſſolv'd Iſinglaſs, and caſt it into the whole Maſs of Liquor; ſtirring it well about.

V. One principal help to purify any Liquor or to provoke fermentation, is warmth, as is vulgarly practis'd amongſt Houſewives, who in fermenting both Bread and Beer, preſerve it warm during that operation; and thus I have made Wine of Raiſons in the coldeſt time of Winter, ſetting the Cask by the fireſide under the Chymny.

VI. *To make* Cyder Royal *without Spirits, to be as ſtrong, pleaſant and holdſome as* Canary.

Take the Juice of Pippins, and Permains, or Red-

Redſtreak, Golden Rennet, Golden Pippins, and to every Gallon of Juice put two pounds of the beſt Raiſons of the Sun ſhred; ſtir them well together, then cover the Fat, and let them ſtand two or three days; then draw off the Liquor by the Tap and Taphoſe as is directed before in the making of Wine; preſs out the Raiſons, and put both Liquors in a Cask which muſt be full, leaving the Bunghole open, only covering it with a Cloth, that it may ferment and caſt out its foulneſs; and after a fortnight rack it off into another clean dry Cask not filing it quiet ful but leave ſome vacancy, for it will yet ferment; but ſtop it cloſe only leaving a faſſet or Peghole open or looſly ſtopt; when you perceive it hath done working fill up you Veſſel with the ſame Liquor that has been alſo fermented in another Veſſel; then ſtop it up cloſe, and keep the Veſſel full or bottle it.

It has been obſerv'd, that the larger any Veſſel is, the better Liquors are preſerv'd in them.

In *Elſas* in *Germany* and in the *Palatinate*, and other Countrys on the Rhein, Veſſels being made that one of them will contain twenty five. ſome thirty Hogſheads of Wine; which Veſſels are very ſeldom emptied; but what is drawn out of them, is made up again the next year with new fermented Wine. I have drank Wine at *Strasburg* in *Elſas*, out of a Veſſel that did contain above ſix Tuns of Wine, and they told me that it had not been empty in a hundred years, but had ſtill been fill'd up again with

with new wine firſt ferment'd, and then put into the old. The largeſt Wine Fats that are imported into *England* are the Rhiniſh-Wine Fats; but they are ſmall incompariſon of thoſe before mentioned.

VII. *To make* Cyder Royal *with Spirits, as good as* French *Wine, Mr.* Hains's *way.*

To every Gallon of Cyder put a pint of the Spirits, or Brandy made of Cyder.

As to the time of putting your Spirits into your Cyder, obſerve, that the ſtaler your Cyder is before the Spirits are added, the more time they require to incorporate; and the ſoonner they are put in, the ſoonner 'tis fit for uſe. But in caſe you put your Spirits into the Cyder, before it hath fermented, they will evaporate and be caſt out; Therefore be ſure, that your Cyder be rackt off the Lee, once or twice as you find occaſion, and being indifferent fine, then put in your Spirits well beaten together with a certain quantity of Cyder, and after 'tis put into the Cask, ſtir it very well together again, and bung it cloſe up, and about two or three Months after it will be fit for uſe; but the longer it lyeth, the better, eſpecially if your Cider be ſtale er'e your Spirits are put in; for as this Cider drinks very unpleaſing, when firſt mixt together, ſo no Wine can be more ſtrong and pleaſing than this, when it hath ſtood its due time to incorporate and meliorate

meliorate, and in the mean time to be close stopt without drawing any out; unless the season of the Year be warm, then to prevent its fermentation, let the Cask be open as you find occasion.

The reason why simple Cider makes the Stomach sick, is the chilly, cold, phlegmatick part of the Cider, *Viz.* That which has least of the Spirits in it is most hurtful; that this is so, nothing can be more evident, for that the strongest Cider is most free from occasioning this Distemper. Now this we know, that the Spirits of Cider are no other but the purer part of it namly the strong, warm, and Lievely part separated from the weak, cold, and Melancholy dead part; So that Reason must needs yield, that the Spirits of the Cider being mixt with Cider, cannot but make it more strong and pleasant, and also more wholsom, for that by this expedient this sickly, cold, and windy part is cur'd.

Moreover for want of strength and life, simple Ciders are apt to decay and dye; this we see by experience; for that as the strongest simple Cider hath most Spirit in it, and therefore lives longest; So the weakest Cider that hath least spirit in it, will soon grow sickly and decay; therefore this expedient must needs be so far from rendring Cider more unwholsom and unkind, that 'tis rather to be esteem'd its most infallible Physition or Remedy, for that it corrects all the ill Humors that cause its

its Sickneſs or ill Effects in Humane Bodies. And this much I can honeſtly and truly aver, from a long continued experience, that a glaſs of this excellent refin'd *Cider-Royal*, drank half an hour before Meals, procures a good Appetite; and after Meals, helps Digeſtion; that it chears the Heart, and revives the Spirits. And as for its Operation upon the Brain, when too much is dranck at a time, the ſame is leſs hurtful, than exceſs of ſtrong Beer, Ale, Canary, or High-Country-Wines: For 'tis ſo far from clogging the Stomach, or clouding the Brain with thick muddy Vapours, that I do believe a Man may (*were it not a Sin*) be fuddl'd and ſober twice in a day with this Liquor, without miſchief to his Health; and the reaſon in my opinion, is, becauſe it ſo admirably provokes Urin, and carries with it ſuch foul and ill Matter that offends the Head, Stomach and Belly: The truth of all which, I doubt not, will be ſoon atteſt'd by experience of thoſe that ſhall make Tryal.

VIII. The firſt and worſt infirmities that Common Cyder is ſubject to are two ſorts, either being muſty, or fretting it ſelf until the Spirits are ſpent, and the Cyder become weak and unpleaſant.

If the Apples be gather'd into the Houſe whileſt they are wet, they will be Muſty, and ſo will the Cyder; Again if the Veſſel wherein 'tis made, or that you put it into be Muſty, ſo will be your Cyder. If none of theſe happen,

pen, you need not fear any thing of that kind; But if Cyder be Muſty, ſo will the Spirits that are drawn from it.

To cure Cyder that is ſubject to fret is ſome what difficult; but the beſt way is to prevent the Cauſes; which are, either the gathering of the Fruit before they are ripe, or making the Cyder before the Apples have lain long enough, for until Apples have lain in an heap while they have ſweat, and are dry again, they cannot be fit for the Preſs. But if by reaſon of warmth and mildneſs of the Seaſon, or any other accident, the Cyder ſhould fret and deſtroy it ſelf, the beſt way is to draw it off into an other Veſſel; and do ſo once in ſix or ten days, as you ſee cauſe, always taking the Lee from it, as oft as 'tis Rackt. Let not your Veſſel be full by a Gallon; Nor yet ſtopt cloſe, until by drawing it off, it be made to leave Huzzing and Sputtering; for the fuller and cloſer it is, the more it frets. When your Cyder is thus quiet, then have a care to keep the Veſſel full and cloſe ſtopt; yet leſt you ſhould ſtop it too ſoon, open it once in two, three or four days, and if you find it is not yet quiet, let the Veſſel be open an hour, or half an hour at a time.

IX. *A Perfum for the Caſk not to be neglect'd.*

If the Veſſel before Cyder be tunn'd up into it, be fumed with Sulphur, it much conduces to

to the preſervation of this or any other kind of Liquor, which may be done by dipping a Rag, about the bigneſs of your hand, in melt'd Brimſtone, and then immediatly dipt in Coriander-ſeeds, and by a Wire letting it down into the Veſſel, being fired, and ſtopping the bunghole, will fill the Veſſel full of Smoak; then take it out, and immediatly tun up your Liquor, which gives it no ill taſt nor favour; but is an excellent expedient to prevent ill taſtes and Fermentation, and is an excellent perſerver of your Health, as well as of the Liquor. Do this as oft as your Cyder or any other Liquor is Rackt.

X. *To Cure and ſweet'n muſty Casks.*

If your Veſſel be Muſty, boil Pepper beat'n in Water an ounce to a Hogshead; fill your Veſſel therewith ſcalding hot, and ſo let it ſtand two or three days; or elſe, take about a pound of Quick-Lime to ſix or ſeven Gallons of boyling hot Water which put into your Cask, and ſtop it cloſe, and roul it up and down till the Lime be througly ſlack'd.

XI. *To make* Cyder-Royal *by the addition of Sugar, and Spirits of Cyder to be as ſtrong and pleaſant as* Canary, *Mr.* Hains's *way.*

If you would have it drink more like *Canary* (ſays he) or other Sacks, you muſt add more of

of the Spirit, and as much Syrup or ſweets (the making of which is herein after tought) as will beſt pleaſe your pallate; And as the proportion of one pint of good Spirit to a Gallon, will make it as ſtrong as *French* Wine; ſo one pint and a half will make it full as ſtrong as *Spaniſh* Wine; And by this means in like manner, *Perry* and the Juice of *Cherries*, *Currans* and *Gooſe-berries* (eſpecially *Gooſe-berries*) may by adding there unto their proper Spirits, or any other fine Spirits, be made Wine, as good, ſtrong, wholſom and pleaſing as the Wines made in the *Canaries*. I mention other Spirits, becauſe upon Trial I have obſerv'd, that Brandy, Spirit of Wine, Grain and other Spirits, may be of good Effect in this Buſineſs, provid'd they are drawn fine.

Hartman, By experience I have found the Spirits of Melaſſes, Raiſins or other Fruits, or of the Lees of Wine, provided they be Rectified and drawn fine, are of good effect in this Buſineſs; Nay, a Rectified fine Spirit made of Mault will ſerve very well, if in caſe Spirit of Cyder is not to be had.

XII. Spirits being put into Bottles amongſt Cyder, or any other Liquors, hereafter mention'd, will not drink well. I was a long time troubled to find out how to make this Drink as pallatable and pleaſing as it was become ſtrong and chearing, until I put both Cyder, Syrup and Spirits into a Cask; The firſt I compleated was in a Veſſel of ſix Gallons;

into which I put two quarts of Syrup or Sweets, and three quarts of the Spirits of Cyder, which after it had lain two or three Months, I found to be as ſtrong and pleaſing as Canary.

XIII. *The way to make Syrup or Sweets for ſuch Cyder Royal as you would have as Rich as Canary.*

A quarter of an hundred weight of brown Sugar which is eight and tweenty pounds, will make four Gallons of Syrup, and ſo proportionably; but before you put your Sugar into the Kettle, take the whites of eight or ten Eggs, which being well beaten with a thing like a Rod or whisk, in two Gallons, or two Gallons and a half of Water; then put one Gallon of this Egg-water ſo prepar'd into your Kettle; then put in the Sugar, and hang it over a gentle Fire and ſtir it about until it be diſſolv'd: But be ſure when it boils, put in more Egg-water to keep it from boiling too high; and ſo continue putting it in, one quart after an other, for an hour together, until all your Egg-water be ſpent: But to prepare your Egg-water in parcels, *Viz.* A quart or two at a time as you uſe it is the better way. Now the uſe of theſe Eggs, is only to raiſe ſuch a Scum as will carry away not only all the foulneſs and groſneſs of the Sugar, but all the whites of the Eggs alſo; And when the Scum hath done riſing, and is clean taken off, then fill up your Kettle with as much Water as will make

make up your quantity, and let it boil to the conſiſtence of a Syrup: But to put a little Coriander-ſeed bruis'd, and ty'd up in a fine Linnin-rag whileſt the Syrup is boiling, will give it a fine grateful ſent.

Of this Syrup, when cold, you may put in two or three Gallons, more or leſs into an Hogs-head, as the tartneſs of the Cider, or any other Liquor requires: But put them not in till you have Rackt your Cider the laſt time, and that it be paſt the fermentation. And before you put your Sweets into the Cask, mix your Sweets and the Spirits you intend to put in together, with a little quantity of Cider, and ſtirr them well together; then put all into your Cask, and ſtirr them with all your ſtrength, with a ſtrong Staff in the Bung-hole for half a quarter of an hour; After that ſtop it cloſe, and draw none off till two, three or four Months, by which time it will be anſwerable to what hath been propos'd; only remember, that if you will have it to reſemble Canary, you muſt add the greater proportion of Spirits and Sweets; but if *French* Wine, then the leſs Sweets or none at all.

An thus every Man may merrily make his varieties of Drink, with that which he knows to be good, cheap and wholſome; which is more than he is ſure to have at every Tavern, althô he pay three times as much for it.

XIV. *How to make Royal-Curran-Wine Mr.* Hains's *way.*

A Buſhel of Currans, ripe and good, will make ſix or ſeven Gallons of Wine: To every Buſhel of Currans, ſo ſoon as they are well bruis'd and broken to pieces, put in twelve quarts of Water, and in twelve or ſixteen hours after preſs it and ſtrain it, put it into a Cask, and let it ſtand until it begin to be clear, which will be in ten or twelve days; then Rack it off from the groſs Lee, and put to each Gallon a pint of good rectified Spirit of Mault or Melaſſes, and a pint and a half of the Sweets or Syrup, ſtir it well together for a quarter of an hour; then ſtop it up cloſe for three Months; then you may Bottle it if you pleaſe. If you add Rasberries to your Currans, you will have a moſt delicious pleaſant and very wholſome Wine.

In like manner you may make Wine Royal of Goosberries, Mulberries and Cherries; but of all theſe, that of Gooſe-berries excels the reſt, and doth reſemble Canary the moſt.

XV. *To make Royal-Wine of Gooſe-berries, or of Currans, without Spirits and Sugar.*

If you will make Wine-Royal, either of Curran, or Gooſe-berries, without Sugar and Spirits, then to every Gallon of Liquor put two

two pounds of Malaga Raiſins ſhred, ſtir it well together, and let it ſtand four and twenty hours; then preſs it out, and ſtrain it and put the Liquor into a Cask, and after a fortnight Rack it off from the groſs Lee into an other clean dry Cask; ſtop it up cloſs, leaving only a little Peg or Faſſet-hole open, or the Peg looſly in it, till you perceive it hath left huzzing and is quiet, then fill up your Cask with the ſame Liquor, and ſo keep it full till you Bottle it.

You may alſo put your Raiſins, being ſhred, amongſt your Currans or Gooſe-berries broken to pieces and Liquor, and in four and twenty hours after preſs it out; and thus you make but one preſſing.

XVI. *How to make Wine Royal of red Cherries.*

Preſs out as much Juice from the Cherries as you can, and then ſtamp the ſtones with the skins to a maſh, breaking all the ſtones; for you cannot ſtamp them before you preſs out the juice of them, by reaſon the juice will ſpatter about; then put the juice with the ſtones and skins into an open Veſſel, and ſtir it well about, and let it ſtand two or three days, that the Liquor may draw out the Tincture and Cordial part of the Skins and the corroborating vertue of the Kernels; then preſs it out, and put it into a Cask, and let it ſtand until it begin to be clear, which may be

in a fortnights time; then Rack it off from the groſs Lee into a clean, dry and ſweet Cask, and put into every Gallon of it a pint of good Spirit, and a pint and a half of the Syrup or Sweets; Stir it well together with a Staff for a quarter of an hour, then ſtop it up cloſe for about a quarter of a year, and then you may Bottle it. A Glaſs of this excellent Wine Royal of Cherries, drank half an hour before Meals, procures a good Appetite; and after Meals, helps Digeſtion: It is Cordial, chears the Heart, revives the Spirits; It is Diuretick and admirably provoks Urin, and carries with it Sand and Gravel out of the Reins and Bladder, and all ſuch foul and ill matters out of the Body that offends the Head, Stomack and Belly. And the Wines made of Currans and Gooſeberries are highly commended by the Learn'd Dr. *Willis* to be very wholſom, and good for the Liver, and againſt the Scurvy by ſweetning the Blood.

XVII. *To make Wine Royal of Black-Cherries.*

Having preſſed out as much of the Juice as you can from the Cherries, ſtamp the ſtones and skins as you did with the red Cherries, keep the juice a part, put the skins and ſtones in a Veſſel, and pour upon it ſcolding hot Water, ſtir it well together and cover it up cloſe, let it ſtand two days; that the hot Water may extract all the Tincture out of the

the skins, and the Cephalick and corroborating vertue of the Kernels; then preſs it out, and put this Liquor with the Juice of the Cherries into a Cask, and after a fortnight Rack it off from the groſs Lee into an other clean dry Cask, and put into it the ſame quantity of Spirits and Syrup, as is directed in making the other Royal-Wines. This Wine of Black-Cherries has an admirable Cephalick Vertue; It is excellent againſt the Vertigo or Dizzineſs and Swimming in the Head. The Reaſon why you put Water to the ſtamped Cherries, is becauſe the Juice of the Black-Cherries is a very thick and ſweet Juice, and would not extract the Tincture and Vertue out of the Skins and Kernels, as the Juice of the red Cherries will do. The quantity of Water you uſe, is the ſame with that in making the Royal Wine of Currans and Gooſeberries.

XVIII. Cider Royal, prepar'd as is direct'd at Sect. VII. and Sect. XI. may be kept in the Cask two or three years, and be bettered thereby, provided you keep the Cask full; which to do, you muſt obſerve, that in two Months time the Liquor will waſt a quart, more or leſs, as the Veſſel is bigger or leſſer; which you ought to fill up again with Liquor of the ſame ſtrength, or if ſtronger the Better. And by this means it may keep and grow better and better ſome years.

Suppoſe by keeping Cider Royal too long it

ſhould become unpleaſant, and as unfit to Bottle as old Hockamore, take but one Hogs-head of that and one of Tart new Cider, and before the latter be quite clear or fine, mix them together in two other Hogs-heads well perfum'd, and add Spirits and Sweets a due proportion, to the quantity of your new Cider. Suppoſe it be in the Month of October or November, you may be ſure to have it full as good, if not better than ever it was, and a moſt excellent Cider Royal to Drink or to Bottle, by or before Chriſtmaſs. And this I know by repeat'd experience and practiſe; nor can your new Cider be made half ſo good by that time. Mr. *Haines.*

XIX. *How to make Wine Royal of Elder-berries.*

To every Gallon of fair Water take four pounds of Malaga Raiſins pick't from the Stalks and ſhred, put them together in an open Veſſel with a Taphoſe, ſtir them well together, and let them ſtand two or three days, then draw off all the clear Liquor by the tap, and preſs out the reſt ſtrongly, put both your Liquors together, and to every Gallon of it put a pint of the Juice of Elder-berries, put them together in a clean dry Cask well perfumed, keep open the Bung-hole that it may work; let it ſtand a fortnight, then Rack it off the groſs Lee into an other clean dry Cask well perfum'd, let it not be full by a Gallon, ſtop

ſtop it up cloſe, leaving only a Peg-hole open or looſe ſtopt; when you perceive it hath done working, and that it hath left huzzing, and is quiet, fill it up, and ſtop it very cloſe and in two or three Months time it will be fit to drink.

XX. *Another way to make VVine Royal of Elder-berries much better than the former.*

In ſteed of fair Water take the Juice of Apples, and then two pounds of Raiſins to every Gallon will ſerve, preſs out the Juice of your Elder-berries, and keep it a part; put the Husks or Skins amongſt your Raiſins and Juice of Apples, for there remains in them a great deal of Tincture wherein conſiſts the moſt cordial part of the Berries, which is pitty to loſe. The ſame you are to obſerve in the former Receipt. There are ſome that let their Raſins and Water ſtand together for three Weeks, which is a great Errour, for there by a great part of the Spirit do's evaporate, the Body being much open'd by fermentation where by the Spirit is ſet at liberty and drawn away by the Air: And the Raiſins will be ſufficiently ſoak'd and ſwell'd in four and twenty hours, ſo that there is no need to let them ſtand longer before you preſs them. In all other things proceed as in the former Receipt. This Elder Wine has been found by experience to be good againſt the Gout, Dropſy and Conſumption.

XXI. *To make Cowſlip-Wine.*

Take ſix Gallons of Water and ten pounds of Sugar, boil them together for half an hour; ſet it a cooling, when 'tis almoſt cold put into it two or three ſpoonfuls of yeſt well beaten with the Juice of ſixteen Lemons; then put in alſo a Peck and a half of Cowſlipflowers beaten in a ſtone Mortar; let them work together for two or three days; then preſs it out, and ſtrain it, and put it in a Cask, which muſt be full of it; ſtop it but looſely till you perceive it hath done working, then ſtop it up cloſe, and after a Month Bottle it.

XXII. *Another way to make Cowſlip-Wine.*

Having boil'd your Water and Sugar together, pour it boiling hot upon your Cowſlips beaten, ſtir them well together, and let them ſtand in a Veſſel cloſe cover'd till it be almoſt cold; then put into it the Yeſt beaten with the Juice of Lemons; let it ſtand for two days, then preſs it out with as much ſpeed as you can, and put it up into a Cask, and leave a little hole open, for the working; when it hath quite done working ſtop it up cloſe for a Month or ſix Weeks, then Bottle it. Cowſlip Wine is very Cordial, and a glaſs of it being drank at night Bedward, cauſes ſleep and reſt.

In like manner you may make Wine with Elder-

Elder-flowers; and likewiſe with Clove-Gillo-flowers.

XXIII. *To make excellent Sage-Wine.*

Take ſix pound of Sage pickt, ſhred it very ſmall, pour upon it three Gallons of boilinghot Water; cover it cloſe and let it ſtand four and twenty hours, then preſs it out, and to every Gallon put a pound and half of clear Sugar, or a quart of the Syrup or Sweets mention'd at the Sect. XIII. put it up into a Cask, and it will work, cover it looſely, or with a plate of lead upon the Bung, and let it ſtand ſix Weeks, or till you ſee it hath quite done working, then Bottle it. The beſt way to make this Sage-Wine is to ſtamp or pound the Sage in a Stone Mortar, and then pour your Liquor boiling-hot upon it, and cover it cloſe for twelve or ſixteen hours, then preſs it out, and thus you have all the Juice of the Sage. Sage-Wine is good for Women with Child to prevent Abortion. In like manner you may make Clary-Wine and Baulm-Wine, either ſhreding or ſtamping the Herbs. You may make it alſo by boiling your Water and Sugar together, and then pour it boiling hot upon your Herbs.

If any think it to much trouble for themſelves to prepare the Sweets or Syrup before mention'd, they may have them at almoſt every Sugar-Bakers in *London*.

The

The right Method of making Metheglin, *wherein the vulgar errours (which hetherto have been committed in the making that excellent Balſamick Drink) are rectifi'd.*

Many Receips are handed from one to another, for the making *Metheglin* or *Hydromel*, wherein are green Vegetables preſcrib'd to be us'd, as Sweet Bryer leaves, Thime, Roſemary, *&c.* which are not to be us'd green (as a Judicious Author well obſerves) by them that intend to make a quick, brisk and lively Drink; green and cru'd Herbs dulling and flatning the Spirits of the Liquor to which they are added, as you will find if you add green Hops inſtead of dry to your Beer; neither will any green Herb yield its vertue ſoe eaſily as when dry. 'Tis alſo directed that the *Metheglin* when boiling ſhould be ſcum'd, to take off the filth that ariſeth from it in the Decoction: which is not ſo neceſſary as it is pretended to be; for that ſcum remaining behind will be of uſe, and a help to its fermentation, and makes the Lipuor afterwards to become the more limid, and doth not unite again with it, as is vulgarly believ'd, it being a Maxime in *Phyloſoyby*, that Feces once ſeparated will never re-unite.

Sir *Ken. Digby* being very curious in his Re-ſearches, made a large Collection of the choiceſt and

and beſt Receipts of this excellent and wholeſome Drink; ſome of which I did publiſh after his Death; but one good Receipt or two will ſerve, only obſerve, that if you uſe Herbs in the boiling of your Mead, they are to be dry and not green, for the reaſon before given, and that ſcuming of it does it more hurt than good; likewiſe to let it work and ferment without yeſt, is better than with yeſt.

Some conſiderations of Sir Ken. Digby *for making of* Mead *or* Metheglin.

I. HAving made your Water bloodwarm in your Copper or Kettle, put the Hony to it, about one part to four of Water; but becauſe this doth not determine the proportions exactly (for ſome Hony will make it ſtronger than other) you muſt do that by bearing up an Egg; but firſt, lade and ſcoop your mixture exceedingly (at leaſt an hour) that the Hony be not only perfectly diſſolv'd but uniformly mixt throughout the Water. Then take out ſome of it in a great wooden Bowl or Pail, and put a good number (ten or twelve) newlaid Eggs into it, and as round ones as may be; for long ones will deceive you in the ſwimming, and ſtailones being lighter than new, will emerge out of the Liquor the breadth of a ſixpence, when new ones will not a groates breadth; therefore you take many, that you may make

a medium of their ſeveral emergins; unleſs you be certain that they which you uſe are immediately then laid, and very round. The rule is that a groat, or rather but three pence breadth of the Eggſhel muſt ſwim above the Liquor; which put again into your Copper to boil: So ſoon as it boils turn up an hour glaſs, and let it boil gently an hour; a Quarter before the hour is out put into it ſome Eringo-roots ſlic'd ſmall, and a little Ginger in fine pouder, and a ſprig of dry Roſemary; which having boil'd a quarter of an hour, ſo to make up the whole hour of boiling, pour out the Liquor into wide open Fatt to cool: When it is quite cold, tun it up into a Cask that has had Sack in it, or white Port wine, let it ferment of it ſelf without yeſt, keeping a thick plate of Lead upon the Bung to lay cloſe upon it, ſo that the working of the Liquor may raiſe it to purge out the foulneſs, and have always ſome new made plain Liquor to fill it up as it ſinks: When it has done working, left huzzing, and is quiet, then ſtop the Bung exceeding cloſe, and let it lye three or four Months, always keeping the Cask full, and when you begin to draw it bottle it. It will become a more pleaſant vinous Drink, dayly looſing its luſcious taſte; the longer it is kept the better it will be. When you Barrel it up hang in it in a Bag to the proportion of about fifteen Gallons, an ounce of Ginger ſlic'd, half an ounce of Cinnamon, Cloves and Mace of each an ounce all groſly beaten, for

for if you beat it fine, it will always float in your Metheglin, and make it foul; and if you put it in whilſt it is hot, the Spices will looſe their Spirits.

II. If you make it work with Yeſt, you muſt have a great care to draw it into Bottles ſoon after it hath done working, as after a fortnight or three weeks, for that will make it ſoon grow ſtale, and it will thence grow ſower and dead before you are aware; but if it work ſingly by it ſelf without mingling of either Leven or Yeſt, it may be kept long in the Barril, ſo it be fil'd up to the Top, and keept very cloſe ſtopt.

III. *To make Hydromel with Clove Gillo flowers.*

When you have a ſtrong Hony Liquor of three parts of Water to one of Hony well boil'd, put into it ſo ſoon as you take it from the fire ſome Clove Gillo flowers, and if they be duly dry'd, I think they are the better) two handfuls to every Gallon of Liquor; let theſe infuſe thirty or forty hours, then ſtrain it from the flowers and barrel it up without Yeſt.

And in like manner you may make Hy-dromel with Cowſlip-flowers, and Elderflowers, with either freſh or dry flowers.

IV. And when you will make your Mead with Cherries, or Rasberries, or black Cherries, preſs out the Juice of them, then ſtamp their magma and break the Stones, pour upon them

them your Liquor ſo ſoon as you take it from the fire, let them infuſe thirty or fourty hours; it will extract all the Tinture and vertue out of the Skins and Kernels; then ſtrain it, preſs it out and barrel it up, putting into it the Juice of the Cherries, about one quart of Juice to every three or four Gallons of Liquor.

V. If you will make ſmall Mead for the Stone, put but half the proportion of Hony or leſs, and boil in it Daucuſeed, Juniperberries bruiſ'd; and then work it with Yeſt by reaſon it is ſmall and has not ſtrength enough to work of it ſelf, but after three weeks or a Months barrelling you muſt bottle it. Sir *Ken. Digby.*

VI. I now condemn all fermentation with Yeſt when the Mead is ſtrong, ſtanding in the Sun or ſome warm place is the beſt way for fermentation. Rasberries nor Cherries are never to be boil'd, but their Juice put into the Liquor when it is tonning. Uſe only Morrello Cherries (I think) for pleaſure and black ones for health. I conceive beſt to uſe very little ſpice of any kind in Meads. Sir *Ken. Digby.*

Mead or Metheglin, as it is in ſtrenth ſo it is in vertue, warming animating, and cleanſing, reſtoring loſt Appetite, openeth the Stomach, looſneth the Belly; is good againſt the Conſumption of the Lungs, and all Coughs and Colds, againſt *Quarton Agues*, and all diſeaſes of the brain, as *Epilepſies*, *Apoplexies*, *&c.* It cures the yellow Jaundice; and there is no better Drink againſt

againſt the Stone, Sand and Gravel in the Reins or Blader; neither is there any Liquor more conducing to long Life then this. Mr. *J. W.*

Metheglin is a great Balſam and ſtrengthner of the Viſcere; is excellent in Colds, Coughs and Conſumptions: for which laſt they uſe to heat it and then diſſolve the yolk of an Egg in half a pint of it, and a little freſh butter, and drink it warm in the Morning faſting, and at Night Bedward. Sir *Ken. Digby.*

Metheglin is an excellent pectoral, good againſt Conſumption of the Lungs, Aſthma, ſhortneſs of Breath and difficulty of Breathing, it is reſtaurative and ſtrengthening, it is cleanſing and Diuretick, good againſt the Stone, Sand and Gravel; it comforts and ſtrengthens the noble parts, and affords good nurriſhment. Dr. *Charras.*

VII. *To make a Cordial Liquor of Sack with Clove Gillo flowers.* Sir Ken. Digby.

To every Gallone of Sack take a good half pound of the wip'd and cut flowers, put them into large glaſs bottles, and pour the Sack upon them, Stop the glaſſes exceeding cloſe; let them ſtand ſo till you ſee that the Sack hath drawn out all the principal Tincture from them, and that the flowers begin to look paliſh; then pour the Sack from them, for if you let them remain longer in the Sack they will give it an earthy taſte; you may then put the tinct'd Sack into

fit bottles, ſtopping them very cloſe: If you drink a glaſs or two of this Sack at a Meal, you will find it a great Cordial. From the flowers you may diſtil a ſpirit adding ſome Brandy and other ingredients to them.

Of Preſerving.

I. *To preſerve green Walnuts in Syrup.*

TAke as many green Walnuts as you pleaſe, about the middle of *July*, try them all with a pin if it goes eaſily through them they are fit for your purpoſe; lay them in water for nine days, waſhing and ſhifting them Morning and Night; then boil them in water until they be a little ſoft, lay them to drain; then pierce them through with a Wooden Sciver, and in the hole put a Clove, and in ſome a bit of Cinnamon, and in ſome the rind of Citron Candi'd: then take the weight of your Nuts in Sugar, or a little more; make it into a ſyrup, in which boil your Nuts (ſcimming them) till they be tender; then put them up in Gally potts, and cover them cloſe. When you lay them to drain, wipe them with a Courſe cloth to take off a thin green Skin. They are Cordial and Stomachal.

II.

II. *To make a pleaſant and beautiful Sweetmeat of Raſberries and Currans.*

Put your Raſberries into a high pot, which ſtop cloſe and ſet in a Kettle of boiling water, till they be all come to a Liquour; then let the clear run through a ſtrainer to a pint, whereof put a pound of red Currans (firſt ſton'd) and a pound of Sugar; boil theſe till the Lipuor be Gelly'd, then put it in glaſſes, it will look like Rubies in clear Gelly. You may do the like with Cherries.

III. *To make a fine Marmelade of Cherries, with Juice of Raſberries and Currans, as Madam* Mancy *made it for the Queen.*

Take three pound of Cherries ſton'd, half a pound of clear Juice of Raſps, and one pound of the Juice of red Currans, and a pound of fine Sugar; put them all together into the preſerving pan, boil them with a quick fire, eſpecially at the firſt, skimming them all the while, as any ſcum riſes. When you find them of a fit conſiſtence, with a fine clear Gelly mingl'd with the Cherries, take them from the fire, and bruiſe the Cherries with the back of your Spoon, and when they are cold put them in pots, Peradventure to keep all the Year, there may be requiſite a little more Sugar. It is a very fine ſweetmeat. Sir *Ken. Digby.*

IV. *To make Marmelade of Cherries.*

Take a pound of fine Sugar to four pounds of the beſt *Kentiſh* Cherries ſton'd, put them over a gentle fire that they may not boil, but reſolve much into Liquor; take out with the ſpoon much of the thin liquor, leaving the Cherries moiſt enough, but not ſwimming in clear Liquor; then put to them your Sugar in pouder and boil it up quick, skimming away the froth that riſes. When it is well incorporated and clear, ſtrow in a little more of the Sugar; when they are boil'd enough, take them off, and bruiſe them with the back of a Spoon, and when they are cold put them up in pots. This will keep well all the year.

V. *To make Gelly of Currans with fruit whole in it.*

Boil four pound of Sugar to a Candy hight, and clarify it with whites of Eggs; then put into it about five pints of the Juice of red Currans; boil them together a little while till it be enough to become Gelly; then put into it two good handfuls of whole Currans, clean'd from the ſtalks and black ends, and boil them a little till they be enough.

VI. *Mrs.* Marbury *the Queens preſerving woman, her fine White Gelly of Quinces.*

Boil your Quinces whole in a large quantity of

of Water, till they crack and are ſoft, then preſs out their Juice hard, but ſo, that only the Liquor run out, but none of the pap, Take there pounds of this ſtrain'd liquor being ſettl'd, and one pound of fine Sugar, and boil them up to a Jelly, with a moderate fire, they may require near an hours boiling to come to a Gelly. The Tryal of that is, to take a Tin plate and wet it with fair water, and drop a little of it upon the wet Plate, if it ſtick to the Plate it is not enough, but if it fall off (when you ſlop the Plate) without ſticking at all to it, then it is enough. Then put it into flat ſhallow Tin forms, firſt wetted with cold water, and let it ſtand in them four or five hours, then reverſe the Plates that it may ſhale and fall out, and ſo put the parcels up in Boxes.

VII. *To make a very beautiful and clear Paſte of Apricocks, or Raiſarries, or Currans; which taſte moſt quick of the fruit.* *Sir* Ken. Digby.

Take ſix pounds of par'd and ſlic'd Apricocks, put them into a high pot, which ſtop cloſe, and ſet it in a Kettle of boiling water; till you perceive the fleſh is all become an uniform Pulp; then put it into your preſerving Pan and boil it gently till it be thick, ſtirring it carefully all the while; then put to pounds of pure Sugar to it, mingle it well, and let it boil gently till you ſee that it comes to ſuch a thickneſs and ſolidity, that it will not ſtick to

a Plate; then make it up into what form you pleaſe. In like manner you may make paſte of Rasberries, and of Currans.

VIII. *To Preſerve or Pickle green Walnuts like Mangoes for Sauce as they are done now for Gentmens Tables.*

Take four hundr'd of green Walnuts, ſuch as a pin will eaſily go thro' boil them in Water, with a handful of Salt for a quarter of an hour; then put them in freſh water and boil them again till they are tender, then take them out, and wipe them with a courſe Cloth to wipe of a thin skin; when they are cold put them as followeth. Take a well glaz'd Pot big enough to hold them, put a handful of Salt in the bottom; then lay Walnuts, three or four lays one upon another; then a ſmall handful of Salt, and again Nuts as before; continue this till your pot be half full; then put in whole Pepper an ounce, and Jamaica Pepper, three Heads of Garlick ſlic'd; then fill up the Pot with Walnuts and Salt as before; then put in as much right Wine Vineger as will cover them, and cover the whole with good ſtore of the beſt Muſtard. I think it will be better if you mix your Peppers and Garlick together, and ſtrow it between every lay of Nuts, and likewiſe to make your Pickle of Salt and Vineger and pour that on the Nuts to cover them, and then the Muſtard to cover the whole.

IX.

IX. *Madam C. does hers thus.*

Put your Walnuts in fair Water for fifteen days, ſhifting them once a day; then put them in Salt and Water for three weeks, then boil them for a quarter of an hour; then wipe them with a courſe Cloth, and put them in the Pot, and ſtrow Pepper, Jamaica Pepper, and ſlic'd Garlick between every lay of Nuts: When your Nuts are all in, pour into them a Pickle made with Vineger and Salt; then to the quantity of two hundred Nuts take a quart of Muſtard ſeed made into the beſt Muſtart, and Cover the Nuts with it. It will do well if you put Horſradiſh roots cut in round ſlices among your Muſtart, that will preſerve the ſtrength of it and quicken it exceedingly.

In like manner Coucumbers are preſerv'd and pickl'd now a days, which are better than the common way.

X. *To preſerve or pickle Coucumbers the common way as Oylmen do them.*

Take a thouſand of Coucumbers, waſh them clean, then wipe them dry, and put 'm into a pot, Firſt lay a lay of Dill, Fennel, and then a lay of Coucumbers, thus continuing till the Pot or Jar is full; to this put a Pickle made of good Vineger what ſuffices, in which ſo much Salt is diſſolv'd by boiling that will bear an

Egg, in which diſſolve alſo three ounces of Roch Allum, adding Ginger in groſs powder two ounces, Pepper, Coriander ſeeds, Dill ſeeds of each an ounce, Cloves two drams; put this Pickle among the Coucumbers, and Cork them up cloſly, covering it with wax and Roſin: About a month or ſix weeks after take the Pickle out, boil it and Scum it, put it in again to the Coucumbers hot, which cover cloſe as before, ſo will your Coucumbers laſt long and be green: If they be not green enough boil the Pickle again.

XI. *To Preſerve or Pickle Purſtlain.*

Take Puſlain with its ſtalks, boil them tender in Fair water, then lay them a draning, put them in a Jarr or Crock, and Pickle them in the ſame manner as do Walnuts.

In the like manner you may preſerve or Pickle Aſhen keys in the month of *May*, when they are tender.

XII. *To Preſerve or Pickle Oyſters.*

Take a quart of large Oyſters, waſh them in fair water, then ſtew them in their own Liquor ſtrain'd, and a Pint of white Wine Vineger, Pepper, and Jamaica Pepper of each a dram, Lemon peels half a dram, Coriander ſeeds bruis'd one ſcruple, a little Salt, boil them till they are pritty tender which may be in

in half an hour; put them up in a Caper barrel, and pour the Pickle cold upon them; they will keep good Six or eight weeks.

XIII. *To Preſerve or Pickle a breaſt of Veal.*

Boil it Firſt in fair water ſo much as will cover it, till it be tender, then let it cool in its own broth; take of this broth two quarts, of the beſt Vineger one quart, white Wine one pint, Cloves, Mace and Cinnamon of each a Dram, or of Jamaica Pepper half an ounce; boil them a little together, let it cool, and having cut your Breaſt of Veal into fit pieces, and put the ſame into a fit Veſſel, pour the Liquor upon it, and ſtop it up cloſe; it will be fit for eating in a week, and will keep three Months in Summer time.

In like manner you may Preſerve or Pickle a Pig, cut into fit pieces.

To make a great Cake, as it was made for the Queen, and for Sir Ken. Digby.

Take four quarts of fine Flower, two pound and a half of Butter, three quarters of a pound of Sugar, four Nutmegs, a little Mace, a pound of Almonds finly beaten, half a pint of Sack, a pint of good Ale-yeſt, a point of boil'd Cream, twelve yolks and four whites of Eggs, four pounds of Currans: When you have wrought all theſe into a very fine Paſte, let it be kept warm

warm by the Fire half an hour before you set it into the Oven; If you please you may put into it two pound of Raisons of the Sun ston'd and quarter'd. The Ice for this Cake: Take the whites of three new laid Eggs, and three quarters of a pound of fine white Sugar finly pouder'd, beat these well together, and Ice the Cake. Let your Oven be of a tempar'd heat, and let your Cake stand therein two hours and a half before you Ice it, and afterwards only to harden the Ice.

XV. *To make excellent small Cakes which are much esteem'd at Court, the King and Queen themselves have eaten of them.* Sir Ken. Digby.

Take three pounds of fine Flower, a pound and half of Loaf Sugar in fine pouder, three pounds of Currans; mix the Flower, Sugar and Currans well together, then put in it a pound and half of unmelted butter, three yelks and two whites of Eggs, beat with them one Nutmeg greated; When you have wrought your Paste well, put it in a Cloth, and set it before the Fire till it be thro' warm, then make them up in little Cakes, the bigness of a hands breadth, and prick them full of holes, and bake them in a quick Oven unclos'd.

XVI. *To make my Lady* Reed's *Ginger-bread, so much esteem'd and Cry'd up.*

Take Cinnamon, Nutmeg, Coriander seeds, Ani-

Aniſeeds, Carraway ſeeds and Ginger of each half an ounce, Cloves, red Sanders of each two drams, Cochinile half a dram all in fine pouder, ſweet Almonds blanc'd half a pound, Sugar two pounds, ſix ſtale penny Loaves, grated and paſſed through a Cullender; beat the Almonds with a little Roſe water; put the grated bread and Sugar into a Baſin, and pour on them a pint of Claret wine, ſet it on a Chafen diſh of Coales, put in the Cochinile and the Sanders, ſtir it well till you ſee it is pritty ſtiff; then take it from the Fire, and put into it the other Pouders with the Almonds; work it well together with your hands, and make it into what ſhape you pleaſe.

XVII. *To make Cracknels, as they were made for the King.*

Take Almonds blanch'd, half a pound, beat them very fine with a little Roſe water, then add one pound of Sugar, and two pounds of fine Flower, three Eggs, four ounces of butter; make a Paſte of it, whereof make Cracknels and bake them in a temperate Oven.

XVIII. *To make Flummery.*

Take a heap'd pint of Oatmeal put it in a deep Pan, and pour upon it three or four quarts of Water, ſtir it well together and let it ſtand twenty four hours; then pour off the clear water

water without diſturbing the ſettl'd Oatmeal, pour on freſh Water, and let it ſtand only a few hours to ſettle a little; then pour off as much as you can of the clear into a Pan or Baſin, ſtirr the reſt together and pour it into a Seive, ſtirring it in the Seive with your ſpoon to make the white Liquor go through, what remains in the Seive put into the empty Pan again, and pour upon it ſome of the Water that you pour'd off, ſtirr it well together and pour it into the Seive ſtirring it as before, do thus till you have imploy'd three quarts of water to your pint of Oatmeal, which is a due proportion to make it of a fit conſiſtency; boil up your white Liquor with a quick fire ſtirring it diligently all the while, and at the beginning when you ſet it on the fire leſt it ſettle to the bottom; when it is boil'd enough take it off the fire and pour it into flat Diſhes, and let it cool, it will be thick ſo that you may cut it; You may eat it with Ale and Sugar, Milk, or with Ale and white Wine; Phyſicians call it the Diuretick diſh, becauſe it admirable provokes Urin, Its cooling and good for thoſe that have Hectick Fevers. 'Tis excellent Suppermeat in the Summer time. The ſecond time that you pour water on the Oatmeal, you muſt not pour on above five pints, and if that does not make three quarts with what remain'd in the Pan with the Oatmeal, take a little more freſh Water to waſhout your Oatmeal, ſo as to make it three quarts. I have been

been tirr'd to give Receipts of this to Gentlewomen and Houſekeepers; and therefore I have ſet it down here; you may alſo make a Coudle with it off Ale, and ſo eat it hot.

XIX. *To make Bolonia Sauſages.*

Take a fore Loyn of Porke, good and Fatt cleanſe it from all the skins and ſtrings, then ſhred it the Fatt and lean together, and to twelve pound and half of meat, take half a pound of Salt, Old rich Cheſhier Cheeſe grated two ounces, and an ounce of Pepper, and half an ounce of Jamaica Pepper groſly beaten; and a handful of dry Sage pouder'd; When you have mixt and wrought this well together put it into your large Weathers Guts, or Beif Guts well cleans'd, cutting them in pieces about a foot long, tying them at one end with packthread; then put in the meat preſſing it in very hard, ty it up and hang them not up in the Kitchin Chimny, for they will hang too hot. They will keep a year or two. When you uſe them boil one or more of them (as you have occation) for an hour, and when they are cold cut them out in thin ſlices. Thus I have often made them in *England*, and they have been better lik'd then thoſe that are made in the City of *Bolonia* in Italy from whence they have their name. In Italy they put in Buttoch beif and Beif Suet, Garlick and Parmaſan Cheeſe.

XX.

XX. *Madam* Adrian, *her Receipt to Pickle green Walnuts, which are excellent.*

Geather them about Midſummer and put them over the fire in cold Watter and ſhift them four or five times, but let them not boil the firſt four times but ſcalding hot, and the fifth time a little longer over the fire, after this put them into cold Water, and let them lye till they are cold; then make a Brine to bare an Egg, and let them lye in it three or four days; then take them out and drain them, and if occation be wipe them. A Pickle for them is half Wine and half Beer Vineger, cold, with Cloves, Mace, Nutmeggs, whole Pepper, Shelots or Garlick ſhred, and Jamaica pepper whole. If you pleaſe you may put Muſtart to them; but the ſaid Lady does them without it.

THE

THE CABINET of safe COSMETICK REMEDIES. OR

A Collection of the choicest and select'd Receps for making the rarest and safest *Cosmeticks*, to beautify, smoothen, soften, and whiten the Face and Skin, and to preserve the Beauty and Complexion of Ladies; Invented by several learned Physitians, and used by Queens, Princesses, and other Ladies of Quality in *France*, *Italy*, *Germany*, and *England*. The Word *Cosmetick* signifies Adorning or Beautifying.

There is an infinite store of Cosmetick Remedies amongst curious Ladies and others that are nice in keeping the Skin fair; whom I advise to be caucious in using any thing that is made of Mercury or of Metals.

I. *A precious Cosmetick Water of Sir* K. Digby, *used by Ladies of great Quality.*

TAke white Lilly-Roots six drams, Florentine, Orjs-roots, Beans, Cicers, Lupins of each half an ounce, fresh Bean-flowers a handful,

ful, Gum Tragant, fine Sugar of each half an ounce, Crums of white Bread ſteept in Milk an ounce, Frankincenſe and Gum-Arabick of each three drams; Borax and Feathered Allum of each two drams, the white of an Egg beaten, Camphir a dram and half; infuſe them for four and twenty hours in a ſufficient quantity of Roſe and Bean-flower water, of each equal parts; then diſtil it in Balneo. It ſmoothens, whitens, beautifies the Skin, and preſerves the Beauty and Complexion of Ladies. Wask the face with it at any time, but eſpecially Morning and Evening.

II. *Another Coſmetick Water, much uſed in* France. *Dr.* Charras.

Take two young Pigeons, gut them and cut them into pieces, crums of white Bread half a pound, Peach Kernels and the four greater cold Seeds bruis'd of each four ounces, the whites of twelve Eggs beaten, and the Juice of twelve Lemons; infuſe them twelve hours in two quarts of Milk; then diſtil it in Balneo. To the diſtill'd Water add Borax, Camphir, Sugar-candy, and burnt Allum of each three drams; ſet three day in the Sun, then let it ſtand fifteen days in a Wine Cellar; then filter it thrô gray Paper an keep it for uſe. This is an excellent Coſmetick-water, and hath all the Vertues of the former, and is to be us'd in like manner,

III.

III. *Another Coſmetick-Water.*

Take fine Sugar one pound, Roch-Allum three ounces, white Poppy Seeds bruiſed, Bean-flowers, flowers of Water-Lillies, and of the greater Houſe Leek of each a handful, the Juice of four Lemons, the crum of two white penny Loaves, bruiſe what is to be bruiſed, and put all into a Glaſs Body or Cucurbite or of Tin, and pour upon it Cows-Milk and white Wine of each a quart, diſtil it in Balneo: The Uſe and Vertue is the ſame with the former.

IV. *A Coſmetick Remedy uſed by the Queen of* France.

Take the whites of two new laid Eggs, beat the ſhels to pouder, and put them with the whites in a quart Bottle, let them be ſhaken and beaten for three hours, then put into it four ounces of burnt Allum in fine Pouder, beat it two hours longer; then put into it three ounces of white Sugar in Pouder, and beat it alſo for two hours, then put into it four ounces of Borax in Pouder, and beat it alſo; then take a pint of Water that runs from under the wheel of a Mill, put into it four ounces of white Poppy ſeeds well beaten, mix them well together, ſo that it be like Milk, then pour that into the Bottle to the other things, at four ſeveral times, beating it every time the ſpace of two hours; then

ſtrain it trô a fine white Linnen Cloth; and having put it into the Bottle again, let it be beaten for two hours longer. An to know when it is well made and well beaten is, when it froths the breadth of three fingers above it. It will keep a twelve Month. Uſe it only every other day.

V. *A Coſmetick or Beautifying VVater by Dr.* Bate.

Take ſix Calves feet broken, Milduſt four ounces, Pouder of Myrrh four ounces and half, white Wine and Milk of each three pints, mix them and diſtil them, and keep the water in a Bottle for uſe; put a piece or two of ſmooth Allum in the Bottle and ſhake them well up and down in it. Waſh the Face with it. It ſmoothens and whitens the Skin, taking away Scurf, Morphew, and Sun-burnings: It ought to be uſed twice a day.

VI. *The Beautifying Secret of Dr.* Bate.

Take Venice-Talk made into ſubtil pouder one part, Oyl of Camphir two parts, digeſt them in Balneo Mariæ to the greateſt whiteneſs.

Scroderus, from whom this Secret is taken, ſays it muſt be crude Talk in pouder, and ſo you muſt expoſe it for a quarter of an hour before a hot Fire, and pouder it in a Mortar made

made almost red hot by setting it upon a Fire, heating also one end of the Pestle, and Sift the Talk very finly.

To make the Oyl of Camphir for this Secret.

Take Camphir two ounces, Tabaccopipe-Clay four ounces, mix them and make it into little Balls, and let them dry; then put them in a Retort and Distil in Sand into a large Receiver which hath Rain Water therein: First there comes forth a white Matter, then a clear Water, and at last, with a stronger Fire, a sweet sent'd Oyl, which being rectifi'd with Spirit of Wine will be as yellow as Gold.

VII. *To make a clear VVater from Talk and Snailes, very proper to Beautify and clear the Complexion of Ladies, being in great esteem in* France. *Dr.* Charras.

Take Venetian Talk, expose it for a quarter of an hour to a flaming Fire; then beat it in a Iron Mortar made almost red hot by setting it upon the Fire; heat also one end of the Pestle and reduce your Talk to a most subtil pouder; then take Garden Snailes, put them into a Pipkin, and straw your Talk amongst them, cover the Pipkin and leave it so till the Snailes have sucked up all the Talk, then bruise the Snailes with all their Shells, and put them into a Glass Cucurbite, put on the head and

Diſtil it in Sand or in Balneo Mariæ, and you will have a clear Water.

VIII. *To make a Pomatum for the Face.*

Take ſix dozen of Sheeps Feet with the bones, break the bones, and take out the marrow; then boyl the Feet well with the bones, and ſcim off the Oyl that riſes and put it to the Marrow, to which put of the four great Cold-Seeds beaten of each half an ounce, the rind of one Citron, two penny worth of Borax, three Cloves of white Lilly-roots well beaten, a little white Roſe-water; boil all together for the ſpace of two hours, then ſtrain it into a Baſin of Spring Water, and waſh it with divers Waters till it be white. Uſe this at night. It nouriſhes, ſmoothens, ſoftens and whitens the Skin. If you mix with it ſome of the Magiſtery of Pearl, or the Magiſtery of the white Orient part of Oyſter-ſhels, you will have a moſt incomparable Coſmetick Remedy. Some Ladies make this Pomatum of a Calves Chaldren in ſteed of the Sheeps Feet, which makes a very white Pomatum.

IX. *Another incomparable Coſmetick Balſam, uſed by a Princeſs in* Germany.

Take of Pomatum half an ounce, Oyl of Jaſmin one dram, Oyl of Myrrh *per deliquium* two ſcruples, *Sperma Ceti* five ſcruples, Ma-

Magiſtery

gistery of Pearls, or of Oyster-shels two drams, mix them. It is a truly noble Cosmetick.

The Magistery of Bismuth, Tinglass, Saturn, Lead and the Spanish White, have been in use for many years among Ladies; but they are absolutly to be condemn'd, and never to be used, by reason that all Cosmeticks prepar'd out of Metals or Minerals, thô they seem to whiten the Skin for the present, yet they will certainly make it black, as the Ingenious Monsieur *Lemery* tels you, in his *Cours of Chimistry*, in these words.

The Magistery of Saturn or Lead having been wash'd and dry'd, is nothing else but a most subtilised Ceruse or white Lead. 'Tis used for a Paint or *Fucus*; but this Cosmetick as well as all others that are made with Metaline or Mineral materials, as Bismuth, Tinglass or Tin, very often make the Skin black after they have whiten'd it. He gives you the reason for it. Now, there is nothing better in the World for a White, than the Magistery of Pearls; and that which is made of the white Orient part of Oyster-shels, which is yet whiter and better, thô much cheaper. I will give you the Preparation of them as follows.

X. *To make the Magistery of Pearls.*

Take what quantity you please of Seed-Pearls, reduc'd to an impalpable pouder upon

a Marble ſtone; put them into a large Matraſs or Bolt-head, and pour upon them Juice of Lemons four fingers breadth above the Pouder, put the Matraſs in Digeſtion in warm Sand for two days, ſhaking the Matraſs now and then; then let it ſettle, and pour off the clear Liquor into ſome Bottle. Pour upon the remaining Pearls as much freſh Juice of Lemons as before, digeſt as before, ſhaking the Matraſs from time to time. Let it ſettle, pour off the clear Liquor as before; put freſh Juice of Lemons upon the remaining Pouder, and digeſt again for two days; continue doing until your Pearls be all moſt all diſſolv'd; Then mix your Liquors together, and pour it into a large white Baſin, or Earthen Pan, and evaporate in Sand two third parts of the Liquor (covering the Baſin with Paper that no durſt fall in) or till you ſee a very thin Skin appear upon the Liquor; then take out the Baſin and filter the Liquor; put this Liquor thus impregnated with the Pearls into a Baſin, and pour into it drop by drop ſome Liquor or Oyl of Tartar made *per deliquium*, it will make a *Coagulum*, which will precipitat to the bottom in a Pouder very white; let it ſtand till it be well ſettled, then pour off the clear Liquor eaſily, and pour upon the white Pouder fair Water, ſtir it well about and let it ſtand to ſettle, pour off the clear, and put on freſh Water; repeat this five or ſix times that the Pouder may be perfectly ſweeten'd and waſhed from the Juice

of

of Lemons and the Oyl of Tartar: Then dry the Pouder carfully that no duſt come to it.

This is that which is call'd Magiſtery of Pearls, and is whiter than any made either of Metals or Minerals, and wholſom and ſafe to be uſed both inward and outwardly, and is a Noble Fucus or Coſmetick for Ladies of the greates Ranck. It may be uſed with Coſmetick Waters, or mix'd with Pomatum.

XI. *To make the Noble Coſmetick, of the pure, white, and Orient part of Oyſters-ſhels, which far exceedes that of Pearls or any other in whiteneſs, and is much cheaper.*

Take of the faireſt and largeſt Oyſter-ſhels, waſh them very clean, then with a ſhort knife ſharp at the point ſcrape off as much of the white of the inſide of the Shels as you can; when you have enough of this white Pouder put it into a Matraſs or Bolt-head, and pour upon it Juice of Lemons, ſet it in digeſtion in warm Sand, and in all things proceed as in the making of the Magiſtery of Pearls.

The Juice of Lemons you may buy at the Confectioners for two Shillings the quart: You may alſo uſe a pure diſtill'd Vineger in ſtead of the Juice of Lemons.

Some Ladies uſe Oyl of Tartar to cleanſe the Face and Skin, which is not to be uſed alone, by reaſon it is a ſharp brine of the Salt of Tartar, diſſolved into Liquor by the moiſture

of the Air; it is called Oyl of Tartar *per deliquium*, which thô it be ſmooth and ſeem to cleanſe the Skin, yet when it is dry the Skin will be very rough. In ſtead of this, the noble Oyl of Myrrh made *per deliquium* in the whites of Eggs boyl'd hard is an excellent thing; It is made thus,

XII. *To make the Oyl of Myrrh* per deliquium.

Take Eggs and boyl them hard, then having cut them in the middle take out the yolks, and fill the whites with Myrrh in pouder, put them upon little ſticks laid at the bottom of an Earthen Diſh glaz'd, put this in a Cellar or ſome moiſt place; The Myrrh will reſolve into Liquor, which will diſtil and drop into the Platter or Diſh, which gather and keep it for uſe. 'Tis the Oyl of Myrrh; 'tis much eſteem'd to cleanſe the Skin and take away Freckles, Sun-burn and Morphew. It is alſo good for Tetters.

XIII. *To make the Coſmetick Water of* Montpelier, *which is highly eſteemed in* France *for the Complexion.*

Take of the beſt Verjuice two quarts, put to it Litharge pouder'd and waſh'd in Plantain-water, and dry'd one pound; diſtil this in Balneo, and keep the Water for uſe. It is alſo very good for a red and pimpl'd Face.

XIV.

XIV. *A Cosmetick Remedy to take away a filthy Morphew often experienc'd by* Dr. Hall.

Take Castle-Soap sliced two ounces, Sulphur Vive, in fine pouder, one ounce, Verdigreece one dram, Camphir one scruple, grind the Camphir in a Mortar with a few drops of Spirit of Wine, then make a Ball of them all with Oyl of Tartar: When you use it moisten it with a little Vineger, and anoint the Face with it at Night, and let it dry of it self; the Morning after wash it off with Milk. *The said Dr. says he has experienc'd it an hundred times.*

XV. *A Cosmetick Remedy to take away Summer Spots, Lentiginous Spots, and the vulgarly called Liver Spots, by Dr.* Willis.

Take of a small Lixivium of Salt of Tartar four ounces, Oyl of bitter Almonds what suffices, mix it in such a proportion that the whole Liquor presently turn white, and so let it stand: Let the parts affect'd be anoint'd and gently rubb'd Mornings and Evenings with this mixture. Or,

XVI. Take fresh roots of Aron, Briony and Salomons-Seal of each an ounce, pouder of Fenugreek-Seeds a dram, Camphir half a dram, being bruis'd together pour to them Oyl of Tartar *per deliquium* three ounces, press it out, apply it with a Rag dipt in it twice a day. Or,

XVII.

XVII. Take Sulphur Vive pouder'd an ounce, Black-Soap two ounces, bind it in a Rag, let it hang in a pint of Vineger for nine days, then apply it to uſe, waſhing and rubbing the places affect'd with it twice a day.

Some are content with the Water of Bean-Flowers, or the ſimple diſtill'd Water of Fumitory, or with the Water which bleeds from the ſprout of a Vine cut in the Spring: But (ſays the ſaid Dr.) the more curious Women and pretenders to the moſt exquiſite knowledge in the Coſmetick Art, are ſcarce ſatisfied with any Remedies for the Skin but Mercurial: But it is frequently obſerv'd (ſays he) that Men or Women uſing much Mercurial Remedies, become ſubject to the Vertigo, and Convulſive, or Paralitick effects, and that their Teeth turn black, and ſometimes grow looſe.

XVIII. *The Dutcheſs of York, her excellent Coſmetick Water for the Complexion.*

Take two dozen of old Pippins, pare them and ſlice them, put to them two quarts of Butter-Milk, put to them the Parings, but not the Cears, let them infuſe four and twenty hours, then diſtil it in a common Still with a gentle Fire, and keep the Water for uſe: Then take Bean-flowers and Elder-flowers of each a Gallon, put them in an earthen glaz'd Pot, and add white Poppy Seeds bruis'd, Jordan Almonds bea-

beaten and white Lilly-roots beaten of each a pound pthe ulp of six Lemons without the peels and Kernels, twelve Snails out of the Shels, the whites of 12 Eggs well beaten, Camphir beaten with an Oyl'd Pestle, mix all these together, and pour to them as much new Butter-Milk as will well cover them; let them stand till the next morning; then Distil it and mix this Water with your Pippin-Water. From my Lady *Baker*.

XIX. *To make an excellent sweet or perfum'd Water of Dr.* Bate.

Take six Oranges, and as many Lemons cut in pieces; Roots of Florentine Oris, white Sanders, Cinnamon of each two ounces, Mace, Cloves of each six drams, flowers of Lavender four handfuls, of Roman Camomil and Rosemary of each two handfuls, Leaves of Marjerom two handfuls, Basil three handfuls, Styrax Calamit three drams, Benjamin five drams, Damask Roses fifteen handfuls, round Cyperus half an ounce, Fountain Water fifteen quarts, Distil all in an Alembick drawing off only the first seven quarts and a pint; To every pint of which add two grains of the best Musk tyed up in a Nodule: Or thus, Take Musk nine grains, Civet three grains, grind them together in a little Morter with three or four drops of Juice of Lemons. This being ty'd in a Nodule will perfume twice the quantity

quantity of Water that the Musk will do alone. The Water it self is used as a Perfume, and is a most excellent Vehicle to make any Cordial Julep up with all; for it admirably comforts and recreates the Animal Spirits. Dr. *Salmon.*

P. S. There is a Pouder sold by some Apothecaries for the Face and Skin, which I would caution Ladies not to use, by reason it is made of a certain Stone, call'd *English Talk*, burnt in the Fire, and therefore this Pouder is but a Lime, which makes the Skin rough instead of smoothening it. The Noble Cosmetick of the white Orient part of Oyster-shels, is a thing of an incredible whiteness, far exceeding any White that can be made, I have it always by me ready prepar'd, and Sell it for 2 *s.* 6. *d.* the ounce.

Advertisement.

THere is lately Publish'd the whole Works of that Excellent Practical Physitian, Dr. *Thomas Sydenham*; Wherein not only the History and Cures of Acute Diseases are treated of, after a new and Accurate Method; but also the shortest and safest way of Curing most Chronical diseases. Translated from the Original Latin, by *John Pechey* of the Colledge of Physitians in *London*. Printed for *Richard Wellington* at the *Lute* in St. *Paul's Church Yard*. Price five Shillings.

A Catalogue of ſome choice Medicines which I have by me ready prepar'd.

	Price per Ounce.	*ſ.*	*d.*
I.	THe Ropal *Panacea* or Tincture of Metals with Gold and Antimony for the Scurvy.	2	6
II.	The Cephalick and Hyſterick Eſſence, for the Head, Spleen and Vapours	1	6
III.	The Tincture of white Amber Camphorate.	1	6
IV.	King *Charles* the II. his Royal Hungarion water improv'd by his Phyſitians for his own uſe, of which one quart is better then a Gallon of that which is commonly ſold, the bottle containing half a Pint	2	6
V.	The Eſſence of Vipers	2	0
VI.	The purging Cordial Elixir of Dr. *Bate.* the half Pint bottle.	2	0
VII.	Dr. *Sydenham*'s pectoral Lozenges, for Coughs, Cold, ſhortneſs of Breath, Horſeneſs and Conſumption of the Lungs, the Box containing an ounce and a quarter, they are in great uſe and eſteem among the Nobility and Gentry.	0	8
VIII.	Elixir Camphorate.	1	0
IX.	Elixir Proprietatis	1	6
X.	Elixir Proprietatis purging	1	6
XI.	Tinctura Hyſterica.	1	0
XII.	Tincture of Steel with Tartar	1	0

Price per Ounce.	*s.*	*d.*
XIII. Tincture for the Stomach.	1	0
XIV. Lozenges Antiscorbutick	0	6
XV. Balsam of Saturn.	1	0
XVI. Balsam of Lucatella	0	6
XVII. Pills for the Dropsy. Dr. *Bate.*	2	0
XVIII. Pills for the Stone. Dr. *Bate.*	2	0
XIX. Lozenges for the Piles. Dr.	0	8
XX. Salt Mirable.	0	6
XXI. Spirit of Sulphur *per* Campan.	1	0
XXII. An excellent water for the Eyes.	0	6
XXIII. Spirit of Hartshorn.	0	6
XXIV. Spirit Salt Armoniack.	0	6
XXV. Countess of *Kent*'s Pouder.	5	0
XXVI. Dr. *Bate*'s purple Pouder.	5	0
XXVII. Sir *Kenelm Digby*'s Sympathetical Pouder.	0	6
XXVIII. The true and infallible Antifebrifick Tincture for the cure of all sorts of intermitting Fevers. the half pint Bottle	5	0
XXIX. Pills for the Head. Dr. *Willis.*	2	0
XXX. Pills for the Scurvy. Dr. *Harvy.*	2	0
XXXI. Balsam of Sulphur Anisated.	0	6
XXXII. Balsam of Sulphur Terebint.	0	6
XXXIII. Tincture for the Stomach of the Pouder of Hieræ Picræ.	0	6
XXXIV. Sir *Kenelm Digby*'s Bezoardick and Alexipharmick mineral Pouder for the King's Evil, *&c.*	10	0
XXXV. *Cornachinus*'s purging Pouder.	2	6
XXXVI. Pouder for the Teeth Call'd the Ladies Dentifrice.	1	0

XXXVII.

Price per Ounce. *s.* *d.*

XXXVII. The Magiſtery of the white and Orient part of Oyſterſhels, being the whiteſt and beſt coſtick Remedy. 2 6

XXXVIII. A Ball for the Morphew, Freckles and Sun burn, *&c.* 1 0

XXXIX. The Noble Oyl of Myrrh for the Face and Skin. 1 0

XL. A Pouder to make the beſt Black and ſhinning Inck for Ladies Cloſets, which does not ſink in the Paper nor clog the Pen, for ſix Pence the paper making a Pint of Inck.

XLI. Spirit or Powers of Amber. 0 6

XLII. A Tincture of Hony for the Lungs, the half Pint is. 3 0

XLIII. The Bezoardick Gordial and Anodine Tincture, highly approv'd of by the learnedſt Phyſitians, and now in great uſe and eſteem amonſt many of the Nobility and Gentry in this Kingdom, for the good many have found by it againſt the following Diſeaſes.

It is a Soverain and effectual remedy againſt the Stone-Collick, and the Hyſtetick or Mother Collick in Women; It eaſes and takes away any intollerable pain in any part of the Body proceeding from cold; as Gouts, Sciatica's, Rheumatiſm, *&c.* removing of Numneſſes, Palſies, Convulſions and the like. It is an admirable Sudorifick, and Diaphoretick, and thereby cures the Dropſy, cleanſes the Reins from Sand and Gravel. It is good for Coughs, and all Diſtempers of the Breaſts and Lungs.

Lungs. It cures internal Ulcers and Apostems. It is profitably given in all sorts of Cattarrs. It cures the pain of the Stomach, Head an Teeth. It is given with success in all sorts of Fevers even Malignant, the small Pox and Measles. It effectually cures Intermitting Fevers, Vulgarly call'd Agues, chiefly Tertian and Quartans, and is excellent in a Surfeit. It is an Infallible Remedy against Vomiting, Looseness and the Bloody Flux. It is a great Cordial, and mightily strengthens Nature, chears the Heart, and revives the Spirits.

It is only truly prepar'd by me, who have and daily do experiment it with happy success in all the cases before mention'd; and being inform'd in the use of this choice Medicine by the wonderful success of its Operation; I thought good to give this Advertisment of it; that such Persons as may stand in need of it may be furnish'd with it; the price is 5*s.* the half pint bottle, and the Dose is from half a spoonful to two spoonfuls, in a simple distil'd water, as Spearmint, Penny Royal or Bawm water; and the properst time to take it is at Night bedward; but if a fit of the Collick happen in the day time, let the sick take it presently and go to bed, it may also be taken in a glass of white Wine. This excellent Tincture, and any of the aforesaid Medicines may be had at my House at the lower end of *Cherry Garden street*, near the *Jamaica* House in *Rotherhith*.

FINIS.